



United States
Department of
Agriculture

Food and
Nutrition
Service

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SUBJECT: Separation of Vegetables/Fruit in the *Food Buying Guide for Child Nutrition Programs*

TO: Regional Directors
Special Nutrition Programs
All Regions

State Directors
Child Nutrition Programs
All States

Attached is the Revised Chart of the *Food Buying Guide for Child Nutrition Programs* for the National School Lunch and School Breakfast Programs. We have updated information on the following: **Bok Choy, Fresh, Whole and Cabbage, Chinese or Celery** entry on pages 2-16 and 2-18, respectively.

Bok Choy, Fresh, Whole has been updated to reflect the serving sizes for raw leafy vegetables. Raw bok choy credits as half the volume served. Therefore, 1 cup of raw bok choy will credit in the NSLP as ½ cup dark green vegetable. To reduce confusion among the various varieties of Chinese cabbage including celery cabbage, School Food Authorities (SFA) will see the previous entry “Cabbage, Chinese or Celery” listed in the FBG as “Cabbage, Celery or Napa.” The crediting information has also been modified to reflect that of other cabbages. Celery (Napa) cabbage credits as volume served. Additionally, celery (Napa) cabbage is an “Other Vegetable” and has been moved from the “Dark Green Subgroup” chart and listed in the “Other Vegetable Subgroup” chart.

The revised Vegetables and Fruits Section of the Food Buying Guide for Child Nutrition Programs can be accessed online at:

<http://www.fns.usda.gov/tn/resources/foodbuyingguide.html>.

Regional Directors
State Directors
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School food authorities should contact their State agencies for additional information. State agencies may direct any questions concerning this guidance to the appropriate Food and Nutrition Service Regional Office.

A handwritten signature in blue ink that reads "Cynthia Long". The signature is written in a cursive, flowing style.

Cynthia Long
Director
Child Nutrition Division

Attachment