



Wyoming Department of Education

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MEMORANDUM NO. 2014-087

TO: District Superintendents
School Principals
District Board Chairs

FROM: Bruce Hayes, Ed.S., School Safety Consultant
Support Systems and Resources Division

DATE: July 25, 2014

SUBJECT: Suicide Prevention Training

APPROVED SUICIDE PREVENTION TRAINING PROGRAMS

CHEYENNE - Starting with the 2014-2015 school year, the Wyoming Legislature, per W.S. 21-2-202 (a)(xxxv) and W.S. 21-3-110 (a)(xxxiii), now requires a minimum of eight hours of suicide prevention training every four years with two hours provided during a staff member's initial year (if prior training is absent).

The Wyoming Department of Education was charged with structuring the approval process for suicide prevention programs. This process took two basic steps: (1) recruit programs from Wyoming professionals, districts, and agencies that were claimed to add value and work well, and (2) provide a highly credentialed, experienced, and knowledgeable team of volunteers to review material that had been made available.

State Superintendent of Public Instruction, Cindy Hill, commends the Suicide Prevention Review Team and other Wyoming volunteers for their thorough and diligent work.

The process broke out the programs into two categories:

1. Approved for teachers and administrators.
2. Resources/Support/Interventions that can reinforce school efforts.

Approved Programs are educational programs that have been validated by the Suicide Prevention Review Team and are recommended by the State Superintendent of Public Instruction as approved to be used as suicide prevention education training materials in the 2014-2015 school year.

As an additional aid to schools, a general categorization of T1, T2, or T3 is provided to communicate what type of individuals might readily relate to the training.

Tier 1 (T1) = Basic Gatekeeper Training/Fundamentals/Core Competencies; Recommended for all district staff including Teachers and Administrators.

Tier 2 (T2) = Intermediate Training/In-depth; Recommended for Counselors and Nurses.

Tier 3 (T3) = Advanced Training; Recommended for Clinicians, Mental Health Professionals, and School Psychologists.

Also, a reference website is included with the following approved programs as a place to start a review. It does not necessarily represent the only location to find information on a program.

1. Approved **Be a Link! Suicide Prevention Gatekeeper Training (T1)**
<http://www.sprc.org/bpr/section-III/be-link-suicide-prevention-gatekeeper-training>
2. Approved **Making Educators Partners in Youth Suicide (T1)**
www.sptsusa.org
3. Approved **More Than Sad: Suicide Prevention Education for Teachers and Other School Personnel (T1)**
<http://www.morethansad.org/indexpts.html>
4. Approved **Question, Persuade, Refer (QPR) (T1)**
<http://www.qprinstitute.com/>
5. Approved **Suicide Alertness for Everyone (Safe TALK) (T1)**
<http://www.sprc.org/bpr/section-III/suicide-alertness-everyone-safetalk>
6. Approved **Kognito At-Risk for High School Educators (T1)**
<http://www.kognito.com/>
7. Approved **Jason Foundation Training Modules (T1)**
<http://jasonfoundation.com/training-modules/>
8. Approved **Ending Suicide for Educators Program (T1)**
<http://www.larasig.com/suicide>

9. Approved **Public School Works (T1)**
<http://corp.publicschoolworks.com/home>
10. Approved **Global Compliance Network (T1)**
<http://www.educatorseap.com/global-compliance-network/>
11. Approved **Applied Suicide Intervention Skills Training (ASIST) (T2)**
[http://livingworks.net/page/Applied%20Suicide%20Intervention%20Skills%20Training%20\(ASIST\)](http://livingworks.net/page/Applied%20Suicide%20Intervention%20Skills%20Training%20(ASIST))
12. Approved **School Suicide Prevention Accreditation Program (T2)**
<http://www.suicidology.org/training-accreditation/school-professionals>
13. Approved **Online Counseling and Suicide Intervention Specialist (OCSI) (T3)**
<http://www.sprc.org/bpr/section-III/online-counseling-and-suicide-intervention-specialist>
14. Approved **QPRT Suicide Risk Assessment and Risk Management Training Program (T3)**
<http://www.qprinstitute.com/QPRT.html>
15. Approved **Recognizing and Responding to Suicide Risk (RRSR) (T3)**
http://www.suicidology.org/c/document_library/getfile?folderId=233&name=D_LFE-34.pdf
16. Approved **Assessing and Managing Suicide Risk (AMSR) (T3)**
<http://www.sprc.org/training-institute/amr>
17. Approved **2014 Summer Institute in Jackson sponsored by the Wyoming School Psychologists Association (T1 to T3)**
<http://origin.library.constantcontact.com/download/get/file/1103157480724-92/WSPA+Summer+Institute++2014.pdf>
18. Approved **National or statewide conference content in general (T1 to T3)**

