



Wyoming Department of Education

Dr. Jim McBride, Superintendent of Public Instruction

Hathaway Building, 2nd Floor, 2300 Capitol Avenue

Cheyenne, WY 82002-0050

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MEMORANDUM 2008 - 165

TO: School District Superintendents
Principals

FROM: Nathaniel Castellanos, Project Analyst 

DATE: October 17, 2008

SUBJECT: 2008 Wyoming School Health Profiles Principal and Lead Education Teacher Survey Full Results

PLEASE CIRCULATE

The School Health Profiles (Profiles) assist states and local education and health agencies in monitoring and assessing characteristics of school health education; physical education; school health policies related to HIV infection/AIDS, tobacco-use prevention, and nutrition; asthma management activities; and family and community involvement in school health programs. Data from Profiles can be used to improve school health programs.

Two questionnaires are used to collect data — one for school principals and one for lead health education teachers. The two questionnaires were mailed to 158 regular secondary public schools containing any of grades 6 through 12 in Wyoming during the spring of 2008. Usable questionnaires were received from 78% of principals and from 72% of teachers. Because the response rates for these surveys were $\geq 70\%$, the results are weighted and are representative of all regular public secondary schools in Wyoming having at least one of grades 6 through 12

The Profiles survey was developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention in collaboration with the Wyoming Department of Education and representatives of state, local, and territorial departments of health and education. We credit the success of the 2008 Profiles survey to the many individuals who worked with us throughout the survey process; including school district superintendents, principals, teachers and school health personnel. The 2008 Profiles report and detailed tables and graphs can be found at the Wyoming Department of Education's web site at www.k12.wy.us.

I would like to extend my gratitude to the school principals and lead health education teachers who took part in this survey. If you have any questions, please feel free to contact me at ncaste@educ.state.wy.us, (307) 777-6391.

NC

Attachments

2008 Principal Results

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Dr. Jim McBride

Superintendent of Public Instruction

Wyoming Department of Education

October 10, 2008

Dear Youth Advocates:

It is evident that if students are to master Wyoming academic standards and reach their full potential as productive citizens, we must work to reduce risk behaviors and help students make positive life choices. Schools and government agencies cannot resolve these problems alone. To bring about a meaningful and lasting change, parents, communities, schools and local/state governments must form partnerships and work together for our youth. It is my hope that the information contained in this report will be useful in planning a healthy future for Wyoming.

Sincerely,



Jim McBride, Ed.D.
Superintendent of Public Instruction



Wyoming Department of Education
2300 Capitol Avenue
Hathaway Building, 2nd Floor
Cheyenne, WY 82002-0050

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RESULTS OF THE 2008 SCHOOL HEALTH PROFILES PRINCIPAL SURVEY

Prepared for
The Wyoming Department of Education
Dr. Jim McBride
Superintendent of Public Instruction

By
Nathaniel Castellanos, Project Analyst

October 2008

This summary document, the 2008 SCHOOL HEALTH PROFILES PRINCIPAL SURVEY report, and detailed tables and graphs can be found at the Wyoming Department of Education's web site at www.k12.wy.us. For additional hard copies or for further information, contact the Wyoming Department of Education at (307) 777-6391.

Table of Contents

| | Page |
|---|-----------|
| Acknowledgements | 5 |
| Profiles Introduction | 6 |
| Wyoming School Health Profiles (Profiles) Results Background | 7 |
| Sample Description and Weighting Procedures Principal Survey | 8 |
| School Health Index or Other Self-Assessment Tools Graph | 9 |
| School That Have a copy of the Districts Wellness Policy | 9 |
| Coordinators for School Health and Safety Programs and Activities Graph | 10 |
| Policies or Coordinates Activities on Health Topics | 10 |
| Groups Represented on Any School Health Council, Committee, or Team Graphs | 11-12 |
| Require School Staff to Receive Professional Development on HIV, STD, or Pregnancy Prevention Issues Graph | 13 |
| Student-Led Club That Aims to Create a Safe, Welcoming and Accepting School Environment Graph | 13 |
| Adopted a Policy That Addresses Each of the Following Issues for Students or Staff With HIV Infection or AIDS Graph | 14 |
| Require All Staff Who Teach Health Education Topics to Be Certified, Licensed, or Endorsed by the State in Health Education Graph | 15 |
| Require Physical Education for Students in Any of Grades 6 through 12 Graph | 15 |
| Taught a Required Physical Education Course in Each of The Following Grades Graph | 16 |
| Exempted From Taking a Required Physical Education Course For One Grading Period or Longer For Any of the Following Reasons Graph | 17 |
| Staff Who Teach Physical Education Are Certified, Licensed, or Endorsed Graph | 18 |
| Professional Development on Physical Education during the Past Two Years Graph | 18 |
| Provide Those Who Teach Physical Education with the Following Materials Graph | 19 |
| Offer Opportunities for Intramural Activities or Physical Activity Clubs Graph | 19 |
| Prohibits Tobacco during Any School-Related Activity Graphs | 20-25 |
| Tobacco-Use Prevention Policy, Guidelines, Actions and Enforcements Schools Take Graphs | 25-35 |
| Nutritional, Dietary and Healthy Activities during the School Year Graphs | 35-39 |
| School Nurses, Policies Used to Identify Students Diagnosed With Chronic Health Conditions and Community Evolvment Graphs | 40-47 |
| Resources | 48 |

Acknowledgements

The 2008 SCHOOL HEALTH PROFILES PRINCIPAL SURVEY (Profiles) was developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention in collaboration with the Wyoming Department of Education and representatives of state, local, and territorial departments of health and education. The format and layout of this report includes design elements adapted from other Profiles reports.

We credit the success of the 2008 Profiles survey to the many individuals who worked with us throughout the survey process; including school district superintendents, principals, teachers and school health personnel.

We thank Dr. Jim McBride, Superintendent of Public Instruction for his full support of this project and to the many Department of Education personnel who made contributions to different aspects of the project.

Thank you again to everyone who assisted us with this project. Without your help, the 2008 Profiles survey would not have been a success!

Nathaniel Castellanos, Project Analyst

PROFILES INTRODUCTION

School Health Profiles

What is the School Health Profiles?

The School Health Profiles (Profiles) is a system of surveys assessing school health policies and programs in states and large urban school districts. Profiles surveys are conducted biennially by state and local education and health agencies among middle and high school principals and lead health education teachers. Profiles will monitor the current status of:

- School health education requirements and content
- Physical education requirements
- Health services
- Nutrition-related policies and practices
- Family and community involvement in school health programs

Profiles can also monitor school health policies on HIV and AIDS prevention, tobacco-use prevention, violence prevention, physical activity, professional preparation and staff development for lead health education teachers.

How are Profiles data used?

State and local education and health officials use Profiles data to:

- Compare school health policies and programs across states and large urban school districts
- Advocate for required health education
- Identify health education topics and skills that are taught
- Identify topics for staff development
- Improve school health programs and policies
- Determine how well schools address the health and safety needs of their students

How do specific states and school districts use their Profiles data?

The Rhode Island Departments of Education and Health used Profiles data to plan and prioritize technical assistance activities with school districts to support the development of health and physical education curricula. Both agencies also used data from Profiles to support a legislative bill requiring that only healthier snacks and beverages be sold or distributed in schools. The State of Alaska Department of Education and Early Development used 2006 Profiles data to identify the staff development needs of health education and physical education teachers. The department also conducted statewide training on several health topics. The Montana Office of Public Instruction used Profiles data to support several legislative bills and recommendations to increase the amount of time spent by students in physical education classes. Montana schools also used Profiles data in their School Wellness policy development and implementation efforts.

Wyoming

2008 School Health Profiles

Survey Results

Background

The School Health Profiles (Profiles) assist states and local education and health agencies in monitoring and assessing characteristics of school health education; physical education; school health policies related to HIV infection/AIDS, tobacco-use prevention, and nutrition; asthma management activities; and family and community involvement in school health programs. Data from Profiles can be used to improve school health programs.

Two questionnaires are used to collect data — one for school principals and one for lead health education teachers. The two questionnaires were mailed to 158 regular secondary public schools containing any of grades 6 through 12 in Wyoming during the spring of 2008. Usable questionnaires were received from 78% of principals and from 72% of teachers. Because the response rates for these surveys were $\geq 70\%$, the results are weighted and are representative of all regular public secondary schools in Wyoming having at least one of grades 6 through 12. Results from the principal and lead health education surveys are presented for the following types of schools in Wyoming:

- High schools with a low grade of 9 or higher and a high grade of 10 or higher;
- Middle schools with a high grade of 9 or lower;
- Junior/senior high schools with a low grade of 8 or less and a high grade of 10 or higher; and
- All schools.

The Profiles questionnaires were developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention in collaboration with representatives of state, local, and territorial departments of health and education.

2008 SCHOOL HEALTH PROFILES

SAMPLE DESCRIPTION AND WEIGHTING PROCEDURES PRINCIPAL SURVEY

SAMPLE DESCRIPTION:

A census of all regular secondary public schools having at least one of the grades 6 through 12 was conducted. The principal or his/her designee was surveyed in each participating school.

RESPONSE RATE:

78% - 124 out of 158 sampled eligible principals returned questionnaires. All questionnaires were usable after data editing.

WEIGHTING:

A weight has been associated with each questionnaire to reflect the likelihood of a principal being selected and to reduce bias by compensating for differing patterns of nonresponse. The weight used for estimation is given by:

$$W = W_1 * f_1$$

W_1 = inverse of the probability of school selection (=1).

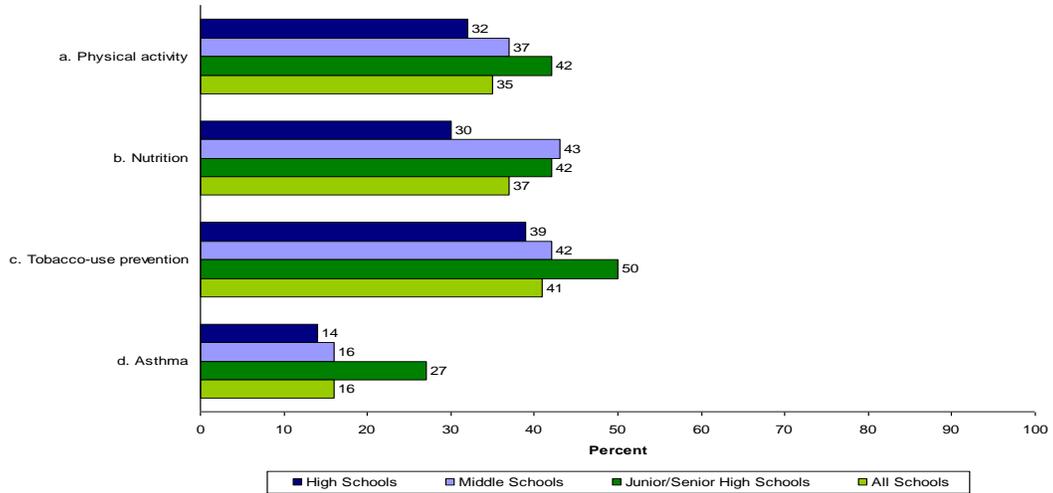
f_1 = a nonresponse adjustment factor calculated by school size (large, medium, or small) and school level (senior high school, middle school, or junior/senior high school combined).

USE OF THE RESULTS:

The weighted results can be used to describe school health policies and practices of all regular secondary public schools in Wyoming having at least one of grades 6 through 12.

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

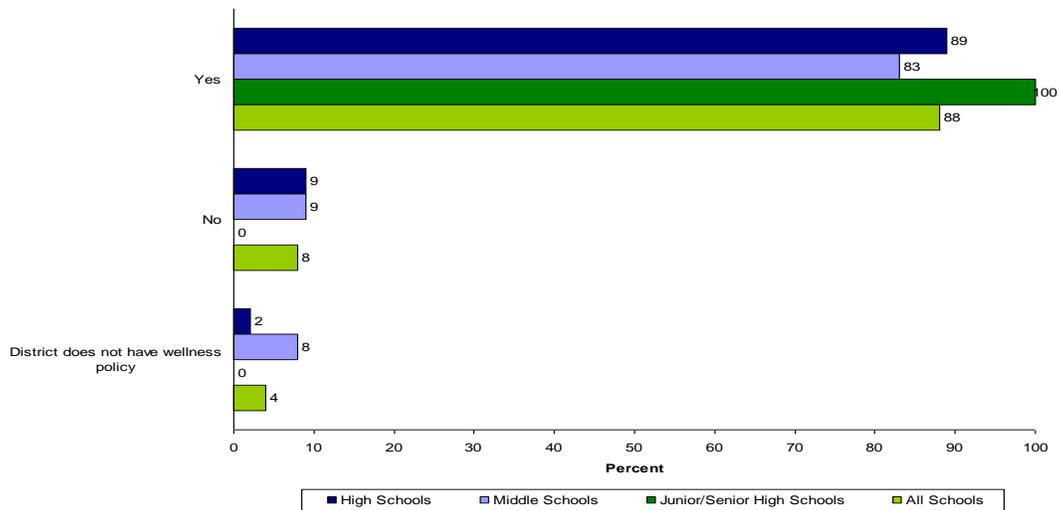
2. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

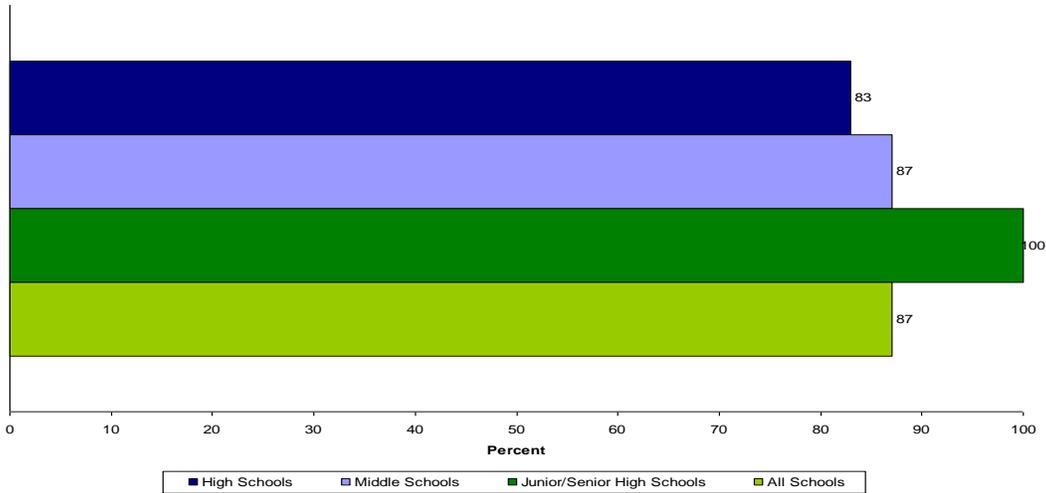
3. Percentage of schools that have a copy of district's wellness policy.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

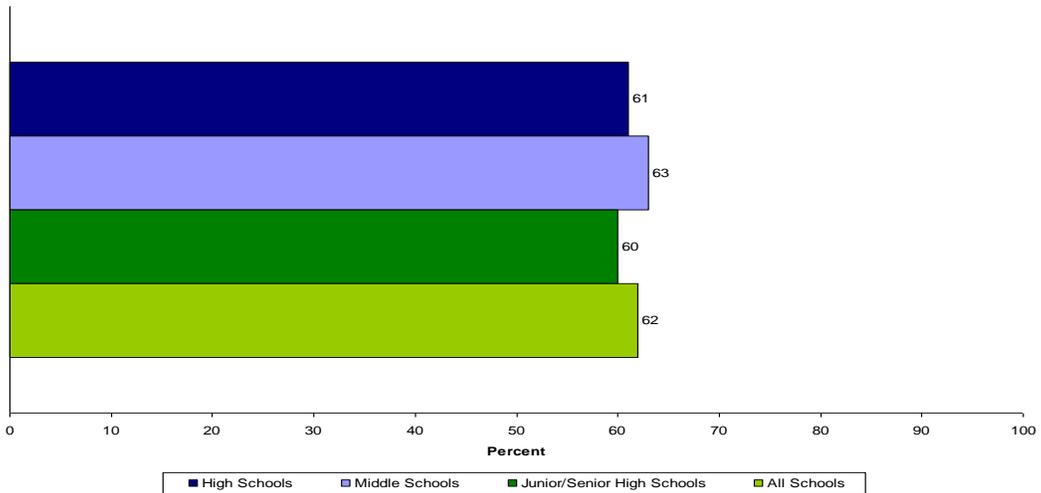
4. Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

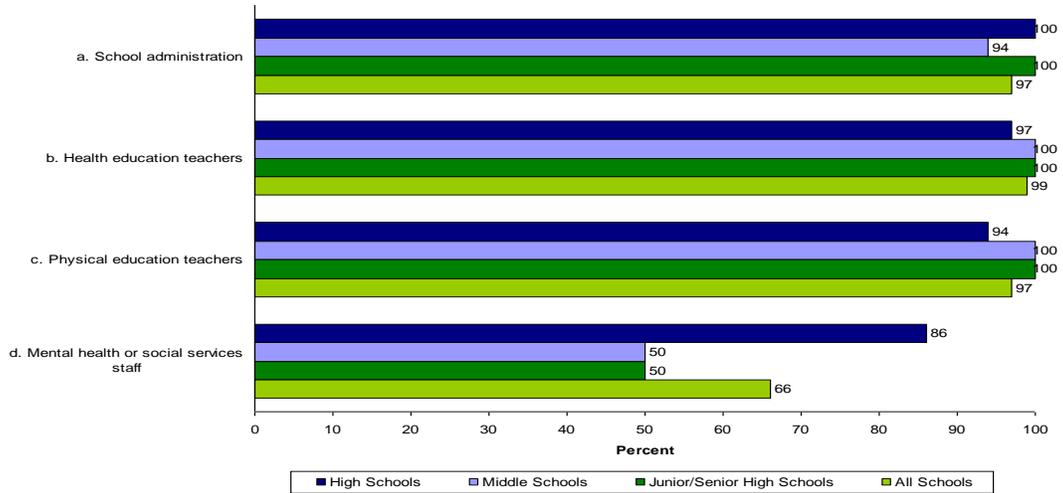
5. Percentage of schools that have one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

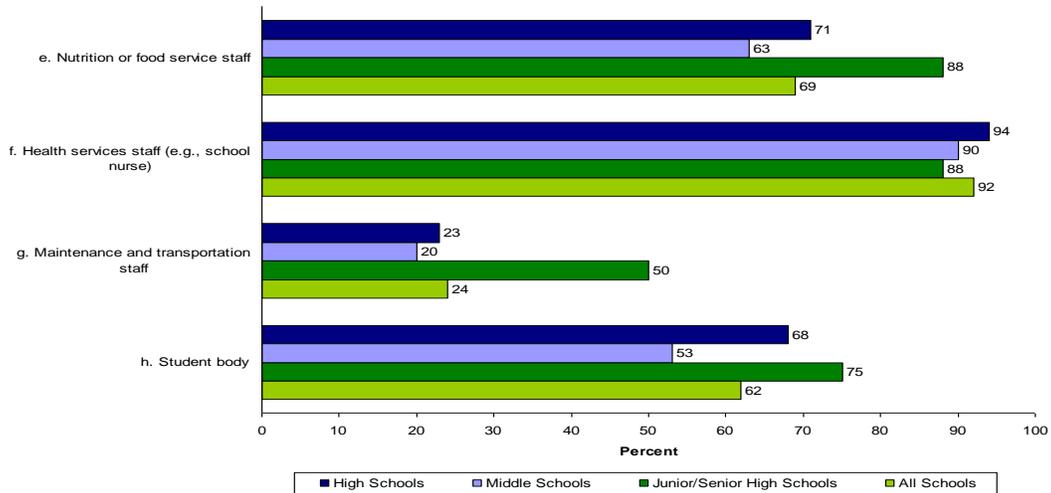
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*



*Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

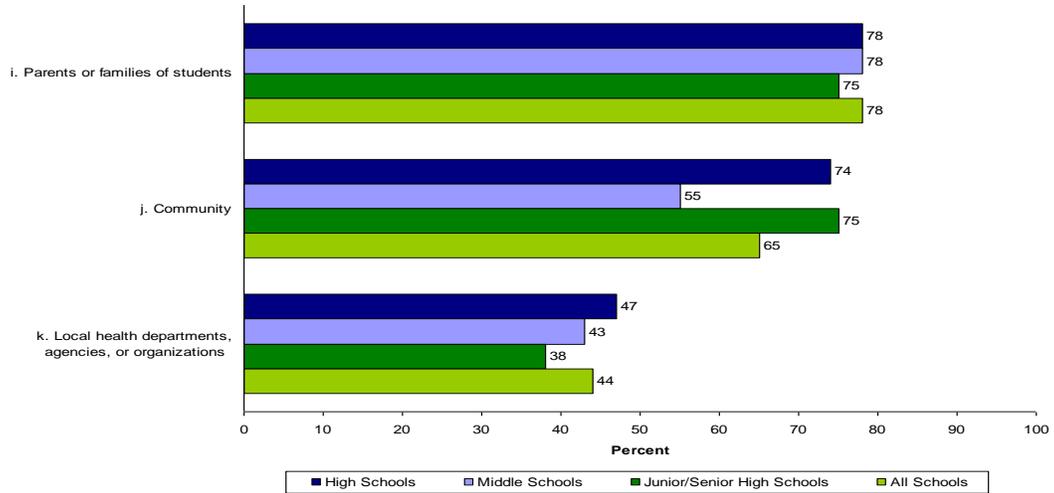
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*



*Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

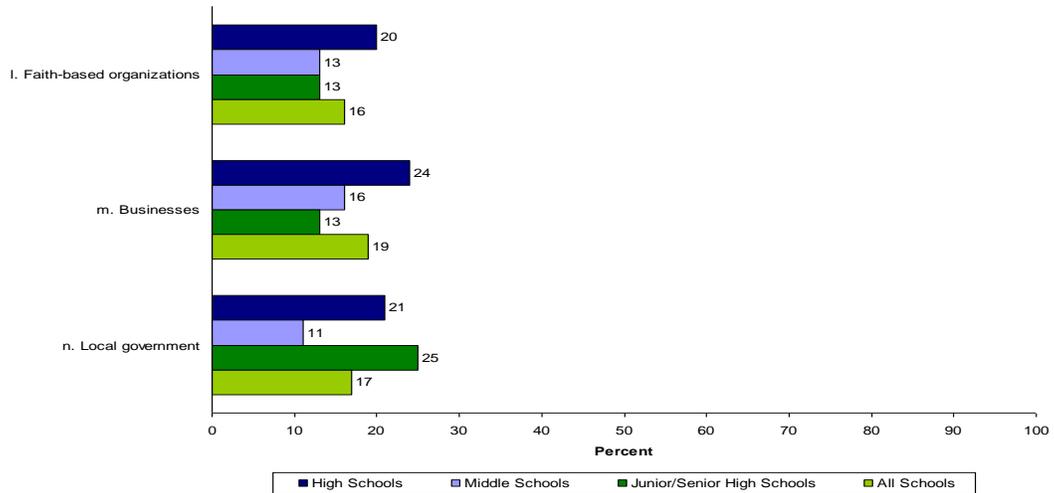
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*



*Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

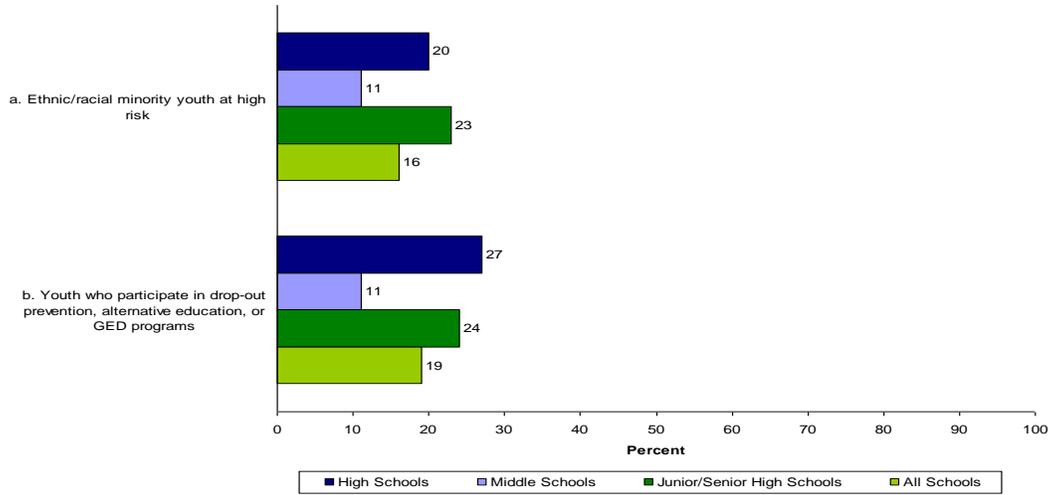
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*



*Among those schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

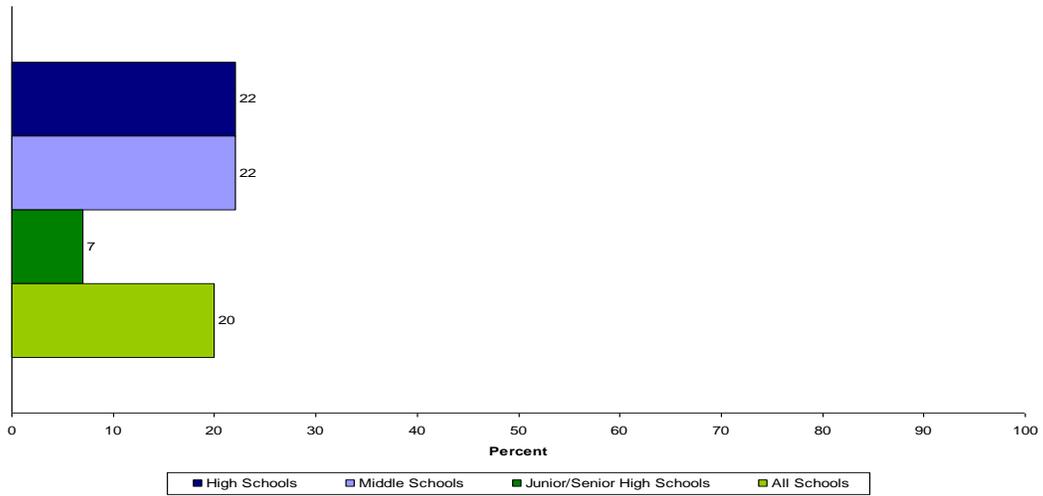
7. Percentage of schools that require school staff to receive professional development on HIV, STD, or pregnancy prevention issues and resources for the following groups.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

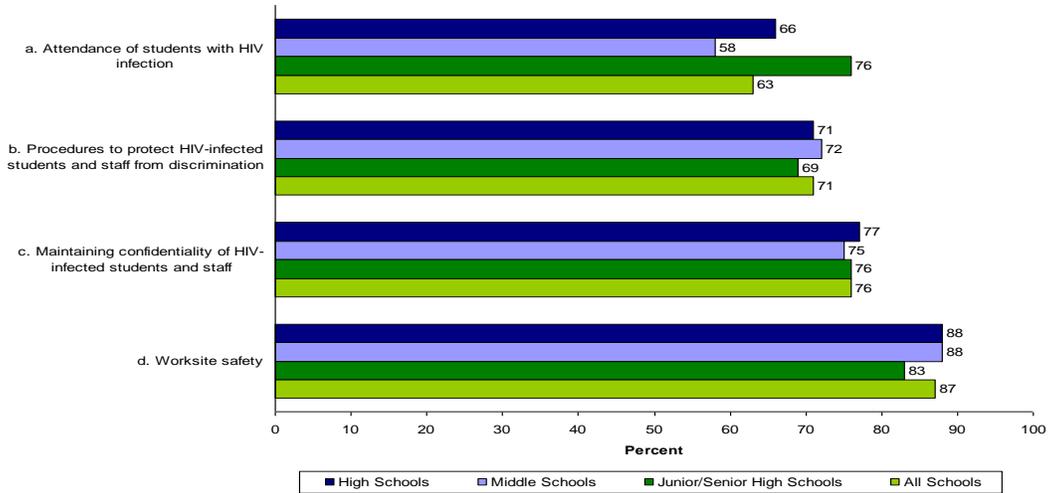
8. Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

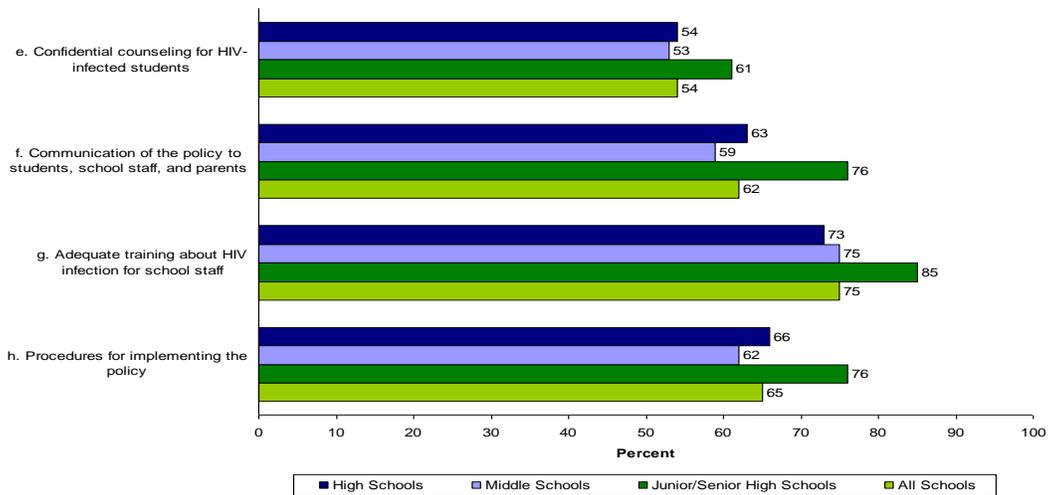
9. Percentage of schools that have adopted a policy that addresses each of the following issues for students or staff with HIV infection or AIDS.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

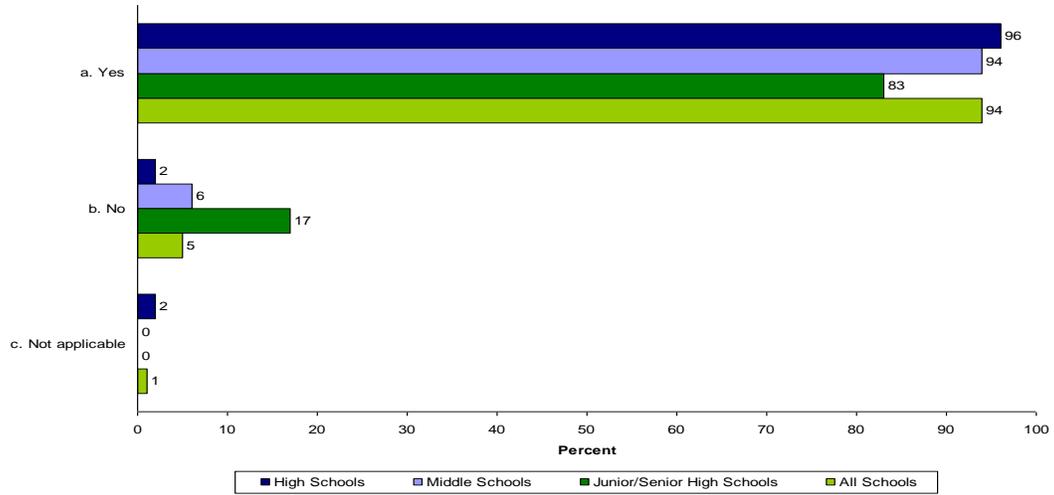
9. Percentage of schools that have adopted a policy that addresses each of the following issues for students or staff with HIV infection or AIDS.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

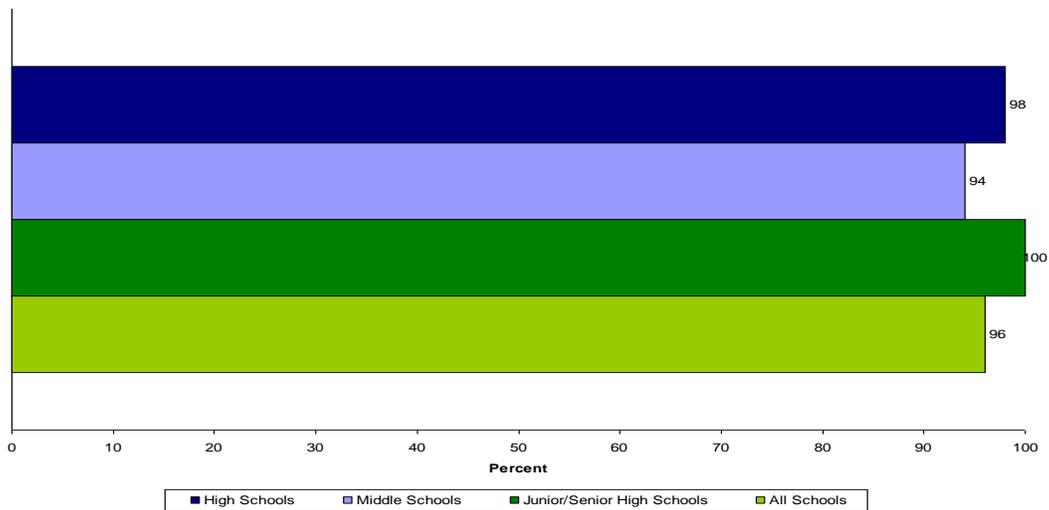
10. Percentage of schools that require all staff who teach health education topics to be certified, licensed, or endorsed by the state in health education.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

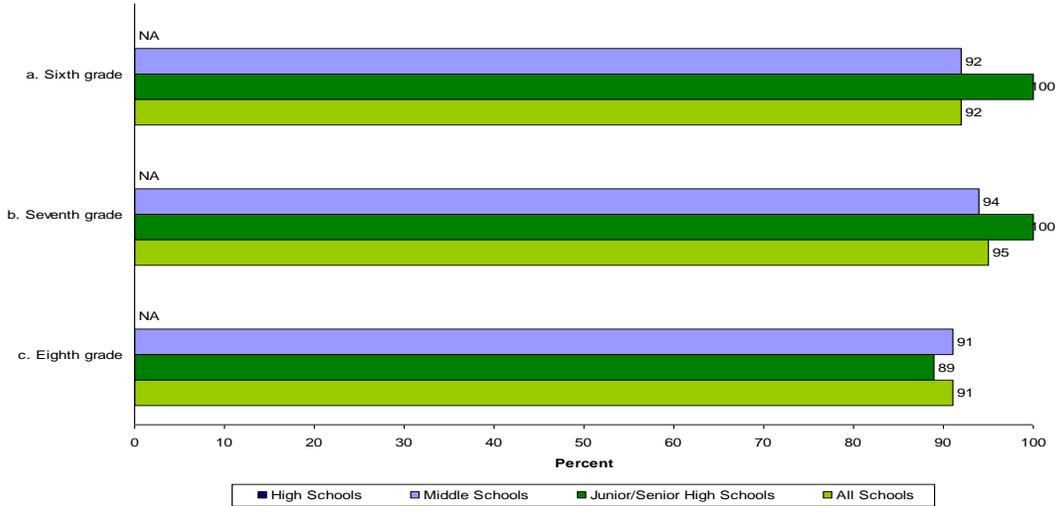
11. Percentage of schools that require physical education for students in any of grades 6 through 12.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

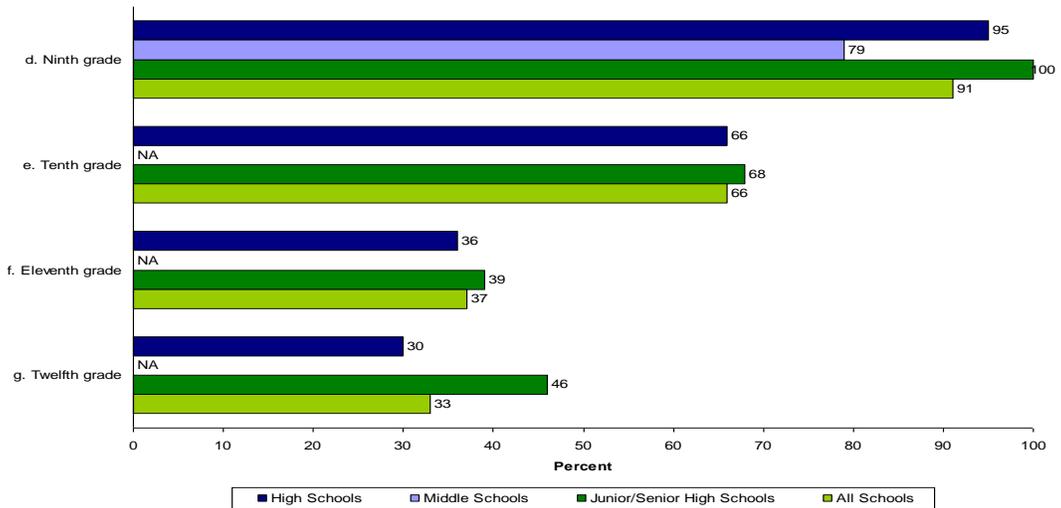
12. Percentage of all schools that taught a required physical education course in each of the following grades.*



*Among schools with students in that grade.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

