

CREATING  
OPPORTUNITIES  
FOR STUDENTS TO  
KEEP WYOMING  
STRONG



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## MEMORANDUM NO. 2018-053

**TO:** School District Superintendents  
Secondary Principals

**FROM:** Megan Degenfelder, Chief Policy Officer

**DATE:** April 30, 2018

**SUBJECT:** Suicide Prevention Updates

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## REVISIONS TO FREE SUICIDE PREVENTION/MITIGATION TOOLS

Two suicide prevention tools have been updated that could help high school and junior high/middle school students, parents, and faculty:

1. The Wyoming Department of Health has released its second edition of *After Suicide, A Toolkit for Schools*. This resource is available [here](#). It provides guidance to schools on how to mobilize a crisis response team, help students cope, work with the community and media, work with social media, avoid suicide contagion, and bring in outside help. It also addresses other matters that may arise in the aftermath of a student suicide.
2. [Classroommentalhealth.org](http://Classroommentalhealth.org) has recently been redesigned for mobile devices and includes updated resource links for all Wyoming school districts. Under the Resources tab, each district lists available community mental health resources. The [How to Talk with Students](#) page continues to offer examples of conversation strategies that can help staff help students.

*After Suicide, A Toolkit for Schools* and the Classroom Mental Health website can be incorporated into a district's overall strategy for preventing suicide.

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