Approved Suicide Prevention Training Programs

CHEYENNE - Starting with the 2014-2015 school year, the Wyoming Legislature, per W.S. 21-2-202 (a)(xxxv) and W.S. 21-3-110 (a)(xxxiii), now requires a minimum of eight hours of suicide prevention training every four years with two hours provided during a staff member’s initial year (if prior training is absent).

The Wyoming Department of Education was charged with structuring the approval process for suicide prevention programs. This process took two basic steps: (1) recruit programs from Wyoming professionals, districts, and agencies that were claimed to add value and work well, and (2) provide a highly credentialed, experienced, and knowledgeable team of volunteers to review material that had been made available.

State Superintendent of Public Instruction, Cindy Hill, commends the Suicide Prevention Review Team and other Wyoming volunteers for their thorough and diligent work.

The process broke out the programs into two categories:

1. Approved for teachers and administrators.
2. Resources/Support/Interventions that can reinforce school efforts.
Approved Programs are educational programs that have been validated by the Suicide Prevention Review Team and are recommended by the State Superintendent of Public Instruction as approved to be used as suicide prevention education training materials in the 2014-2015 school year.

As an additional aid to schools, a general categorization of T1, T2, or T3 is provided to communicate what type of individuals might readily relate to the training.

Tier 1 (T1) = Basic Gatekeeper Training/Fundamentals/Core Competencies; Recommended for all district staff including Teachers and Administrators.

Tier 2 (T2) = Intermediate Training/In-depth; Recommended for Counselors and Nurses.

Tier 3 (T3) = Advanced Training; Recommended for Clinicians, Mental Health Professionals, and School Psychologists.

Also, a reference website is included with the following approved programs as a place to start a review. It does not necessarily represent the only location to find information on a program.

1. Approved  Be a Link! Suicide Prevention Gatekeeper Training (T1)  

2. Approved  Making Educators Partners in Youth Suicide (T1)  
   [www.sptsusa.org](http://www.sptsusa.org)

3. Approved  More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel (T1)  
   [http://www.morethansad.org/indexpts.html](http://www.morethansad.org/indexpts.html)

4. Approved  Question, Persuade, Refer (QPR) (T1)  

5. Approved  Suicide Alertness for Everyone (Safe TALK) (T1)  

6. Approved  Kognito At-Risk for High School Educators (T1)  

7. Approved  Jason Foundation Training Modules (T1)  

8. Approved  Ending Suicide for Educators Program (T1)  
<table>
<thead>
<tr>
<th></th>
<th>Approved</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>9</td>
<td>Public School Works (T1)</td>
<td><a href="http://corp.publicschoolworks.com/home">http://corp.publicschoolworks.com/home</a></td>
</tr>
<tr>
<td>11</td>
<td>Applied Suicide Intervention Skills Training (ASIST) (T2)</td>
<td><a href="http://livingworks.net/page/Applied%20Suicide%20Intervention%20Skills%20Training%20(ASIST)">http://livingworks.net/page/Applied%20Suicide%20Intervention%20Skills%20Training%20(ASIST)</a></td>
</tr>
<tr>
<td>12</td>
<td>School Suicide Prevention Accreditation Program (T2)</td>
<td><a href="http://www.suicidology.org/training-accreditation/school-professionals">http://www.suicidology.org/training-accreditation/school-professionals</a></td>
</tr>
<tr>
<td>14</td>
<td>QPRT Suicide Risk Assessment and Risk Management Training Program (T3)</td>
<td><a href="http://www.qprinstitute.com/QPRT.html">http://www.qprinstitute.com/QPRT.html</a></td>
</tr>
<tr>
<td>16</td>
<td>Assessing and Managing Suicide Risk (AMSR) (T3)</td>
<td><a href="http://www.sprc.org/training-institute/amsr">http://www.sprc.org/training-institute/amsr</a></td>
</tr>
<tr>
<td>18</td>
<td>National or statewide conference content in general (T1 to T3)</td>
<td></td>
</tr>
</tbody>
</table>

