Wyoming High School Survey

Trend Analysis Report

			Hea	lth Risk	Behavio	r and Per	centage	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu bicycle he		no rode a	bicycle d	luring the	past 12 r	nonths, t	he percen	tage who	o never or	rarely			
		93.8	90.3	88.7	86.2	87.3	83.1	81.5	84.0	83.6	81.4	Decreased, 1995-2013	Decreased, 1995-2001 Decreased, 2001-2013	No change
													Decleased, 2001-2015	
	Percentage	e of stude	nts who i	never or 1	arely wo	re a seat b	oelt when	riding ir	a car dri	iven by so	omeone		Decreased, 2001-2015	
	Percentage	e of stude 33.4	nts who i 32.9	never or r 24.0	carely wo 20.0	re a seat t 18.6	oelt when 15.7	riding ir 15.3	a car dri 16.5	iven by so 15.8	omeone 13.6	Decreased, 1995-2013	Decreased, 1995-2003 Decreased, 2003-2013	No change
else QN10:	Percentage Percentage driven by	33.4 ge of stud	32.9 lents who	24.0 o rode one	20.0 e or more	18.6 times du	15.7	15.3	16.5	15.8	13.6	Decreased, 1995-2013	Decreased, 1995-2003	No change
else QN10:	Percentag	33.4 ge of stud	32.9 lents who	24.0 o rode one	20.0 e or more	18.6 times du	15.7	15.3	16.5	15.8	13.6	Decreased, 1995-2013 Decreased, 1995-2013	Decreased, 1995-2003	No change Decreased
else QN10: vehicle	Percentag driven by Percentag	33.4 ge of stud someone 42.3	32.9 ents who e who had 40.9	24.0 prode one d been dr 38.7	20.0 e or more inking alo 35.9	18.6 times du cohol 32.2	15.7 ring the p 29.7	15.3 past 30 da 29.4	16.5 ys in a ca 28.9	15.8 ar or othe 25.7	13.6 r 21.7		Decreased, 1995-2003 Decreased, 2003-2013	

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN14:	Percentag	ge of stud	lents who	carried a	a gun on o	one or mo	ore of the	past 30 c	lays					
		10.8	10.4	9.3	10.1	9.5	11.2	11.5	11.5	10.8	11.1	No linear change	No quadratic change	No change
		14.1	13.1	11.8	8.4	10.1	10.0	11.4	11.5	10.5	9.9	Decreased, 1995-2013	Decreased, 1995-2001	No change
QN16: felt the	Percentag y would b	ge of stud	lents who	did not s	go to scho	ool on on	e or more					Decreased, 1995-2013	Decreased, 1995-2001 No change, 2001-2013	No change
QN16: felt they	Percentagy would b	ge of stud	lents who	did not s	go to scho	ool on on	e or more					Decreased, 1995-2013 Increased, 1995-2013		No change Increased
felt they QN17:	Percentag y would b Percentag school pr	ge of stud e unsafe 3.4 ge of stud	lents who at school 4.3 lents who) did not g or on the 3.0	go to scho ir way to 8.0	ool on on or from 5.4 ned or inju	e or more school 6.1 ured with	e of the pa 6.1	ast 30 day 6.1	ys becaus 6.1	e they 7.8	,	No change, 2001-2013 Increased, 1995-2001	
felt they QN17:	y would b	ge of stud e unsafe 3.4 ge of stud	lents who at school 4.3 lents who) did not g or on the 3.0	go to scho ir way to 8.0	ool on on or from 5.4 ned or inju	e or more school 6.1 ured with	e of the pa 6.1	ast 30 day 6.1	ys becaus 6.1	e they 7.8	,	No change, 2001-2013 Increased, 1995-2001	
QN17: club on	y would b	ge of stud e unsafe 3.4 ge of stud roperty of 7.3	lents who at school 4.3 lents who ne or mor 7.3	o did not g or on the 3.0 o had been re times d 8.1	go to scho ir way to 8.0 n threater uring the 9.4	bol on on or from 5.4 ned or inju past 12 r 9.7	e or more school 6.1 ured with nonths 7.8	e of the pa 6.1 a weapo 8.3	ast 30 day 6.1 n such as 9.4	os becaus 6.1 a gun, ki 7.3	e they 7.8 nife, or 6.8	Increased, 1995-2013	No change, 2001-2013 Increased, 1995-2001 No change, 2001-2013 Increased, 1995-2009	Increased

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			Hea	lth Risk	Behavio	r and Per	rcentage	8				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag h they we							e times d	uring the	past 12 r	nonths			
		4.8	3.6	3.1	2.9	3.4	3.7	4.9	3.9	4.1	2.8	No linear change	No quadratic change	Decreased
the nast	12 month	ŝ									0			
the past QN21:	12 month	16.8	14.0	12.9 had even	13.5	12.7 ysically f	12.2	11.6 have sexu	12.6 ual interco	11.3	8.9	Decreased, 1995-2013	No quadratic change	Decreased
	12 month	16.8	14.0							11.3	8.9	Decreased, 1995-2013 Increased, 2001-2013	No quadratic change Increased, 2001-2009 No change, 2009-2013	Decreased No change
the past QN21: did not	12 month	16.8 ge of stud	14.0 lents who	had ever	t been ph	ysically f 9.2	forced to 1	have sexu 12.5	ual interco 13.2	11.3 ourse wh 12.2	8.9 en they 11.6		Increased, 2001-2009	
the past QN21: did not	12 month Percentag want to	16.8 ge of stud	14.0 lents who	had ever	t been ph	ysically f 9.2	forced to 1	have sexu 12.5	ual interco 13.2	11.3 ourse wh 12.2	8.9 en they 11.6		Increased, 2001-2009	
QN21: did not QN24:	12 month Percentag want to	is 16.8 ge of stud	14.0 lents who	had even	8.1	ysically f 9.2 llied on s	forced to 1 10.3 chool pro	have sexu 12.5 operty due	13.2 ring the p 24.4	11.3 ourse wh 12.2 ast 12 m 25.0	8.9 en they 11.6 onths 23.3	Increased, 2001-2013	Increased, 2001-2009 No change, 2009-2013	No change

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njury ar	nd Violen	ice	Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentaget they stop								two week	s or more	e in a			
				22.9	26.2	30.2	26.3	28.2	26.9	25.5	27.2	No linear change	Increased, 1999-2003 Decreased, 2003-2013	No change
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	red attem	pting sui	cide duri	ng the pa	st 12 mor	nths			
		23.6	22.4	16.7	18.5	21.0	17.4	17.8	17.3	17.4	16.7	Decreased, 1995-2013	No quadratic change	No change
								-					- · · · · · · · · · · · · · · · · · · ·	
	Percentag	ge of stuc	lents who	made a j	plan abou	t how the	ey would	attempt s	suicide du	uring the	past 12			
	Percentag	ge of stud 17.4	lents who 19.0	o made a j 13.3	plan abou 14.2	tt how the 15.8	ey would 15.7	attempt s	suicide du 15.3	uring the 14.2	past 12 13.8	Decreased, 1995-2013	No quadratic change	No change
Months QN29:	Percentag Percentag	17.4	19.0	13.3	14.2	15.8	15.7	17.8	15.3	14.2	13.8	Decreased, 1995-2013	No quadratic change	No change
months		17.4	19.0	13.3	14.2	15.8	15.7	17.8	15.3	14.2	13.8	Decreased, 1995-2013 Increased, 1995-2013	No quadratic change No quadratic change	No change Decreased
QN29: The second		17.4 ge of stud 8.3 ge of stud	19.0 lents who 8.4 lents who	13.3 actually 6.6 made a s	14.2 attempte 7.4 suicide at	15.8 d suicide 9.1 tempt du	15.7 one or m 8.7 ring the p	17.8 nore times 10.5 past 12 m	15.3 s during t 9.4	14.2 he past 1 11.3	13.8 2 8.6	,		

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			Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	ever trie	d cigaret	te smokin	ıg, even o	one or two	o puffs		-			
		73.0	74.1	69.3	64.6	56.1	56.9	54.4	52.5	48.1	45.8	Decreased, 1995-2013	No quadratic change	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole	cigarette f	for the fin	rst time b	efore age	13 years	3			
		30.9	29.1	25.9	24.1	21.5	18.2	19.0	15.8	13.7	12.1	Decreased, 1995-2013	No quadratic change	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one o	or more o	of the pas	t 30 days					
		39.5	37.4	35.2	28.4	26.0	22.5	20.8	22.1	22.0	17.4	Decreased, 1995-2013	Decreased, 1995-2005 Decreased, 2005-2013	Decreased
QNFR	CIG: Perc	entage of	f students	who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 d	lays	-			
		19.4	20.3	19.3	13.6	13.3	10.1	9.9	9.8	10.2	8.5	Decreased, 1995-2013	No quadratic change	No change
QN34: cigarett	Among s es per day	tudents w on the d	who repor ays they	ted curre smoked o	nt cigaret luring the	te use, the past 30 c	e percent days	age who	smoked 1	nore thar	n 10			
		14.4	16.8	15.0	11.9	12.5	9.6	13.4	13.4	12.3	11.7	Decreased, 1995-2013	No quadratic change	No change

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	Use		Hea	lth Risk	Behavio	r and Per	rcentages	S				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN35: percenta lays	Among s age who u	tudents w sually go	ho were ot their ov	less than wn cigare	18 years ettes by bu	of age ar	nd who re m in a sto	eported cu ore or gas	urrent cig station d	arette use luring the	e, the e past 30			
•					11.9	9.8	13.2	9.4	14.5	11.3	10.0	No linear change	No quadratic change	No change
QN36: lays	Percentag	ge of stud	lents who	smoked	cigarette	s on scho	ol proper	ty on one	e or more	of the pa	st 30			
		17.2	16.6	15.9	10.7	10.2	6.8	7.5	8.2	7.1	5.6	Decreased, 1995-2013	No quadratic change	No change
QN37: or 30 d	Percentag lays	ge of stud	lents who	ever sm	oked ciga	rettes dai	ily, that is	s, at least	one ciga	rette ever	y day			
					20.7	18.9	16.6	15.8	16.3	16.0	13.6	Decreased, 2001-2013	No quadratic change	No change
	Among s es during				nt cigaret	te use, th	e percent	age who	ever tried	l to quit s	moking			
					58.2	57.8	57.4	55.7	55.3	54.7	52.7	Decreased, 2001-2013	No quadratic change	No change
	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	f the past	: 30			
QN39: lays														

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Trend Analysis Report

bacco l	Use		Hea	lth Risk	Behavio	r and Pei	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
										-				
QN40: H ays	Percentag	ge of stud	ents who	smoked	cigars, ci	igarillos,	or little c	igars on (one or mo	ore of the 16.6	past 30 14.9	No linear change	Not available [§]	No change

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			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	had at le	east one d	lrink of al	cohol on	one or n	nore days	during th	neir life			
		81.1	80.7	82.2	82.3	76.2	77.2	76.1	71.8	65.7	68.0	Decreased, 1995-2013	No change, 1995-2001 Decreased, 2001-2013	No change
QN42: years	Percentag	ge of stuc	lents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	: 13			
		42.0	40.5	36.3	33.9	34.7	27.0	28.8	26.1	23.5	22.0	Decreased, 1995-2013	No quadratic change	No change
QN43:	Percentag	ge of stuc	lents who	had at le	east one d	rink of al	cohol on	one or n	nore of th	e past 30	days			
		52.1	55.0	54.8	51.3	49.0	45.4	42.4	41.7	36.1	34.4	Decreased, 1995-2013	No change, 1995-1999 Decreased, 1999-2013	No change
	Percentag				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	ouple of			
		38.8	40.6	39.5	38.1	34.6	32.0	29.4	27.8	25.1	21.4	Decreased, 1995-2013	No change, 1995-2001 Decreased, 2001-2013	Decreased
	Among	tudents v	ho repor	ted curre		l use, the		ge who u	sually go	ot the alco	ohol			
	ank from s			e it to the	m during	the past	30 days							

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			Hea	lth Risk	Behavio	r and Per	centage	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or mor	re times o	luring the	eir life		-			
		38.1	42.8	42.9	41.0	39.4	38.0	34.5	35.0	35.9	36.3	Decreased, 1995-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	lents who	tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
		8.3	10.3	10.6	9.8	10.8	10.4	10.6	9.3	9.3	8.7	No linear change	No change, 1995-2003 Decreased, 2003-2013	No change
QN49:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or mor	re times o	luring the	e past 30	days				
		21.9	23.4	21.4	20.4	20.4	17.8	14.4	16.9	18.5	17.8	Decreased, 1995-2013	No quadratic change	No change
QN50: more ti	Percentag mes durin	ge of stud g their lit	lents who fe	used any	/ form of	cocaine,	including	g powder	, crack, o	r freebas	e one or			
		9.5	11.4	9.8	9.5	10.7	10.2	8.7	8.4	8.6	7.1	Decreased, 1995-2013	No change, 1995-2003 Decreased, 2003-2013	No change
QN51: any pai	Percentag nts or spra	ge of stud tys to get	lents who high one	sniffed g or more	glue, brea times du	thed the or the	contents life	of aeroso	l spray ca	ans, or in	haled			
		28.0	25.7	17.6	16.0	14.0	17.1	16.7	15.9	14.4	11.1	Decreased, 1995-2013	Decreased, 1995-1999 Decreased, 1999-2013	Decreased

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Trend Analysis Report

lcohol and O		- 8 -		lth Risk	Behavio	r and Per	rcentage	S				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991 199	3 19	95	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52: Perce	ntage of	fstud	ents who	used her	roin one c	or more ti	mes duri	ng their l	ife	-				
				2.9	2.9	2.9	3.7	5.2	4.2	4.5	4.0	Increased, 1999-2013	Increased, 1999-2007 Decreased, 2007-2013	No change
QN53: Perce	ntage of	fstud	ents who	used me	thampher	tamines o	ne or mo	ore times	during th	eir life				
				12.6	10.7	11.6	8.5	6.0	4.9	5.2	4.3	Decreased, 1999-2013	No quadratic change	No change
QN54: Perce	ntage of	stud	ents who	used ecs	stasy one	or more t	imes dur	ing their	life					
						6.3	7.4	7.7	8.9	9.4	8.5	Increased, 2003-2013	No quadratic change	No change
QN55: Perce times during t			ents who	took stei	roid pills	or shots v	without a	doctor's	prescript	ion one o	r more			
	4	4.7	6.1	4.9	5.3	4.4	4.8	5.8	5.3	5.2	3.6	No linear change	No quadratic change	Decreased

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			Heal	th Risk	Behavio	r and Per	rcentages	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991 1	993 19	5	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	centage of g their life	stude	nts who	used a n	eedle to i	nject any	illegal d	rug into t	heir body	one or n	nore			

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Fotal Sexual B	ehaviors													
			Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stuc	lents who	o ever had	d sexual i	ntercours	e	-		-	-			
		48.9	45.0	47.9	46.5	45.8	47.1	47.2	50.6	47.9	47.2	No linear change	No quadratic change	No change
QN60:	Percentag	ge of stuc	lents who	had sex	ual interc	ourse for	the first	time befo	re age 13	years				
		8.9	6.2	6.2	5.2	5.8	5.2	6.0	5.9	6.0	5.0	Decreased, 1995-2013	Decreased, 1995-1999 No change, 1999-2013	No change
QN61:	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h four or	more peo	ople durii	ng their li	fe			
		16.4	16.9	16.1	13.8	16.1	15.5	14.5	17.9	17.3	16.8	No linear change	No quadratic change	No change
QN62: months	Percentag	ge of stud	lents who	had sex	ual interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
		32.0	30.6	34.5	32.9	31.8	34.7	33.7	37.8	34.7	34.9	Increased, 1995-2013	No quadratic change	No change
					ercourse (al interco		e past thr	ee month	s, the per	centage	who			
		30.1	33.3	31.3	30.2	27.4	24.7	25.0	24.5	26.7	20.8	Decreased, 1995-2013	No quadratic change	Decreased

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			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
				exual intercours		during th	e past thr	ee month	s, the per	centage v	who			
						during the	e past thr 64.9	ee month 63.1	s, the per 61.7	centage v 58.6	who 57.9	Increased, 1995-2013	Increased, 1995-2005 Decreased, 2005-2013	No change
ised a c	ondom d	uring last 53.7	sexual in 49.5	ntercours 57.2	e 61.8	64.0	64.9		61.7	58.6		Increased, 1995-2013	,	No change

