



WYOMING
DEPARTMENT OF EDUCATION

*Creating Opportunities
for Students to Keep
Wyoming Strong*

Jillian Balow
Superintendent of Public Instruction

Dicky Shanor
Chief of Staff

Brent Bacon
Chief Academic Officer

Lisa Weigel
Chief Policy Officer

Dianne Bailey
Chief Operations Officer

Cheyenne Office
Hathaway Building, 2nd Floor
2300 Capitol Avenue
Cheyenne WY 82002-2060
Phone: (307) 777-7675
Fax: (307) 777-6234

Riverton Office
320 West Main
Riverton, WY 82501
Phone: (307) 857-9250
Fax: (307) 857-9256

On the Web
edu.wyoming.gov
wyomingmeasuresup.com

MEMORANDUM NO. 2017-037

TO: School District Superintendents
Principals

FROM: Lisa Weigel, Chief Policy Officer

DATE: March 20, 2017

SUBJECT: Suicide Prevention Resources

SUICIDE PREVENTION RESOURCES

The Wyoming Department of Education is providing information on these suicide prevention and crisis-related resources for school leaders to use. Help is available to students or staff that may save a life, prevent a problem, or help solve a crime.

- **National Suicide Prevention Lifeline:** A free, confidential, and available 24/7 every day of the year. Call 1-800-273-8255 or visit: suicidepreventionlifeline.org.
- **Crisis Text Line:** A free, 24/7 support for those in any type of crisis who prefer to use texting. Text "WYO" to 741741 or visit crisistextline.org.
- **Prevention Management Organization (PMO):** A Wyoming non-profit that aids community-based prevention efforts regarding alcohol, tobacco, other drugs, and suicide. Visit pmowyo.org.
- **Classroom Mental Health:** Provides suicide prevention resources specially designed for Wyoming, including an option for districts to list local suicide prevention resources. Visit classroommentalhealth.org.
- **Safe2Tell Wyoming:** A statewide confidential reporting tool for anyone to report threats to students, staff, school, or community. Call 844-WYO-SAFE (1-844-996-7233) or visit safe2tellwy.org.

For more information, please contact Bruce Hayes, Education Consultant, at bruce.hayes@wyo.gov or 307-777-6198.