

# Are You Getting the Right Produce at the Right Price?

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# About Produce Safety University

- One week, comprehensive training course
- Developed in 2010
- Partnership between FNS and AMS
- States submit nominations to USDA
- Open to school district and state agency staff











## "Its All About the Money"

Fresh produce can be expensive



- Purchase in season
- Write specifications for intended use
- Consider grades, packs, or sizes that may be a better value





# AMS Fruit and Vegetable Program

- Fruit and vegetable inspections
- GAP/GHP audits
- U. S. Grade standards
  - Quality
  - Condition
- Market News





## Quality Defect Examples



## Misshapen









### **Texture**

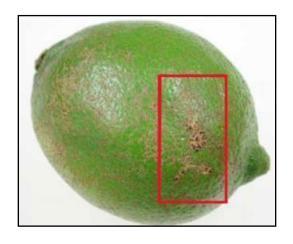




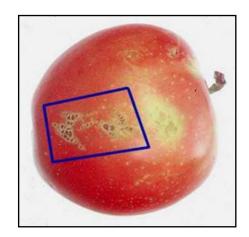


## Scars











## **Poorly Colored\***



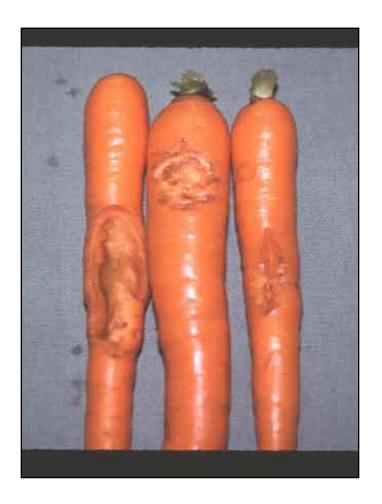






## **USDA** Growth / Healed Cracks

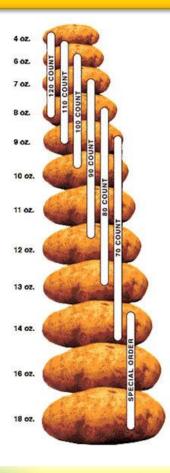






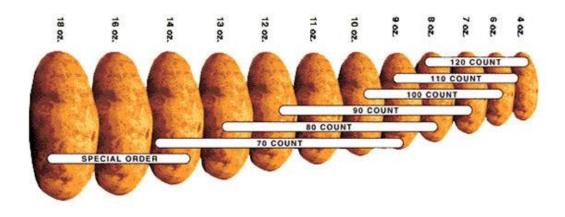
### Size

#### **Part of Grade**



### **Quality factor**

Depending on the product a minimum/ maximum size may be specified for the Grade.



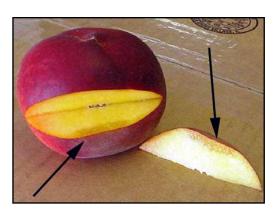


## Condition Defect Examples

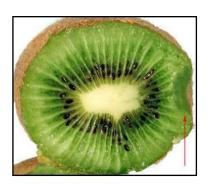


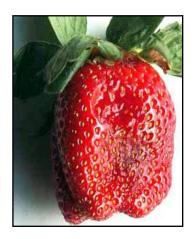
## Bruising











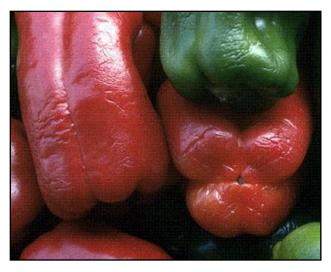


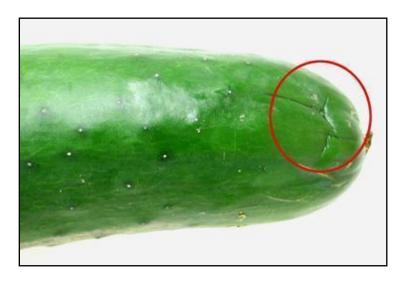
## **USDA** Sunken and Discolored Areas (SDAs)