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			Hea	llth Risk	Behavio	r and Pe	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	T: Percer centile fo					ght (i.e., a	at or abov	ve the 85t	h percent	ile but be	elow the			
				10.6	10.6	11.7	12.1	11.3	12.4	12.0	12.8	Increased, 1999-2013	No quadratic change	No change
ONOD	ESE: Pen		of student	s who we	ere obese	(i.e., at o	r above tl	ne 95th p	ercentile	for body	mass			
	y age and	l sex)§												
		l sex) [§]		6.1	6.5	7.2	8.3	9.2	9.7	11.1	10.7	Increased, 1999-2013	No quadratic change	No change
index, b	y age and		lents who			7.2 elves as sl				11.1	10.7	Increased, 1999-2013	No quadratic change	No change
index, b	y age and		lents who 27.6							27.3	10.7 29.0	Increased, 1999-2013 No linear change	No quadratic change No quadratic change	No change No change
index, t	y age and Percentag	ge of stuc 26.9	27.6	describe 28.4	ed themse 27.5	elves as sl	ightly or 29.2	very ove	rweight	·				
index, b QN66:	y age and Percentag	ge of stuc 26.9	27.6	describe 28.4	ed themse 27.5	elves as sl 29.2	ightly or 29.2	very ove	rweight	·				
index, t QN66: QN67: QN68:	y age and Percentag Percentag	ge of stuc 26.9 ge of stuc 40.3 ge of stuc	27.6 lents who 42.0 lents who	28.4 28.4 20 were try 40.4	ed themse 27.5 ring to los 41.7 thout eati	elves as sl 29.2 se weight	ightly or 29.2 42.3	very ove 27.5 40.2	rweight 29.1 44.3	27.3 41.8	29.0 42.5	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Decreased, 2003-2013				Hea	lth Risk	Behavio	and Per	centages	8				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
bits weight or to keep from gaining weight during the past 30 days 6.6 7.8 7.7 7.3 7.9 6.5 8.1 6.1 No linear change No change, 1999-2003 Decreased, 2003-2013 Decreased 2N70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining reight during the past 30 days 6.0 6.6 4.3 4.8 5.5 6.8 6.1 6.9 5.5 No linear change No quadratic change No change Decreased 2003-2013 Decreased Decreased 2003-2013 Decreased Decreased 2003-2013 Decreased No change	1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
Decreased, 2003-2013 Decreased, 2003-2013 QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days Solution	QN69: lose we	Percentagight or to	ge of stuc keep froi	lents who n gaining	o took any g weight o	v diet pills luring the	s, powder e past 30	s, or liqu days	ids witho	out a doct	or's advie	ce to			
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days 83.1 84.3 82.3 80.0 79.9 79.2 79.3 74.7 Decreased, 1999-2013 No quadratic change Decreas QN72: Percentage of students who ate fruit one or more times during the past seven days 87.5 88.4 88.2 85.7 85.8 87.8 87.4 89.6 No linear change Decreased, 1999-2007 Increased, 2007-2013					6.6	7.8	7.7	7.3	7.9	6.5	8.1	6.1	No linear change		Decreased
QN71: Percentage of students who drank 100% fruit juices one or more times during the past seven days 83.1 84.3 82.3 80.0 79.9 79.2 79.3 74.7 Decreased, 1999-2013 No quadratic change Decreas QN72: Percentage of students who ate fruit one or more times during the past seven days 87.5 88.4 88.2 85.7 85.8 87.8 87.4 89.6 No linear change Decreased, 1999-2007 Increased, 2007-2013					o vomited	or took l	axatives	o lose we	eight or t	o keep fr	om gaini	ng			
83.1 84.3 82.3 80.0 79.9 79.2 79.3 74.7 Decreased, 1999-2013 No quadratic change Decreased QN72: Percentage of students who ate fruit one or more times during the past seven days 87.5 88.4 88.2 85.7 85.8 87.8 87.4 89.6 No linear change Decreased, 1999-2007 Increased, 2007-2013															
QN72: Percentage of students who ate fruit one or more times during the past seven days 87.5 88.4 88.2 85.7 85.8 87.8 87.4 89.6 No linear change Decreased, 1999-2007 Increased Increased, 2007-2013			6.0	6.6	4.3	4.8	5.5	6.8	6.8	6.1	6.9	5.5	No linear change	No quadratic change	No change
Increased, 2007-2013	QN71:	Percenta								-			No linear change	No quadratic change	No change
Increased, 2007-2013	QN71:	Percenta			o drank 10	00% fruit	juices on	e or more	e times d	uring the	past seve	en days			No change Decreased
QN73: Percentage of students who ate green salad one or more times during the past seven days	-		ge of stuc	lents who	o drank 10 83.1	00% fruit 84.3	juices on 82.3	e or more 80.0	e times d 79.9	uring the 79.2	past seve 79.3	en days			
	_		ge of stuc	lents who	o drank 10 83.1	00% fruit 84.3 one or m	juices on 82.3 ore times	e or more 80.0 during tl	e times d 79.9 ne past se	uring the 79.2 even days	past seve 79.3	en days 74.7	Decreased, 1999-2013	No quadratic change Decreased, 1999-2007	

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Trend Analysis Report

			Hea	lth Risk	Behavior	and Per	rcentage	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
				81.4	80.5	80.9	76.1	73.3	75.5	73.4	71.8	Decreased, 1999-2013	No quadratic change	No change
QN75:	Percentag	ge of stud	lents who	ate carro	ots one or	more tin	nes during	g the past	t seven da	ays				
				57.1	55.3	57.8	55.2	55.7	57.2	57.5	57.0	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one or	r more tir	nes durin	g the pas	t seven d	ays			
				87.8	86.7	87.4	84.1	82.9	84.1	84.6	85.2	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
	VG: Perce ven days	entage of	students	who ate f	fruits and	vegetabl	es five oi	more tin	nes per d	ay during	g the			
				21.6	21.0	22.5	16.8	17.3	19.1	22.1	21.7	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
	UIT: Perc the past se			who ate	fruits or o	drank 100)% fruit j	uices two	o or more	times pe	r day			
				31.4	29.7	30.3	25.6	25.5	26.8	29.8	31.3	No linear change	Decreased, 1999-2007	No change

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			Hea	lth Risk	Behavio	r and Pe	rcentage	8				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR(seven d): Percent lays	tage of st	udents w	ho ate fru	iits or dra	ınk 100%	fruit juic	es 0 time	es per day	v during tl	he past			
				6.2	5.1	5.8	5.8	6.4	5.9	6.6	6.1	No linear change	No quadratic change	No change
	: Percent the past se			ho ate fru	iits or dra	nk 100%	fruit juic	ces one or	more tir	nes per da	ay			
				62.6	61.9	61.9	56.5	56.3	58.7	62.1	61.2	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
	3: Percent the past se			ho ate fru	its or dra	nk 100%	fruit juic	es three	or more t	imes per o	day			
				20.6	19.6	19.6	16.1	15.7	16.5	18.1	18.5	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
QNVE days	G: Percer	ntage of s	tudents w	ho ate ve	egetables	three or a	more time	es per day	y during 1	the past se	even			
				15.7	16.5	16.4	11.9	13.0	16.0	17.5	16.4	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
QNVE	G0: Perce	entage of	students	who ate v	vegetable	s 0 times	per day o	during the	e past sev	en days				

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veight N	lanagem	ient and	Dietary l Hea		's Behavioi	r and Pe	rcentage	s				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVEC days	1: Perce	entage of	students	who ate v	regetable	s one or r	nore time	es per day	y during t	he past se	even			
				72.0	70.3	72.3	66.0	65.3	66.6	68.6	68.9	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
QNVEC days	2: Perce	entage of	students	who ate v	regetable	s two or 1	nore time	es per day	y during t	he past so	even			
				35.5	33.0	34.7	28.7	29.4	31.3	33.9	33.5	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
			f students r more tin						o or more	e times pe	er day			
				11.2	11.1	11.9	7.6	8.7	9.9	11.5	12.3	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
		ge of stuc even days	lents who	drank a	can, bottl	e, or glas	s of soda	or pop o	one or mo	re times p	per day			
								27.9	27.0	25.9	24.3	Decreased, 2007-2013	Not available [§]	No change
		centage c even days	f students	s who dra	ank a can	, bottle, o	or glass o	f soda or	pop 0 tin	nes per da	ıy			
0	1							22.3	21.0	21.6	23.2	No linear change	Not available	No change

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												Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991 1	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
NSODA2 ay during				s who dra	ank a can	, bottle, o	r glass of	soda or j	pop two o	or more ti	imes per			
ay during	, the put		aujo					18.5	17.1	16.6	15.6	Decreased, 2007-2013	Not available [§]	No change

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ź	Activity		Hea	lth Risk	Behavio	r and Pei	rcentage	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud ast seven o		were ph	sically a	active for	a total of	f at least (50 minute	es per day	y on five			
							36.0	48.2	48.9	50.1	52.2	Increased, 2005-2013	Not available [§]	No change
		ercentage seven days		nts who v	were phys	sically act	tive for a	total of a	it least 60) minutes	per day			
DII U OI	the past s	,e , en carj	-				22.4	14.3	13.6	14.0	13.9	Decreased, 2005-2013	Not available	No change
QNPA7	DAY: P		of stude	nts who v	were phys	sically act						Decreased, 2005-2013	Not available	No change
QNPA7	DAY: P	ercentage	of stude	nts who v	were phys	sically act						Decreased, 2005-2013 Increased, 2005-2013	Not available	No change
QNPA7 on 7 of	DAY: Pothe past s	ercentage seven days	of studer s			sically act	tive for a	total of a 26.4	1 least 60 25.6) minutes 25.8	per day 28.2			
QNPA7 on 7 of	DAY: Pothe past s	ercentage seven days	of studer s				tive for a	total of a 26.4	1 least 60 25.6) minutes 25.8	per day 28.2			
QNPA7 on 7 of QN81: QN82:	DAY: Petthe past s	ercentage seven days ge of stud ge of stud	e of studer s lents who lents who	watched 27.4	three or 24.7	more hou	tive for a 16.7 Its per da 22.3 games or	total of a 26.4 y of TV 20.8	25.6 25.0 on an ave 22.0) minutes 25.8 erage scho 20.6	per day 28.2 pool day 22.1	Increased, 2005-2013	Not available	No change

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		Heal	lth Risk	Behavio	and Per	centages	;				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83: Percentage werage week whe				physical	educatio	n (PE) cl	asses on	one or m	ore days	in an			
	58.0	53.3	60.8	58.2	52.9	54.5	53.5	57.4	56.3	55.3	No linear change	No quadratic change	No change
QNDLYPE: Perce			s who att	ended ph	ysical edu	cation (I	PE) classe	es daily in	n an aver	age			
veek when they w													

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Total Other			Hea	lth Risk	Behavio	or and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN86:	Percentag	ge of stuc	lents who	had eve	r been to	ld by a do	octor or n	urse that	they had	asthma				
							18.5	23.1	21.2	25.3	22.3	Increased, 2005-2013	Not available [§]	Decreased

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	nd Violer	ice	Hea	lth Risk	Behavioi	and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu bicycle he		io rode a	bicycle d	uring the	past 12 i	months, t	he percer	ntage who	o never or	rarely			
		92.5	89.9	90.4	88.1	88.0	83.5	83.9	85.5	85.4	82.5	Decreased, 1995-2013	No quadratic change	No change
QN9: I else	Percentage	e of stude	nts who i	never or 1	arely wo	re a seat	belt wher	n riding ir	n a car dri	ven by so	omeone			
		42.6	41.9	31.6	26.1	22.6	18.8	19.0	20.4	20.3	17.5	Decreased, 1995-2013	Decreased, 1995-2005 No change, 2005-2013	No change
QN10:	Percentag driven by	ge of stud someone	ents who who had	rode one l been dr	or more	times du cohol	ring the p	bast 30 da	iys in a c	ar or othe	r			
venicle		44.0	42.2	39.9	36.6	30.7	28.3	27.5	28.3	26.0	23.0	Decreased, 1995-2013	No quadratic change	No change
venicle														
QN13:	Percentag days	ge of stud	ents who	carried a	u weapon	such as a	ı gun, kni	fe, or clu	b on one	or more	of the			
	Percentag days	ge of stud 41.6	ents who 43.1	carried a	weapon 37.3	such as a 39.1	a gun, kni 43.3	fe, or clu 40.7	b on one 40.0	or more 6	of the 41.8	No linear change	No quadratic change	No change
QN13: past 30	Percentag days Percentag	41.6	43.1	40.3	37.3	39.1	43.3	40.7	40.0			No linear change	No quadratic change	No change

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Male Injury ar	nd Violer	nce	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag nore of th		lents who days	carried a	u weapon	such as a	ı gun, kni	ife, or clu	b on sch	ool prope	erty on			
		22.5	22.4	19.7	14.0	16.0	16.0	18.4	17.1	16.8	14.9	Decreased, 1995-2013	Decreased, 1995-2001 No change, 2001-2013	No change
			lents who at school					e of the p	ast 30 da	ys becaus	se they			
2		2.8	5.2	3.4	7.0	6.2	5.6	4.8	5.7	5.3	6.0	Increased, 1995-2013	Increased, 1995-2001 No change, 2001-2013	No change
			lents who ne or mor					a weapo	n such as	s a gun, k	nife, or			
	-	9.8	10.7	11.1	11.8	13.3	9.1	9.5	12.3	9.0	8.1	Decreased, 1995-2013	No change, 1995-2009 Decreased, 2009-2013	No change
QN18:	Percentag	ge of stuc	lents who	were in	a physica	l fight or	e or mor	e times d	uring the	past 12 r	nonths			
		43.9	43.8	41.5	39.4	40.7	36.0	35.2	39.7	33.8	31.4	Decreased, 1995-2013	No quadratic change	No change
			lents who d and had					e times d	uring the	past 12 r	nonths			
		6.2	5.3	4.3	4.4	4.4	4.7	6.2	4.8	4.8	3.2	No linear change	No quadratic change	Decreased

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			Hea	lth Risk	Behavio	r and Per	rcentage	8				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta t 12 mont		lents who	were in	a physica	l fight on	i school p	property of	one or mo	ore times	during			
		22.7	20.5	18.5	19.1	17.9	16.2	15.1	17.4	14.5	11.9	Decreased, 1995-2013	No quadratic change	No change
did not	Percenta	ge of stud	lents who	had eve	5.0 r been bu	6.7 Ilied on s	7.1 chool pro	9.0 operty du	8.6	7.9	8.0	Increased, 2001-2013	Increased, 2001-2007 No change, 2007-2013	No change
did not	want to	ge of stuc	lents who	had eve					8.6	7.9	8.0	Increased, 2001-2013 Decreased, 2009-2013		No change No change
did not QN24:	want to				r been bu	llied on s	chool pro	operty du	8.6 ring the p 23.5	7.9 past 12 mo 22.0	8.0 onths 20.0	, 	No change, 2007-2013	
QN24:	want to				r been bu	llied on s	chool pro	operty du	8.6 ring the p 23.5	7.9 past 12 mo 22.0	8.0 onths 20.0	, 	No change, 2007-2013	
did not QN24: QN25: QN25:	want to	ge of stuc	lents who) had eve	r been bu r been ele ad or hop	llied on so etronical eless alm	chool pro	operty du l during t	8.6 ring the p 23.5 the past 12	7.9 past 12 mo 22.0 2 months 12.5	8.0 onths 20.0 9.2	Decreased, 2009-2013	No change, 2007-2013 Not available [§]	No change