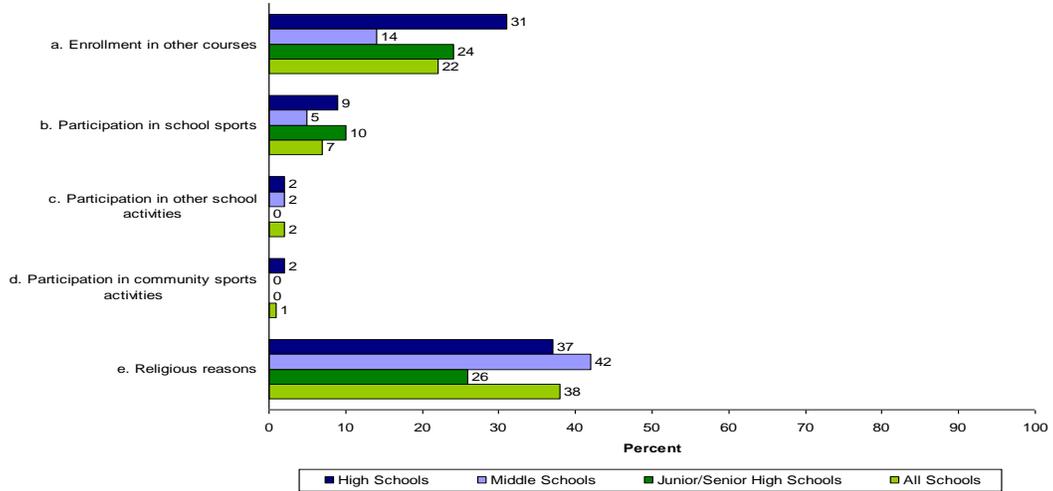
12. Percentage of all schools that taught a required physical education course in each of the following grades.*



*Among schools with students in that grade.
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

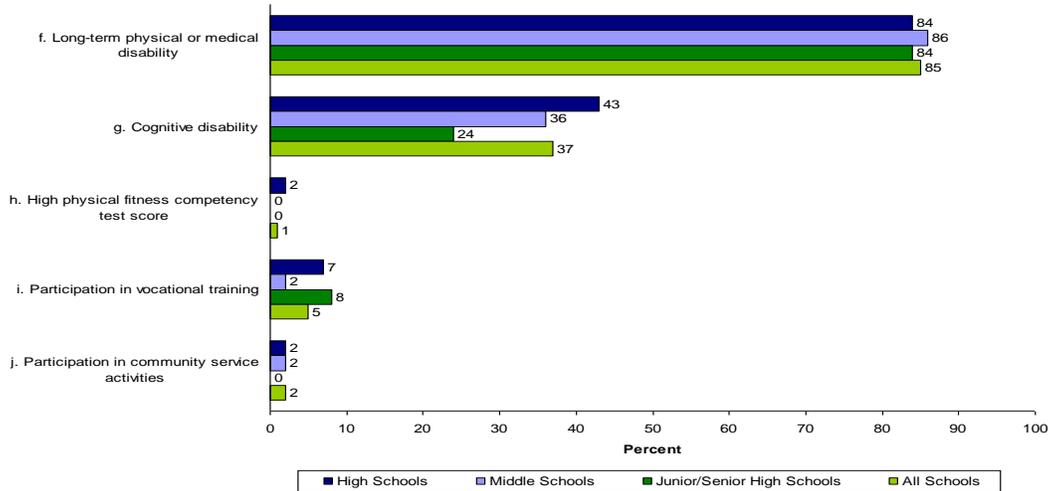
13. Percentage of schools in which students can be exempted from taking a required physical education course for one grading period or longer for any of the following reasons.*



*Among those schools that require physical education for students in any of grades 6 through 12.
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

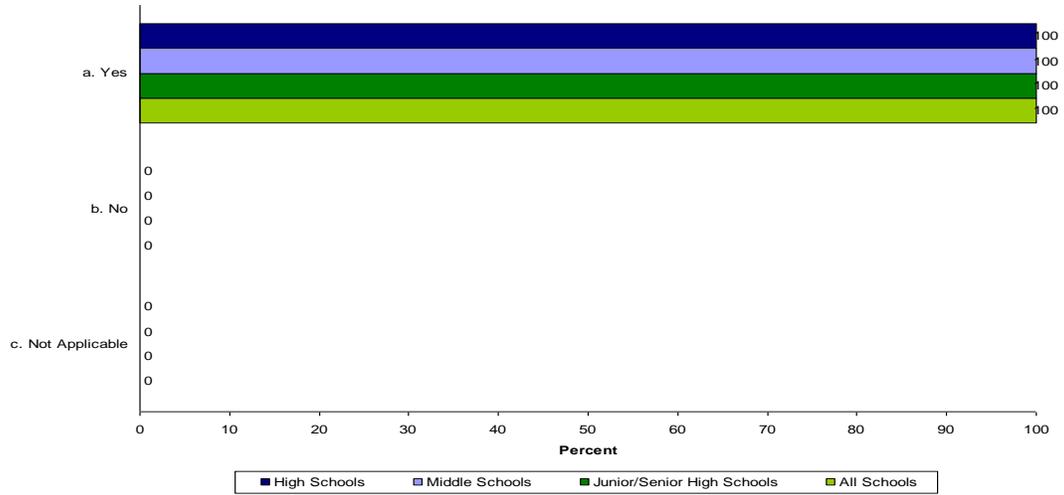
13. Percentage of schools in which students can be exempted from taking a required physical education course for one grading period or longer for any of the following reasons.*



*Among those schools that require physical education for students in any of grades 6 through 12.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

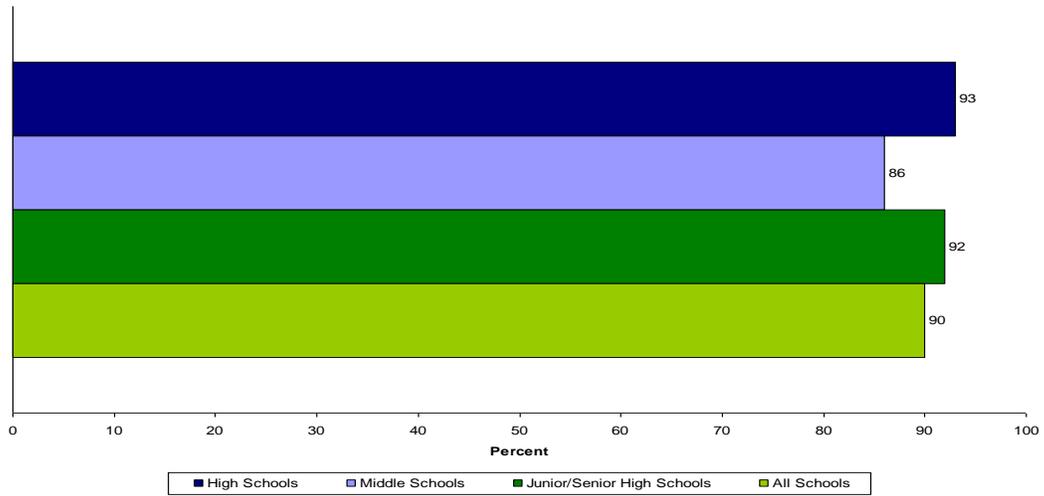
14. Percentage of schools in which all staff who teach physical education are certified, licensed, or endorsed by the state in physical education.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

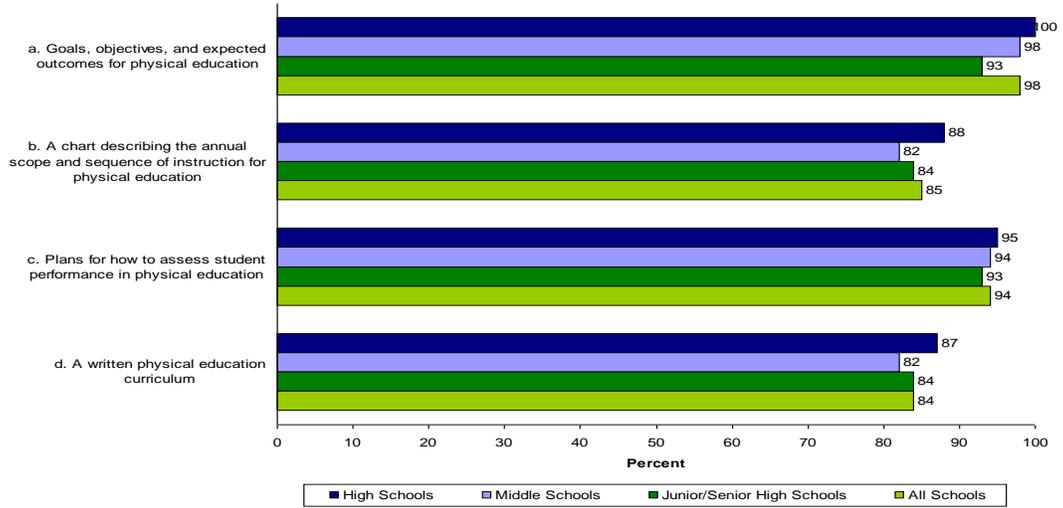
15. Percentage of schools in which physical education teachers or specialists received professional development on physical education during the past two years.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

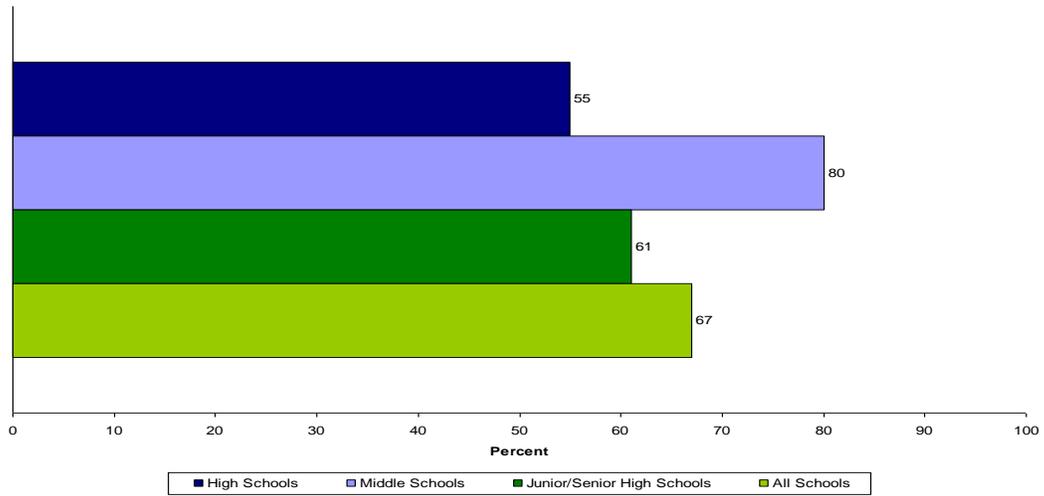
16. Percentage of schools that provide those who teach physical education with the following materials.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

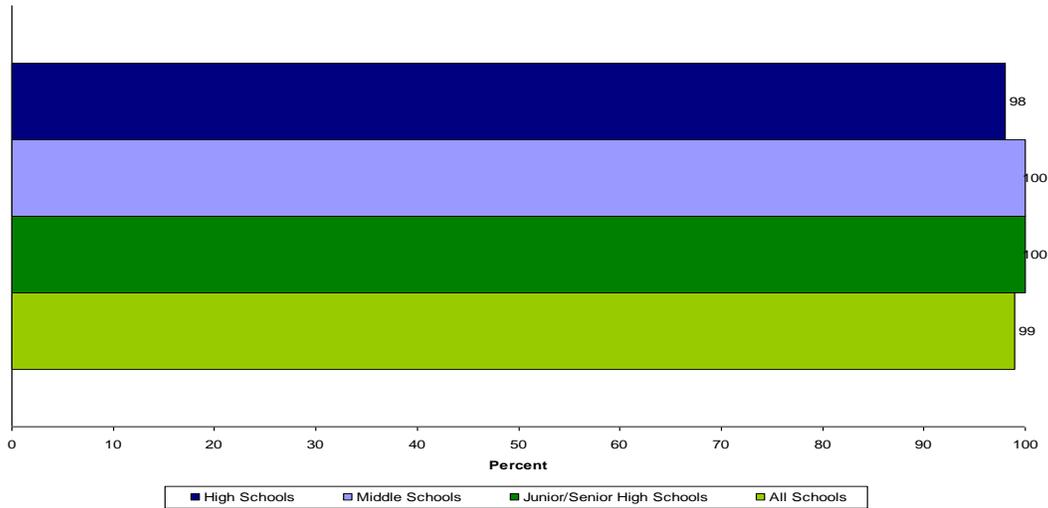
17. Percentage of schools that offer opportunities for all students to participate in intramural activities or physical activity clubs.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

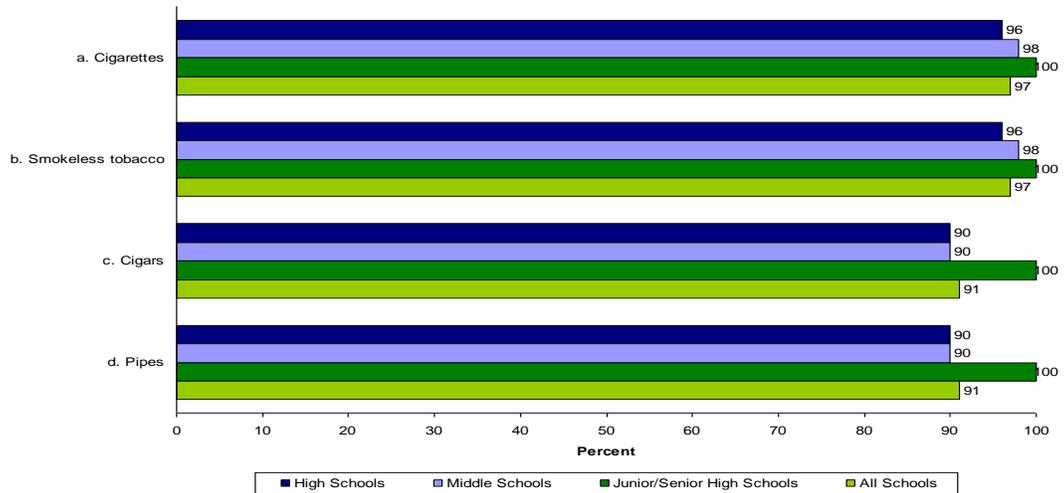
18. Percentage of schools that have adopted a policy prohibiting tobacco use.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

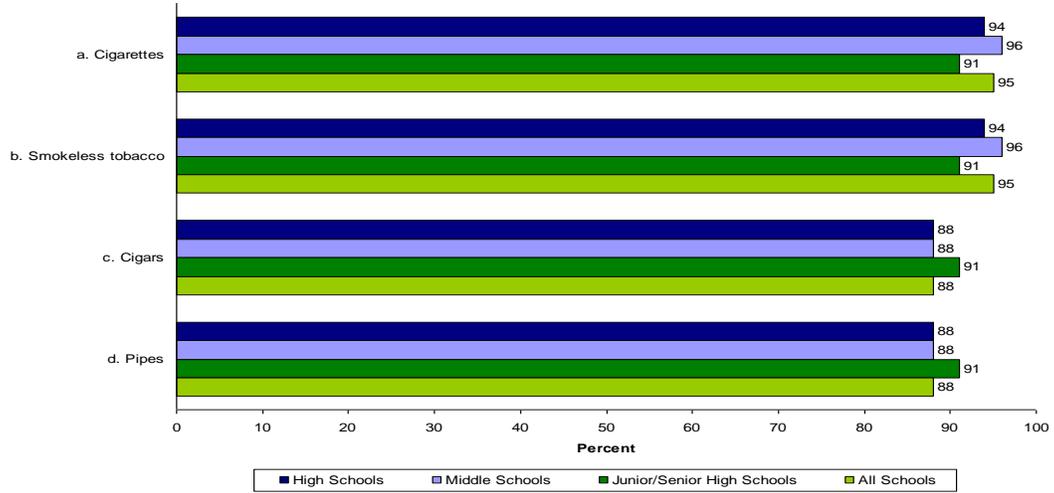
19 (Students). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for students during any school-related activity.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

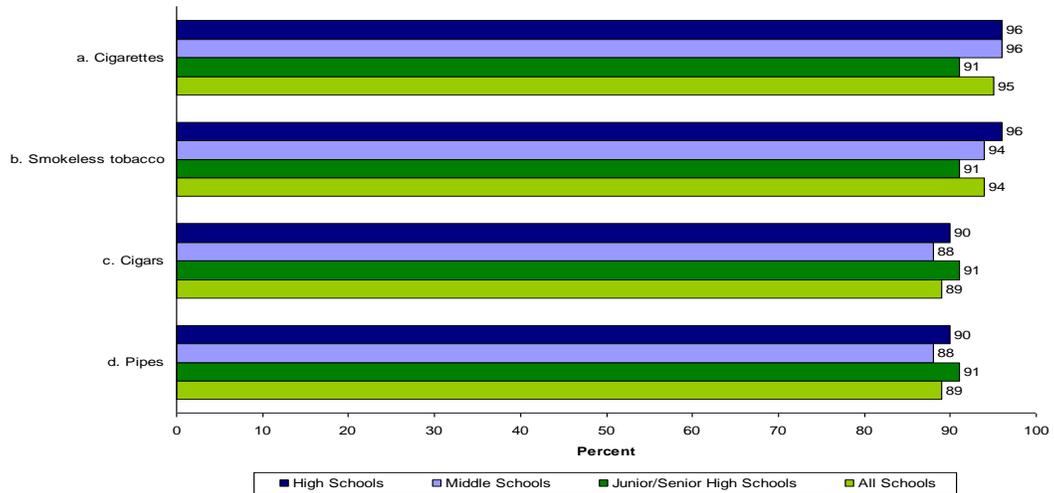
19 (Faculty/Staff). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for faculty/staff during any school-related activity.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

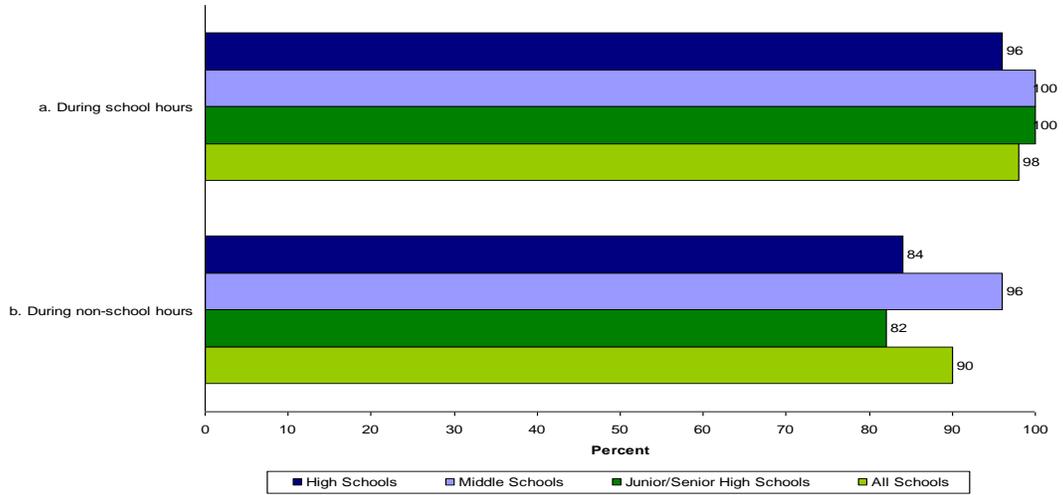
19 (Visitors). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for visitors during any school-related activity.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

