McCAIN® FARMER'S KITCHEN™ CHOPPED ROASTED REDSKIN POTATOES WITH ROSEMARY & GARLIC

USDA School Lunch Meal Planning Nutrition Facts

MCF04851

NUTRITION FACTS

Serving Size 3.14 oz. (89g) **FROZEN** *

Amount per Serving	
Calories 100	Calories from Fat 20
	% Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 150mg	**6%**
Potassium 340mg	**10%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 2g	**8%**
Sugars 2g	
Protein 2g	

Vitamin A	0%	Vitamin C	10%
Calcium	0%	Iron	4%

INGREDIENTS: Potatoes. Contains 2% or less of Black Pepper, Canola Oil, Corn Starch - Modified, Dextrose, Dried Onion, Dried Garlic, Dried Parsley, Extra Virgin Olive Oil, Maltodextrin, Natural Flavor, Rosemary, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Sugar, Vinegar.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potato Products, frozen (Skins or Pieces or Wedges, etc. Wigh Skin Cooked) (pg. 2-70)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup cooked vegetable	9.5

McCain Equivalent per Bag

FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	20.35	1/2 cup cooked vegetable	4.91

McCain Equivalent per Case

FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
16 Pounds (4 Bags per Case)	81.41	1/2 cup cooked vegetable	1.23

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per	Creditable Amount*
Potato products, frozen, skins,	3.14 oz by weight	X	10.6 / 16	2.080
A. Total Creditable Amount				2.080

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

* Per FBG, one serving portion (1/2 cup heated vegetable) equals 3.14 oz of McCain seasoned fries. Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

1/2/2014
Date

Rachel Lange
Rachel Lange
R&D, McCain Foods

ORE-IDA® 1/2" CRINKLE CUT EXTRA LONG FRENCH FRIES

USDA School Lunch Meal Planning Nutrition Facts

OIF00993A

NUTRITION FACTS

Serving Size 1.98 oz. (56g) **FROZEN** *

Amount per Serving

Calories 90 Calories from Fat 20

	% Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 20mg	**1%**
Potassium 200mg	**6%**
Total Carbohydrate 13g	**4%**
Dietary Fiber 2g	**6%**
Sugars 0g	
Protein 1g	

Vitamin A	0%	Vitamin C	6%
Calcium	0%	Iron	0%

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 1.98 oz of McCain fries.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA Commodity (pg. 2-68)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag

Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA Commodity (pg. 2-68)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
5 Pounds	40.50	1/2 cup cooked vegetable	2.47

McCain Equivalent per Case

Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA Commodity (pg. 2-68)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
30 Pounds (6 Bags per Case)	243.00	1/2 cup cooked vegetable	0.41

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, FF, Frozen, CC, Low	1.98 oz by weight	X	16.2 / 16	2.004
A. Total Creditable Amount				2.004

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

1/9/2014
Date

Rachel Reiter
Rachel Reiter, Research and Development

McCAIN® 3/8" STRAIGHT CUT EXTRA LONG FRENCH FRIES
USDA School Lunch Meal Planning Nutrition Facts
MCX40

NUTRITION FACTS
Serving Size 2.29 oz. (65g) **FROZEN** *

Amount per Serving
Calories 80 Calories from Fat 25

	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 20mg	**1%**
Potassium 260mg	**7%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	**5%**
Sugars 0g	
Protein 2g	

Vitamin A	0%	Vitamin C	6%
Calcium	0%	Iron	0%

INGREDIENTS: Potatoes, Vegetable Oil (contains one or more of the following: Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil), Dextrose, Sodium Acid Pyrophosphate Added to Preserve Natural Color.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.29 oz of McCain fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)
Product: Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable (pg. 2-69)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	14.0	1/4 cup cooked vegetable	7.2

McCain Equivalent per Bag
Product: Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable (pg. 2-69)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	35.00	1/2 cup cooked vegetable	2.86

McCain Equivalent per Case
Product: Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable (pg. 2-69)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	210.00	1/2 cup cooked vegetable	0.48

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, FF, Frozen, SC	2.29 oz by weight	X	14/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct. 1/10/2014
Date

Rachel Reiter
Rachel Reiter
Research and Development

ORE-IDA® SEASONED HOMESTYLE MASH MAKERS® MASHED POTATOES

USDA School Lunch Meal Planning Nutrition Facts

OIF03613

NUTRITION FACTS

Serving Size 4.35 oz. (124g) **FROZEN** *

Amount per Serving

Calories 110 Calories from Fat 30

	% Daily Value*
Total Fat 3.5g	**5%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	**0%**
Sodium 340mg	**14%**
Potassium 220mg	**6%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 2g	**8%**
Sugars less than 1g	
Protein 2g	

Vitamin A	0%	Vitamin C	10%
Calcium	2%	Iron	2%

INGREDIENTS: POTATOES, SOYBEAN OIL, WHOLE MILK POWDER (PASTEURIZED SKIM MILK, CREAM) [MILK], SALT, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM) [MILK], CREAMER (WHEY, MILK PROTEIN CONCENTRATE) [MILK], SPICES, BETA-CAROTENE (COLOR), SODIUM ACID PYROPHOSPHATE ADDED TO PRESERVE NATURAL COLOR.