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			Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27:	Percentag	ge of stuc	lents who	seriousl	y conside	red attem	pting sui	cide duri	ng the pa	st 12 moi	nths			
		17.5	16.3	13.3	14.6	17.5	13.3	13.9	13.6	14.7	12.0	Decreased, 1995-2013	No quadratic change	No change
	Percentag	ge of stuc	lents who	made a	plan abou	it how the	y would	attempt s	uicide du	iring the	past 12			
	Percentag	ge of stud	lents who 14.0	made a p 9.8	plan abou 12.1	t how the 14.1	ey would 12.2	attempt s	uicide du 12.1	uring the	past 12 11.5	No linear change	No quadratic change	No change
nonths		13.4	14.0	9.8	12.1	14.1	12.2	13.0	12.1	12.0	11.5	No linear change	No quadratic change	No change
nonths QN29:		13.4	14.0	9.8	12.1		12.2	13.0	12.1	12.0	11.5	No linear change	No quadratic change	No change
nonths		13.4	14.0	9.8	12.1	14.1	12.2	13.0	12.1	12.0	11.5	No linear change Increased, 1995-2013	No quadratic change No quadratic change	No change Decreased
QN29: nonths QN30:	Percentaş Percentaş	13.4 ge of stud 6.0 ge of stud	14.0 lents who 5.2 lents who	9.8 9.8 9.8 9.8 9.8 9.8 9.8 9.8	12.1 attempte 4.9 suicide at	14.1 d suicide	12.2 one or m 6.6 ing the p	13.0 ore times 8.7 ast 12 mo	12.1 s during t 7.9	12.0 he past 1 10.5	11.5 2 7.4			

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			Hea	lth Risk	Behavio	r and Per	centage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	lents who	o ever trie	d cigaret	te smokin	ig, even o	one or two	o puffs	-				
		76.5	77.6	71.6	66.6	55.8	58.2	54.2	53.7	49.8	46.3	Decreased, 1995-2013	No change, 1995-1999 Decreased, 1999-2013	No change
QN32:	Percentag	ge of stud	lents who	smoked	a whole o	cigarette f	for the fin	rst time b	efore age	e 13 years	5			
		35.0	32.1	31.7	26.7	21.6	19.7	18.8	16.9	14.8	14.5	Decreased, 1995-2013	No quadratic change	No change
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one o	or more o	of the pas	t 30 days				· · · · · · · · · · · · · · · · · · ·	
		39.2	38.1	34.6	27.0	25.8	22.7	20.0	23.4	22.8	16.5	Decreased, 1995-2013	No quadratic change	Decreased
QNFRO	CIG: Perc	entage of	f students	s who sm	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
		19.2	20.3	18.2	12.2	12.5	9.7	9.8	10.5	10.8	7.9	Decreased, 1995-2013	No quadratic change	No change
	Among s es per day							age who	smoked	more thar	n 10			
-		17.6	18.3	20.0	12.1	14.1	11.3	18.7	17.0	13.3	16.8	No linear change	No quadratic change	No change

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Male Fobacco	Use		Hea	lth Risk	Behavioi	and Pe	rcentage	8				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN35: percenta days	Among s age who u	tudents w isually go	ho were ot their ov	less than wn cigare	18 years ttes by bu	of age an iying the	nd who re m in a sto	eported cu ore or gas	urrent cig station d	arette use luring the	e, the e past 30			
					13.8	15.0	17.1	10.7	18.5	15.6	16.0	No linear change	No quadratic change	No change
QN36: 1 days	Percentag	ge of stud	ents who	smoked	cigarette	s on scho	ol proper	ty on one	e or more	of the pa	ist 30			
		17.8	17.0	16.9	11.0	10.1	7.4	7.7	9.0	7.5	5.6	Decreased, 1995-2013	No quadratic change	No change
QN37: 1 for 30 da		ge of stud	ents who	ever sm	oked ciga	rettes da	ily, that is	s, at least	one ciga	rette evei	y day			
					19.3	17.4	15.5	13.7	15.6	15.4	12.9	Decreased, 2001-2013	No quadratic change	No change
	Among s es during				nt cigaret	te use, th	e percent	age who	ever tried	l to quit s	moking			
					52.7	50.3	53.1	51.6	51.0	53.0	44.0	No linear change	No quadratic change	Decreased
QN39: 1 days	Percentag	ge of stud	ents who	used che	ewing tob	acco, sni	ıff, or dip	on one o	or more o	f the past	± 30			
		39.7	34.7	28.8	28.6	21.1	22.2	21.3	24.7	22.1	21.9	Decreased, 1995-2013	Decreased, 1995-2003 No change, 2003-2013	No change

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			Heal	lth Risk	Behavio	r and Per	centages	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	ents who	smoked	cigars, ci	garillos, o	or little ci	igars on o	one or mo	ore of the	past 30			
QN40: 1 days	Percentag	ge of stud	ents who	smoked	cigars, ci	garillos, o	or little ci	igars on c	one or mo	ore of the 21.5	past 30 20.1	No linear change	Not available [§]	No change
lays QNANY		ercentage	e of stude	nts who		garillos, o				21.5	20.1	No linear change	Not available [§]	No change

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stuc	lents who	had at le	east one d	lrink of al	cohol on	one or m	ore days	during th	eir life			
		83.7	83.4	81.7	83.2	76.1	76.8	73.1	71.8	65.0	67.3	Decreased, 1995-2013	No quadratic change	No change
QN42: years	Percentag	ge of stuc	lents who	had thei	r first dri	nk of alco	ohol other	r than a fo	ew sips b	efore age	13			
		50.9	47.9	43.6	39.8	39.9	30.3	31.0	29.6	25.8	26.6	Decreased, 1995-2013	No quadratic change	No change
QN43:	Percentag	ge of stuc	lents who	had at le	east one d	lrink of al	cohol on	one or m	ore of th	e past 30	days			
		56.4	58.1	56.4	54.0	49.2	46.0	40.9	42.9	35.7	34.9	Decreased, 1995-2013	No quadratic change	No change
	Percentag				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	uple of			
		42.9	44.0	43.4	42.5	35.7	34.2	30.1	30.0	26.7	23.0	Decreased, 1995-2013	No change, 1995-2001 Decreased, 2001-2013	No change
		. 1 .	who repor	ted curre	nt alcoho	l use, the	percenta	ge who u	sually go	t the alco	hol			
	Among s ank from s							0						

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			Hea	lth Risk	Behavio	r and Pei	centage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or moi	re times o	luring the	eir life					
		41.5	45.7	45.4	43.3	42.4	38.7	35.7	37.4	38.1	38.8	Decreased, 1995-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	lents who	tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
		11.9	13.8	13.7	11.8	12.1	11.8	12.7	11.1	10.2	10.7	Decreased, 1995-2013	No quadratic change	No change
QN49:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or moi	e times o	luring the	e past 30	days				
		24.8	27.1	23.4	23.7	23.4	18.5	16.4	19.1	19.8	19.4	Decreased, 1995-2013	No quadratic change	No change
QN50: nore tii	Percentag nes durin	ge of stud g their lit	lents who fe	used any	form of	cocaine,	including	g powder	, crack, o	r freebas	e one or			
		10.4	12.7	10.8	8.9	10.8	9.2	9.4	9.7	9.2	8.7	Decreased, 1995-2013	No quadratic change	No change
	Percentag nts or spra							of aeroso	l spray ca	ans, or in	haled			
		29.8	26.3	18.3	16.3	13.7	16.9	16.8	16.1	13.9	11.4	Decreased, 1995-2013	Decreased, 1995-1999 Decreased, 1999-2013	No change

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	and Othe			lth Risk	Behavio	r and Per	rcentage	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percentag	ge of stud	lents who	o used her	roin one o	or more ti	mes duri	ng their l	ife	-	-			
				3.5	3.1	3.1	5.0	6.5	5.6	5.7	5.2	Increased, 1999-2013	No quadratic change	No change
QN53:	Percentag	ge of stud	lents who	o used me	ethamphe	tamines o	ne or mo	re times	during th	eir life				
				13.1	10.4	11.0	8.5	6.8	6.3	5.4	5.2	Decreased, 1999-2013	No quadratic change	No change
QN54:	Percentag	ge of stud	lents who	o used ecs	stasy one	or more t	imes dur	ing their	life					
						5.8	8.2	9.4	10.8	10.1	10.6	Increased, 2003-2013	Increased, 2003-2007 No change, 2007-2013	No change
	Percentag uring their		lents who	o took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	r more			
		6.0	7.7	6.3	6.6	4.7	5.9	6.6	6.6	6.3	4.5	No linear change	No quadratic change	No change

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		Hea	lth Risk	Behavio	r and Pe	rcentages	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991 1993	3 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN57: Percen imes during th		lents who	used a n	leedle to i	inject any	illegal d	rug into t	heir body	one or n	nore			

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/Iale Sexual B	ehaviors		Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	o ever had	d sexual i	ntercours	e			-				
		52.6	45.9	47.8	46.9	44.7	46.9	46.7	49.6	48.5	48.9	No linear change	No quadratic change	No change
QN60:	Percentag	ge of stud	lents who	had sex	ual interc	ourse for	the first	time befo	re age 13	years				
		12.2	8.2	8.9	6.7	5.9	6.6	7.6	8.8	7.6	6.3	Decreased, 1995-2013	Decreased, 1995-2001 No change, 2001-2013	No change
QN61:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse wit	h four or	more peo	ople durii	ng their li	fe			
		19.1	17.5	16.8	14.1	16.0	15.9	15.3	19.0	18.4	17.5	No linear change	Decreased, 1995-2001 Increased, 2001-2013	No change
QN62: months	Percentag	ge of stuc	lents who	had sex	ual interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
		33.0	28.8	32.7	31.7	29.5	32.0	31.1	35.0	31.6	33.8	No linear change	No quadratic change	No change
					ercourse al interco		e past thr	ee month	s, the per	centage v	who			
aranıx al		37.2	39.9	34.9	38.3	33.0	27.7	30.4	30.4	34.5	24.6	Decreased, 1995-2013	No quadratic change	Decreased

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			Hea	lth Risk	Behavio	r and Pei	centages	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among s condom d					during the	e past thre	ee months	s, the pero	centage v	vho			
						during the	e past thre 70.1	ee months 68.1	s, the pero	centage v 69.4	vho 63.9	Increased, 1995-2013	Increased, 1995-2001 No change, 2001-2013	No change
sed a c	condom d	uring last 58.6	sexual in 57.8	65.0	e 69.2	-	70.1	68.1	67.3	69.4		Increased, 1995-2013		No change

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	T: Percer rcentile fo						at or abov	ve the 85t	h percent	ile but be	elow the			
				12.1	12.1	13.0	12.6	12.6	13.1	11.5	12.7	No linear change	No quadratic change	No change
			1 student							-				
index, b	Percentag	l sex) [§]		9.7	9.3 ed themse	10.5	12.1 ightly or	11.7 very ove	11.0 rweight	14.9	12.9	Increased, 1999-2013	No quadratic change	No change
index, b	by age and	l sex) [§]		9.7						14.9 22.5		Increased, 1999-2013 Increased, 1995-2013	No quadratic change No quadratic change	No change No change
index, b QN66:	by age and	l sex) [§] ge of stuc 18.9	lents who 20.3	9.7 describe 21.6	ed themse 19.8	lves as sl 21.8	ightly or 20.9	very ove	rweight		12.9			
QN66:	oy age and Percentaş	l sex) [§] ge of stuc 18.9	lents who 20.3	9.7 describe 21.6	ed themse 19.8	lves as sl 21.8	ightly or 20.9	very ove	rweight		12.9			
index, b QN66: QN67: QN68:	oy age and Percentaş	ge of stuc 18.9 ge of stuc 21.1 ge of stuc	lents who 20.3 lents who 23.4 lents who	9.7 9.7 21.6 9 were try 21.5 9 went wi	ed themse 19.8 ring to los 21.5 thout eati	lves as sl 21.8 se weight 25.3	ightly or 20.9 26.0	very ove 20.5 24.8	rweight 22.2 29.4	22.5 27.8	12.9 22.9 27.1	Increased, 1995-2013	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentagight or to							ids with	out a doct	tor's advie	ce to			
				4.1	5.0	5.3	6.5	8.3	6.9	6.9	5.1	Increased, 1999-2013	Increased, 1999-2007 Decreased, 2007-2013	No change
	Percentag during the			o vomited	or took l	axatives	to lose w	eight or t	o keep fr	om gaini	ng			
		3.0	4.2	2.3	2.6	2.7	5.1	5.9	5.5	5.6	3.6	Increased, 1995-2013	No quadratic change	Decreased
QN71:	Percentag	ge of stuc	lents who	o drank 10	00% fruit	juices or	e or mor	e times d	uring the	past seve	en days			
				82.4	84.5	83.8	80.4	80.3	79.4	78.7	76.1	Decreased, 1999-2013	No quadratic change	No change
	Percentag	ge of stuc	lents who	o ate fruit	one or m	ore times	during t	he past se	even days	3				
QN72:				86.2	87.8	89.0	84.5	84.3	85.9	86.2	87.9	No linear change	No quadratic change	No change
QN72:										-			-	
-	Percentag	ge of stud	lents who	o ate gree	n salad oi	ne or mor	e times d	uring the	e past sev	en days				

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			Hea	lth Risk	Behavio	r and Pei	rcentages	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	o ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
				83.1	81.3	82.0	76.9	74.5	76.5	74.4	73.3	Decreased, 1999-2013	No quadratic change	No change
QN75:	Percentag	ge of stuc	lents who	ate carro 56.9	ots one or 57.2	more tin 58.7	nes during 57.5	g the past 56.2	t seven da 57.5	ays 58.3	59.1	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one or	r more tir	nes durin	g the pas	t seven d	ays			
				86.1	85.4	86.8	82.0	81.0	81.9	82.6	82.7	Decreased, 1999-2013	No quadratic change	No change
	/G: Perce ven days	entage of	students	who ate	ruits and	vegetabl	es five oi	more tir	nes per d	ay during	, the			
				23.8	24.6	25.2	20.0	18.9	19.8	24.6	23.9	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
	JIT: Perc the past se			s who ate	fruits or o	drank 100)% fruit j	uices two	or more	times pe	r day			
				33.2	31.2	32.5	27.9	28.3	27.2	32.6	33.4	No linear change	Decreased, 1999-2009 Increased, 2009-2013	No change

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/lale Veight N	Ianagen	nent and	•	Behavior llth Risk		r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR0: seven da		tage of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	during t	he past			
				7.4	5.9	5.8	6.3	7.7	7.4	7.3	7.5	No linear change	No quadratic change	No change
		tage of st even days		ho ate fru 64.4	its or dra 62.9	nk 100% 64.8	fruit juic 57.9	ees one or 59.1	more tin 59.1	nes per da 64.3	ay 62.8	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
		tage of st even days		ho ate fru	its or dra	nk 100%	fruit juic	es three	or more t	imes per	day			
				23.7	21.8	21.9	18.1	16.9	17.6	19.5	20.5	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
QNVEC days	: Percer	ntage of s	tudents w	vho ate ve	getables	three or 1	more time	es per da	y during t	he past s	even			
				17.6	18.5	18.9	14.2	13.3	17.3	20.5	18.2	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
QNVEG	0: Perce	entage of	students	who ate v	vegetable	s 0 times	per day o	during the	e past sev	en days				
				3.3	3.9	3.7	5.6	7.3	6.2	5.8	6.5	Increased, 1999-2013	Increased, 1999-2007 No change, 2007-2013	No change

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			Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVE(days	G1: Perce	entage of	students	who ate v	egetable	s one or r	nore time	es per day	y during t	he past se	even			
				73.9	70.8	72.5	65.3	65.8	65.3	69.2	68.9	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
QNVE0 days	G2: Perce	entage of	students	who ate v	/egetable	s two or 1	nore time	es per day	y during t	the past so	even			
				36.6	34.3	36.1	30.1	31.7	32.1	36.4	34.6	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
			f students r more tin						o or more	e times pe	er day			
				13.6	13.3	13.7	9.3	8.6	10.1	13.7	14.3	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
	Percenta he past se			drank a	can, bottl	e, or glas	s of soda	or pop o	one or mo	re times p	per day			
								34.6	33.3	31.0	29.8	Decreased, 2007-2013	Not available [§]	No change
		centage c	of students	s who dra	ank a can	, bottle, a	r glass of	f soda or	pop 0 tin	nes per da	ıy			
	DA0: Per he past se													