Note: Regarding conferences, the following provisions must be true to carry an approved status with respect to the Jason Flatt Act:

a. The conference must be primarily a suicide prevention conference, sponsored by a national or statewide accrediting body, and approved by the district superintendent.

b. Over time, a minimum of two of the eight hours of training referenced must come from a tier one program.
Supports, Resources, and Interventions are types of materials that can serve to reinforce the suicide prevention work of a district. They do not necessarily have, however, all the visible, evidenced-based, time validated, content/curriculum, and suicide prevention/intervention skills. They may include things like checklists, screenings, tools designed for other states, broad mental health material not specifically focused on suicide prevention, student curriculum, peer groups, etc.

1. Resource  Preventing Suicide: A High School Toolkit
2. Resource  Youth Suicide Prevention School-Based Guide Checklists
4. Resource  Emergency Department Means Restriction Education
5. Resource  Model Adolescent Suicide Prevention Program (MASPP)
6. Resource  SOS Signs of Suicide (screening tool)
7. Resource  Tools – Includes Suicide Prevention and Intervention
8. Resource  Centers for Disease Control and Prevention website
9. Resource  National Suicide Prevention Lifeline 1-800-273-TALK (8255)
10. Resource  National Action Alliance for Suicide Prevention
11. Resource  National Emergency Assistance Team (NEAT)
12. Resource  Texas Suicide Prevention Program
13. Resource  A Strategic Planning Approach to Suicide Prevention
14. Resource  BH Works – Behavioral Health Screen
15. Resource  Empathos
16. Resource  Sources of Strength
17. Resource  Connect Suicide Prevention Intervention Training
18. Resource Connect Youth Leaders: Partnering with Adults in Youth Suicide Prevention

19. Resource Gryphon Place Gatekeeper Suicide Prevention Program - A Middle School Curriculum

20. Resource High School Gatekeeper Curriculum

21. Resource Just Talk About It

22. Resource Lifelines Intervention: Helping Students at Risk for Suicide

23. Resource Response: A Comprehensive High School based Suicide Awareness Program

24. Resource Prevention Management Organization of Wyoming, National Suicide Prevention Hotline

25. Resource Natural Helpers

26. Resource Mental Health First Aid

The department reserves the right to update the list as necessary or each year, as circumstances may dictate.

Districts will internally track staff participation in suicide prevention training and ensure general compliance with the aforementioned suicide prevention statutes, including making training materials available to interested community members.

For questions, please contact Bruce Hayes, School Safety Consultant, at bruce.hayes@wyo.gov or 307-777-6198. Feedback on your experience with the suicide prevention trainings is encouraged.

Attachment: Select Suicide Prevention Review Team Contacts
Select Suicide Prevention Review Team Contacts

The following individuals volunteered to serve on the Suicide Prevention Review Team and are available for school questions regarding suicide prevention programs.

Keith Hotle  keith.hotle@wyo.gov
Chronic Disease and Substance Abuse Prevention Unit Manager
Wyoming Department of Health
307-777-3318

Katie Jacobson (Ellison)  kajacobson@ccsd.k12.wy.us
Student Assistance Coordinator, Campbell #1
307-689-0714

Dr. Eldon Clifford  eclifford@jcso1.us
School Psychologist, Johnson #1
307-684-9571 (school year)

Terresa Humphries-Wadsworth  thumphries@pmowyo.org
Director of Statewide Suicide Prevention
307-587-4331

Dr. Bob Bayuk  bbayuk44@gmail.com
School Psychologist, Washakie #1
307-388-2120

Debbie Mueller, LCSW  debra_mueller@natronaschools.org
Natrona Parent Resource Center Social Worker
307-253-4627 (school year)

B.J. Ayers  gracefor2brothers@gmail.com
Grace for 2 Brothers Executive Director
307-432-4049