* Per FBG, one serving portion (1/2 cup heated vegetable) equals 4.35 of McCain patties.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potato Products, frozen, Mashed (pg. 2-70)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	7.37	1/4 cup heated vegetable	13.6

McCain Equivalent per Bag

Product: Potato Products, frozen, Mashed (pg. 2-70)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	14.74	1/2 cup heated vegetable	10.74

McCain Equivalent per Case

Product: Potato Products, frozen, Mashed (pg. 2-70)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	88.44	1/2 cup heated vegetable	1.13

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Mashed	4.35 oz by weight	X	7.37 / 16	2.003
A. Total Creditable Amount				2.003

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

1/2/2014
Date

Rachel Lange
Rachel Lange, Research and Development

ORE-IDA® HASH BROWN TRIANGLE PATTIES
USDA School Lunch Meal Planning Nutrition Facts
OIF00049A

NUTRITION FACTS

Serving Size 4.50 oz. (128g) **FROZEN** *
about 2-1/4 pieces

Amount per Serving
Calories 220 Calories from Fat 100

	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 5g	
Cholesterol 0mg	**0%**
Sodium 450mg	**19%**
Potassium 330mg	**9%**
Total Carbohydrate 29g	**10%**
Dietary Fiber 3g	**12%**
Sugars less than 1g	
Protein 2g	

Vitamin A	0%	Vitamin C	2%
Calcium	0%	Iron	4%

INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dehydrated Onion, Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2-1/4 of McCain 2 oz. patties.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)
Product: Potato Products, frozen, Hashed Patty Pre-Browned 2.25 oz. each (pg. 2-69)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	7.11	1 cooked patty (1/4 cup cooked vegetable)	14.1

McCain Equivalent per Bag
Product: Potato Products, frozen, Hashed Patty Pre-Browned 2.25 oz. each (pg. 2-69)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	17.78	2-1/4 cooked patties (1/2 cup cooked vegetable)	5.63

McCain Equivalent per Case
Product: Potato Products, frozen, Hashed Patty Pre-Browned 2.25 oz. each (pg. 2-69)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	106.65	2-1/4 cooked patties (1/2 cup cooked vegetable)	0.94

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Patty	4.5	X	7.11 / 16	2.004
A. Total Creditable Amount				2.004

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

1/2/2014
Date

Rachel Lange
Rachel Lange, Research and Development

ORE-IDA® TATOR TOTS® SHAPED POTATOES
USDA School Lunch Meal Planning Nutrition Facts
OIF00215A

NUTRITION FACTS
Serving Size 2.52 oz. (71g) **FROZEN** *
about 8 pieces

Amount per Serving
Calories 130 Calories from Fat 50

	% Daily Value*
Total Fat 6g	**9%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 3g	
Cholesterol 0mg	**0%**
Sodium 310mg	**13%**
Potassium 200mg	**6%**
Total Carbohydrate 16g	**5%**
Dietary Fiber 2g	**7%**
Sugars 0g	
Protein 2g	

Vitamin A	0%	Vitamin C	6%
Calcium	0%	Iron	0%

INGREDIENTS: INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.52 oz of McCain tots.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-70)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	12.7	1/4 cup cooked vegetable	7.9

McCain Equivalent per Bag
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-70)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	31.75	1/2 cup cooked vegetable	3.15

McCain Equivalent per Case
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-70)

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	190.50	1/2 cup cooked vegetable	0.52

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Rounds	2.52 oz by weight	X	12.7 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

2/1/2012
Date

Rachel Reiter
Rachel Reiter, Research and Development

McCAIN® HARVEST SPLENDOR™ SWEET POTATO DEEP GROOVE CRINKLE CUT FRENCH FRIES

USDA School Lunch Meal Planning Nutrition Facts

MCF04566

NUTRITION FACTS

Serving Size 2.11 oz. (60g) FROZEN *

Amount per Serving

Calories 85 Calories from Fat 30

	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	**0%**
Sodium 125mg	**5%**
Potassium 160mg	**5%**
Total Carbohydrate 13g	**4%**
Dietary Fiber 1g	**4%**
Sugars 5g	
Protein 1g	

Vitamin A	70%	Vitamin C	4%
Calcium	2%	Iron	2%

INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Annatto (color), Baking Soda, Beta Carotene (color), Caramel (Color), Natural Flavors, Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Tapioca Dextrin, Xanthan Gum.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.11 oz of McCain sweet potato crinkle cut fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA (Page 2-68)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	18.83	1/2 cup cooked vegetable	5.31