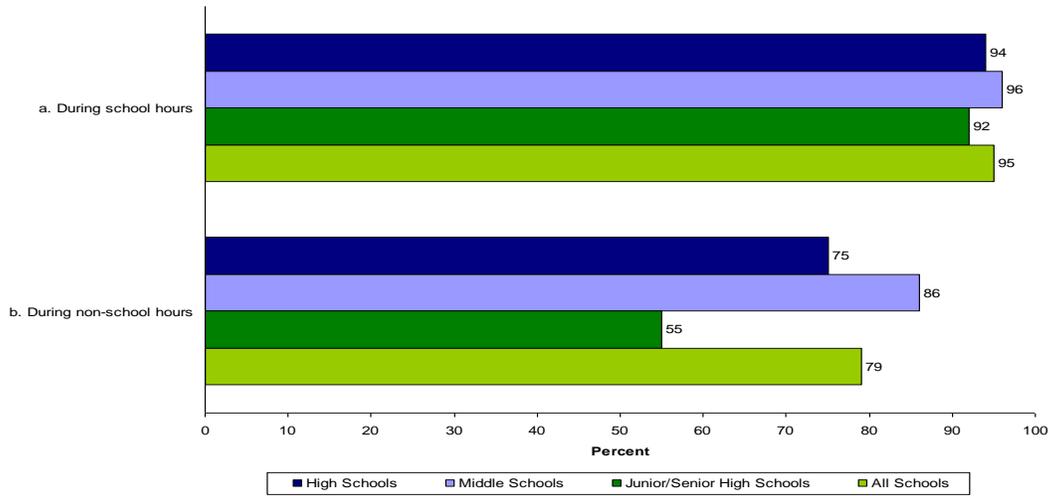
20 (Students). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for students.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

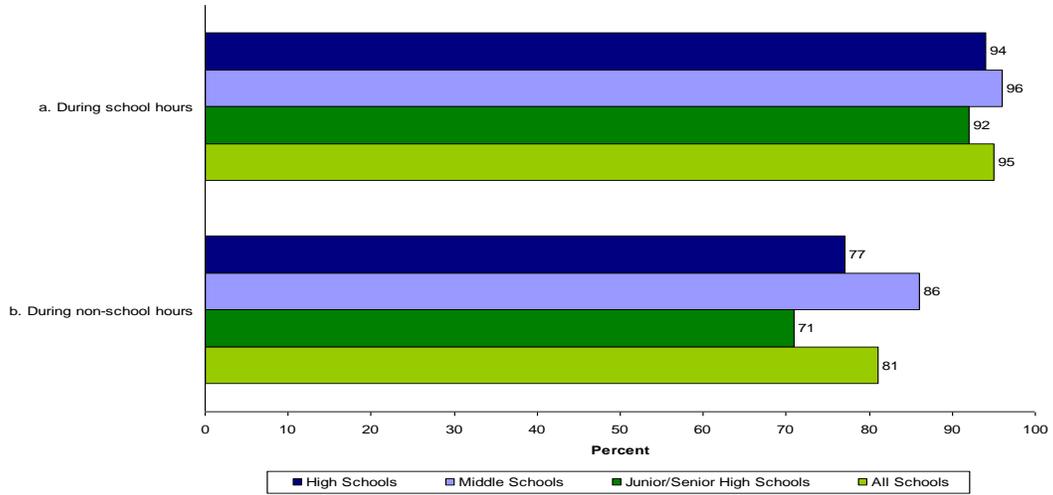
20 (Faculty/Staff). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for faculty/staff.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

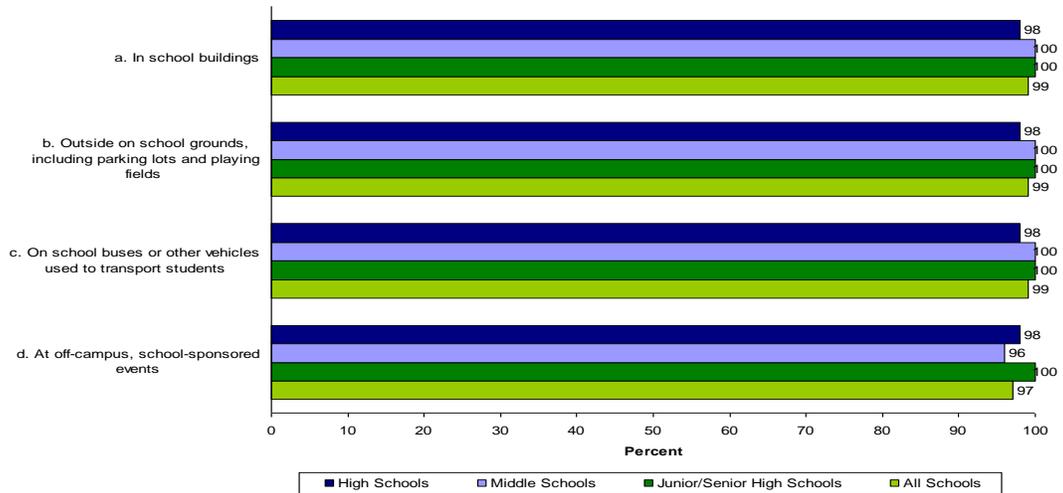
20 (Visitors). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for visitors.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

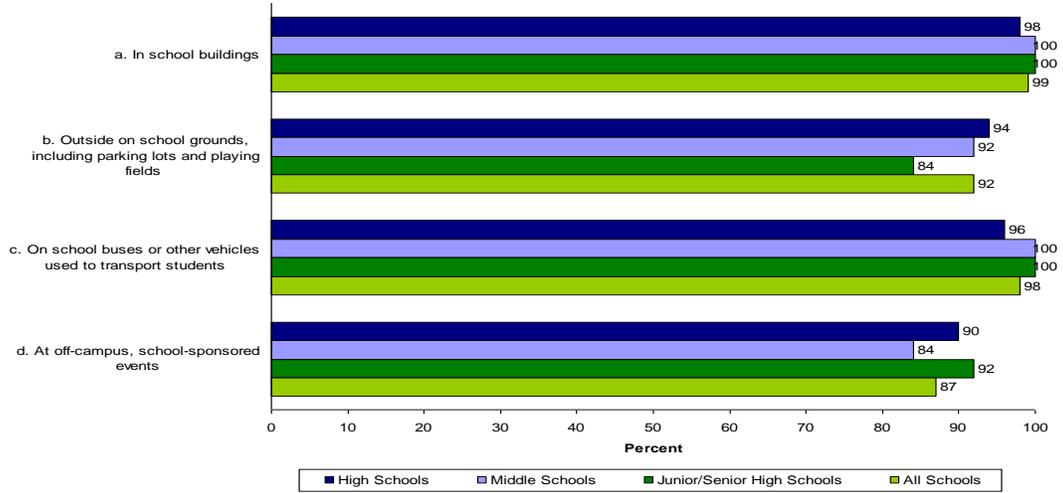
21 (Students). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for students.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

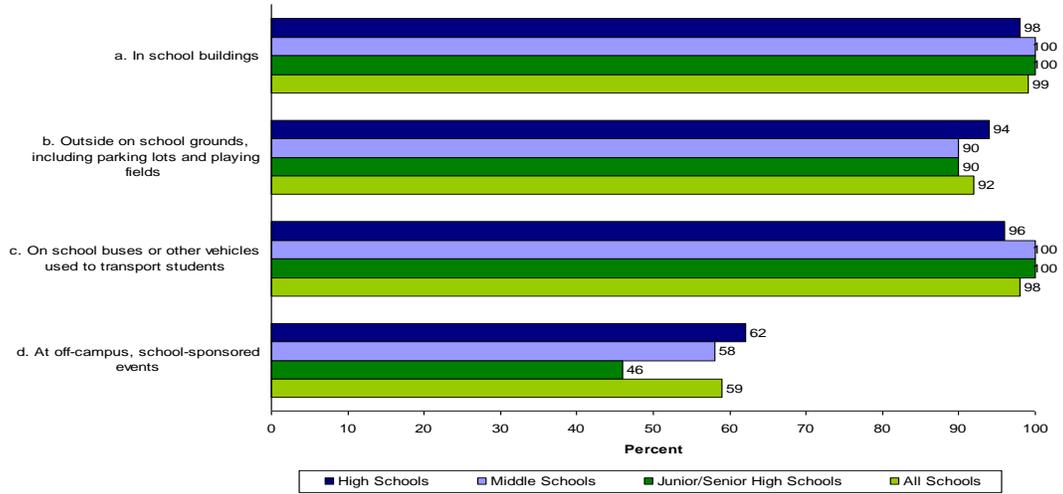
21 (Faculty/Staff). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for faculty/staff.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

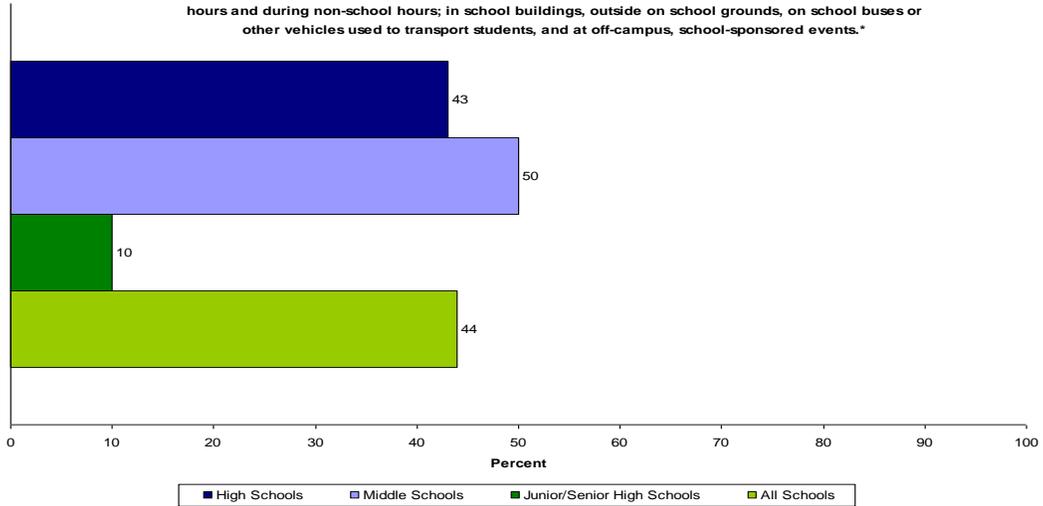
21 (Visitors). Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for visitors.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

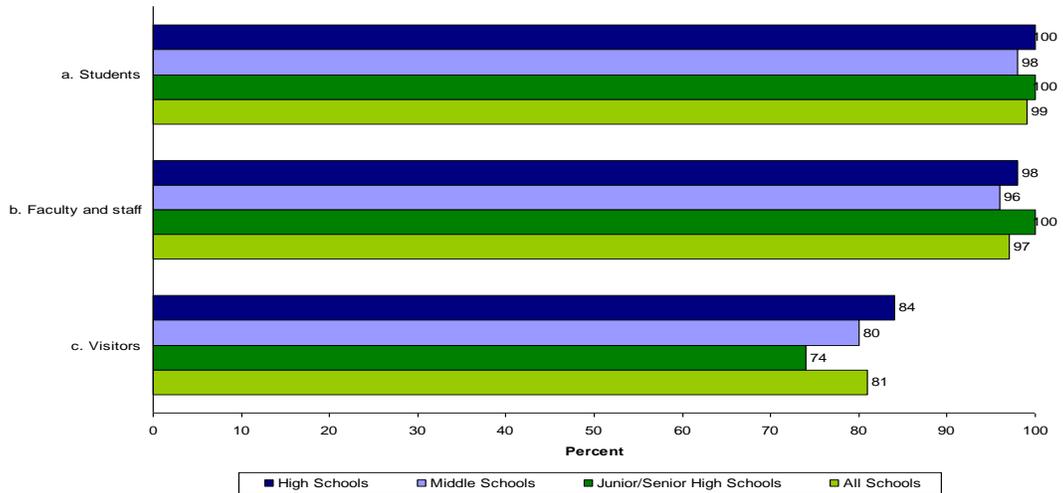
21N. Percentage of all schools that have a tobacco-use prevention policy that specifically prohibits use of cigarettes, smokeless tobacco, cigars, and pipes by students, faculty/staff, and visitors; during school hours and during non-school hours; in school buildings, outside on school grounds, on school buses or other vehicles used to transport students, and at off-campus, school-sponsored events.*



*Responses to question 19 (a, b, c, and d), question 20 (a and b), and question 21 (a, b, c, and d) are all "yes."
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

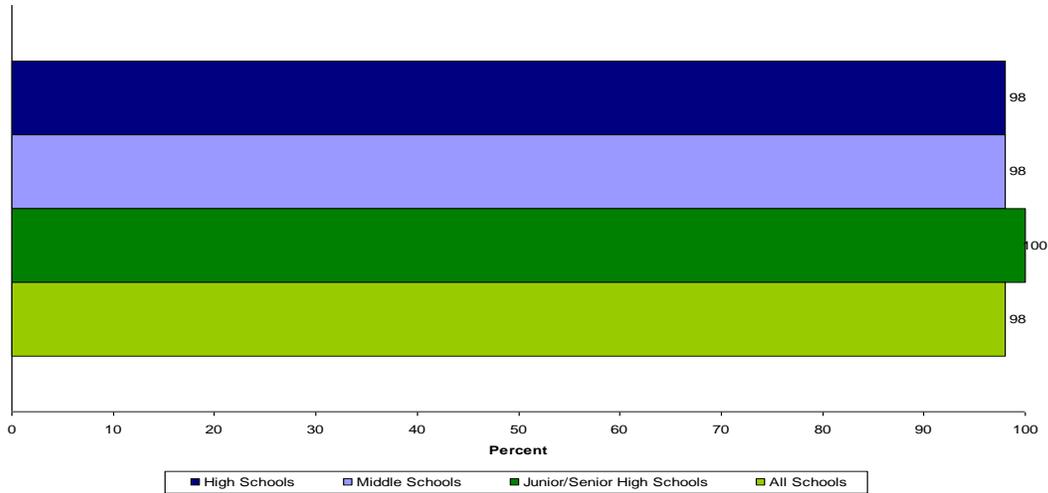
22. Percentage of schools that have procedures to inform each of the following groups about the tobacco-use prevention policy that prohibits their use of tobacco.*



*Among those schools that have adopted a policy prohibiting tobacco use.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

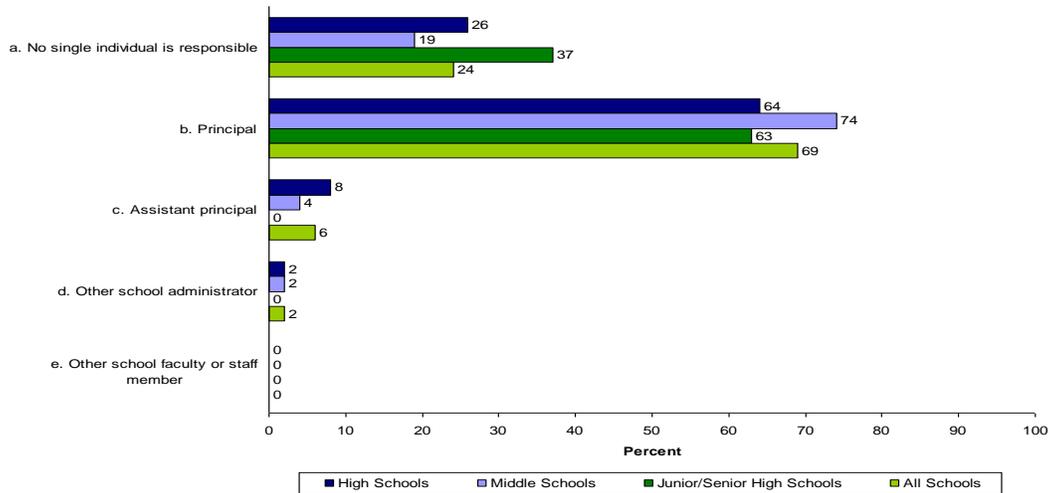
23. Percentage of schools that have a tobacco-use prevention policy that includes guidelines on what actions the school should take when students are caught smoking cigarettes.*



*Among those schools that have adopted a policy prohibiting tobacco use.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

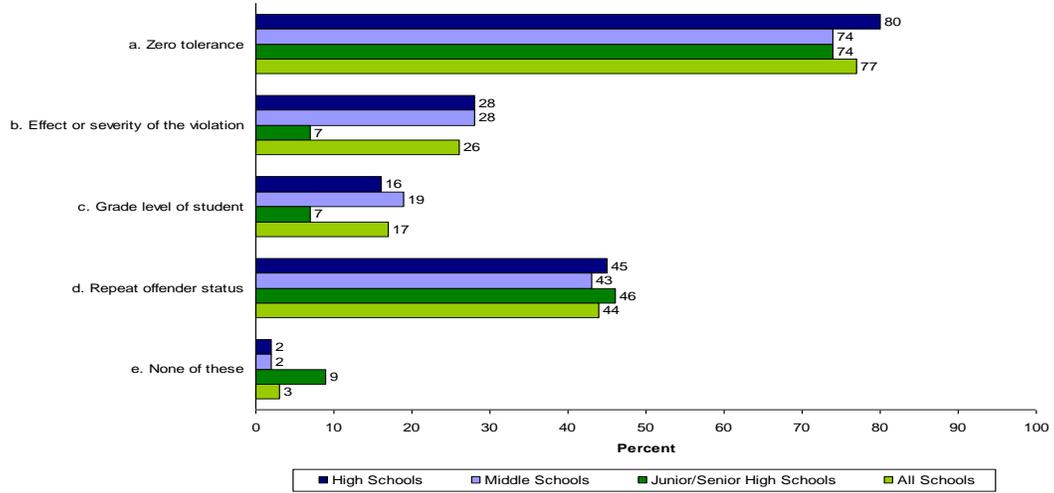
24. Percentage of schools in which the following person is responsible for enforcing the tobacco-use prevention policy.*



*Among those schools that have adopted a policy prohibiting tobacco use.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

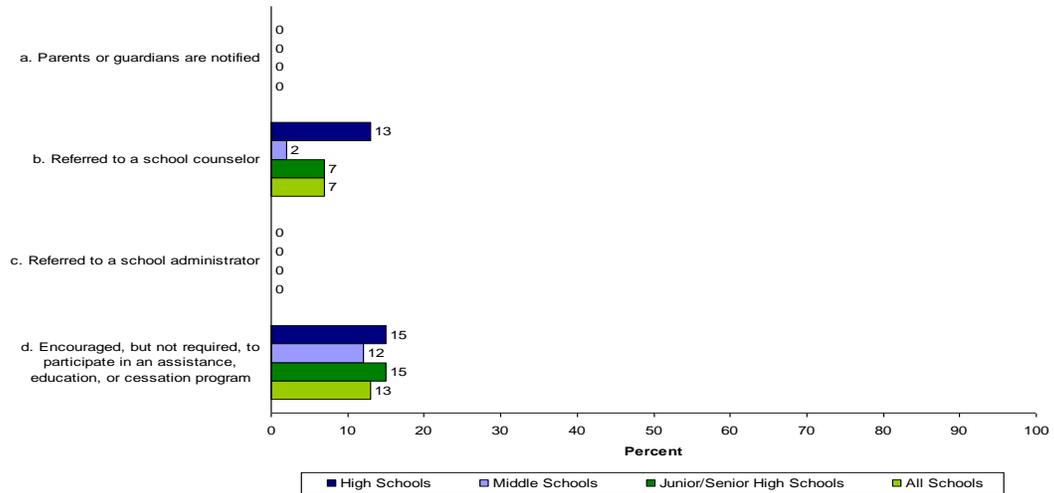
25. Percentage of schools in which the following help determine what actions are taken when students are caught smoking cigarettes.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

