

Item Number	Vendor	Item Name	Serving Size in Ounces*	Svgs per case	Calories	Calories from Fat	Protein (g)	Carbohydrates (g)	Fiber 9g)	Total Fat (g)	Sat. Fat (g)
72003	Asian Food Solutions	WG General Tso Chicken	3.9	176	210	40	14	28	0	4.5	1
73002	Asian Food Solutions	New Orleans Chicken	2.85	240	146	20	15	14	0	2.5	1
73003	Asian Food Solutions	Spicy Chicken	2.85	240	110	20	15	14	0	2.5	1
72005	Asian Food Solutions	Japanese Cherry Blossom/ Sweet and Sour Ckn	3.9	176	200	35	13	27	0	4	1
72001	Asian Food Solutions	WG Tangerine Chicken	3.9	176	190	35	14	25	0	4	1
73001	Asian Food Solutions	Teriyaki chicken	2.85	240	146	20	15	14	0	2.5	1
77387-12718	ConAgra	WG 4x6 Cheese Pizza Fit For Kids Plus Reduced Sodium	4.68	96	280	26%	16	37	4	8	3
77387-12719	ConAgra	WG 4x6 Turkey Sausage Pizza Fit For Kids Plus Reduced Sodium	4.68	96	280	29%	16	37	4	9	3
77387-12439	ConAgra	WG MaxStix 50/50 (1br)	1.93	192	153	36%	7	17	2	6	2
77387-12720	ConAgra	WG Real Slice Cheese Pizza Fit For Kids Plus Reduced Sodium	4.68	96	280	26%	16	37	4	8	3
77387-12721	ConAgra	WG Real Slice Turkey Pepperoni Pizza Fit For Kids Plus RS	4.68	96	280	29%	16	37	4	9	3
1089271	High Liner Foods	Whole Grain Alaska Pollock Fillets 3.6 oz	3.6	46	180	70	11	16	2	8	1.5
1089863	High Liner Foods	Whole Grain Alaska Pollock Nuggets 1 oz.	4	80	210	70	12	22	3	8	1.5
1089869	High Liner Foods	Whole Grain Alaska Pollock Portions 3.6 oz	3.6	80	160	60	11	16	2	6	1
1089867	High Liner Foods	Whole Grain Alaska Pollock Sticks 1 oz	4	80	210	70	12	22	3	8	1.5
317004	Jennie-O	Pre Cooked Turkey Breast & Thigh Roast	2.47	209	80	0	12	1	0	3	1
6409	Jennie-O	Diced Turkey Ham	3.01	53	100	0	15	1	0	4.5	1.5
285728	Jennie-O	Pre Cooked Ground Turkey White/Dark	2.9	154	100	0	15	0	0	4.5	1.5
215634	Jennie-O	Slow Roasted Turkey	3.22	173	120	0	15	1	0	6	1.5
209821	Jennie-O	Sliced Smoked Turkey Breast w/White Meat .5 oz	3	112	90	0%	15	1	0	3	1
256521	Jennie-O	Sliced Turkey Ham .51 oz	3.06	109	100	0	15	1	0	4.5	1.5
284728	Jennie-O	Pre Cooked Turkey and Gravy White/Dark	4	112	120	0	15	2	0	6	2
6132	Jennie-O	Turkey Sausage Patty	1.025	160	60	0	6	0	0	4	1
44878	Land O Lakes	RF Cojack Cheese Sticks	1	168	90	60	7	0	0	6	4
44879	Land O Lakes	Mild Cheddar Cheese Sticks	1	168	110	80	7	0	0	9	6
44877	Land O Lakes	Cojack Cheese Sticks	1	168	110	80	7	0	0	9	6
59703	Land O Lakes	Light Mozzarella String Cheese	1	168	60	20	8	1	0	2.5	2
59701	Land O Lakes	Mozzarella String Cheese	1	168	80	50%	7	1	0	6	3.5
46288	Land O Lakes	160 sl RF RS Yellow American	1	480	70	35	7	2	0	4	2.5