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⁄Iale Veight N	/Ianagem	ent and	·			r and Pe	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	0A2: Percing the pa			s who dra	ank a can	, bottle, c	or glass of	f soda or	pop two	or more t	imes per			
j	8 1							24.4	21.5	20.6	20.0	Decreased, 2007-2013	Not available [§]	No change
	DA3: Perc during the			s who dra	ank a can	, bottle, c	or glass of	f soda or	pop three	e or more	times			
1	0	1						12.4	12.7	11.2	10.7	No linear change	Not available	

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			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud ast seven o		were ph	ysically a	ctive for	a total of	f at least (60 minute	es per day	on five			
							42.8	54.8	56.3	58.7	61.2	Increased, 2005-2013	Not available [§]	No change
		ercentage seven days		nts who	were phys	sically ac	tive for a	total of a	at least 60) minutes	per day			
011 0 01	ine pasi s	c ven uay	5											
							18.2	12.9	12.2	11.1	10.7	Decreased, 2005-2013	Not available	No change
		ercentage seven days		nts who	were phys	sically ac	-		-	_		Decreased, 2005-2013	Not available	No change
				nts who	were phys	sically ac	-		-	_		Decreased, 2005-2013 Increased, 2005-2013	Not available Not available	No change
on 7 of	the past s		S			-	tive for a 21.9	total of a 33.4	nt least 60 33.6) minutes 34.3	per day 36.3			
on 7 of	the past s	even days	S			-	tive for a 21.9	total of a 33.4	nt least 60 33.6) minutes 34.3	per day 36.3			
on 7 of QN81: QN82:	the past s Percenta Percenta	even days	s lents who lents who	watchec 33.1	l three or 29.8	more hou 31.1 omputer	tive for a 21.9 urs per da 24.5 games ou	total of a 33.4 ay of TV 24.0	at least 60 33.6 on an ave 23.9) minutes 34.3 erage scho 21.4	per day 36.3 pol day 24.5	Increased, 2005-2013	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavioi	and Per	centages	ł				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
ON83.	Percenta	e of stud	lents who	attandad	physical	aduantia	(DE) 1							
	week wh				i pitysicai	educatio	n (PE) cl	asses on o	one or m	ore days i	n an			
					66.0	59.6	61.5	60.3	one or mo 63.4	ore days 1 63.6	63.2	No linear change	No quadratic change	No change
NDLY		en they v 63.7 centage o	vere in sc 57.5 of students	hool 67.6	66.0	59.6	61.5	60.3	63.4	63.6	63.2	No linear change	No quadratic change	No change
QNDLY	YPE: Per	en they v 63.7 centage o	vere in sc 57.5 of students	hool 67.6	66.0	59.6	61.5	60.3	63.4	63.6	63.2	No linear change Decreased, 1995-2013	No quadratic change No quadratic change	No change No change
QNDLY week w	YPE: Per	en they v 63.7 centage c were in s 41.9	vere in sc 57.5 of students chool 32.0	hool 67.6 s who att 37.0	66.0 ended ph 34.0	59.6 ysical edu 30.7	61.5 acation (F 26.1	60.3 PE) classe 24.6	63.4 es daily in 26.1	63.6 n an avera 26.8	63.2 age			

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her		Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among stu bicycle he		no rode a	bicycle d	luring the	past 12	months, t	he percer	ntage who	o never of	rarely			
		95.2	91.0	86.5	83.9	86.4	82.4	78.6	81.8	81.3	80.4	Decreased, 1995-2013	Decreased, 1995-1999 Decreased, 1999-2013	No change
QN9: I else	Percentage	e of stude	nts who i	never or 1	arely wo	re a seat	belt wher	n riding ir	n a car dr	iven by so	omeone			
		24.0	23.5	16.0	13.5	14.1	12.4	11.2	12.3	10.9	9.4	Decreased, 1995-2013	Decreased, 1995-2001 Decreased, 2001-2013	No change
QN10: vehicle	Percentag driven by	ge of stud someone	ents who e who had	rode one l been dr	e or more inking alo	times du cohol	ring the p	past 30 da	ays in a c	ar or othe	er			
		40.6	39.7	37.4	35.1	33.9	31.3	31.1	29.4	25.4	20.3	Decreased, 1995-2013	Decreased, 1995-2009 Decreased, 2009-2013	Decreased
		a of stud	ents who	carried a	a weapon	such as a	ı gun, kni	ife, or clu	b on one	or more	of the			
	Percentag days	ge of stud	ents who	currica										
QN13: past 30		9.2	8.0	6.8	8.0	9.8	11.9	11.8	11.1	13.5	15.1	Increased, 1995-2013	No quadratic change	No change
past 30		9.2	8.0	6.8	8.0					13.5	15.1	Increased, 1995-2013	No quadratic change	No change

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		ice	Hea	lth Risk	Behavioi	and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag nore of th			carried a	weapon	such as a	a gun, kni	fe, or clu	b on scho	ool prope	rty on			
		5.3	3.6	3.3	2.6	3.9	3.8	3.7	5.2	3.9	4.6	No linear change	Decreased, 1995-2001 Increased, 2001-2013	No change
	Percentag would be							of the pa	ast 30 day	ys becaus	e they			
		4.1	3.4	2.6	9.0	4.7	6.7	7.3	6.6	6.8	9.5	Increased, 1995-2013	No quadratic change	Increased
ON17.	Percentag		ents who ne or mor					a weapo	n such as	a gun, ki	nife, or			
	school pr				< -	5.0	6.3	6.6	6.3	5.3	5.1	No linear change	No change, 1995-2001	No change
	school pr	4.7	3.8	4.9	6.7	5.9	0.5	0.0	0.5		5.1		Decreased, 2001-2013	i to change
club on	Percentag									past 12 n				
club on										past 12 n 18.9		Decreased, 1995-2013		No change
QN18: QN19:		ge of stud 27.1 ge of stud	24.0 ents who	were in a 21.3 were in a	a physica 22.9 a physica	l fight on 21.4 l fight on	24.3	e times du 19.8	uring the 21.6	18.9	nonths 16.8		Decreased, 2001-2013	

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			Hea	lth Risk	Behavio	r and Per	rcentage	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percenta t 12 mont		ents who	were in	a physica	l fight or	ı school p	property of	one or mo	ore times	during			
		10.6	7.4	7.0	7.4	7.3	7.9	7.7	7.5	8.0	5.4	Decreased, 1995-2013	No quadratic change	Decreased
~	D /	re of stud	ents who	had eve	r been ph	vsically f	orced to	have sexi	ual interc	ourse wh	en thev			
did not	want to				11.3	11.6	13.7	16.0	18.0	16.5	15.1	Increased, 2001-2013	Increased, 2001-2009 No change, 2009-2013	No change
did not					11.3	11.6	13.7	16.0	18.0	16.5	15.1	Increased, 2001-2013 No linear change	· · · · · · · · · · · · · · · · · · ·	No change No change
did not QN24:	want to	ge of stud	ents who	had eve	11.3 r been bu	11.6 llied on s	13.7 chool pro	16.0 operty du	18.0 ring the p 25.5	16.5 past 12 m 28.1	15.1 onths 26.6	, 	No change, 2009-2013	
did not QN24: QN25: QN25:	want to	ge of stud ge of stud	ents who ents who ents who) had ever) had ever	11.3 r been bu r been ele ad or hop	11.6 Ilied on s ectronical	13.7 chool pro ly bullied	16.0 operty du I during t	18.0 ring the p 25.5 the past 1	16.5 past 12 m 28.1 2 months 25.0	15.1 onths 26.6 23.2	No linear change	No change, 2009-2013 Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27:	Percentag	ge of stuc	lents who	seriously	y conside	red attem	pting sui	cide duri	ng the pa	st 12 moi	nths			
		30.0	28.4	20.5	22.6	24.8	21.8	21.8	21.2	20.2	21.4	Decreased, 1995-2013	Decreased, 1995-1999 No change, 1999-2013	No change
	Percentag	ge of stuc	lents who	made a j	plan abou	it how the	ey would	attempt s	uicide du	uring the	past 12			
		ge of stuc 21.6	lents who 23.8	o made a j 17.2	plan abou 16.5	t how the 17.5	ey would 19.3	attempt s 22.7	uicide du 18.7	uring the	past 12 16.0	Decreased, 1995-2013	No quadratic change	No change
nonths QN29:	Percentag	21.6	23.8	17.2	16.5	17.5	19.3	22.7	18.7	16.5	16.0	Decreased, 1995-2013	No quadratic change	No change
months	Percentag	21.6	23.8	17.2	16.5	17.5	19.3	22.7	18.7	16.5	16.0	Decreased, 1995-2013 No linear change	No quadratic change No quadratic change	No change No change
QN29: months QN30:	Percentag	21.6 ge of stuc 10.7 ge of stuc	23.8 dents who 11.5 dents who	17.2 actually 8.9 o made a s	16.5 attempte 10.0 suicide at	17.5 d suicide 12.9 tempt dur	19.3 one or m 10.9 ring the p	22.7 ore times 11.9 ast 12 mo	18.7 s during t 10.9	16.5 he past 1 12.0	16.0 2 9.4			

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			Hea	lth Risk	Behavio	r and Pei	rcentage	s				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stud	ents who	ever trie	d cigaret	te smokin	ıg, even o	one or two	o puffs					
		69.3	70.6	66.8	62.4	56.5	55.6	54.5	51.1	46.4	45.0	Decreased, 1995-2013	No quadratic change	No change
QN32:	Percentag	ge of stud	ents who	smoked	a whole	cigarette	for the fin	rst time b	efore age	e 13 years				
		26.6	25.9	19.9	21.5	21.2	16.6	19.0	14.4	12.4	9.4	Decreased, 1995-2013	Decreased, 1995-2007 Decreased, 2007-2013	No change
QN33:	Percentag	ge of stud	ents who	smoked	cigarette	s on one o	or more o	of the pas	t 30 days					
		39.8	36.7	35.9	29.6	26.4	22.4	21.5	20.7	21.3	17.9	Decreased, 1995-2013	No quadratic change	No change
QNFRC	CIG: Perc	entage of	students	who smo	oked ciga	rettes on	20 or mo	ore of the	past 30 c	lays				
		19.6	20.2	20.4	15.3	14.1	10.5	9.9	9.0	9.7	8.8	Decreased, 1995-2013	No quadratic change	No change
QN34: cigarette	Among s es per day	tudents w on the d	ho repor ays they	ted curren smoked d	nt cigaret luring the	te use, the past 30 o	e percent days	age who	smoked	more than	n 10			
-	- •	11.2	15.0	9.6	11.8	10.7	7.8	7.7	9.1	11.2	6.0	Decreased, 1995-2013	No quadratic change	No change

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emale obacco	Use		Heal	th Risk	Behavior	and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN35: percenta days	Among s age who u	tudents w sually go	tho were the their ow	less than vn cigare	18 years ttes by bu	of age ar	nd who re m in a sto	ported cu ore or gas	arrent cig station d	arette use	e, the past 30			
-					10.4	5.1	9.3	7.1	10.0	7.3	5.1	No linear change	No quadratic change	No change
QN36: lays	Percentag	ge of stud	ents who	smoked	cigarettes	s on scho	ol proper	ty on one	e or more	of the pa	st 30			
		16.5	16.0	14.8	10.4	10.4	6.2	7.1	7.4	6.8	5.3	Decreased, 1995-2013	No quadratic change	No change
QN37: or 30 d		ge of stud	ents who	ever sm	oked ciga	rettes dai	ily, that is	s, at least	one ciga	rette ever	y day			
					22.4	20.6	17.7	17.9	16.8	16.6	14.1	Decreased, 2001-2013	No quadratic change	No change
	Among s es during				nt cigaret	te use, th	e percent	age who	ever tried	l to quit s	moking			
					63.3	65.6	61.8	59.7	60.3	56.4	60.8	Decreased, 2001-2013	No quadratic change	No change
QN39: lays	Percentag	ge of stud	ents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more o	f the past	30			
		9.9	9.7	6.0	6.9	5.0	5.9	7.4	6.9	7.8	5.7	Decreased, 1995-2013	Decreased, 1995-1999 No change, 1999-2013	No change

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			Heal	th Risk	Behavio	r and Per	centages	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag	ge of stud	ents who	smoked	cigars, ci	garillos, o	or little ci	igars on o	one or mo	ore of the	past 30			
	Percentag	ge of stud	ents who	smoked	cigars, ci	garillos, o	or little ci	igars on c	one or mo	ore of the 11.5	past 30 9.4	No linear change	Not available ⁸	No change
lays QNANY		ercentage	of stude	nts who s							9.4	No linear change	Not available [§]	No change

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			Hea	lth Risk	Behavio	r and Pei	centages	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	o had at le	east one d	rink of al	cohol on	one or n	nore days	during th	eir life			
		78.2	78.0	82.6	81.5	76.4	77.6	79.3	72.1	66.6	68.8	Decreased, 1995-2013	Increased, 1995-2001 Decreased, 2001-2013	No change
QN42: years	Percentag	ge of stud	lents who	had thei	r first dri	nk of alco	hol other	r than a f	ew sips b	efore age	13			
yeurs		32.7	32.9	28.5	27.7	29.2	23.5	26.3	22.3	21.1	17.0	Decreased, 1995-2013	No quadratic change	Decreased
QN43:	Percentag	ge of stud	lents who	had at le	east one d	rink of al	cohol on	one or n	nore of th	e past 30	days			
		47.5	51.9	53.2	48.6	49.0	44.7	43.8	40.4	36.6	33.8	Decreased, 1995-2013	No change, 1995-1999 Decreased, 1999-2013	No change
	Percentag				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	uple of			
		34.5	37.0	35.4	33.5	33.8	29.5	28.5	25.4	23.5	19.6	Decreased, 1995-2013	No change, 1995-2003 Decreased, 2003-2013	Decreased
	Among s							ge who u	sually go	t the alco	hol			
	ank from s	omeone	who gav	e it to the	m during	the past	30 davs							

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		_	Hea	lth Risk	Behavio	r and Per	rcentage	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or mo	re times o	luring the	eir life		-			
		34.7	39.6	40.5	38.5	36.1	37.2	33.1	32.3	33.7	33.5	Decreased, 1995-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	lents who	tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
		4.5	6.6	7.3	7.5	9.5	8.9	8.1	7.1	8.4	6.3	No linear change	Increased, 1995-2003 Decreased, 2003-2013	No change
QN49:	Percentag	ge of stud	lents who	used ma	rijuana o	ne or mor	re times o	luring the	e past 30	days	-			
		18.9	19.4	19.5	16.9	17.4	17.1	12.0	14.6	17.1	16.0	Decreased, 1995-2013	No quadratic change	No change
QN50: more ti	Percentag mes durin	ge of stud g their lit	lents who fe	used any	form of	cocaine,	including	g powder	, crack, o	r freebas	e one or			
		8.4	9.8	8.9	10.0	10.5	11.4	7.6	6.9	7.9	5.1	Decreased, 1995-2013	Increased, 1995-2005 Decreased, 2005-2013	Decreased
	Percentag nts or spra							of aeroso	l spray ca	ans, or in	haled			
		26.1	25.2	17.1	15.6	14.3	17.2	16.5	15.8	15.0	10.5	Decreased, 1995-2013	Decreased, 1995-1999 Decreased, 1999-2013	Decreased

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Female Alcohol :	and Othe	er Drug V		lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percentag	ge of stud	lents who	o used her	roin one o	or more ti	mes duri	ng their l	ife					
				2.3	2.7	2.5	2.4	3.4	2.6	3.2	2.3	No linear change	No quadratic change	No change
QN53:	Percentag	ge of stud	lents who	o used me	ethamphe	tamines o	one or mo	ore times	during th	eir life				
				12.2	11.0	12.3	8.5	4.7	3.3	4.9	3.0	Decreased, 1999-2013	No quadratic change	Decreased
QN54:	Percentag	ge of stud	lents who	o used ecs	stasy one	or more t	imes dur	ing their	life					
						6.9	6.5	5.5	6.8	8.7	5.9	No linear change	No quadratic change	Decreased
	Percentag uring their		lents who	o took ste	roid pills	or shots	without a	doctor's	prescript	ion one c	or more			
		3.3	4.1	3.3	3.8	3.9	3.5	4.6	3.9	4.0	2.4	No linear change	No quadratic change	Decreased
QN56: codeine	Percentaş , Adderal	ge of stuc l, Ritalin	lents who , or Xana	o have tak (x) withou	ten a pres at a docto	scription o r's prescr	drug (suc iption on	h as Oxy e or more	Contin, F e times d	Percocet, uring thei 18.8	Vicodin, ir life 17.0	No linear change	Not available [§]	No change