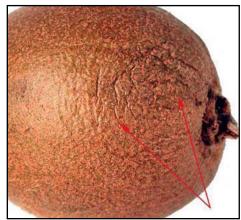


## **Shriveling**









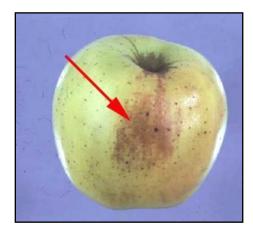


### **Surface Discoloration**





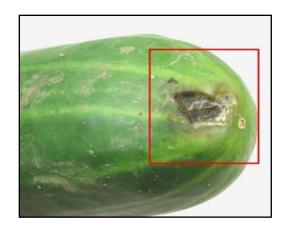






## Decay



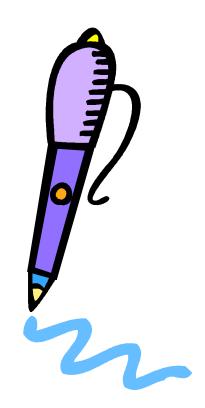








## Writing Fresh Produce Specifications





## Four Steps to Get the "Right Produce" at the "Right Price"

- 1. Determine what you need
  - Menu items, production method, portion sizes



- 2. Find out what is available to purchase
  - What do your vendors stock, farmers grow?
- 3. Write a specification for a product that is the best value for your needs and is clear to the vendor
- 4. Train the receiving agent how to determine if you received what you requested



## Specifications may be Different

Produce distributors



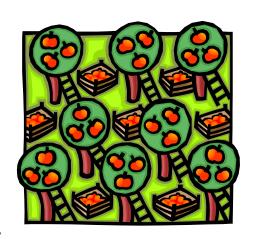
Farmers





## **Distributor VS Farmer**

- Most produce is not graded at the farm
- Produce that is graded it is often not graded until it gets to a packing house
- "To be packed to U.S. No. 1 grade standard" may be an alternative
- Use the quality and condition descriptors in grade standards to write specifications for local farmers





## **Determine Availability**

- Does the distributor/farmer regularly stock/grow the item?
- Can the distributor/farmer supply the quantity needed?
- Is the product available when you need it?
- Can the distributor purchase local product?





## **Specification Resources**

Agricultural Marketing Service

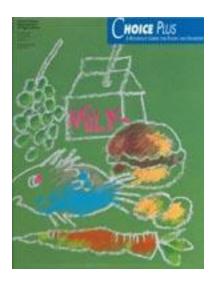


www.ams.usda.gov



## **Specification Resources**

### **Choice Plus**



#### SIZES

**Jumbo:** 1½- to 1¾-inch diameter, minimum 5 inch long

**Medium or Large:** %- to 1½ -inch diameter, minimum 5 inch long

Baby carrots

#### GRADES

U.S. Extra No. 1

U.S. No. 1

U.S. No. 1 Jumbo

U.S. No. 2

Unclassified (ungraded)

#### HOW PACKED

50-lb bag

1-lb bag, 40 per carton

1-lb bag, 24 per carton

#### IN SEASON

Available year-round

#### PURCHASING TIPS

- Baby carrots are available but more expensive.
- Medium carrots are the choice of most users.

#### RECEIVING

- Inspect for firmness (should break with crisp snap when bent); should be bright orange or red color, fresh-looking, smooth.
- Signs of poor quality: carrots that are wilted, flabby, soft or shriveled, or have decayed areas.

#### STORING

- Refrigerate immediately.
- Carrots develop bitter taste if stored near ethylene-producing fruits, such as apples, grapes, peaches, pears and plums.

#### STANDARD OF IDENTITY REFERENCE

None

#### **GRADE STANDARD REFERENCE**

Title 7 CFR 51.2360 to 51.2364

#### SAMPLE DESCRIPTION

CARROTS, FRESH: to be packed to U.S.

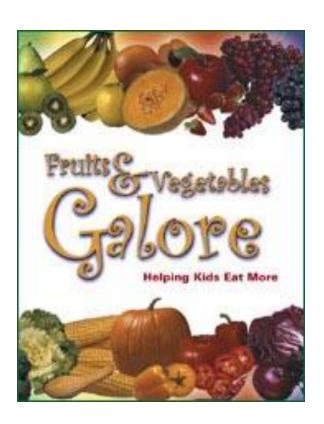
No. 1 Grade standard; medium size; 24/1 lb.

http://nfsmi-web01.nfsmi.olemiss.edu/ResourceOverview.aspx?ID=47



## **Specification Resources**

Fruits & Vegetables Galore



www.fns.usda.gov/tn/resources/fv galore.html



## **U.S.** Grade Standards

### **EXAMPLE:**

U.S. No. 1. Grade Standard for Blackberries



Firm, well colored, well developed and not overripe, free from caps (calyxes), mold and decay, and damage caused by dirt or other foreign matter, shriveling, moisture, disease, insects, mechanical, or other means.