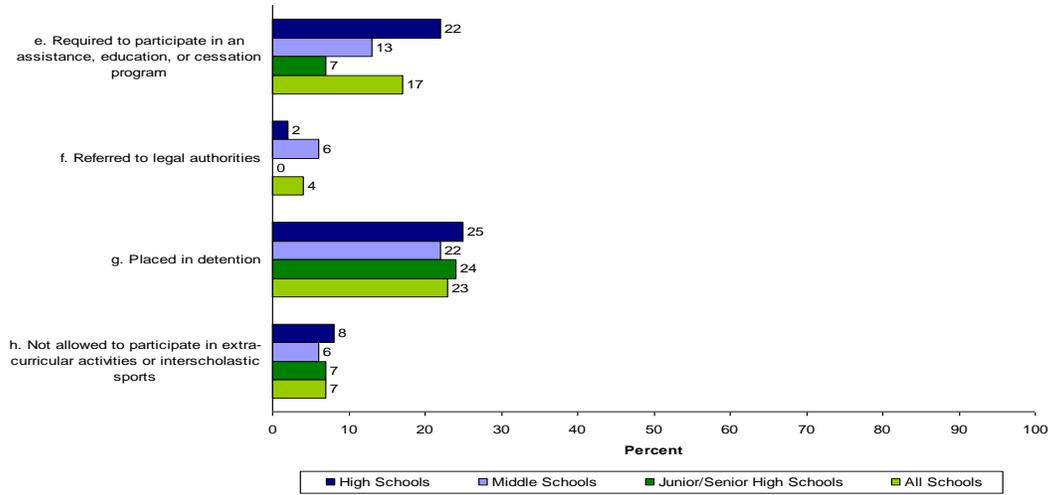
26 (Never). Percentage of schools that NEVER take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

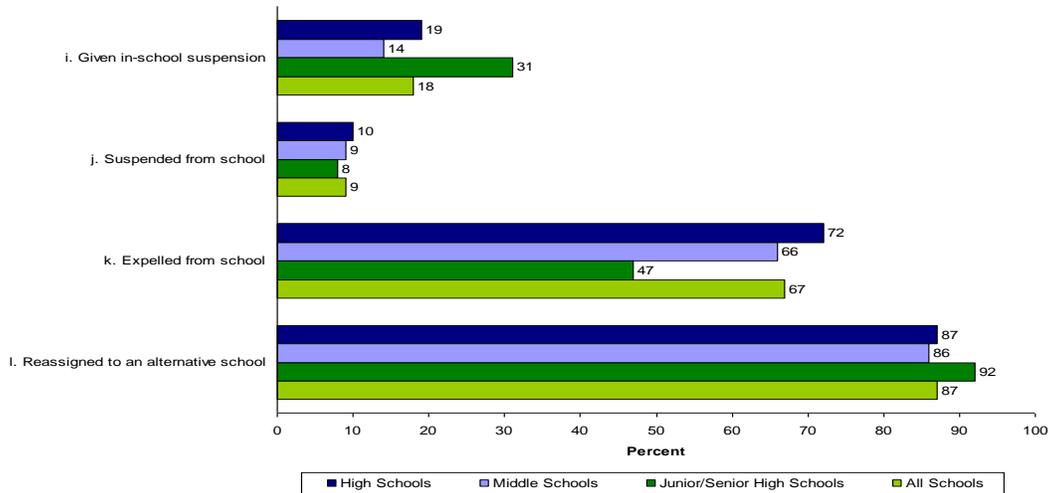
26 (Never). Percentage of schools that NEVER take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

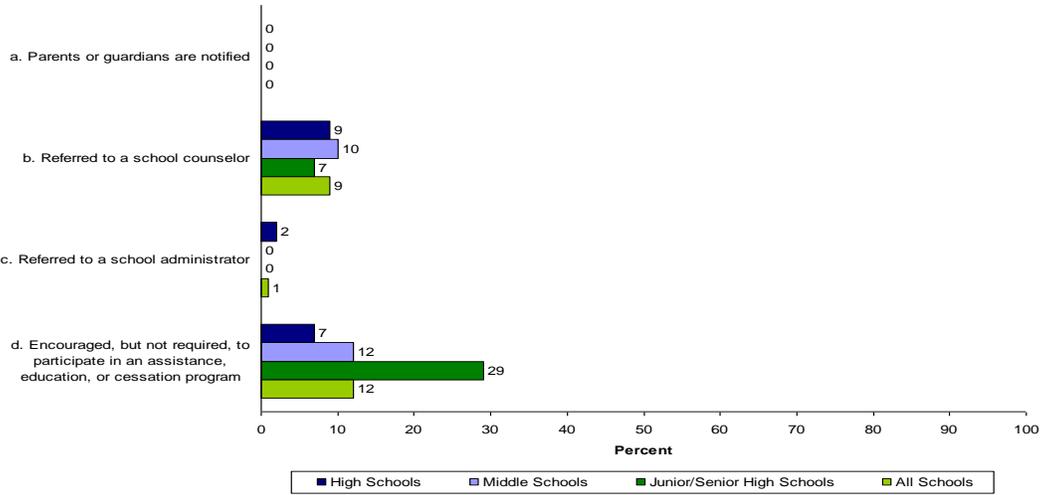
26 (Never). Percentage of schools that NEVER take the following actions when students are caught smoking cigarettes.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

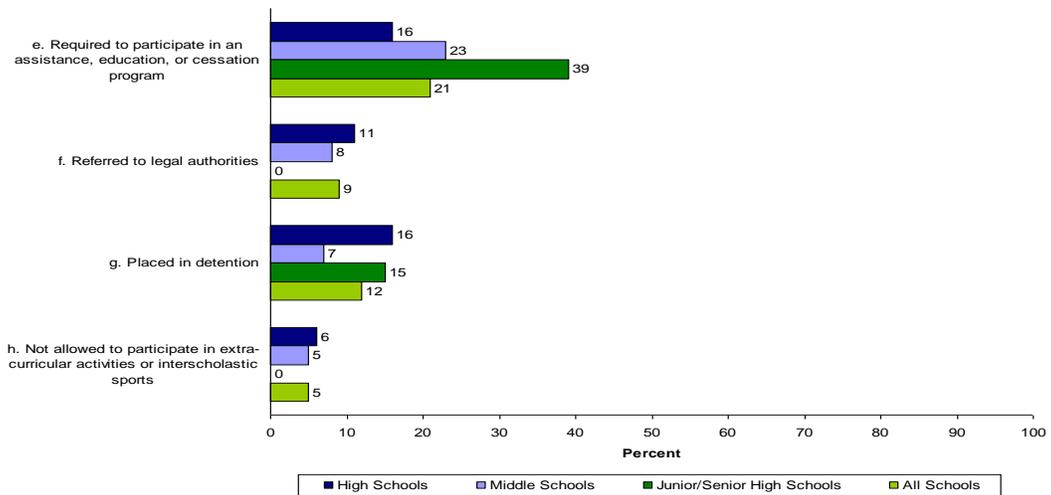
26 (Rarely). Percentage of schools that RARELY take the following actions when students are caught smoking cigarettes.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

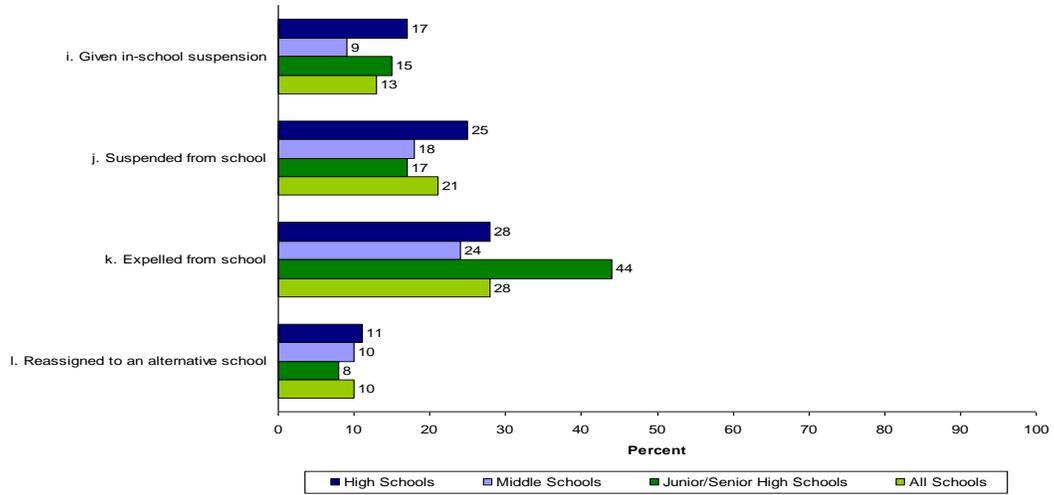
26 (Rarely). Percentage of schools that RARELY take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

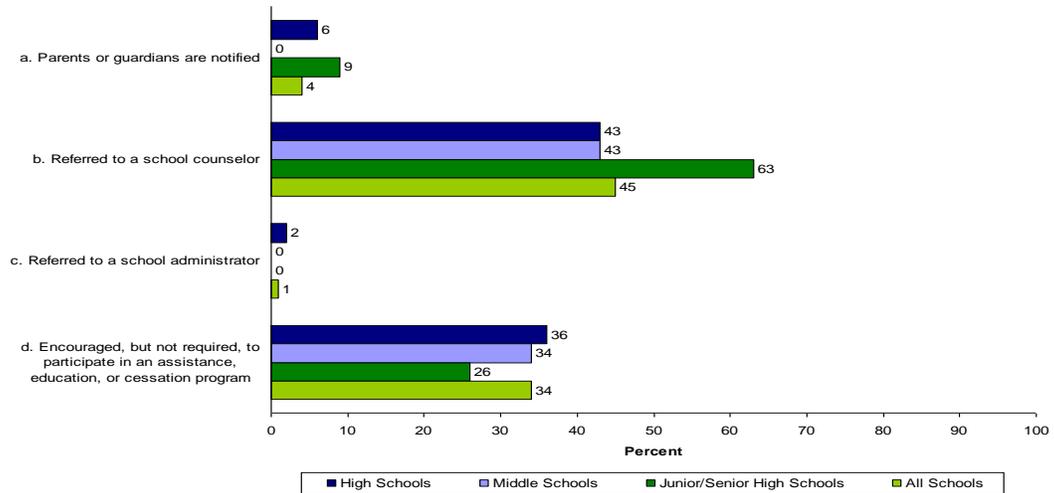
26 (Rarely). Percentage of schools that RARELY take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

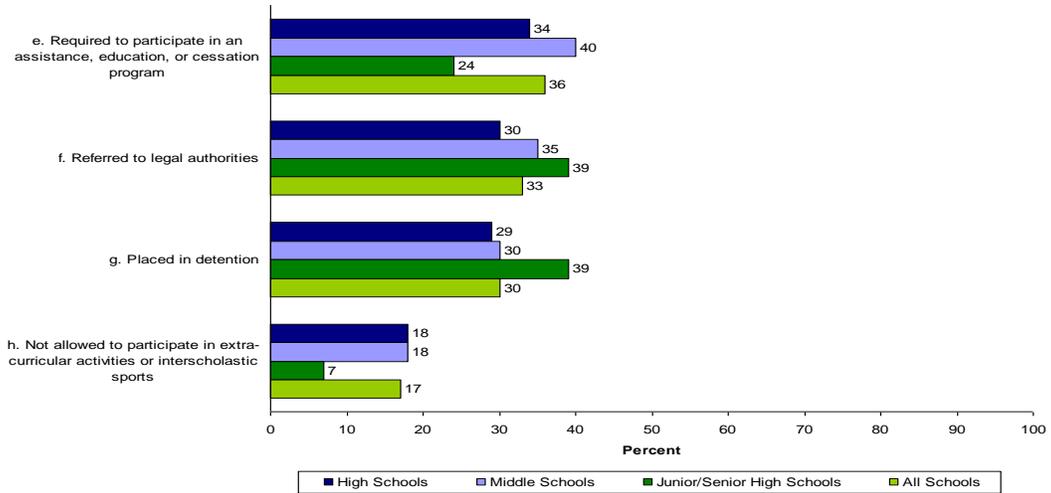
26 (Sometimes). Percentage of schools that SOMETIMES take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

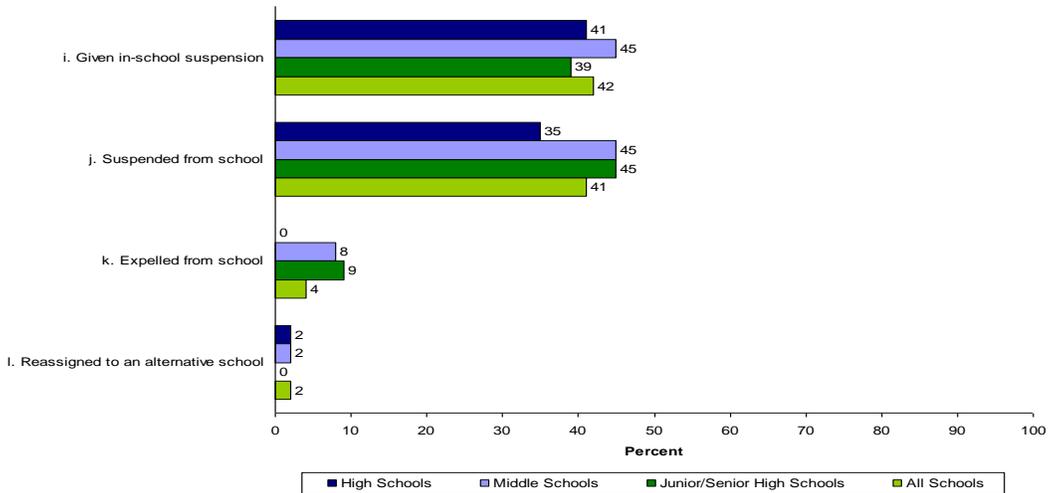
26 (Sometimes). Percentage of schools that SOMETIMES take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

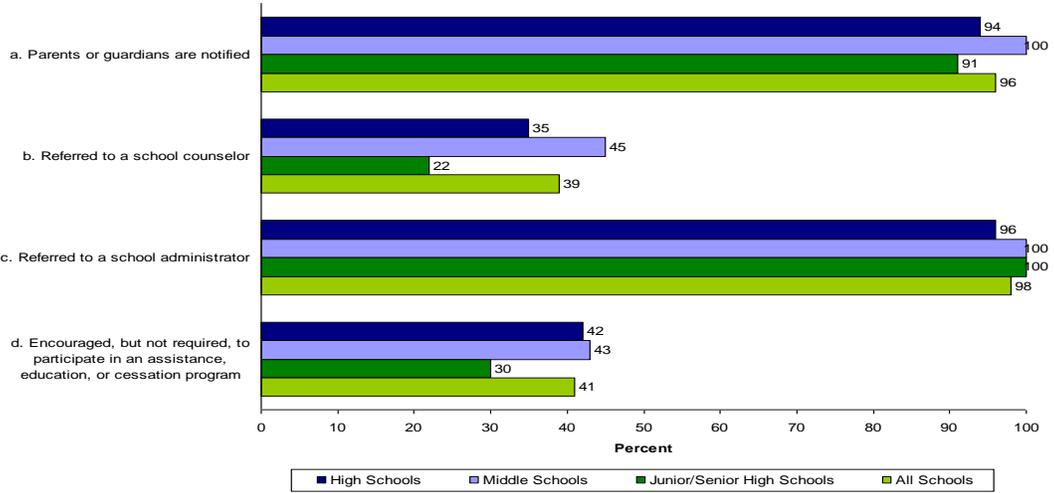
26 (Sometimes). Percentage of schools that SOMETIMES take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

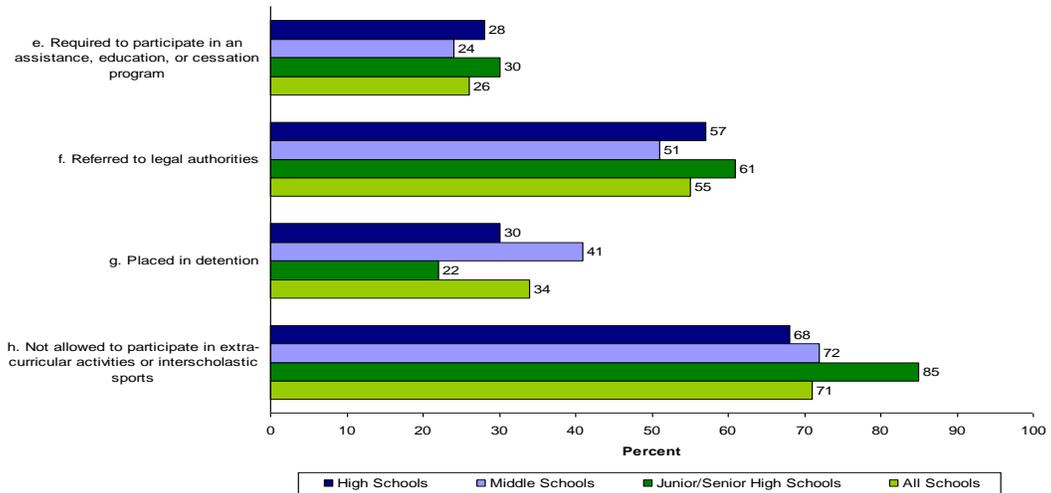
26 (Always). Percentage of schools that ALWAYS or ALMOST ALWAYS take the following actions when students are caught smoking cigarettes.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

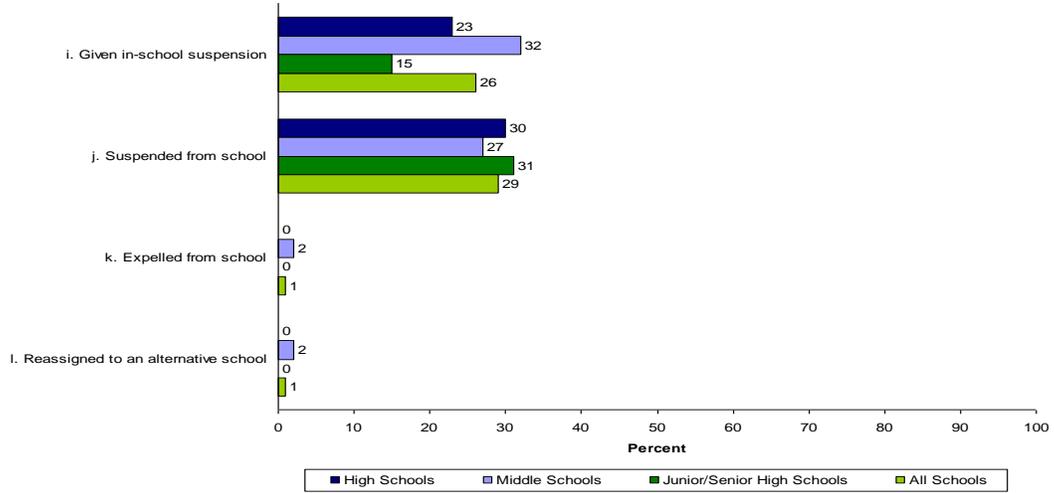
26 (Always). Percentage of schools that ALWAYS or ALMOST ALWAYS take the following actions when students are caught smoking cigarettes.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