25104	Land O Lakes	RF RS Shredded Cheddar	1	320	70	40	7	0	0	4.5	3
39940	Land O Lakes	Cheddar Cheese Sauce Pouch	3	212	130	90	8	4	0	9	6
38760	Los Cabos	Burrito - Beef and Cheddar Taco Snack	3.950	72	242.15	98.64	13.43	24.27	3.95	10.96	4.74
64341	Los Cabos	Burrito - Bean and Cheddar Chs	3.950	72	221.93	56.56	11.84	31.39	6.07	6.28	2.71
84555	Los Cabos	Soft Taco - Beef and Cheddar, flour tortilla	4.830	80	316.37	138.57	17.15	28.45	4.32	15.4	6.45
97887	Los Cabos	Breakfast Wrap - Turk Sausage, Egg, Chs	2.500	72	154.88	61.89	8.26	15.78	2.4	6.88	2.99
97871	Los Cabos	Breakfast Wrap - Egg, Cheese	2.500	72	153.84	61.6	7.93	15.92	2.39	6.84	3.16
64142	Los Cabos	Enchilada - RF Monterey Jack Chs	1.475	144	150.63	66.99	7.02	14.02	1	7.44	4.11
MCF04566	McCain	Harvest Splendor Sweet Potato Deep Groove Crinkle Cut French Fries	3.43	69.84	140	45	1	24	2	5	1
MCF03927	McCain	McCain All American Deli Roasters Season Diced Potatoes	3.14	152.64	140	30	2	25	2	3.5	0.5
OIF03613	McCain	Ore-Ida Seasoned Homestyle Mash Makers Mashed Potatoes	4.35	88.44	110	30	2	18	2	3.5	1
OIF00993A	McCain	Ore-Ida 1/2' Crinkle Cut Extra Long French Fries	1.98	243	90	20	1	13	2	2	0
MCL03622	McCain	McCain Redstone Canyon Spiral Cut French Fries	2.11	180.79	110	45	1	15	1	5	0.5
MCX40	McCain	McCain 3/8' Straight Cut Extra Long French Fries	2.29	210	80	25	2	14	1	2.5	0

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MCF04712	McCain	McCain Harvest Splendor Sweet Potato 10 Cut Crinkle cut Wedges	3.43	69.84	140	45	1	22	3	5	1
MCF05034	McCain	McCain Harvest Splendor Sweet Potato Bites	3.46	69.11	150	45	2	25	4	5	1
MCF05074	McCain	McCain Harvest Splendor Sweet Potato Crosstrax Cut Fries	3.43	69.84	150	45	1	24	3	5	1
MCF05004	McCain	McCain Harvest Splendor Sweet Potato Thin Straight Cut Stix	3.53	135.32	200	63	2	31	3	7	1
OIF00215A	McCain	Ore-Ida Tator Tots Shaped Potatoes	2.52	190.5	130	50	2	16	2	6	1
OIF00024A	McCain	Ore-Ida Country Style 8 Cut Wedge Fries	2.69	178.5	90	25	2	15	2	2.5	0
92123	AdvancePierre	Peanut Butter & Grape Jelly on Whole Grain Bread	2.80	72	290	140	10	33	4	15	2.5
92127	AdvancePierre	Peanut Butter & Strawberry Jelly on Whole Grain Bread	2.80	72	290	140	10	33	4	15	2
REDYL3G	RED GOLD	RED GOLD NATURAL KETCHUP W SUGAR - LS	.60 OZ	760	20	0	0	4	0	0	0
REDYL7D	RED GOLD	RED GOLD NATURAL KETCHUP W SUGAR - LS	.60 OZ	774	20	0	0	4	0	0	0
REDYL99	RED GOLD	RED GOLD NATURAL KETCHUP W SUGAR - LS	.60 OZ	1140	20	0	0	4	0	0	0
REDYL9G	RED GOLD	RED GOLD NATURAL KETCHUP W SUGAR - LS	.30 OZ	1000	10	0	0	2	0	0	0