No more than 10 % of the berries in any lot may fail to meet the requirements of this grade, including not more than 5 % for defects causing serious damage, and not more than 1 % for berries that are affected by mold or decay.

www.ams.usda.gov/AMSv1.0/getfile?dDocName=STELPRDC5050347



# Specifications for Farms May Include:

- Size
- Shape
- Color requirement, if applicable
- Quality and condition at destination
  - % free from decay
  - % free from other damage such as surface discoloration, internal browning and bruising, shriveling, etc.
- Maturity (degree of ripeness)



# **USDA Decay and Damage are Costly**







# Other Specification Characteristics



- Name of product
- Federal (USDA) grade
- Geographical origin
- Receiving temperature
- Type of packaging
- Size of container
- Bid unit (unit on which price is based)
  - Weight of container
  - Count







## **Poorly Written Specifications**

- Limit competition
- Increase costs without increasing value
- May result in lower quality than desired
- May decrease product yield
- Increase costs when product is not easily attainable



## **USDA** Writing Better **Specifications for Bid**

How specific should a specification be?

Do you need to include more than grade

standards?



# Specifications: A Communication Tool

- Tell vendors the quality that you want
  - Compare "apples to apples" on bids
- Must be measurable need to be able to determine if what was ordered was received





## **Receiving Produce**

- Compare product to specification and purchase order
- Inspect:
  - Shape, color, size or count
  - Defects, condition, and flavor
  - Temperature
- Retain information needed for traceability
  - Delivery date, vendor, product code, lot numbers, pack dates



## **Receiving is Critical**

- Staff who receive the produce need to:
  - Understand the specifications
  - Know what to do if the product does not meet them
- Provide training





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### Resources



### **Market News**



http://www.marketnews.usda.gov/portal/fv



## ISDA How Can You Use Market News?

- Estimate fair price over a certain time period for a contract
- Incorporate market price into your bid
- Help farmers with local produce pricing

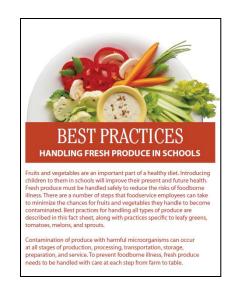


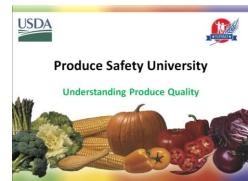


## **Training Materials**

- Available on NFSMI website
  - Fact Sheets
  - Videos
  - Activities
  - Lessons

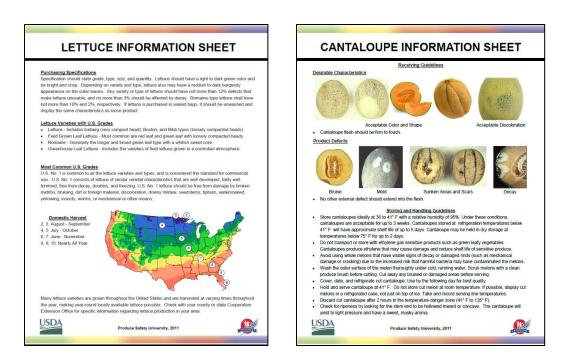
www.nfsmi.org/producesafety







### **Produce Information Sheets**



www.nfsmi.org/producesafety



### **Produce Information Sheets**

- Apples
- Bananas
- Broccoli
- Cantaloupe
- Carrots
- Grapes



- Lettuce
- Oranges
- Squash
- Strawberries
- Tomatoes
- Watermelon

www.nfsmi.org/producesafety



## SNF & USDA Webinars and P2P Calls

- Applying GAPs to Farm to School and School Gardens
- Addressing Food Safety in School Produce Purchasing
- Buying the Right Produce at the Right Price
- Handling Fresh Produce in Schools



www.schoolnutrition.org/webinars



## **USDA** Coming Soon: The Produce Lab

- Videos and Training Materials
- Review of produce commonly purchased by schools
  - Quality and condition factors
  - Receiving tips
  - Specification tools

### **BEFORE YOU LEAVE:**

**✓** Please complete the Evaluation Form for this Session!

**✓** The drop-off box for **COMPLETED Evaluation Forms is located on the** backroom table. EVALUATION FORMS HERE

Thank You!



### **Questions?**

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