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		Hea	lth Risk	Behavio	r and Pei	centages	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991 1	.993 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	rcentage of stu ig their life	dents who	o used a n		inject any 3.1	U	rug into t	heir body	one or n	nore			

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emale exual B	ehaviors		Hea	llth Risk	Behavio	r and Per	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stuc	lents who	o ever had	l sexual i	ntercours	e							
		45.2	44.0	47.8	45.9	46.8	47.4	47.7	51.6	47.4	45.3	No linear change	No quadratic change	No change
QN60:	Percentag	ge of stuc	lents who	had sexu	ual interc	ourse for	the first t	ime befo	re age 13	years				
		5.6	4.3	3.4	3.6	5.6	3.7	4.2	3.0	4.3	3.6	No linear change	No quadratic change	No change
QN61:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse wit	h four or	more peo	ple durir	ng their li	fe			
		13.7	16.3	15.2	13.4	16.3	15.2	13.5	16.8	16.2	15.8	No linear change	No quadratic change	No change
QN62: nonths	Percentag	ge of stud	lents who	had sexu	ual interco	ourse wit	h one or	more peo	ple durin	g the pas	t three			
		31.1	32.4	36.0	34.0	34.1	37.6	36.5	40.4	37.8	35.8	Increased, 1995-2013	No quadratic change	No change
	Among s						e past three	ee month	s, the per	centage	who			
		22.5	27.5	28.5	22.1	22.4	22.1	20.0	19.3	20.1	17.0	Decreased, 1995-2013	No quadratic change	No change

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			Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among s condom d					during the	e past thre	ee months	s, the pero	centage v	ho			
						during the	e past thre 60.5	ee months	s, the pero 57.2	centage v 49.4	vho 52.7	Increased, 1995-2013	Increased, 1995-2005 Decreased, 2005-2013	No change
sed a c	condom d	uring last 48.3	sexual in 42.7	50.4	e 54.8	-	60.5	59.1	57.2	49.4		Increased, 1995-2013		No change

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			Hea	lth Risk	Behavio	r and Pe	rcentages	5				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNOW 95th pei	T: Percer centile fo	ntage of s or body m	students v ass index	who were x, by age	overweig and sex)	ght (i.e., a	at or abov	e the 85t	h percent	ile but be	elow the			
				8.9	9.1	10.3	11.6	9.8	11.7	12.6	13.0	Increased, 1999-2013	No quadratic change	No change
ONODI	SE. Dem	centage o	f student	s who we	re obese	(i.e., at o	r above tł	ne 95th p	ercentile	for body	mass			
index, b	y age and	l sex) [§]												
QNOBI index, b	y age and	l sex) [§]		2.2	3.6	3.8	4.2	6.5	8.3	7.0	8.4	Increased, 1999-2013	No quadratic change	No change
index, b	y age and	l sex) [§]		2.2			4.2	6.5	8.3	-		Increased, 1999-2013	No quadratic change	No change
index, b	y age and	l sex) [§]					4.2	6.5	8.3	-		Increased, 1999-2013 No linear change	No quadratic change No quadratic change	No change No change
index, b QN66:	y age and Percentaş	l sex) [§] ge of stuc 35.2	lents who 35.3) describe	d themse 35.6	lves as sl 36.6	4.2 ightly or 38.1	6.5 very over	8.3 rweight	7.0	8.4			
index, b QN66:	y age and Percentaş	l sex) [§] ge of stuc 35.2	lents who 35.3	describe 35.9	d themse 35.6	lves as sl 36.6	4.2 ightly or 38.1	6.5 very over	8.3 rweight	7.0	8.4			
index, b QN66: QN67: QN68:	y age and Percentaş Percentaş Percentaş	l sex) [§] ge of stud 35.2 ge of stud 60.1 ge of stud	lents who 35.3 lents who 61.2 lents who	describe 35.9 were try	d themse 35.6 ing to los 63.4 thout eati	lves as sl 36.6 se weight 61.6	4.2 ightly or 38.1 60.0	6.5 very over 35.0 56.9	8.3 rweight 36.4 59.9	7.0 32.4 56.3	8.4 35.2 58.6	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05.

[†]Based on t-test analysis, p < 0.05. [§]Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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			Hea	lth Risk	Behavioı	and Per	centages	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN69: lose we	Percentagight or to	ge of stuc keep fro	lents who m gaining	took any g weight d	v diet pills luring the	s, powder e past 30	rs, or liqu days	ids withc	out a doct	or's advic	ce to			
				9.3	10.7	10.0	8.3	7.2	6.1	9.0	7.1	Decreased, 1999-2013	No quadratic change	No change
weight	during the	e past 30	days											
		9.1	9.1	6.4	7.1	8.3	8.6	7.4	6.8	8.1	7.3	No linear change	No quadratic change	No change
QN71:	Percenta											No linear change	No quadratic change	No change
QN71:	Percenta											No linear change Decreased, 1999-2013	No quadratic change No quadratic change	No change Decreased
-	Percentag	ge of stud	lents who	o drank 10 83.9	00% fruit 84.2	juices on 80.7	e or more 79.5	e times di 79.4	uring the 78.9	past seve 80.1	en days			
-		ge of stud	lents who	o drank 10 83.9	00% fruit 84.2	juices on 80.7	e or more 79.5	e times di 79.4	uring the 78.9	past seve 80.1	en days			
QN72:		ge of stud	lents who) drank 10 83.9) ate fruit 88.8	00% fruit 84.2 one or m 89.1	juices on 80.7 ore times 87.4	e or more 79.5 during tl 87.0	e times de 79.4 ne past se 87.6	uring the 78.9 even days 89.7	past seve 80.1 3 89.1	en days 73.4	Decreased, 1999-2013	No quadratic change No change, 1999-2005	Decreased

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			Hea	lth Risk	Behavio	and Per	centages	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stuc	lents who	o ate potat	toes one o	or more ti	mes duri	ng the pa	st seven	days	-			
				79.5	79.9	79.6	75.2	72.0	74.5	72.8	70.4	Decreased, 1999-2013	No quadratic change	No change
QN75:	Percentag	ge of stuc	lents who	o ate carro	ots one or	more tin	nes during	g the past	t seven da	ays				
				57.4	53.6	56.8	52.7	55.1	56.9	56.9	55.0	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate other	r vegetab	les one or	more tir	nes durin	g the pas	t seven d	ays			
				89.6	88.2	87.9	86.3	85.0	86.5	87.0	88.0	No linear change	Decreased, 1999-2007 No change, 2007-2013	No change
	/G: Perce /en days	entage of	students	who ate f	fruits and	vegetabl	es five or	more tir	nes per d	ay during	g the			
				19.3	17.3	19.3	13.4	15.4	18.2	19.6	19.3	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
	JIT: Perc			s who ate	fruits or o	lrank 100)% fruit j	uices two	o or more	times pe	er day			
				29.4	28.3	28.3	23.1	22.4	26.4	26.9	29.1	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change

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	lunugen		•	Behavior lth Risk		r and Pe	rcentage	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR0 seven da		age of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	v during tl	he past			
				4.8	4.3	5.9	5.2	5.0	4.4	5.6	4.6	No linear change	No quadratic change	No change
	: Percent he past se			ho ate fru	its or dra	nk 100%	fruit juic	es one or	more tir	nes per da	ay			
				60.7	60.8	58.5	54.9	53.3	58.3	59.9	59.5	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
	: Percent he past se			ho ate fru	its or dra	nk 100%	fruit juic	es three o	or more t	imes per o	day			
U				17.3	17.3	17.4	14.0	14.2	15.3	16.6	16.4	No linear change	No quadratic change	No change
QNVEC days	3: Percer	tage of s	tudents w	ho ate ve	getables	three or a	more time	es per day	y during t	the past so	even			
				13.5	14.4	13.5	9.5	12.2	14.5	14.4	14.6	No linear change	No quadratic change	No change
QNVEC	30: Perce	ntage of	students	who ate v	egetable	s 0 times	per day o	during the	e past sev	ven days				
				2.3	2.1	1.8	3.2	3.5	3.1	4.2	4.3	Increased, 1999-2013	No quadratic change	No change

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			Hea	lth Risk	Behavio	and Per	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVE0 days	G1: Perco	entage of	students	who ate v	regetable	s one or r	nore time	es per day	/ during t	he past se	even			
				69.9	69.9	72.0	66.8	64.5	68.0	68.3	69.1	No linear change	No quadratic change	No change
QNVE0 days	G2: Perce	entage of	students	who ate v	vegetable	s two or 1	nore time	es per day	y during t	he past so	even			
				34.4	31.9	32.7	27.2	26.6	30.1	31.5	32.5	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
QNFRV and ate	G2: Pervegetable	centage c es three o	f student r more tir	s who ate nes per d	fruits or ay during	drank 10 the past	0% fruit seven da	juices tw ys	o or more	e times pe	er day			
				8.6	8.8	10.1	5.8	8.5	9.5	9.1	10.1	No linear change	No quadratic change	No change
		ge of stud even days		drank a	can, bottl	e, or glas	s of soda	or pop o	ne or mo	re times p	ber day			
								20.9	20.3	20.9	18.6	No linear change	Not available [§]	No change
during t		centage c		s who dra	ank a can	, bottle, o	r glass of	f soda or	pop 0 tin	nes per da	y			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Heal	lth Risk	Behavio	r and Per	rcentages	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	DA2: Peroing the pa		of students davs	s who dra	ank a can	, bottle, o	or glass of	f soda or j	pop two o	or more ti	imes per			
u u								12.3	12.5	12.6	11.0	No linear change	Not available [§]	No change

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'hysical	Activity		Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud ast seven o		were ph	ysically a	ctive for	a total of	f at least (60 minute	es per day	on five			
							28.6	41.5	41.0	41.4	43.1	Increased, 2005-2013	Not available [§]	No change
		ercentage seven days		nts who v	were phys	sically act	tive for a	total of a	at least 60) minutes	per day			
	the past s		3				26.9	15.7	15.0	16.7	16.9	Decreased, 2005-2013	Not available	No change
		ercentage seven days		nts who v	were phys	sically act	tive for a	total of a	at least 60) minutes	per day			
		-					11.1	19.1	17.2	17.2	19.9	Increased, 2005-2013	Not available	No change
QN81:	Percenta	ge of stud	ents who	watched	three or	more hou	ırs per da	y of TV	on an ave	erage scho	ool day			
QN81:	Percenta	ge of stud	ents who	watched 21.4	three or 19.1	more hou 22.1	urs per da 20.0	uy of TV 17.5	on an ave 19.8	erage scho 19.7	ool day 19.5	No linear change	No quadratic change	No change
QN82:	Percenta	ge of stud ge of stud ool work t	ents who	21.4	19.1 video or c	22.1	20.0 games or	17.5 used a c	19.8	19.7	19.5	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83:	Percentag		lents who		l physical	educatio	n (PE) cl	asses on (one or m	ore days	in an			
	week wh	en they v	vere in sc	chool						•				
	week wh	en they v 51.8	vere in sc 49.1	bool 53.4	50.0	46.1	47.2	46.2	50.9	48.7	47.1	No linear change	No quadratic change	No change
QNDL	YPE: Per-	51.8	49.1	53.4			47.2	46.2	50.9	48.7	47.1	No linear change	No quadratic change	No change
average QNDL	YPE: Per	51.8	49.1	53.4			47.2	46.2	50.9	48.7	47.1	No linear change Decreased, 1995-2013	No quadratic change No quadratic change	No change
QNDL veek w	YPE: Per	51.8 centage of were in s 30.6	49.1 of student chool 26.5	53.4 s who att 29.1	ended ph 27.8	ysical edu 15.5	47.2 acation (F 16.7	46.2 PE) classe 19.0	50.9 es daily in 19.3	48.7 n an aver 16.4	47.1 age 19.8			

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emale ther			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					1 (1		ator or n	urse that	they had	asthma				

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Vhite* njury a	nd Violer	ice	Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			2011-2013 *
	Among stu bicycle he		no rode a	bicycle d	luring the	e past 12	months, t	he percei	ntage who	o never of	r rarely			
		92.9	90.1	88.2	85.7	86.6	82.2	80.2	83.5	83.3	79.6	Decreased, 1995-2013	Decreased, 1995-2001 Decreased, 2001-2013	Decreased
QN9: 1 else	Percentage	e of stude	nts who	never or 1	arely wo	re a seat	belt wher	n riding ii	n a car dr	iven by s	omeone			
		32.2	30.5	22.8	19.0	17.8	15.0	14.1	14.9	14.4	12.1	Decreased, 1995-2013	Decreased, 1995-2003 Decreased, 2003-2013	No change
	Percentag driven by						ring the p	past 30 da	ays in a c	ar or othe	er			
		41.9	38.7	37.4	34.1	31.7	28.3	28.2	27.1	24.4	19.4	Decreased, 1995-2013	No quadratic change	Decreased
QN13: past 30	Percentaş days	ge of stud	lents who	carried a	a weapon	such as a	a gun, kn	ife, or clu	ib on one	or more	of the			
		24.8	24.2	23.0	22.4	24.3	27.3	25.3	25.0	27.0	28.8	Increased, 1995-2013	No quadratic change	No change
							6.1	. 20	1	-	-			
QN14:	Percentag	ge of stud	lents who	carried a	a gun on	one or me	ore of the	past 30 d	lays					

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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	nd Violen		Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change †	Quadratic Change †	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag nore of th			carried a	a weapon	such as a	a gun, kni	ife, or clu	b on scho	ool prope	rty on			
		13.4	11.9	10.8	8.2	9.8	9.3	10.3	10.6	9.6	9.6	Decreased, 1995-2013	Decreased, 1995-2001 No change, 2001-2013	No change
	Percentag would be							e of the pa	ast 30 day	ys becaus	e they			
		2.7	3.7	2.7	7.0	4.7	5.9	5.6	5.0	4.9	6.8	Increased, 1995-2013	Increased, 1995-2001 No change, 2001-2013	Increased
	Percentag school pr							a weapo	n such as	s a gun, k	nife, or			
		6.0	6.3	7.1	8.5	9.4	6.8	7.5	8.0	5.6	5.7	No linear change	Increased, 1995-2003 Decreased, 2003-2013	No change
	Percentag	ge of stuc	lents who	were in	a physica	l fight or	e or mor	e times d	uring the	past 12 r	nonths			
QN18:	1 010011102				30.0	30.1	29.0	25.7	28.7	24.0	21.5	Decreased, 1995-2013	No quadratic change	No change
QN18:	1 01 0 0 1 1 1 2	34.1	32.5	29.6	50.0	50.1	_>							
QN19:	Percentag	ge of stud	lents who	were in	a physica	l fight or	ne or mor	e times d	uring the	past 12 r	nonths			

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change †	Quadratic Change †	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag 12 month		lents who	were in	a physica	al fight on	i school p	property of	one or mo	ore times	during			
		15.5	13.4	12.2	12.8	12.3	11.2	10.1	10.9	10.0	7.4	Decreased, 1995-2013	No quadratic change	Decreased
		se of stue	ients who		i been pii	ysically I	orceu to	liave sexi	ual interc	ourse wh	en mey			
did not					7.5	8.8	9.6	11.6	12.0	10.7	10.0	Increased, 2001-2013	Increased, 2001-2009 No change, 2009-2013	No change
QN21: did not QN24:	want to				7.5	8.8	9.6	11.6	12.0	10.7	10.0	Increased, 2001-2013 No linear change		No change No change
did not QN24:	want to	ge of stuc	lents who	had even	7.5 r been bu	8.8 Ilied on s	9.6 chool pro	11.6 operty du	12.0 ring the p 23.5	10.7 past 12 mg 23.6	10.0 onths 23.1	, 	No change, 2009-2013	
did not QN24:	want to	ge of stuc	lents who	had even	7.5 r been bu	8.8 Ilied on s	9.6 chool pro	11.6 operty du	12.0 ring the p 23.5	10.7 past 12 mg 23.6	10.0 onths 23.1	, 	No change, 2009-2013	
did not QN24: QN25: QN26:	want to	ge of stuc ge of stuc	lents who lents who lents who	had even had even	7.5 r been bu r been ele ad or hop	8.8 Illied on s ectronical	9.6 chool pro ly bullied	11.6 pperty du I during t	12.0 ring the p 23.5 the past 1	10.7 past 12 mo 23.6 2 months 17.4	10.0 onths 23.1 15.3	No linear change	No change, 2009-2013 Not available [¶]	No change