RPKNA9E	RED GOLD	REDPACK NUTRITIONALLY ENHANCED MARINARA SAUCE	1.3 OZ	489	27	9	1	4	1	1	0
RPKIL9E	RED GOLD	REDPACK NUTRITIONALLY ENHANCED PIZZA SAUCE	1.0 OZ	636	15	2	0	3	1	0	0
REDSC99	RED GOLD	RED GOLD NUTRITIONALLY ENHANCED SALSA	1.3 OZ	475	13	0	0	3	1	0	0
RPKMA9E	RED GOLD	REDPACK NUTRITIONALLY ENHANCED SPAGHETTI SAUCE		530	16	3	1	3	1	0	0
40275	Cargill Kitchen Solutions	IW WG Breakfast Tac Go w/Turkey Ssg	3.1	75	180	0	10	14	2	10	4
40176	Cargill Kitchen Solutions	Colby Cheese Omelet	2.1	225	110	0	8	1	0	8	3
40082	Cargill Kitchen Solutions	WG French Toast Sticks	2.65	130	170	0	9	25	3	4	1
40997	Cargill Kitchen Solutions	Griddlebakes	2.6	126	160	0	6	23	3	5	1.5
40700	Cargill Kitchen Solutions	Grilled Egg Pattie	1.25	300	45	0	3	1	0	3.5	1
40126	Cargill Kitchen Solutions	Schoolhouse Scrambled Egg Mix	1	480	35	0%	3	1	0	2.5	1
40083	Cargill Kitchen Solutions	WG Strawberry Banana Glazed French Toast	2.9	130	210	0	9	29	3	8	1.5
40274	Cargill Kitchen Solutions	IW WG Breakfast Wrap	3.2	96	180	0	10	14	2	9	3.5
3731-328	Tyson	FC Brd Homestyle Chick Patty	3.95	105	230	120%	17	12	0	13	2.5
15476-328	Tyson	FC Glazed Chick Breast Patty	2.8	174	130	60	15	2	0	7	2
3522-328	Tyson	FC W/D Chick Fajita Meat	2.8	213	130	60	16	2	0	7	2
9779-328	Tyson	FC Beef Patty	2	120	130	70	15	0	0	8	3
3481-328	Tyson	Cooked diced Chick Meat	2	213	130	30	26	0	0	3.5	1
7360-328	Tyson	FC Italian Beef Meatball	3	54	170	80	16	4	0	9	3
11786-328	Tyson	Ground Beef Crumbles	2	320	120	70	13	0	0	8	4
70377-928	Tyson	FC WG H/Spicy Chick Stick	3.36	171	220	110	13	14	2	13	2.5
5567-328	Tyson	FC Brd H/Spicy Chick Patty	3.23	150	200	100	15	12	1	11	2.5
2940-328	Tyson	FC Brd Homestyle Popcorn Chick	3.9	154	230	130	12	14	1	14	2.5
16983-328	Tyson	FC Sliced Roast Beef	3.25	219	80	35	12	0	0	3.5	1.5
2155-328	Tyson	FC Chick Chunk w WG breeding	3	144	180	70	13	14	2	8	1.5

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (g)	Sugar (g)	Vit. A %	Vit. C %	Calcium %	Iron %	CN M/MA	CN Vegetable	CN Fruit	CN Grain
0	45	530	0	14	0%	0%	0%	4%	2			
0	53	414	0	14	0%	0%	0%	6%	2			
0	53	378	0	4	0%	0%	0%	6%	2			
0	45	350	0	14	0%	0%	0%	7%	2			0.5
0	45	380	0	14	0%	0%	0%	8%	2			
0	53	414	0	14	2%	0%	2%	6%	2			
0	15	560	0	4	8%	0%	30%	20%	2	1/8		2
0	15	600	0	4	8%	0%	25%	20%	2	1/8		2
0	5	370	0	3	2%	0%	15%	6%	1			1
0	15	560	0	4	8%	0%	30%	20%	2	1/8		2
0	15	600	0	4	8%	0%	25%	20%	2	1/8		2
0	35	240	0	1	0%	0%	2%	4%	2.00			1.00
0	35	280	0	1	0%	0%	2%	6%	1.00			1.25
0	35	250	0	1	0%	0%	2%	4%	2.00			0.75