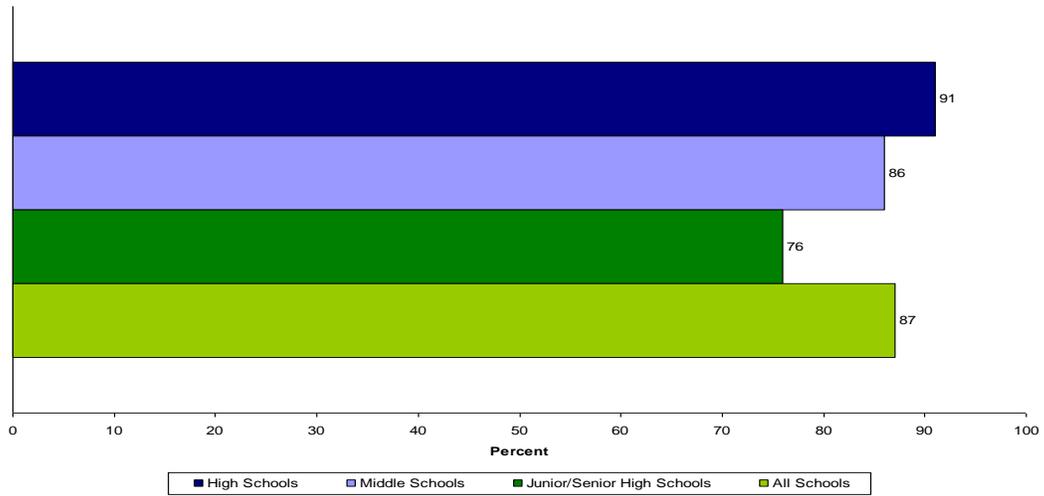
26 (Always). Percentage of schools that ALWAYS or ALMOST ALWAYS take the following actions when students are caught smoking cigarettes.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

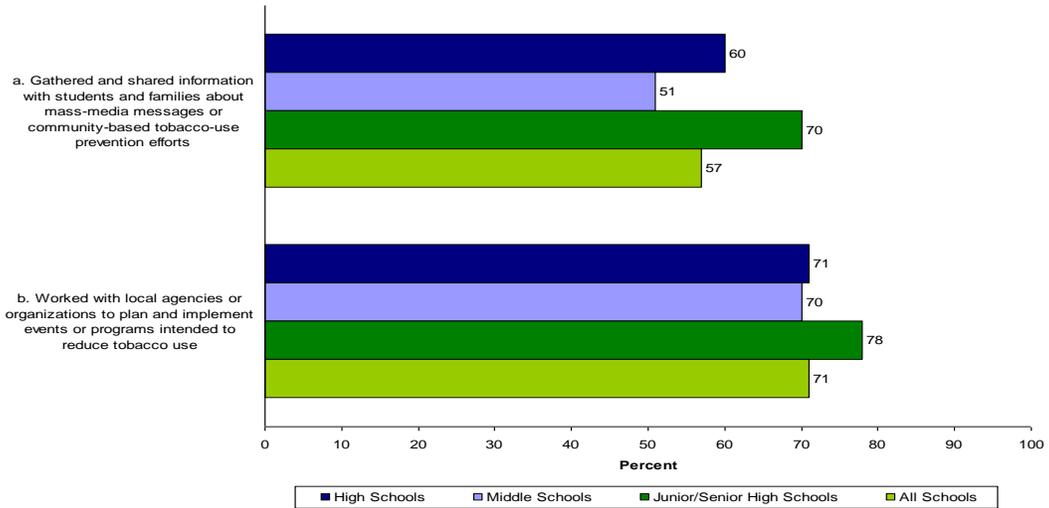
27. Percentage of schools that post signs marking a tobacco-free school zone, that is, a specified distance from school grounds where tobacco use is not allowed.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

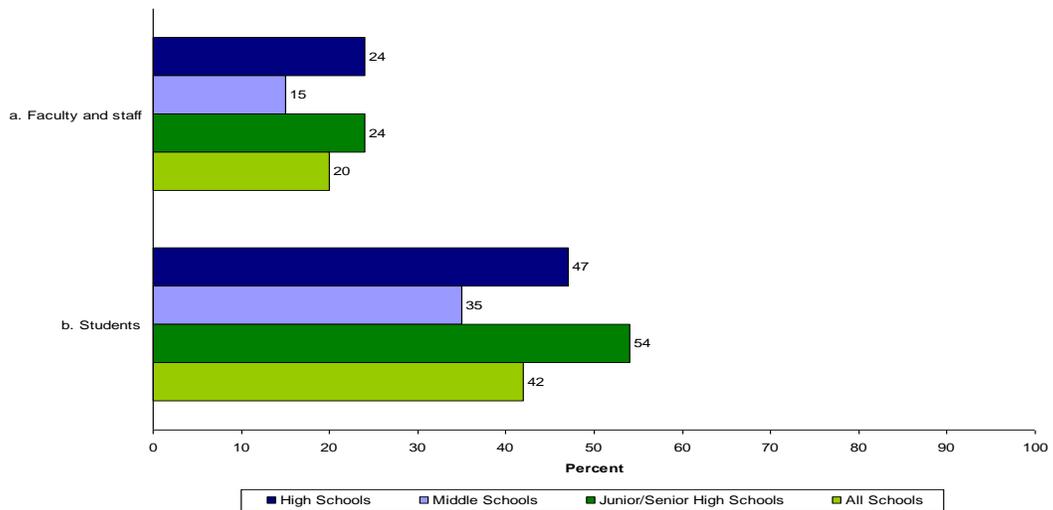
28. Percentage of schools that did the following activities during the past two years.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

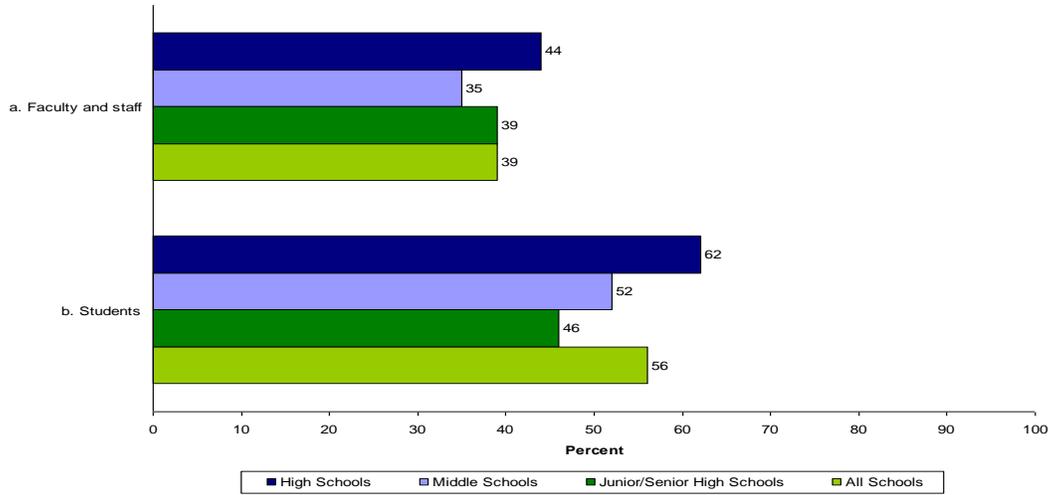
29. Percentage of schools that provide tobacco cessation services for each of the following groups.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

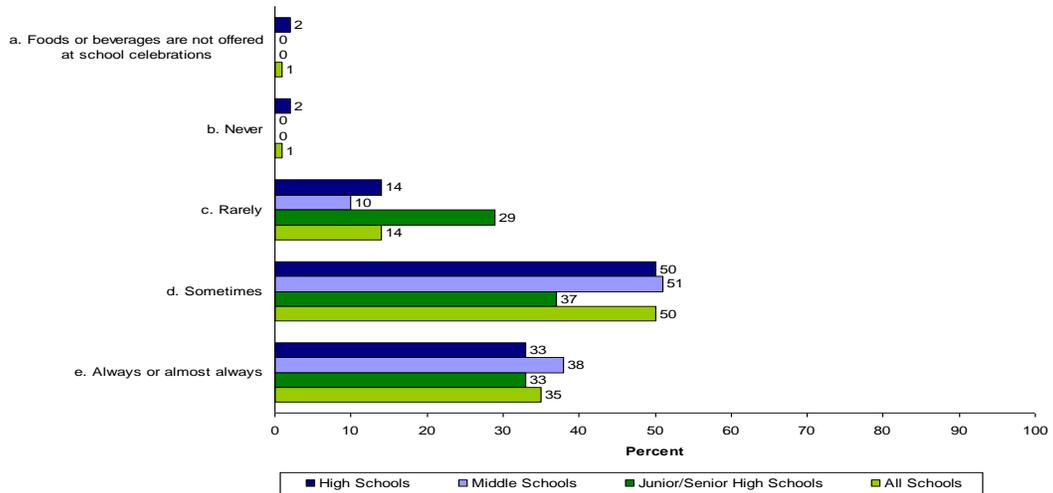
30. Percentage of schools that have arrangements with any organization or health care professionals not on school property to provide tobacco cessation services for each of the following groups.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

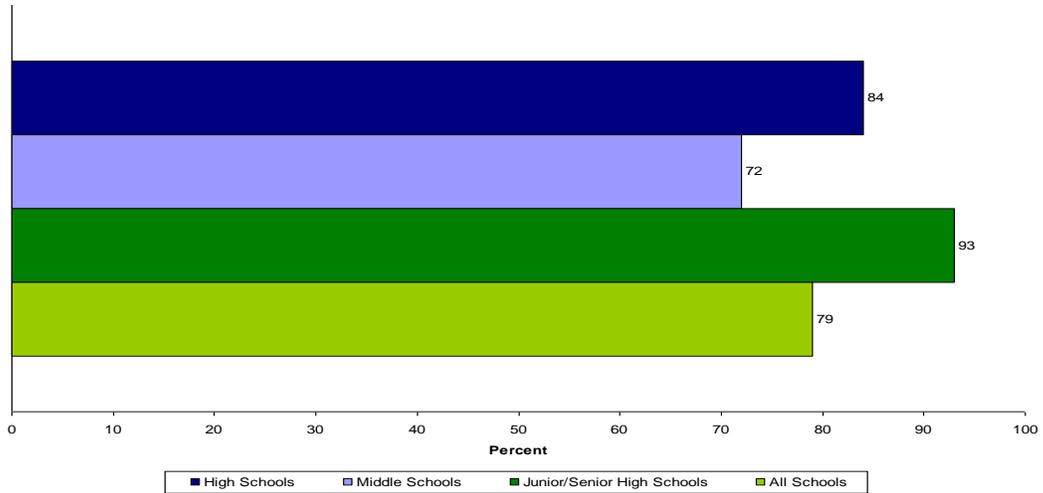
31. Percentage of schools that never, rarely, sometimes, or always or almost always offer fruit or non-fried vegetables at school celebrations when foods or beverages are offered.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

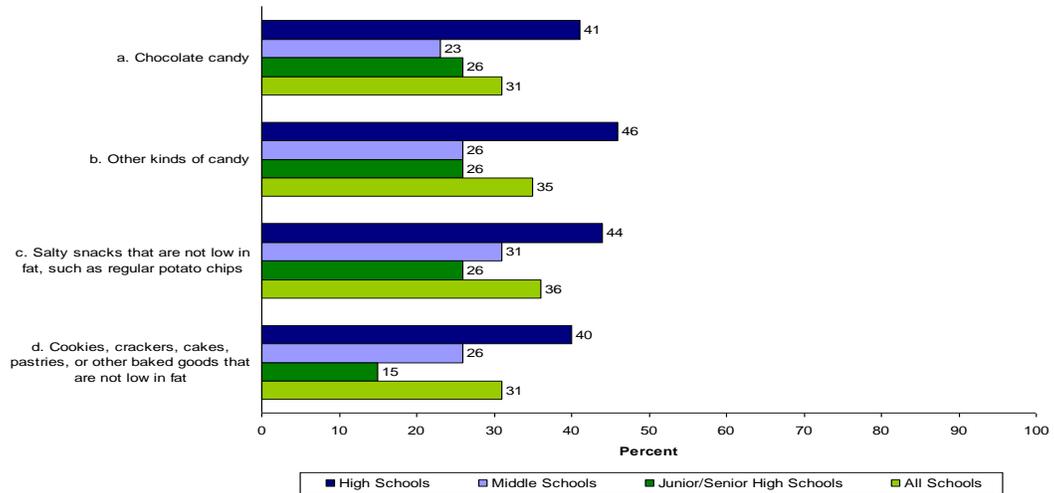
32. Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

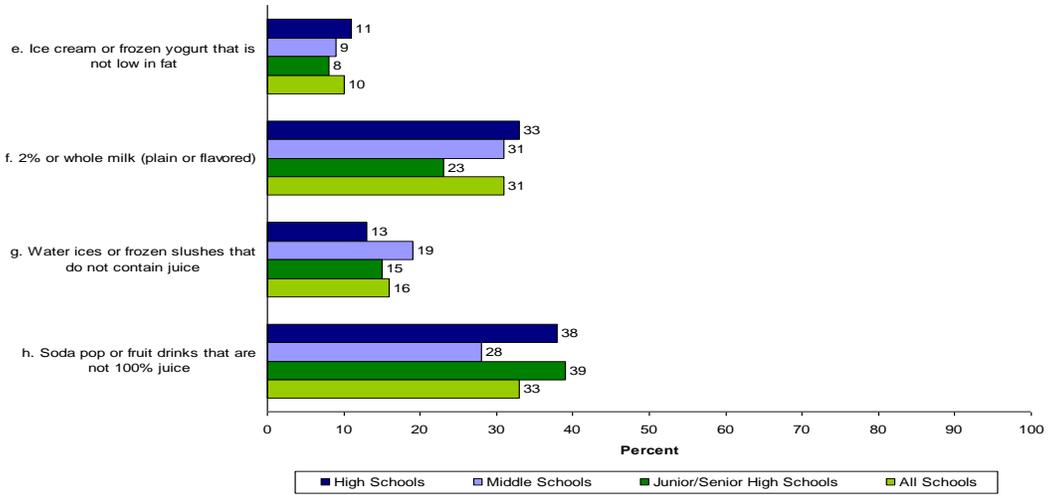
33. Percentage of all schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

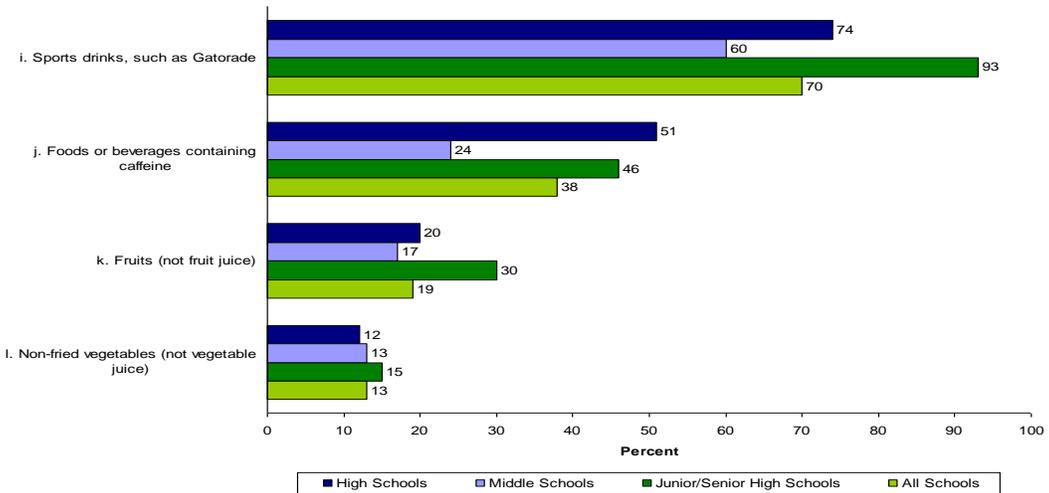
33. Percentage of all schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

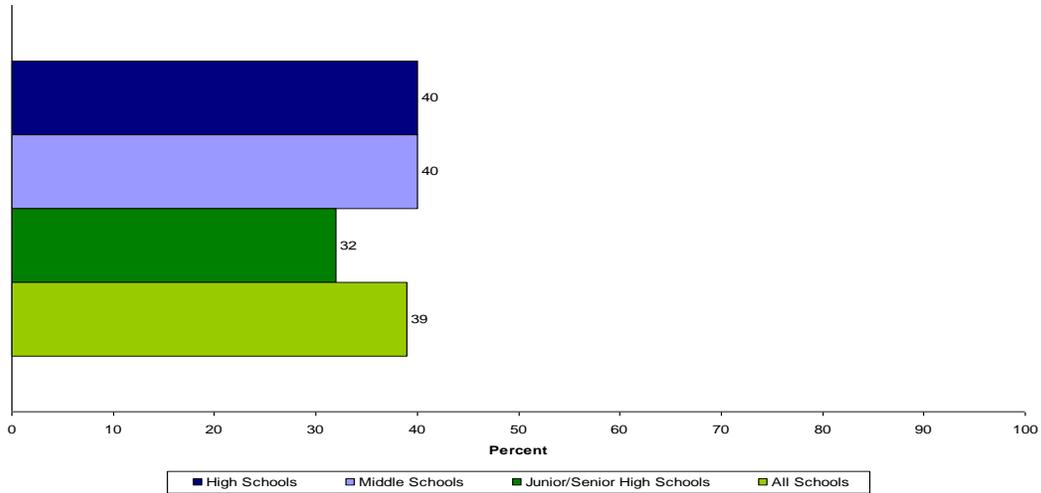
33. Percentage of all schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

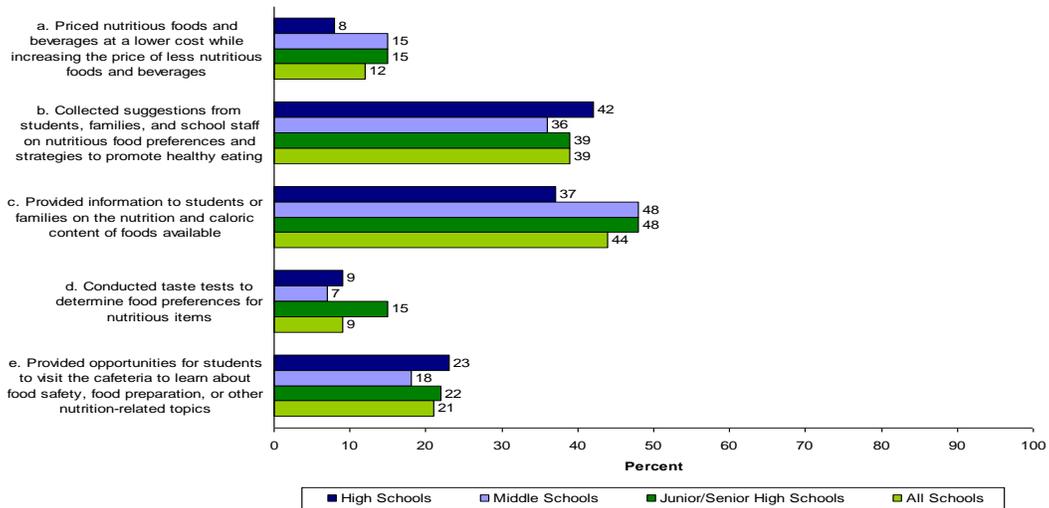
34. Percentage of all schools that limit the package or serving size of any individual food and beverage items sold in vending machines or at the school store, canteen, or snack bar.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