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

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ijury ar	ıd Violer	ice	Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN27:	Percentag	ge of stud	lents who	seriousl	y conside	red attem	pting sui	cide duri	ng the pa	st 12 mor	nths			
		22.5	21.4	15.0	18.2	20.6	17.0	16.2	16.7	16.2	15.5	Decreased, 1995-2013	No quadratic change	No change
	Percentag	ge of stuc	lents who	made a	plan abou	t how the	y would	attempt s	uicide du	uring the	past 12			
	Percenta	-			-		-	-			-	Decreased 1995-2013	No quadratic change	No change
nonths		16.7	18.0	12.3	14.2	15.1	15.3	16.8	14.6	13.1	13.0	Decreased, 1995-2013	No quadratic change	No change
nonths QN29:		16.7	18.0	12.3	14.2		15.3	16.8	14.6	13.1	13.0	Decreased, 1995-2013	No quadratic change	No change
nonths QN29:		16.7	18.0	12.3	14.2	15.1	15.3	16.8	14.6	13.1	13.0	Decreased, 1995-2013 Increased, 1995-2013	No quadratic change No quadratic change	No change Decreased
QN29: nonths QN30:	Percentag	16.7 ge of stuc 7.9 ge of stuc	18.0 lents who 7.5 lents who	12.3 actually 5.7 o made a s	14.2 attempte 7.0 suicide at	15.1 d suicide	15.3 one or m 7.9 ing the p	16.8 ore times 9.5 ast 12 mo	14.6 s during t 8.4	13.1 he past 12 10.0	13.0 2 7.4	, 		

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1991 199 QN31: Percer			1999	2001	2003	2005							2011-2013 [§]
	ntage of stud	lents who		2001	-000		2007	2009	2011	2013			
QN31: Percer	-		arran tai					_003					
	71.2		ever trie	d cigaret	te smokin	ig, even o	one or two	o puffs					
		72.3	67.6	63.0	55.1	55.3	51.7	50.3	45.4	43.3	Decreased, 1995-2013	No quadratic change	No change
QN32: Percer	ntage of stud	lents who	smoked	a whole	cigarette	for the fir	rst time b	efore age	13 years				
	29.3	27.3	24.5	23.2	20.3	16.3	16.6	13.4	11.6	10.7	Decreased, 1995-2013	No quadratic change	No change
QN33: Percer	ntage of stud	lents who	smoked	cigarette	s on one o	or more o	of the past	t 30 days					
	38.0	36.4	33.8	27.5	24.9	21.5	19.3	20.0	20.9	15.8	Decreased, 1995-2013	Decreased, 1995-2007 No change, 2007-2013	Decreased
QNFRCIG: P	ercentage of	f students	who smo	oked ciga	rettes on	20 or mo	ore of the	past 30 d	lays				
	18.9	19.3	18.2	13.3	12.8	9.9	9.2	8.3	9.4	7.7	Decreased, 1995-2013	No quadratic change	No change
QN34: Amon cigarettes per	g students w day on the d	who repor ays they	ted curren smoked d	nt cigaret luring the	te use, the past 30 c	e percent days	age who	smoked 1	nore than	n 10			
	13.7	15.4	14.4	12.0	12.2	9.5	12.6	11.5	10.9	10.7	Decreased, 1995-2013	No quadratic change	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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Vhite* obacco	Use		Hea	lth Risk	Behavio	r and Per	rcentages	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN35: percenta days	Among stage who u	tudents w sually go	ho were ot their ov	less than vn cigare	18 years ettes by bu	of age ar	nd who re m in a sto	ported cu ore or gas	urrent cig station d	arette use	e, the past 30			
					11.8	10.1	12.7	8.0	14.4	11.3	10.7	No linear change	No quadratic change	No change
QN36: lays	Percentag	ge of stud	lents who	smoked	cigarette	s on scho	ol proper	ty on one	e or more	of the pa	st 30			
		15.9	15.6	14.7	10.2	9.7	6.1	6.5	6.8	6.4	4.9	Decreased, 1995-2013	No quadratic change	No change
QN37: for 30 d	Percentag ays	ge of stud	lents who	ever sm	oked ciga	rettes dai	ly, that is	s, at least	one ciga	rette ever	y day			
					19.9	18.4	16.1	14.5	15.0	14.8	12.8	Decreased, 2001-2013	No quadratic change	No change
	Among st es during				nt cigaret	te use, th	e percent	age who	ever tried	l to quit s	moking			
					57.1	58.9	57.5	54.7	57.4	55.5	50.5	No linear change	No quadratic change	No change
QN39: lays	Percentag	ge of stud	lents who	used cho	ewing tob	acco, snu	ıff, or dip	on one o	or more o	f the past	30			
		25.8	22.3	18.2	18.1	12.7	13.8	13.6	15.2	14.3	13.3	Decreased, 1995-2013	Decreased, 1995-2003	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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		Hea	lth Risk	Behavio	r and Per	centages	5				Linear Change ⁺	Quadratic Change [†]	Change from 2011-2013 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N40: Percen ays	tage of stu	dents who	smoked	cigars, ci	garillos, o	or little ci	igars on o	one or mo	ore of the	past 30			
uj 5									15.2	14.0	No linear change	Not available [¶]	No change

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			Hea	lth Risk	Behavio	r and Pei	rcentages	5				Linear Change †	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41:	Percentag	ge of stud	lents who	had at le	east one d	rink of al	cohol on	one or n	nore days	during th	neir life			
		79.8	79.4	81.1	82.0	76.0	76.4	75.7	71.3	64.6	67.7	Decreased, 1995-2013	No change, 1995-2001 Decreased, 2001-2013	No change
QN42: years	Percentag	ge of stud	lents who	had thei	r first dri	nk of alco	ohol othe	r than a f	ew sips b	efore age	13			
-		40.9	38.5	34.4	33.1	34.0	25.7	27.1	24.1	21.6	20.2	Decreased, 1995-2013	No quadratic change	No change
QN43:	Percentag	ge of stuc	lents who	had at le	east one d	rink of al	cohol on	one or n	nore of th	e past 30	days			
		51.9	53.6	52.9	50.6	48.6	44.2	41.4	40.2	35.3	33.4	Decreased, 1995-2013	No change, 1995-1999 Decreased, 1999-2013	No change
	Percentag				or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	ouple of			
		38.3	39.6	37.6	37.5	34.6	30.8	28.4	26.3	24.5	20.3	Decreased, 1995-2013	No change, 1995-2001 Decreased, 2001-2013	Decreased
	Among s	tudents v	who repor					ge who u	sually go	t the alco	hol			
	ank from s	someone	who gav	e it to the	m during	the past .	30 days							

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

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lcohol	and Othe	er Drug I		lth Risk	Behavio	r and Per	rcentage	5				Linear Change [†]	Quadratic Change ^{\dagger}	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	lents who	o used ma	rijuana o	ne or mo	re times o	luring the	eir life	-				
		35.1	39.9	40.0	39.1	38.0	36.1	32.6	32.1	33.3	33.5	Decreased, 1995-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	lents who	tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
		6.2	8.5	8.7	8.6	10.1	8.9	8.6	7.1	6.9	6.6	No linear change	Increased, 1995-2003 Decreased, 2003-2013	No change
QN49:	Percentag	ge of stud	lents who	o used ma	rijuana o	ne or mo	re times o	luring the	e past 30	days				
		19.3	20.7	18.9	19.0	19.5	16.6	13.1	14.8	16.6	16.0	Decreased, 1995-2013	No quadratic change	No change
QN50: more ti	Percentag mes durin	ge of stuc g their lit	lents who fe	o used any	/ form of	cocaine,	including	g powder	, crack, o	r freebas	e one or			
		7.8	9.6	8.5	8.7	10.2	9.3	7.7	6.7	6.3	5.3	Decreased, 1995-2013	No change, 1995-2003 Decreased, 2003-2013	No change
	Percentag							of aeroso	l spray ca	ans, or in	haled			
		25.4	23.6	16.8	15.5	13.4	16.2	16.0	14.7	12.0	9.3	Decreased, 1995-2013	Decreased, 1995-1999 Decreased, 1999-2013	Decreased

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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lcohol a	and Othe	r Drug V		lth Risk	Behavio	r and Per	rcentage	5				Linear Change [†]	Quadratic Change †	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percentag	ge of stud	dents who	o used her	roin one o	or more ti	mes duri	ng their l	ife					
				2.3	2.5	2.2	3.2	4.5	3.0	2.9	2.9	No linear change	No quadratic change	No change
QN53:	Percentag	ge of stud	lents who	o used me	thamphe	tamines o	one or mo	re times	during th	eir life				
				11.1	9.7	10.9	7.6	5.0	3.6	3.4	3.1	Decreased, 1999-2013	No quadratic change	No change
QN54:	Percentag	ge of stud	lents who	o used ecs	stasy one	or more t	imes dur	ing their	life					
						5.8	6.5	6.7	7.4	7.6	6.9	No linear change	No quadratic change	No change
QN55: times dı	Percentag uring their	ge of stuc r life	lents who	o took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	r more			
		3.6	4.8	4.4	4.8	3.7	4.1	5.0	4.3	3.6	2.7	No linear change	No change, 1995-2009 Decreased, 2009-2013	No change
	Percentag													
codeme	, Adderal	i, Kitaiiii	, or Aana	ix) withou		r's preser	iption on	e or more	e unies au	U		No linear dense	NI-6	No shares
										17.3	17.8	No linear change	Not available [¶]	No change

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

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			Hea	lth Risk	Behavioı	and Per	centages	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag tring their	life				5 5	U	U				Na liana akaran	Na ang katia da mar	No shares
			ents who 2.7	used a n 2.4	eedle to i 2.2	nject any 2.6	illegal d 2.5	rug into t 3.2	heir body 2.8	one or n 2.4	nore 2.3	No linear change	No quadratic change	No change
imes du QN58:		life 2.0 ge of stud	2.7 ents who	2.4 were off	2.2	2.6	2.5	3.2	2.8	2.4	2.3	No linear change	No quadratic change	No change

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			Hea	lth Risk	Behavio	r and Pei	rcentages	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stud	lents who	ever had	l sexual in	ntercours	e							
		47.2	42.5	45.7	45.0	44.7	46.1	46.0	48.8	45.6	45.2	No linear change	No quadratic change	No change
QN60:	Percentag	ge of stud	lents who	had sexu	al interc	ourse for	the first t	ime befo	ore age 13	years				
		8.1	5.0	4.8	4.7	5.2	4.5	5.2	4.5	4.8	4.1	Decreased, 1995-2013	Decreased, 1995-1999 No change, 1999-2013	No change
QN61:	Percentag	ge of stud	lents who	had sexu	al interc	ourse wit	h four or	more peo	ople durii	ng their li	fe			
		15.3	15.3	14.3	12.6	15.5	15.1	13.7	15.8	15.7	15.4	No linear change	No quadratic change	No change
QN62: months	Percentag	ge of stud	lents who	had sexu	al interc	ourse wit	h one or	more peo	ple durin	g the pas	t three			
		31.0	28.9	32.3	31.8	31.4	34.1	32.8	36.1	33.0	33.3	Increased, 1995-2013	No quadratic change	No change
QN63: drank a	Among s	tudents w	/ho had s as before	exual into last sexu	ercourse of al interco	during the	e past thr	ee month	s, the per	centage	who			
		29.3	31.4	30.1	29.5	25.8	23.7	24.7	21.7	26.6	19.2	Decreased, 1995-2013	No quadratic change	Decreased

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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			Hea	lth Risk 1	Behavio	r and Per	rcentages	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 §
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Among s					during the	e past thre	ee month	s, the per	centage v	vho			
	Among s ondom du					during the 64.1	e past thre 66.4	ee month	s, the pero	centage v 59.9	vho 59.0	Increased, 1995-2013	Increased, 1995-2005 Decreased, 2005-2013	No change
used a c		uring last 53.5	sexual in 49.1	tercourse 57.4	62.1	64.1	66.4	65.1	63.6	59.9		Increased, 1995-2013		No change

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					e overwei and sex)	ght (i.e., a	at or abov	ve the 85t	h percent	ile but be	elow the			
				10.4	10.7	11.7	11.7	10.9	12.1	11.4	12.0	No linear change	No quadratic change	No change
ONORI			of student	s who we	ere obese	(i.e., at o	r above tl	ne 95th p	ercentile	for body	mass			
	y age and	d sex) ¹												
	y age and	d sex) ¹		5.1	6.1	6.6	7.8	8.4	9.2	10.3	10.7	Increased, 1999-2013	No quadratic change	No change
index, b			lents who			6.6 elves as sl				10.3	10.7	Increased, 1999-2013	No quadratic change	No change
index, b			lents who 26.8							10.3 26.5	10.7 28.3	Increased, 1999-2013 No linear change	No quadratic change No quadratic change	No change No change
index, b QN66:	Percentaş	ge of stud 25.3	26.8	o describe 27.5	ed themse 27.2	elves as sl	ightly or 28.9	very ove	rweight				1 0	
index, b QN66:	Percentaş	ge of stud 25.3	26.8	o describe 27.5	ed themse 27.2	elves as sl 28.9	ightly or 28.9	very ove	rweight				1 0	
index, b QN66: QN67: QN68:	Percentaş Percentaş Percentaş	ge of stuc 25.3 ge of stuc 39.3 ge of stuc	26.8 lents who 42.9	o describe 27.5 o were try 40.3 o went wi	ed themse 27.2 ving to lo 42.1	elves as sl 28.9 se weight	ightly or 28.9 41.5	very ove 27.1 39.6	rweight 29.1 44.7	26.5	28.3	No linear change	No quadratic change	No change

*Non-Hispanic.