0	35	270	0	1	0%	0%	2%	6%	1.00			1.25
0	35	440	0	0	0%	0%	0%	2%	Yes			
0	60	530	0	0	0%	0%	2%	6%	Yes			
0	50	270	0	0	0%	0%	2%	4%	Yes			
0	55	360	0	1	0%	2%	0%	6%	Yes			
0	40	370	0	0	0%	0%	2%	2%	Yes			
0	60	530	0	0	0%	2%	0%	6%	Yes			
0	55	460	0	0	0%	0%	2%	4%	Yes			
0	30	100	0	0	0%	2%	0%	2%	Yes			
0	20	200	0	0	4%	0.0%	20%	0.00%	1			
0	30	200	0	0	6%	0%	20%	0%	1			
0	25	200	0	0	4%	0%	20%	0%	1			
0	10	210	0	0	2%	0%	20%	0%	1			
0	15	210	0	0	2%	0%	20%	0%	1			
0	15	210	0	2	6%	0%	20%	0%	1			
0	15	90	0	0	6%	0%	20%	0%	1			
0	30	550	0	0	6%	0%	30%	0%	1			
0.26	28.29	323.38	238.06	1.15	8%	2%	15%	15%	1.50			1.50
0.01	11.43	359.07	343.8	1.01	4%	2%	15%	15%	1.50			1.50
0.49	42.59	328.07	330.65	0.93	9%	0%	15%	20%	2.00			2.00
0.01	53.76	209.52	63.88	0.49	5%	3%	10%	7%	1.00			1.00
0.01	58.61	207.57	65.46	0.5	6%	4%	11%	7%	1.00			1.00
0	26.37	172.37	0	0.03	5%	0%	20%	6%	1.00			1.00
0	0	200	250	7	110%	5%	2%	4%		1/2 cup		
0	0	160	350	0	0%	8%	0%	4%		1/2 cup		
0	0	340	220	>1	0%	10%	2%	2%		1/2 cup		
0	0	20	200	0	0%	6%	0%	0%		1/2 cup		
0	0	300	150	0	0%	6%	0%	2%		1/2 cup		
0	0	20	260	0	0%	6%	0%	0%		1/2 cup		

Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (g)	Sugar (g)	Vit. A %	Vit. C %	Calcium %	Iron %	CN M/MA	CN Vegetable	CN Fruit	CN Grain
1	0	160	250	9	90%	8%	4%	4%		1/2 cup		
0	0	130	200	12	90%	6%	4%	4%		1/2 cup		
0	0	250	270	6	100%	2.0%	2%	4%		1/2 cup		
0	0	230	320	8	90%	10%	4%	4%		1/2 cup		
0	0	310	200	0	0%	6%	0%	0%		1/2 cup		
0	0	30	350	0	0%	6%	0%	4%		1/2 cup		
0	0	350	0.19	13	0%	4%	4%	15%	1.00			1.00
0	0	340	0.19	15	0%	4%	4%	8%	1.00			1.00
0	0	50	65 mg	4	2%	2%	0%	0%				
0	0	50	65 mg	4	2%	2%	0%	0%				
0	0	50	65 mg	4	2%	2%	0%	0%				
0	0	25	30 mg	2	0%	0%	0%	0%				
0	0	41	690 mg	3	30%	30%	1%	2%		1/4 C		
0	0	30	250 mg	2	11%	11%	1%	2%		1/4 C		
0	0	92	110 mg	1	13%	13%	3%	3%		1/4 C		
0	0	38	680 mg	2	27%	27%	1%	2%		1/4 C		
0	190	400	0	1	8%	0%	10%	4%	2.0			1.0
0	195	210	0	0	8%	0%	8%	4%	2.0			
0	115	300	0	5	4%	0%	8%	10%	1.0			1.5
0	110	330	0	10	4%	0%	4%	4%				2.0
0	115	115	0	0	4%	0%	2%	2%	1.0			
0	110	35	0	0	4%	0%	2%	2%	1.0			
0	115	320	0	8	4%	0%	8%	10%	1.0			1.5
0	200	400	0	1	8%	0%	10%	4%	2.0			1.0
0	55	480	0	0	2%	0%	2%	8%	2			1
0	50	330	0	0	0%	0%	0%	4%	2			
0	80	330	0	0	0%	0%	0%	2%	2			
0	45	135	0	0	0%	0%	0%	8%	2			
0	80	40	0	0	0%	0%	0%	6%	2			
0	35	450	0	0	0%	0%	6%	15%	2			
0	55	135	0	0	0%	0%	0%	8%	2			
0	20	330	0	1	2%	0.0%	4%	10.00%	2			1
0	55	460	0	0	10%	0%	2%	10%	2			0.75
0	30	240	0	0	2%	0%	2%	8%	2			1.25
0	35	380	0	0	0%	0%	0%	8%	2			
0	20	450	0	1	0%	0%	4%	10%	2			0.75