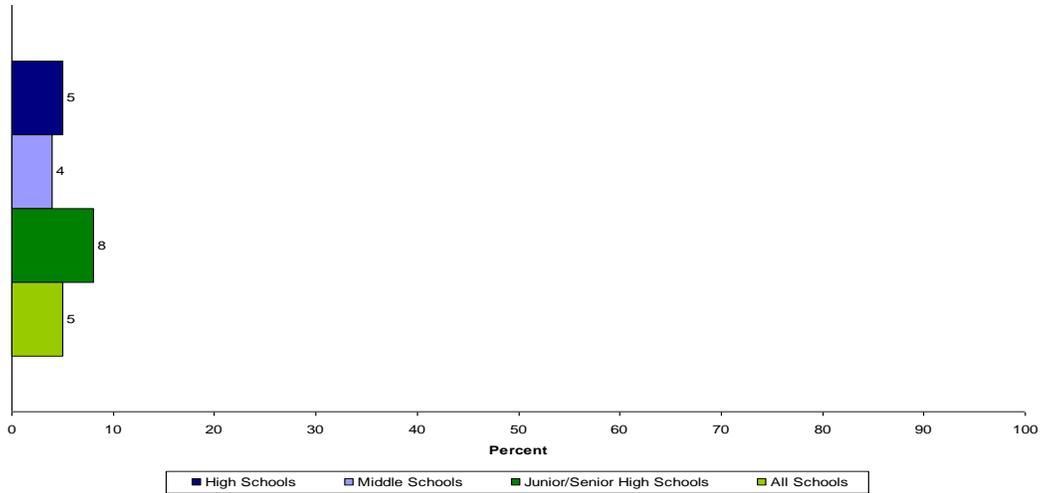
35. Percentage of schools that have done any of the following activities during this school year.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

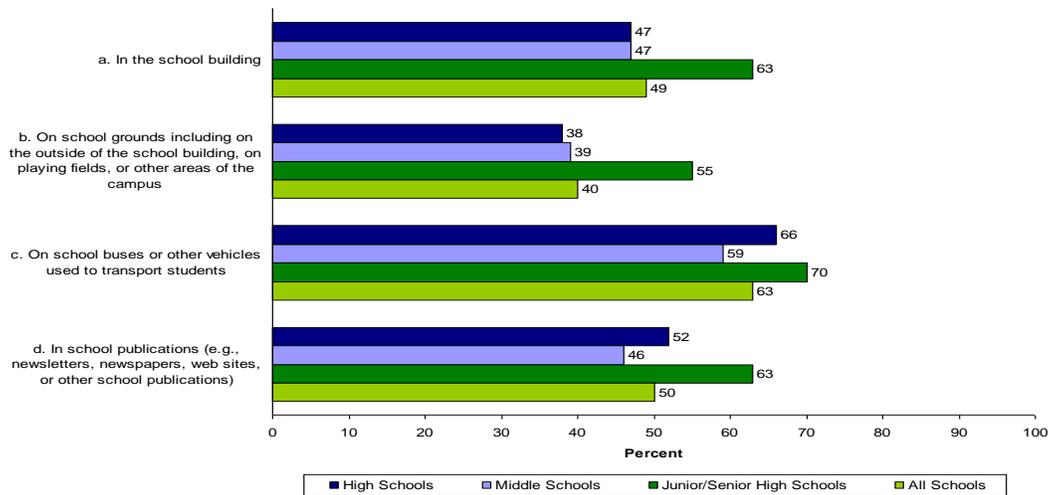
36. Percentage of schools that promote candy, meals from fast food restaurants, or soft drinks to students through the distribution of products, such as t-shirts, hats, and book covers.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

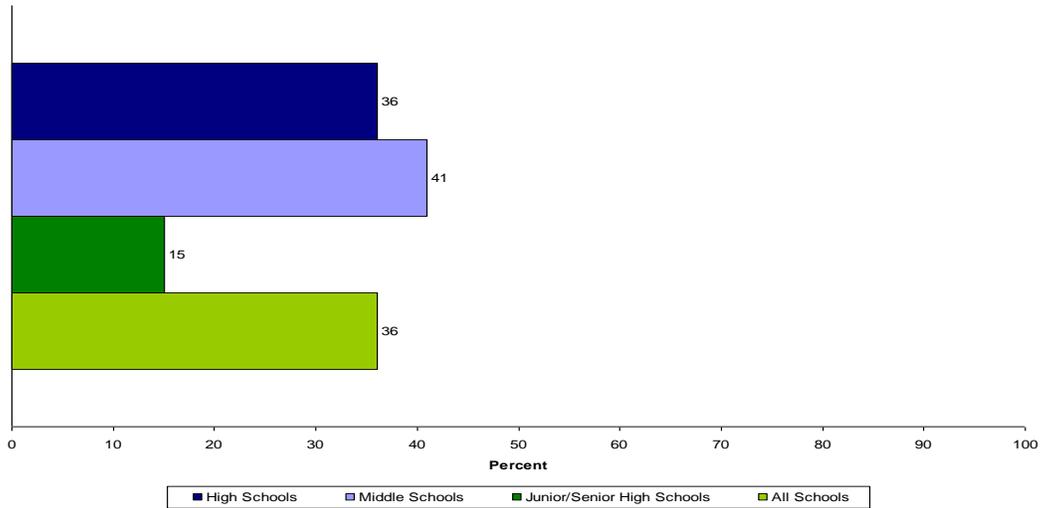
37. Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

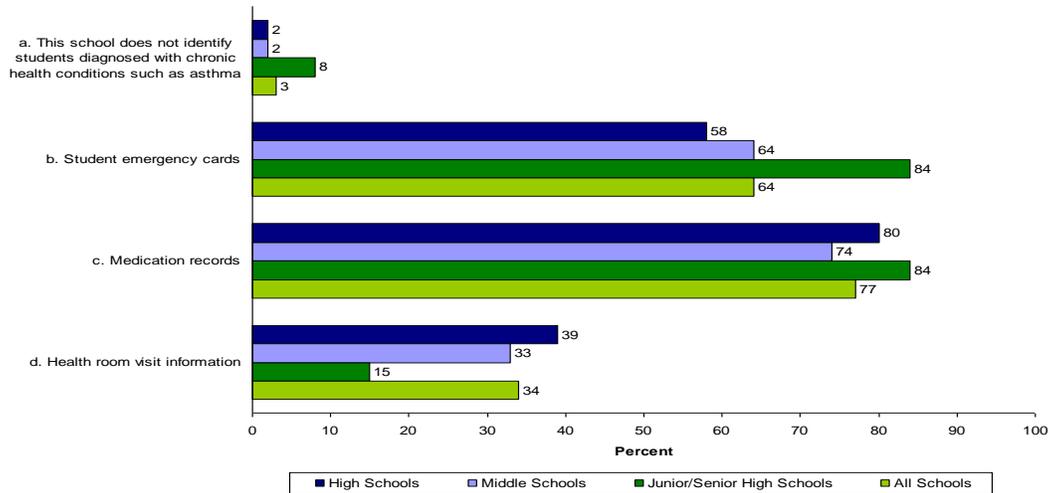
38. Percentage of schools that have a full-time registered nurse who provides health services to students.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

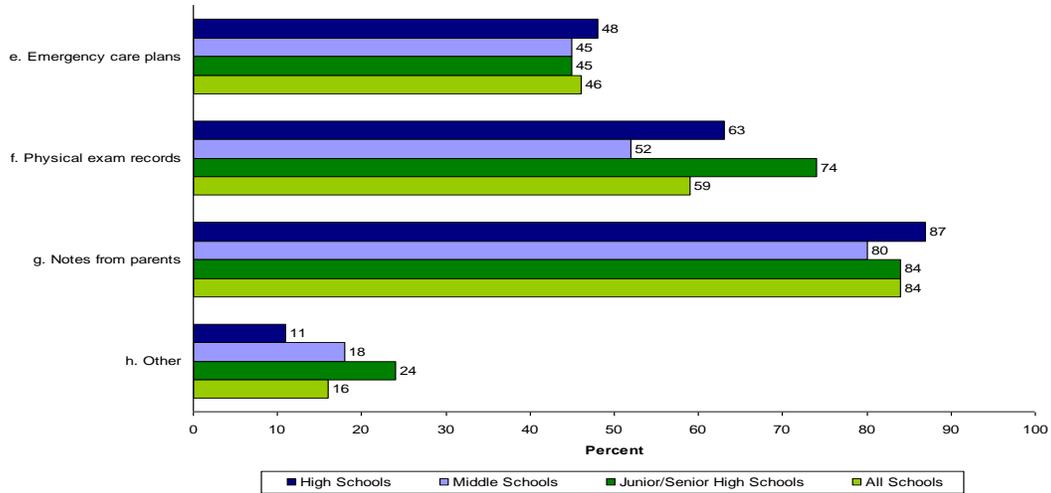
39. Percentage of schools in which each of the following sources of school health information are used to identify students diagnosed with chronic health conditions such as asthma.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

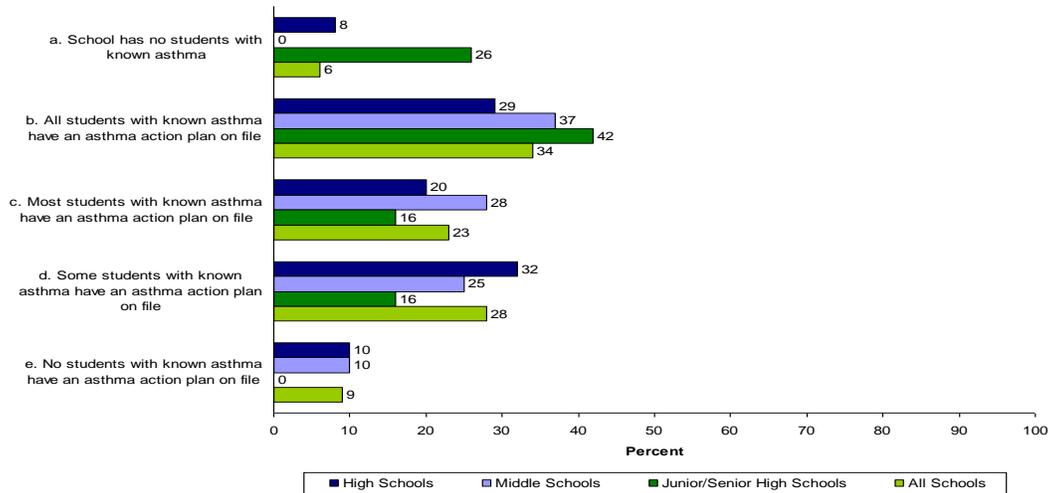
39. Percentage of schools in which each of the following sources of school health information are used to identify students diagnosed with chronic health conditions such as asthma.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results**

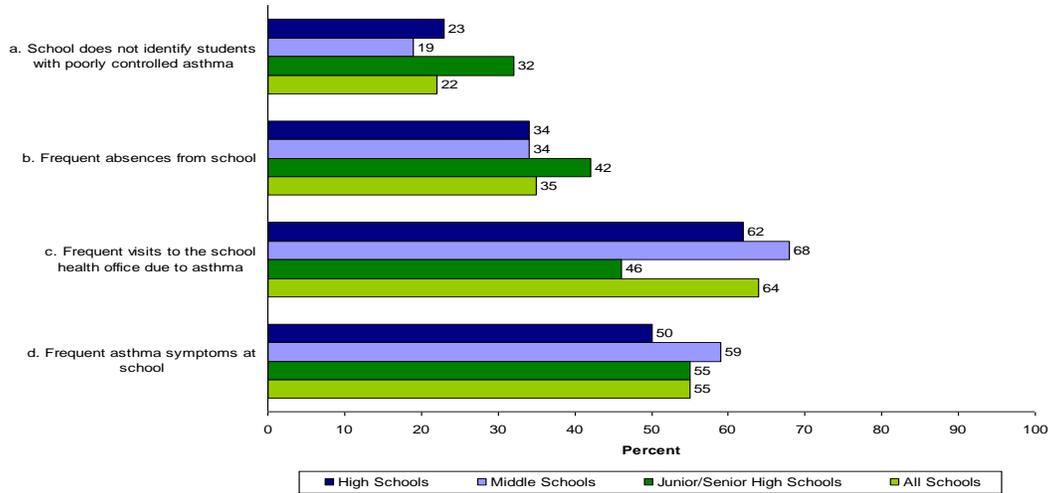
40. Percentage of schools that have an asthma action plan on file for all, most, some, or no students with known asthma.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

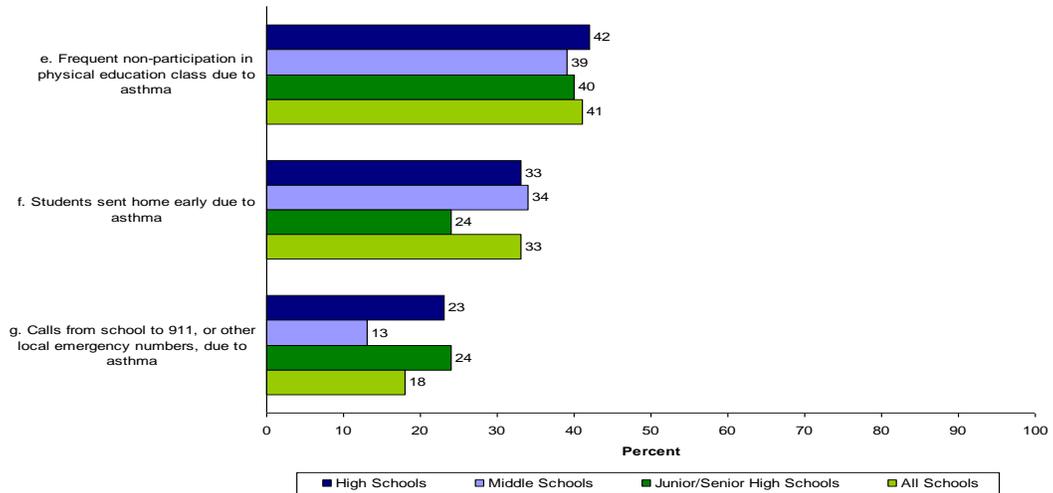
41. Percentage of schools that use each of the following types of information to identify students with poorly controlled asthma.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

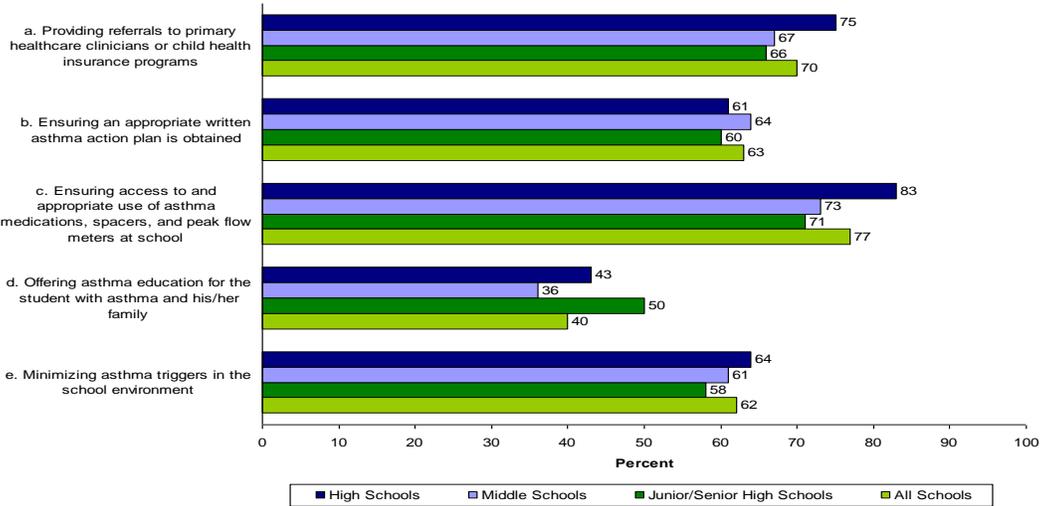
41. Percentage of schools that use each of the following types of information to identify students with poorly controlled asthma.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

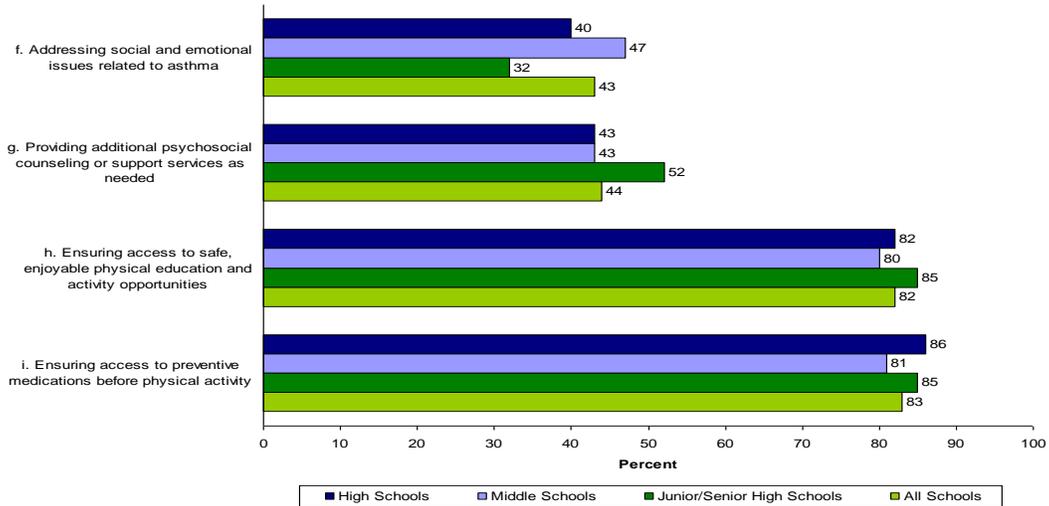
42. Percentage of schools that provide each of the following services for students with poorly controlled asthma.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