[†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

¹Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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N69: Per	993	1995	1997									Linear Change [†]		2011-2013 [§]
	aantaa		1997	1999	2001	2003	2005	2007	2009	2011	2013			
						s, powder e past 30 c		ids with	out a doct	tor's advi	ce to			
				6.4	7.3	7.6	7.0	7.1	5.9	6.5	5.2	No linear change	No change, 1999-2003 Decreased, 2003-2013	No change
N70: Per veight duri				vomited	or took l	axatives f	to lose we	eight or t	o keep fr	om gaini	ng			
		5.2	6.4	4.1	4.3	5.2	6.3	6.1	5.3	5.5	4.7	No linear change	No quadratic change	No change
N71: Per	centage	e of stud	ents who	drank 10)0% fruit	juices on	e or mor	e times d	luring the	past seve	en days			
				83.1	84.6	82.3	79.9	79.4	79.4	80.1	74.9	Decreased, 1999-2013	No quadratic change	Decreased
N72: Per	centage	e of stud	ents who	ate fruit	one or m	ore times	during t	he past so	even days	5				
				88.0	88.4	88.6	85.9	86.2	88.7	88.3	89.7	No linear change	No change, 1999-2005 Increased, 2005-2013	No change
N73: Per	centage	e of stud	ents who	ate greei	n salad or	ne or mor	e times d	luring the	e past sev	en davs				

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			Hea	lth Risk	Behavio	r and Per	rcentages	5				Linear Change †	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	dents who	ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
				81.6	80.7	80.9	76.5	73.1	76.4	74.6	72.2	Decreased, 1999-2013	No quadratic change	No change
QN75:	Percentag	ge of stuc	lents who	ate carro	ots one or	more tin	nes during	g the past	t seven da	iys				
				58.5	56.1	59.3	56.0	55.9	57.8	58.6	57.0	No linear change	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate other	r vegetab	les one oi	r more tir	nes durin	g the pas	t seven d	ays			
				88.3	87.2	87.6	84.6	83.9	85.5	85.8	86.0	Decreased, 1999-2013	Decreased, 1999-2007 No change, 2007-2013	No change
	VG: Perce ven days	entage of	students	who ate f	fruits and	vegetabl	es five or	more tir	nes per d	ay during	the			
				21.5	20.7	22.2	16.5	16.3	18.6	21.3	21.1	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
	JIT: Percethe past se			who ate	fruits or o	drank 100)% fruit j	uices two	o or more	times pe	r day			
				32.2	29.6	30.3	25.0	25.0	26.1	29.4	30.9	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change

^{*}Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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			Hea	lth Risk	Behavio	r and Pei	centages	5				Linear Change †	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR0 seven da		age of stu	udents wl	no ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	during th	ne past			
				5.5	5.1	5.4	5.8	6.4	5.6	6.0	6.0	No linear change	No quadratic change	No change
	he past se		udents wl	62.7	61.8	62.1	57.1	es one or 56.1	59.1	62.6	60.7	No linear change	Decreased, 1999-2007	No change
during the	he past se	even days	udents wl	62.7	61.8	62.1	57.1	56.1	59.1		60.7	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
during ti	he past se	even days	udents wl	62.7	61.8	62.1	57.1	56.1	59.1	62.6	60.7	No linear change Decreased, 1999-2013	Increased, 2007-2013 Decreased, 1999-2007	No change No change
during the	he past se : Percent he past se	even days rage of stu even days	udents wl	62.7 no ate fru 20.7	61.8 its or dra 19.2	62.1 nk 100% 19.6	57.1 fruit juic 15.9	56.1 es three of 14.9	59.1 or more ti 15.6	62.6	60.7 day 17.5		Increased, 2007-2013	
QNFR3 during t	he past se : Percent he past se	even days rage of stu even days	udents wl	62.7 no ate fru 20.7	61.8 its or dra 19.2	62.1 nk 100% 19.6	57.1 fruit juic 15.9	56.1 es three of 14.9	59.1 or more ti 15.6	62.6 imes per c 17.0	60.7 day 17.5		Increased, 2007-2013 Decreased, 1999-2007	
during t QNFR3 during t QNVEC days	he past se : Percent he past se	age of stu even days even days	udents wl	62.7 no ate fru 20.7 vho ate ve 15.2	61.8 its or dra 19.2 egetables 16.4	62.1 nk 100% 19.6 three or r 16.2	57.1 fruit juic 15.9 nore time 11.7	56.1 es three of 14.9 es per day 12.5	59.1 or more ti 15.6 y during t 15.6	62.6 imes per o 17.0 he past se 16.8	60.7 day 17.5	Decreased, 1999-2013	Increased, 2007-2013 Decreased, 1999-2007 Increased, 2007-2013 Decreased, 1999-2005	No change

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05.

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			Hea	lth Risk	Behavio	and Per	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVE(days	31: Perce	entage of	students	who ate v	regetable	s one or r	nore time	es per day	/ during t	he past se	even			
				72.6	70.5	73.2	66.4	65.2	67.4	69.8	69.4	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
QNVE(days	62: Perce	entage of	students	who ate v	regetable	s two or 1	nore time	es per day	y during t	he past se	even			
uays				35.7	33.3	34.9	28.7	29.0	31.3	33.9	33.2	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
			of students r more tir						o or more	e times pe	er day			
	-			11.0	11.1	12.0	7.2	8.3	9.2	10.8	11.8	No linear change	Decreased, 1999-2007 Increased, 2007-2013	No change
	Percentag he past se		lents who	drank a	can, bottl	e, or glas	s of soda	ı or pop o	ne or mo	re times J	per day			
								27.4	26.0	25.3	23.8	No linear change	Not available [¶]	No change
ONSOI			of student	s who dra	ank a can	bottle, o	r glass of	f soda or	pop 0 tin	ies per da	ıy			
during t	he past se	even davs	, ,											

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Pei	centages	5				Linear Change [†]	Quadratic Change †	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	DA2: Per			s who dra	ank a can	, bottle, o	r glass of	soda or j	pop two o	or more ti	imes per			
uay dui	ing the pa	ist seven	uays					18.1	16.0	16.0	14.9	No linear change	Not available [¶]	No change

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	Activity		Hea	lth Risk	Behavior	and Per	centage	S				Linear Change †	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage of the pa			were ph	ysically a	ctive for	a total of	at least 6	60 minute	es per day	on five			
							36.8	49.1	50.5	51.9	52.9	Increased, 2005-2013	Not available [¶]	No change
on 0 of QNPA7	the past s	even days	s of stude		were phys	-	21.6	14.1	12.5	12.8	13.4	Decreased, 2005-2013	Not available	No change
on 0 of QNPA7	the past s	even days	s of stude			-	21.6	14.1	12.5	12.8	13.4	Decreased, 2005-2013 Increased, 2005-2013	Not available Not available	No change No change
on 0 of QNPA7 on 7 of	the past s 7DAY: Pethe past s	even day: ercentage even day:	of studes	nts who v		ically act	21.6 ive for a 17.1	14.1 total of a 27.0	12.5 nt least 60 26.4	12.8 9 minutes 26.2	13.4 per day 28.3	, 		
on 0 of QNPA7 on 7 of	the past s 7DAY: Pethe past s	even day: ercentage even day:	of studes	nts who v	vere phys	ically act	21.6 ive for a 17.1	14.1 total of a 27.0	12.5 nt least 60 26.4	12.8 9 minutes 26.2	13.4 per day 28.3	, 		
ON 0 of QNPAT on 7 of QN81: QN82:	TDAY: Potthe past s Percentag	even day; ercentage even day; ge of stud	of studer s lents who	nts who v watched 25.6	vere physi	ically act nore hou 25.4	21.6 ive for a 17.1 rs per da 20.8 games or	14.1 total of a 27.0 y of TV o 19.5	12.5 at least 60 26.4 on an ave 19.8	12.8 minutes 26.2 rrage scho 18.7	13.4 per day 28.3 pol day 20.6	Increased, 2005-2013	Not available	No change

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

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		IIca	Ith Risk]	Behavior	and Per	centages	1				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83: Percentag average week who				physical 57.9	educatio 52.6	n (PE) cl	asses on 53.0	one or me 57.0	ore days	in an 54.6	No linear change	No quadratic change	No change
QNDLYPE: Perc week when they v			s who atte	ended phy	ysical edu	cation (F	PE) classe	es daily in	n an aver	age			
week when they v						21.4	21.5	22.5	20.8	23.1	Decreased, 1995-2013	No quadratic change	

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White* Other			Hea	lth Risk	Behavio	r and Per	rcentage	S				Linear Change [†]	Quadratic Change [†]	Change from 2011-2013 [§]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN86:	Percentag	ge of stud	lents who	had ever	r been tol	ld by a do	ctor or n	urse that	they had	asthma				
							18.2	22.7	21.0	24.1	21.8	Increased, 2005-2013	Not available [¶]	No change

*Non-Hispanic. [†]Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. [§]Based on t-test analysis, p < 0.05. [¶]Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Pe	rcentage	8				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN8: A wore a	Among stue bicycle hel	dents wh met	o rode a	bicycle d	uring the	e past 12 i	months, t	he percer	ntage who	o never of	rarely			
							91.5	91.5	89.1	86.5	92.1	No linear change	Not available [§]	No change
QN9: I else	Percentage	of stude	nts who i	never or 1	arely wo	re a seat	belt wher	n riding ii	n a car dri	iven by so	omeone			
		39.5	52.1	30.1	30.1	20.8	21.2	18.9	26.7	23.4	20.7	Decreased, 1995-2013	Decreased, 1995-2003 No change, 2003-2013	No change
		6 . 1		1		times du	ring the r	ast 30 de	in a a	or or othe				
	Percentage driven by						ing the p	Jast 50 ua	ays in a ca	ai oi oine	1			
							43.4	39.9	39.4	35.7	32.4	Decreased, 1995-2013	No quadratic change	No change
vehicle QN13:	driven by	someone 51.9	who had 61.3	l been dr 50.1	inking al 55.8	cohol 35.0	43.4	39.9	39.4	35.7	32.4	Decreased, 1995-2013	No quadratic change	No change
vehicle	driven by	someone 51.9	who had 61.3	l been dr 50.1	inking al 55.8	cohol 35.0	43.4	39.9	39.4	35.7	32.4	Decreased, 1995-2013 No linear change	No quadratic change No quadratic change	No change No change
vehicle QN13: past 30	driven by	someone 51.9 e of stud 26.1	e who had 61.3 ents who 33.7	d been dr 50.1 carried a 27.7	inking alo 55.8 weapon 18.1	cohol 35.0 such as a 23.3	43.4 a gun, kni 28.5	39.9 ife, or clu 37.4	39.4 b on one 30.3	35.7 or more	32.4 of the			

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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	nd Violer		Hea	lth Risk	Behavio	and Pe	rcentage	S				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag nore of th			carried a	weapon	such as a	a gun, kni	ife, or clu	b on scho	ool prope	rty on			
		13.4	20.0	17.1	6.2	7.9	11.5	17.9	17.1	15.8	11.6	No linear change	No quadratic change	No change
felt they														
QN17:	Percentag school pr	3.9 ge of stud	9.0 lents who	3.5 had beer	14.7	8.5 ed or inj	6.3 ured with	8.2	14.3	11.1 a gun, k	11.2 nife, or	Increased, 1995-2013	No quadratic change	No change
QN17:	Percentag	3.9 ge of stud	9.0 lents who	3.5 had beer	14.7	8.5 ed or inj	6.3 ured with					Increased, 1995-2013 No linear change	No quadratic change	No change Decreased
QN17: club on	Percentag	3.9 ge of stud operty of 11.3	9.0 lents who ne or mor 12.0	3.5 had beer e times d 12.3	14.7 n threaten uring the 14.8	8.5 ed or inj past 12 r 8.5	6.3 ured with nonths 11.8	14.3	n such as 19.1	a gun, k 14.7	nife, or 9.7			
QN17: club on	Percentag school pr	3.9 ge of stud operty of 11.3	9.0 lents who ne or mor 12.0	3.5 had beer e times d 12.3	14.7 n threaten uring the 14.8	8.5 ed or inj past 12 r 8.5	6.3 ured with nonths 11.8	14.3	n such as 19.1	a gun, k 14.7	nife, or 9.7			
QN17: club on QN18: QN19:	Percentag school pr	3.9 ge of stuc operty of 11.3 ge of stuc 42.9 ge of stuc	9.0 lents who ne or mor 12.0 lents who 49.9 lents who	3.5 had beer e times d 12.3 were in a 42.3 were in a	14.7 n threaten uring the 14.8 a physica 39.1 a physica	8.5 ed or inj past 12 n 8.5 l fight or 33.1 l fight or	6.3 ured with nonths 11.8 ne or mor 38.5 ne or mor	14.3 e times d 42.7	n such as 19.1 uring the 43.5	a gun, ki 14.7 past 12 n 38.5	nife, or 9.7 nonths 36.9	No linear change	No quadratic change	Decreased

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ujury u	nd Violer		Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentage 12 month		lents who	were in	a physica	ll fight on	ı school p	property of	one or mo	ore times	during			
		23.1	17.9	15.5	15.7	9.9	16.8	20.5	23.4	17.2	14.0	No linear change	No quadratic change	No change
	Percentage want to	ge of stuc	lents who	had evei							-			
did not					9.4	7.7	13.9	14.6	20.1	19.5	18.1	Increased, 2001-2013	No quadratic change	No change
did not	want to				9.4	7.7	13.9	14.6	20.1	19.5	18.1	Increased, 2001-2013 Decreased, 2009-2013	No quadratic change Not available [§]	No change Decreased
did not QN24:	want to	ge of stuc	lents who	had ever	9.4	7.7 Ilied on s	13.9 chool pro	14.6 operty du	20.1 ring the p 29.5	19.5 past 12 mg 33.6	18.1 onths 22.9			
did not QN24:	want to	ge of stuc	lents who	had ever	9.4	7.7 Ilied on s	13.9 chool pro	14.6 operty du	20.1 ring the p 29.5	19.5 past 12 mg 33.6	18.1 onths 22.9			
did not QN24: QN25: QN26:	want to	ge of stuc ge of stuc	lents who lents who lents who	had even had even	9.4 been but	7.7 Ilied on s ectronical eless alm	13.9 chool pro ly bullied	14.6 operty du I during t	20.1 ring the p 29.5 the past 12	19.5 past 12 mo 33.6 2 months 24.5	18.1 onths 22.9 20.3	Decreased, 2009-2013	Not available ⁸	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavioi	r and Per	centages	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
N27:	Percentag	ge of stuc	lents who	seriously	y conside	red attem	pting sui	cide duri	ng the pa	st 12 mor	iths			
		21.8	22.2	24.3	21.7	23.4	20.6	26.8	20.0	22.6	21.5	No linear change	No quadratic change	No change
N28:	Percentag	ge of stuc	lents who	made a j	olan abou	t how the	y would	attempt s	uicide du	ring the	past 12			
	Percentag	ge of stud	lents who 21.3) made a j 13.3	plan abou 11.1	tt how the 18.7	y would 19.0	attempt s 24.5	uicide du 19.2	uring the provide the provided	past 12 16.2	No linear change	No quadratic change	No change
N29:		12.9	21.3	13.3	11.1		19.0	24.5	19.2	20.2	16.2	No linear change	No quadratic change	No change
N29:		12.9	21.3	13.3	11.1	18.7	19.0	24.5	19.2	20.2	16.2	No linear change No linear change	No quadratic change Not available [§]	No change Decreased
QN29: nonths QN30:	Percentag	12.9 ge of stud	21.3 lents who	13.3 actually	11.1 attempted	18.7	19.0 one or m 15.0 ing the p	24.5 Fore times 16.0 past 12 mo	19.2 s during t 14.4	20.2 he past 12 19.8	16.2 2 12.7			

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Hispanic Fobacco	c/Latino Use		Неа	lth Rick	Rehavio	r and Pei	rcentage	5				Linear Change*	Ouadratic Change*	Change from
			IIca		Denuvio		centage	3				Linear Change	Qualitatic Change	2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN31:	Percentag	ge of stuc	lents who	o ever trie	d cigaret	te smokir	ng, even o	one or tw	o puffs					
		88.5	88.0	80.9	80.5	59.6	72.2	73.6	64.5	63.5	57.7	Decreased, 1995-2013	No quadratic change	No change
QN32:	Percentag	ge of stuc	lents who	o smoked	a whole	cigarette	for the fir	rst time b	efore age	13 years				
		35.2	40.0	32.7	31.1	22.8	31.7	33.5	26.7	25.2	17.3	Decreased, 1995-2013	No quadratic change	Decreased
QN33:	Percentag	ge of stud	lents who	smoked	cigarette	s on one	or more o	of the pas	t 30 days					
		46.9	47.3	47.2	33.7	30.6	31.7	30.6	34.4	28.4	22.7	Decreased, 1995-2013	No quadratic change	No change
QNFRO	CIG: Perc	centage of	f students	s who sm	oked ciga	arettes on	20 or mo	ore of the	past 30 c	lays				
		17.0	25.9	27.8	16.3	13.3	10.0	12.4	18.0	16.2	10.4	Decreased, 1995-2013	No quadratic change	No change
QN36: days	Percentag	ge of stuc	lents who	smoked	cigarette	s on scho	ol proper	ty on one	e or more	of the pa	st 30			
		22.4	22.1	26.8	12.3	11.4	11.5	12.7	18.3	13.2	7.5	Decreased, 1995-2013	No quadratic change	Decreased