Note: Regarding conferences, the following provisions must be true to carry an approved status with respect to the Jason Flatt Act:

- a. The conference must be primarily a suicide prevention conference, sponsored by a national or statewide accrediting body, and approved by the district superintendent.
- b. Over time, a minimum of two of the eight hours of training referenced must come from a tier one program.

Supports, Resources, and Interventions are types of materials that can serve to reinforce the suicide prevention work of a district. They do not necessarily have, however, all the visible, evidenced-based, time validated, content/curriculum, and suicide prevention/intervention skills. They may include things like checklists, screenings, tools designed for other states, broad mental health material not specifically focused on suicide prevention, student curriculum, peer groups, etc.

1. Resource **Preventing Suicide: A High School Toolkit**
2. Resource **Youth Suicide Prevention School-Based Guide Checklists**
3. Resource **Youth Suicide Prevention, Intervention, and Postvention Guidelines: A Resource for School Personnel**
4. Resource **Emergency Department Means Restriction Education**
5. Resource **Model Adolescent Suicide Prevention Program (MASPP)**
6. Resource **SOS Signs of Suicide (screening tool)**
7. Resource **Tools – Includes Suicide Prevention and Intervention**
8. Resource **Centers for Disease Control and Prevention website**
9. Resource **National Suicide Prevention Lifeline 1-800-273-TALK (8255)**
10. Resource **National Action Alliance for Suicide Prevention**
11. Resource **National Emergency Assistance Team (NEAT)**
12. Resource **Texas Suicide Prevention Program**
13. Resource **A Strategic Planning Approach to Suicide Prevention**
14. Resource **BH Works – Behavioral Health Screen**
15. Resource **Empathos**
16. Resource **Sources of Strength**
17. Resource **Connect Suicide Prevention Intervention Training**

18. Resource **Connect Youth Leaders: Partnering with Adults in Youth Suicide Prevention**
19. Resource **Gryphon Place Gatekeeper Suicide Prevention Program - A Middle School Curriculum**
20. Resource **High School Gatekeeper Curriculum**
21. Resource **Just Talk About It**
22. Resource **Lifelines Intervention: Helping Students at Risk for Suicide**
23. Resource **Response: A Comprehensive High School based Suicide Awareness Program**
24. Resource **Prevention Management Organization of Wyoming, National Suicide Prevention Hotline**
25. Resource **Natural Helpers**
26. Resource **Mental Health First Aid**

The department reserves the right to update the list as necessary or each year, as circumstances may dictate.

Districts will internally track staff participation in suicide prevention training and ensure general compliance with the aforementioned suicide prevention statutes, including making training materials available to interested community members.

For questions, please contact Bruce Hayes, School Safety Consultant, at bruce.hayes@wyo.gov or 307-777-6198. Feedback on your experience with the suicide prevention trainings is encouraged.

Attachment: Select Suicide Prevention Review Team Contacts

Select Suicide Prevention Review Team Contacts

The following individuals volunteered to serve on the Suicide Prevention Review Team and are available for school questions regarding suicide prevention programs.

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Dr. Eldon Clifford eclifford@jcsd1.us

School Psychologist, Johnson #1
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School Psychologist, Washakie #1
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