McCain Equivalent per Case

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	113.00	1/2 cup cooked vegetable	0.88

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potatoes, french fries, crinkle	1.98 oz by weight	X	16.2 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

5/13/2013
Date

Rachel Lange

Rachel Lange, Research and Development

McCAIN® HARVEST SPLENDOR SWEET POTATO CROSSTRAX CUT FRIES

USDA School Lunch Meal Planning Nutrition Facts

MCF05074

NUTRITION FACTS

Serving Size 2.11 oz. (60g) **FROZEN** *

Amount per Serving

Calories 90 Calories from Fat 30

	% Daily Value*
Total Fat 3g	**5%**
Saturated Fat 0.5g	**2%**
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	**0%**
Sodium 150mg	**6%**
Potassium 170mg	**5%**
Total Carbohydrate 15g	**5%**
Dietary Fiber 2g	**8%**
Sugars 4g	
Protein 1g	

Vitamin A	64%	Vitamin C	2%
Calcium	2%	Iron	2%

INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Potato Starch - Modified. Contains 2% or less of Annatto (color), Baking Soda, Beta Carotene (color), Caramel (Color), Natural Flavors, Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Tapioca Dextrin, Xanthan Gum.

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.11 oz of McCain sweet potato crosstrax fries.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potatoes, French Fries, frozen, Crinkle cut, Low moisture, Ovenable, Includes USDA Commodity (pg. 2-68)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	16.2	1/4 cup cooked vegetable	6.2

McCain Equivalent per Bag

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	18.83	1/2 cup cooked vegetable	5.31

McCain Equivalent per Case

FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	113.00	1/2 cup cooked vegetable	0.88

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potatoes, FF, frozen, crinkle	1.98	X	16.2 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

10/16/2013
Date

Rachel Lange
Rachel Lange, Research and Development

McCAIN® HARVEST SPLENDOR™ SWEET POTATO BITES

USDA School Lunch Meal Planning Nutrition Facts

MCF05034

NUTRITION FACTS

Serving Size 2.67 oz. (76g) **FROZEN** *
about 10 pieces

Amount per Serving
Calories 120 Calories from Fat 35

	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 2g	
Cholesterol 0mg	**0%**
Sodium 100mg	**4%**
Potassium 160mg	**5%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 3g	**12%**
Sugars 10g	
Protein 1g	

Vitamin A	70%	Vitamin C	4%
Calcium	2%	Iron	2%

INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Sugar, Dehydrated Potatoes. Contains 2% or less of Corn Starch - Modified, Dextrin, Maltodextrin, Molasses, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Tapioca Starch - Modified, Xanthan Gum.

*** Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.67 oz of McCain Sweet Potato Bites.**

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potato Products, frozen, Circles (pg. 2-70)

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	12.6	1/4 cup baked vegetable	8

McCain Equivalent per Bag

FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	14.96	1/2 cup baked vegetable	6.68

McCain Equivalent per Case

FBG serving sizes adjusted to accommodate seasoning; seasoning not part of vegetable serving.

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	89.78	1/2 cup baked vegetable	1.11

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Circles	2.54 oz by weight	X	12.6 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yeild Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

6/3/2013
Date

Rachel Lange
Rachel Lange, Research and Development

McCain® Harvest Splendor® Sweet Potato Chopped Wedges
USDA School Lunch Meal Planning Nutrition Facts
1000000686

NUTRITION FACTS

Serving Size 3.02 oz. (86g) **FROZEN** *

Amount per Serving

Calories 90 — Calories from Fat 20

	% Daily Value*
Total Fat 2g	**3%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	**0%**
Sodium 40mg	**2%**
Potassium 350mg	**10%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 3g	**12%**
Sugars 9g	
Protein 1g	

Vitamin A	70%	Vitamin C	6%
Calcium	2%	Iron	4%

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn) Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening)

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 3.02 oz of McCain sweet potato wedges.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)

Product: Potato Products, frozen (Skins or Pieces or Wedges, etc. With Skin Cooked) Page 2-70

USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	10.6	1/4 cup cooked vegetable	9.5

McCain Equivalent per Bag

Product: Potato Products, frozen (Skins or Pieces or Wedges, etc. With Skin Cooked) Page 2-70

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	13.25	1/2 cup cooked vegetable	7.55

McCain Equivalent per Case

Product: Potato Products, frozen (Skins or Pieces or Wedges, etc. With Skin Cooked) Page 2-70

McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	79.50	1/2 cup cooked vegetable	1.26

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato products, frozen	3.02 oz by weight	X	10.6 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

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1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

5/20/2013
Date

Rachel Lange
Rachel Lange, Research and Development