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Trend Analysis Report

Hispanic Tobacco			Hea	lth Risk	Behavio	r and Per	rcentage	s				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN37: for 30 d		ge of stud	lents who	ever sm	oked ciga	rettes dai	ily, that i	s, at least	one ciga	rette ever	y day			
					27.6	18.4	18.5	21.6	23.8	24.2	14.5	No linear change	No quadratic change	Decreased
QN39: days	Percentag	ge of stud	lents who	used che	ewing tob	acco, snu	ıff, or dip	on one o	or more c	of the past	: 30			
		11.2	17.7	12.7	12.6	8.6	14.3	19.1	19.9	20.1	17.4	Increased, 1995-2013	No quadratic change	No change
QN40: days	Percentag	ge of stud	lents who	smoked	cigars, ci	garillos,	or little c	igars on	one or m	ore of the	past 30			
uuys										21.6	17.6	No linear change	Not available [§]	No change
	TOB: P				smoked c	igarettes	or cigars	or used	chewing	tobacco, s	snuff, or			
-			-	-						33.5	30.8	No linear change	Not available	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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Trend Analysis Report

lcohol and C)ther Drug (lth Risk	Behavio	r and Pe	rcentage	8				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991 199	03 1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN41: Perce	entage of stud	lents who	had at le	east one d	rink of a	lcohol on	one or m	ore days	during th	neir life			
		93.9	94.0	88.3	77.5	87.5	80.1	77.6	72.2	72.2	Decreased, 1997-2013	No quadratic change	No change
QN42: Perce years	entage of stud	lents who	had thei	r first dri	nk of alco	ohol othe	r than a fo	ew sips b	efore age	13			
	50.2	51.4	48.4	37.5	38.5	36.5	36.5	38.7	33.1	28.9	Decreased, 1995-2013	No quadratic change	No change
QN43: Perce	entage of stud	lents who	had at le	east one d	rink of a	lcohol on	one or m	ore of th	e past 30	days			
		68.8	74.3	58.4	54.3	58.3	52.9	51.6	43.1	42.1	Decreased, 1997-2013	No quadratic change	No change
		1	had five	or more	drinks of	alcohol i	n a row,	that is, w	ithin a co	ouple of			
QN44: Perce hours, on one	entage of stud or more of t	he past 3	0 days	or more									

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Pe	rcentage	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN47:	Percentag	ge of stud	lents who	o used ma	rijuana o	ne or mo	re times o	luring the	eir life		,			
		52.6	66.4	65.2	59.4	44.3	53.7	51.1	53.7	51.4	50.0	Decreased, 1995-2013	No quadratic change	No change
QN48:	Percentag	ge of stud	lents who	o tried ma	rijuana fo	or the firs	t time be	fore age	13 years					
		14.8	20.2	25.3	19.4	10.4	22.0	22.4	21.2	21.4	18.6	No linear change	No quadratic change	No change
QN49:	Percentag	ge of stud	lents who	o used ma	rijuana o	ne or mo	re times o	luring the	e past 30	days	-			
		34.1	44.0	42.6	32.0	23.0	28.7	25.4	31.1	28.1	25.3	Decreased, 1995-2013	No quadratic change	No change
	Percentag mes durin			o used any	y form of	cocaine,	including	g powder	, crack, o	r freebas	e one or			
		13.7	22.0	18.9	17.1	9.0	15.8	14.9	20.3	20.0	14.5	No linear change	No quadratic change	No change
	Percentag							of aeroso	l spray ca	ans, or in	haled			
		44.5	36.6	20.7	16.6	16.4	20.4	21.2	22.9	25.5	19.4	Decreased, 1995-2013	Decreased, 1995-2001 No change, 2001-2013	No change

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Trend Analysis Report

	/Latino and Othe	r Drug V												
			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN52:	Percentag	ge of stud	lents who	o used he	roin one o	or more ti	mes duri	ng their l	ife	-	-			
				6.7	2.0	2.7	5.9	6.5	9.9	12.7	8.3	Increased, 1999-2013	No quadratic change	No change
QN53:	Percentag	ge of stud	lents who	o used me	ethamphe	tamines c	one or mo	re times	during th	eir life				
				21.4	18.7	12.8	14.6	9.9	12.0	13.9	9.7	Decreased, 1999-2013	No quadratic change	No change
QN54:	Percentag	ge of stud	lents who	o used ecs	stasy one	or more	imes dur	ing their	life					
						7.3	12.1	11.2	16.3	19.4	14.5	Increased, 2003-2013	No quadratic change	No change
	Percentag ring their		lents who	o took ste	roid pills	or shots	without a	doctor's	prescript	ion one o	or more			
		7.9	9.1	6.4	6.7	5.8	8.7	8.2	11.9	14.0	7.3	No linear change	No quadratic change	Decreased
QN56:	Percentag	ge of stud	lents who	o have tak	ten a pres	cription of	lrug (suc	h as Oxy	Contin, P	ercocet, '	Vicodin,			
codeine	, Adderal	l, Ritalin	, or Xana	x) withou	ut a docto	r's prescr	iption on	e or more	e times di	uring thei	r life			
										31.5	23.9	Decreased, 2011-2013	Not available [§]	Decreased

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	r and Pe	rcentage	s				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentag ring their		ents who	used a n	eedle to i	inject any	illegal d	rug into t	heir body	one or n	nore			

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LAUUI D	ehaviors		Hea	lth Risk	Behavio	r and Per	rcentage	5				Linear Change [*]	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN59:	Percentag	ge of stuc	lents who	o ever had	l sexual i	ntercours	e		-					
		65.8	64.1	67.4	60.4	51.9	56.0	61.6	64.8	64.4	55.5	No linear change	No quadratic change	Decreased
QN60:	Percentag	ge of stuc	lents who	had sexu	ual interc	ourse for	the first t	ime befo	re age 13	years				
		12.3	14.5	13.6	6.1	5.8	7.9	11.1	13.5	11.7	6.2	No linear change	No quadratic change	Decreased
QN61:	Percentag	ge of stud	lents who	had sexu	ual interc	ourse wit	h four or	more peo	ople durin	ng their li	fe			
		20.3	26.4	27.5	23.0	17.9	18.4	22.9	31.9	25.4	21.5	No linear change	No quadratic change	No change
QN62: nonths	Percentag	ge of stud	lents who	had sexu	ual interco	ourse wit	h one or	more peo	ple durin	g the pas	t three			
		41.4	46.6	50.8	42.7	32.0	42.5	43.6	52.3	46.0	42.0	No linear change	No quadratic change	No change
	Among s						e past thr	ee month	s, the per	centage v	who			
nank a		useu uruş	gs before	last sexu	ai interco	uise			38.3	28.6	21.7	Decreased, 2009-2013	Not available [§]	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Not enough years of data to calculate.

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								5				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN64: Ar ised a con						during the	e past thre	ee month	s, the per	centage v	who			
	iuoin uu	ing fust	. Sendur II	liereours	0				54.6	51.0	53.3	No linear change	Not available [§]	No change

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			Hea	lth Risk	Behavio	r and Per	rcentage	8				Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
					overweig and sex) [§]		at or abov	e the 85t	h percent	ile but be	elow the			
							17.3	10.1	12.9	18.1	16.1	No linear change	Not available [¶]	No change
ONODI	SE: Per	centage c	f student	s who we	re obese	(i.e., at o	r above tl	ne 95th p	ercentile	for body	mass			
	y age and	l sex)§						1						
		l sex) [§]				. ,	11.7	14.1	13.9	14.8	11.8	No linear change	Not available	No change
index, b	y age and	,	lents who		ed themse		11.7	14.1	13.9	-		No linear change	Not available	No change
index, b	y age and	,	lents who 33.9				11.7	14.1	13.9	-		No linear change No linear change	Not available No quadratic change	No change No change
index, b QN66:	y age and Percentaş	ge of stuc 34.4	33.9) describe 34.1	ed themse	lves as sl 30.2	11.7 ightly or 33.4	14.1 very ove	13.9 rweight	14.8	11.8			
index, b QN66:	y age and Percentaş	ge of stuc 34.4	33.9) describe 34.1	ed themse 28.1	lves as sl 30.2	11.7 ightly or 33.4	14.1 very ove	13.9 rweight	14.8	11.8			
index, b QN66: QN67: QN68:	y age and Percentaş Percentaş Percentaş	ge of stuc 34.4 ge of stuc 47.4 ge of stuc	33.9 lents who 39.2	o describe 34.1 o were try 46.3	ed themse 28.1 ing to los 41.5 thout eati	lves as sl 30.2 se weight 46.0	11.7 ightly or 33.4 54.5	14.1 very over 29.2 45.5	13.9 rweight 28.9 43.3	14.8 31.9 46.9	11.8 33.1 48.3	No linear change	No quadratic change	No change

*Based on trend analyses using a logistic regression model controlling for sex, race/ethnicity, and grade, p < 0.05. *Based on t-test analysis, p < 0.05. *Overweight and obese prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in

subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points. Not enough years of data to calculate.

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			Hea	lth Risk	Behavio	and Per	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
	Percentagight or to							ids witho	out a doct	or's advic	ce to			
				7.7	9.6	6.4	9.1	8.8	9.2	15.9	9.1	No linear change	No quadratic change	Decreased
	Percentag	ge of stud e past 30		o vomited	or took l	axatives	to lose w	eight or t	o keep fr	om gainii	ng			
weight		7.3	6.4	5.7	5.6	7.6	8.8	8.6	10.8	13.8	9.6	Increased, 1995-2013	No quadratic change	No change
	Percenta				-							Increased, 1995-2013	No quadratic change	No change
					-							Increased, 1995-2013 Decreased, 1999-2013	No quadratic change No quadratic change	No change No change
QN71:		ge of stud	dents who	o drank 10 85.7	00% fruit 84.2	juices on 85.2	e or more 82.7	e times d 84.5	uring the 79.1	past seve 74.8	en days			
QN71:	Percenta	ge of stud	dents who	o drank 10 85.7	00% fruit 84.2	juices on 85.2	e or more 82.7	e times d 84.5	uring the 79.1	past seve 74.8	en days			
QN71: QN72:	Percenta	ge of stud	lents who	o drank 10 85.7 o ate fruit 83.5	00% fruit 84.2 one or m 90.6	juices on 85.2 ore times 87.3	e or more 82.7 during th 84.8	e times d 84.5 he past se 84.7	uring the 79.1 even days 85.0	past seve 74.8 8 82.1	en days 74.9	Decreased, 1999-2013	No quadratic change	No change

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Trend Analysis Report

	/Latino ⁄Ianagem	ent and	Dietary] Hea		rs Behavio	r and Pei	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN74:	Percentag	ge of stud	lents who	ate pota	toes one o	or more ti	mes duri	ng the pa	st seven	days				
				79.8	78.0	82.2	74.5	71.2	70.1	66.5	69.4	Decreased, 1999-2013	No quadratic change	No change
QN75:	Percentag	ge of stud	lents who	ate carro	ots one or	more tin	nes during	g the past	seven da	ays				
				44.2	45.5	41.3	46.9	50.8	53.8	49.9	55.2	Increased, 1999-2013	No quadratic change	No change
QN76:	Percentag	ge of stud	lents who	ate othe	r vegetab	les one or	r more tir	nes durin	g the pas	t seven d	ays			
				88.8	81.8	86.8	80.5	75.0	76.3	80.0	81.4	Decreased, 1999-2013	Decreased, 1999-2007 Increased, 2007-2013	No change
	G: Perce en days	entage of	students	who ate i	fruits and	vegetabl	es five oi	r more tin	nes per d	ay during	g the			
				19.9	22.1	21.5	14.4	23.1	21.9	23.7	21.9	No linear change	No quadratic change	No change
	JIT: Perc he past se		f students	who ate	fruits or o	drank 100)% fruit j	uices two	or more	times pe	r day			
		j~	-	21.5	30.1	30.5	25.1	29.0	29.9	29.7	31.3	No linear change	No quadratic change	No change

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Veight N	ianagen	ient unu	•	lth Risk		r and Per	rcentage	S				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNFR0 seven da		tage of st	udents w	ho ate fru	its or dra	nk 100%	fruit juic	es 0 time	es per day	during t	he past			
				9.7	3.1	5.7	4.8	5.4	7.5	10.7	5.6	No linear change	No quadratic change	Decreased
		tage of st even days		ho ate fru	its or dra	nk 100%	fruit juic	es one or	more tir	nes per da	ay			
				61.7	62.2	58.5	47.7	60.7	57.5	57.4	62.4	No linear change	Decreased, 1999-2005 Increased, 2005-2013	No change
		tage of st even days		ho ate fru	its or dra	nk 100%	fruit juic	es three of	or more t	imes per	day			
				15.5	22.7	19.1	14.9	22.2	22.8	21.7	22.3	No linear change	No quadratic change	No change
QNVEC days	3: Percer	ntage of s	tudents w	vho ate ve	getables	three or 1	more time	es per day	y during t	he past s	even			
				16.1	13.2	13.0	11.3	13.5	19.0	19.8	17.0	No linear change	No quadratic change	No change
QNVEC	30: Perce	entage of	students	who ate v	egetable	s 0 times	per day o	luring the	e past sev	en days				
				2.4	3.8	3.5	6.1	7.4	9.2	8.3	6.6	Increased, 1999-2013	Increased, 1999-2009 No change, 2009-2013	No change

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			Hea	lth Risk	Behavio	and Per	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QNVE days	G1: Perce	entage of	students	who ate v	vegetable	s one or r	nore time	es per day	y during t	he past se	even			
				66.5	67.6	63.9	60.7	60.8	61.0	58.8	64.9	No linear change	No quadratic change	No change
days		centage of	f student:	30.1 s who ate nes per d	27.7 e fruits or ay during	28.7 drank 10 the past	25.3 0% fruit seven da	30.8 juices tw	y during t 30.8	33.1 e times pe	31.5 er day	No linear change	No quadratic change	No change
				10.5	8.7	6.8	8.5	10.5	13.7	14.4	12.4	No linear change	No quadratic change	No change
and ate QN77:	Percenta the past se			drank a	can, bottl	e, or glas	s of soda	or pop o	one or mo	re times p	oer day			
and ate QN77:				drank a	can, bottl	e, or glas	s of soda	or pop o 32.6	one or mo 31.8	re times p 26.6	per day 25.0	Decreased, 2007-2013	Not available [§]	No change
and ate QN77: during QNSOI	the past so	even days	of student					32.6		26.6	25.0	Decreased, 2007-2013	Not available ⁸	No change

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			пеа	Ith Risk	Behavio	r and Pei	rcentages	5				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		centage o st seven		s who dra	ank a can	, bottle, o	r glass of	f soda or j	pop two o	or more t	imes per			
ay durin	is inc pa	St Seven	aays					23.9	22.6	18.1	16.8	Decreased, 2007-2013	Not available [§]	No change

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			Hea	lth Risk	Behavio	r and Pe	rcentage	S				Linear Change*	Quadratic Change*	Change from 2011-2013 [†]
1991	1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
		ge of stud ist seven o		were ph	ysically a	active for	a total of	f at least (60 minute	es per day	y on five			
							29.4	41.9	38.8	42.0	47.4	Increased, 2005-2013	Not available [§]	No change
		ercentage even day		nts who v	were phys	sically ac	tive for a	total of a	at least 60) minutes	per day			
011 0 01	the past s	even uay	`											
							28.3	13.1	16.9	21.4	15.5	Decreased, 2005-2013	Not available	Decreased
		ercentage even days		nts who	were phys	sically ac			-			Decreased, 2005-2013	Not available	Decreased
				nts who v	were phys	sically act			-			Decreased, 2005-2013 Increased, 2005-2013	Not available	Decreased No change
on 7 of	the past s		5				tive for a 12.3	total of a 24.5	at least 60 20.6) minutes 24.6	per day 25.7			
on 7 of	the past s	even days	5				tive for a 12.3	total of a 24.5	at least 60 20.6) minutes 24.6	per day 25.7			
on 7 of QN81: QN82:	the past s Percenta	even days	ents who	watched 41.6	three or 25.0	more hou 33.8	tive for a 12.3 Irs per da 35.3 games of	total of a 24.5 y of TV 32.2 used a c	at least 60 20.6 on an ave 34.0) minutes 24.6 erage scho 29.5	per day 25.7 ool day 26.5	Increased, 2005-2013	Not available	No change

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		Hea	lth Risk	Behavio	and Per	centages	;				Linear Change [*]	Quadratic Change [*]	Change from 2011-2013 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			
QN83: Percenta verage week wh				l physical	educatio	n (PE) cl	asses on	one or m	ore days	in an			
	68.5	55.0	71.0	56.4	54.3	58.2	54.5	62.0	57.7	58.8	No linear change	No quadratic change	No change
NDLYPE: Per veek when they			s who att	ended ph	ysical edu	ication (I	PE) classe	es daily i	n an aver	age			

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ner Health Risk Behavior and Percentages											Linear Change*	Quadratic Change [*]	Change from 2011-2013 [†]
1991 1993	1995	1997	1999	2001	2003	2005	2007	2009	2011	2013			