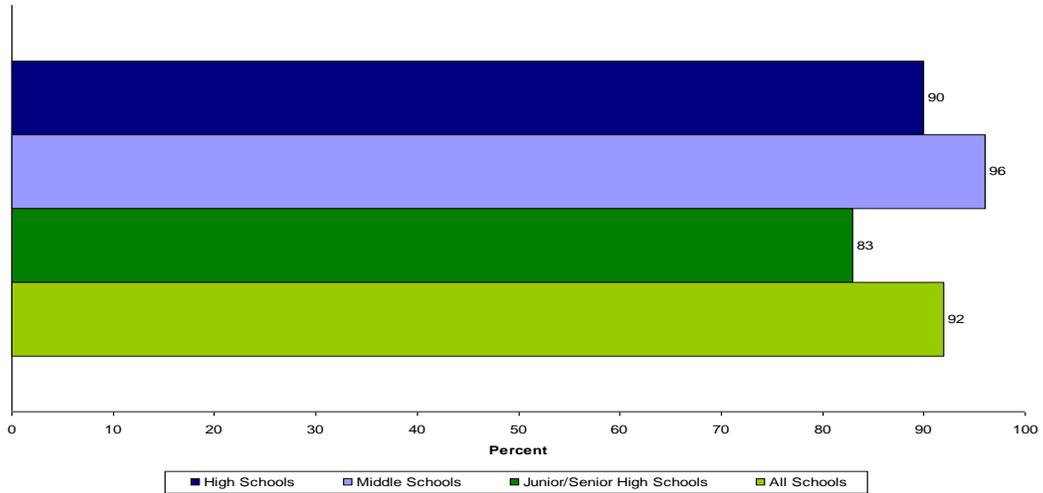
42. Percentage of schools that provide each of the following services for students with poorly controlled asthma.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

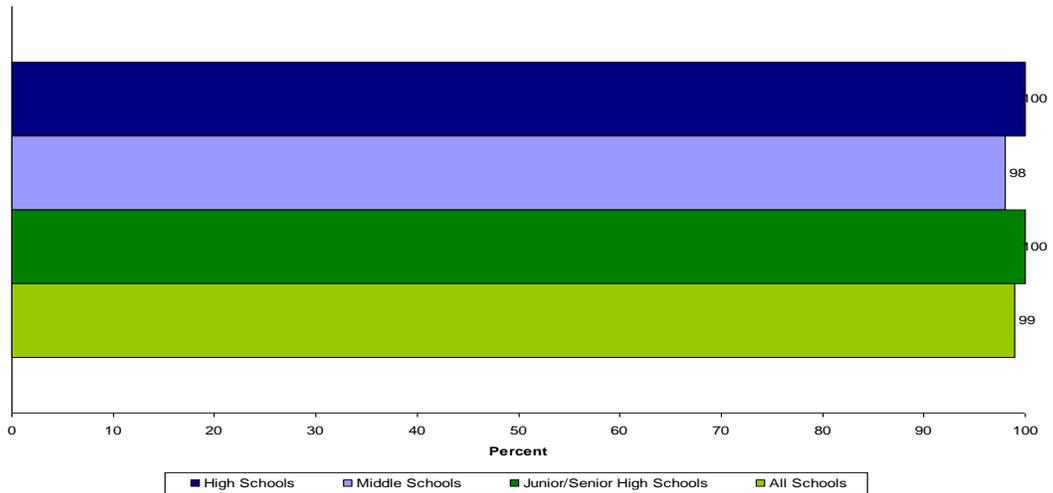
43. Percentage of schools that have a designated and secure storage location for medications, including quick-relief asthma medications.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

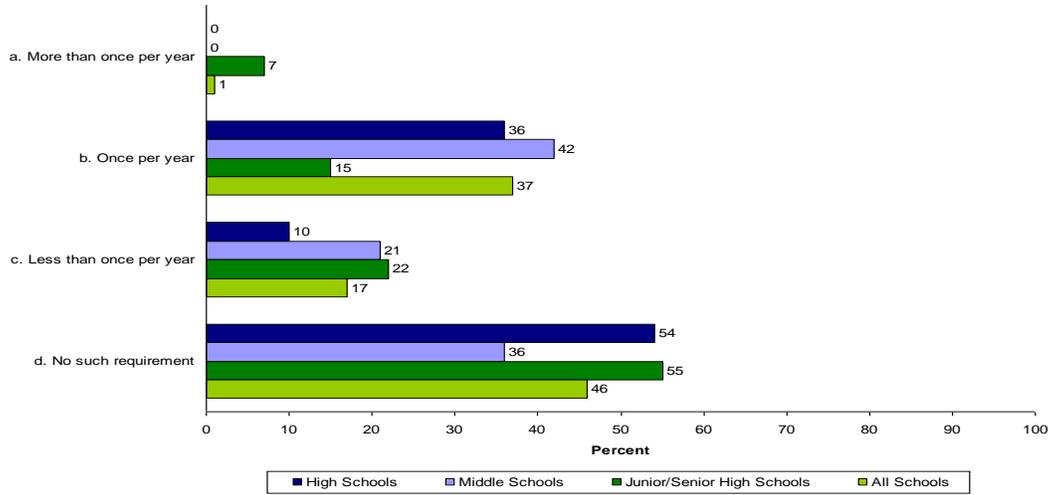
44. Percentage of schools with a designated and secure storage location for medications that is accessible at all times by the school nurse or her designee.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

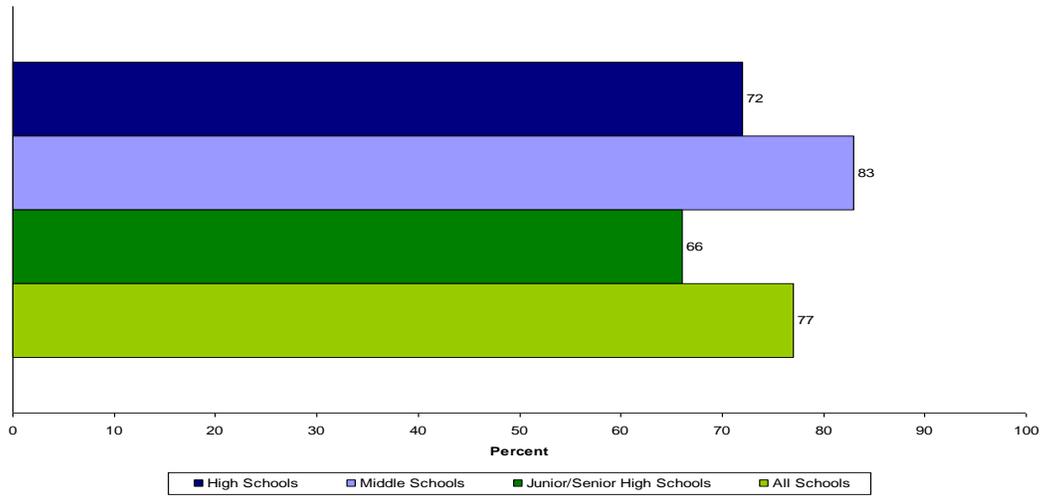
45. Percentage of schools in which school staff members are required to receive training on recognizing and responding to severe asthma symptoms more than once per year, once per year, or less than once per year.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

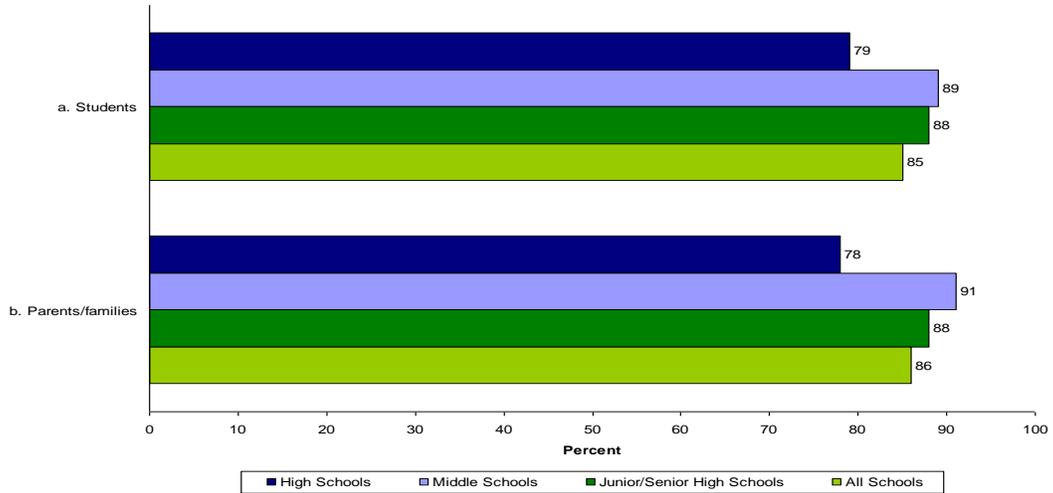
46. Percentage of schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

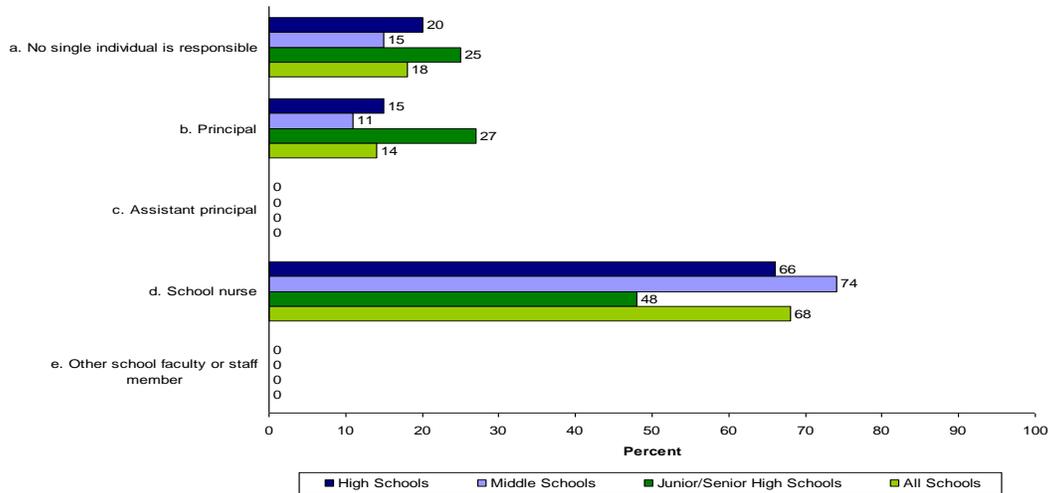
47. Percentage of schools that have procedures to inform each of the following groups about the policy permitting students to carry and self-administer asthma medications.*



*Among schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

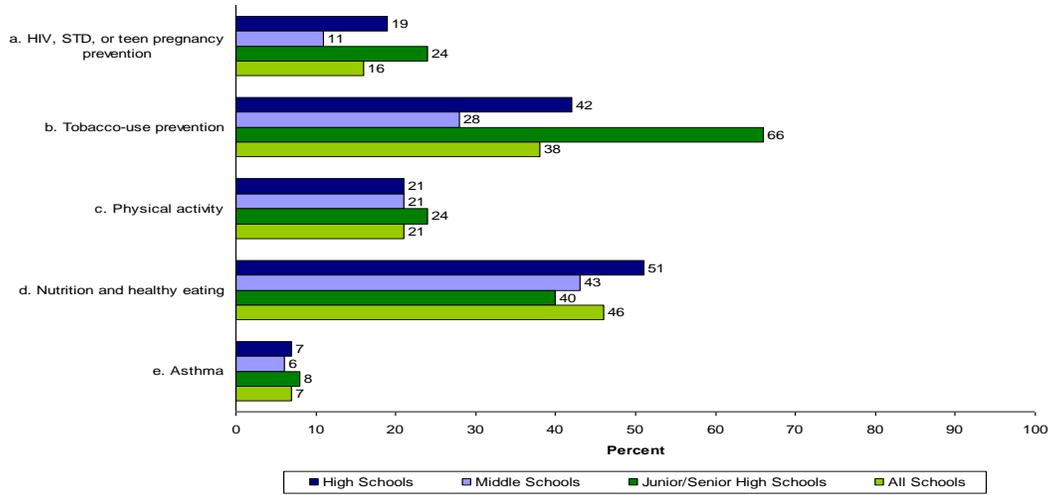
48. Percentage of schools that have the following person responsible for implementing the policy permitting students to carry and self-administer asthma medication.*



*Among schools that have adopted a policy stating that students are permitted to carry and self-administer asthma medications.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

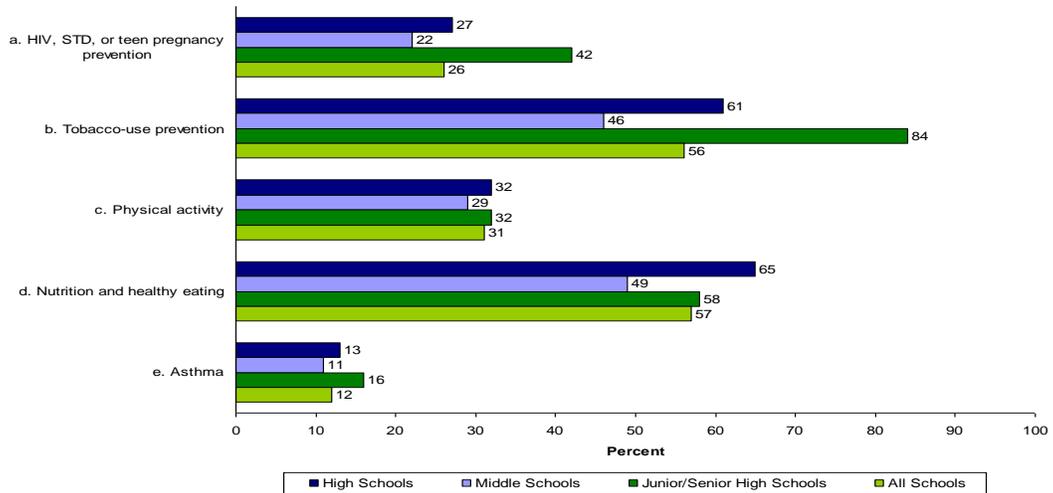
49. Percentage of schools in which students' families helped develop or implement policies and programs related to the following topics during the past two years.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Principal Survey Results

50. Percentage of schools in which community members helped develop or implement policies and programs related to the following topics during the past two years.



NA=Not available

Resources:

Wyoming Department of Education

<http://www.k12.wy.us/>

National Center for Chronic Disease Prevention and Health Promotion

<http://www.cdc.gov/nccdphp/>

Action for Health Kids

<http://www.actionforhealthykids.org/index.php>

Afterschool Alliance

<http://www.afterschoolalliance.org/home.html>

U.S. Department of Health and Human Services and SAMHSA's National Clearinghouse for Alcohol and Drug Information

<http://ncadi.samhsa.gov/default.aspx>

Learn and Serve America

<http://www.learnandserve.gov/>

National Institute on Out-of-School Time

<http://www.niost.org/>

Wyoming 21st Century Community Learning Centers

<http://www.k12.wy.us/HS/21sig.asp>

Wyoming Department of Health

<http://wdh.state.wy.us/>

Western Dairy Council

<http://www.wdairyCouncil.com/>

Team Nutrition

<http://www.fns.usda.gov/tn/>

Centers for Disease Control and Prevention

<http://www.cdc.gov/>

National Center for Chronic Disease Prevention and Health Promotion, Healthy Youth Data and Statistics: Youth Risk Behavior Surveillance System

<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

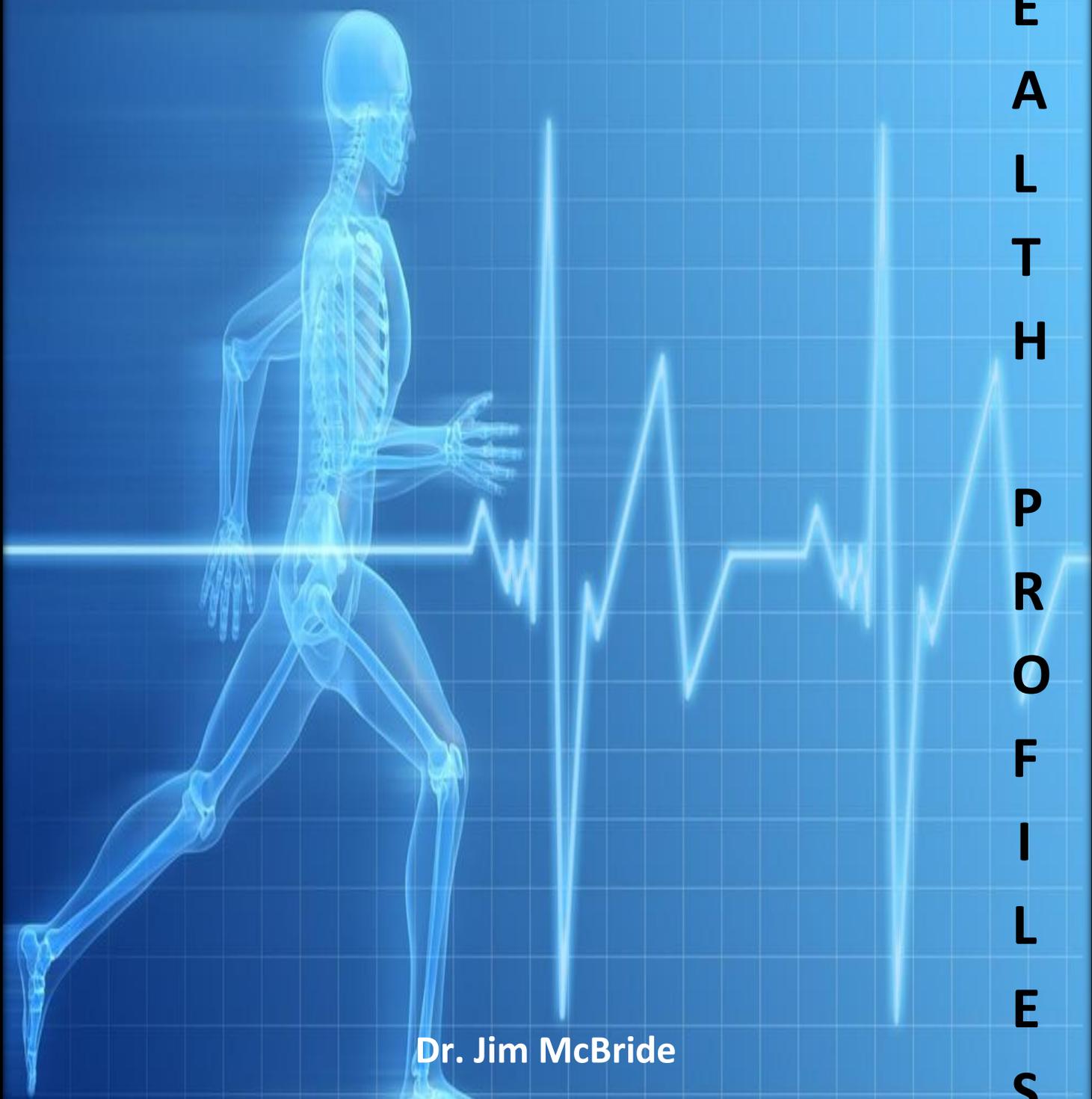
Division of Adolescent and School Health

<http://www.cdc.gov/HealthyYouth/>

2008 Lead Health Education Teacher Results

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Dr. Jim McBride

Superintendent of Public Instruction

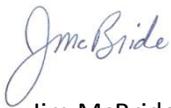
Wyoming Department of Education

October 10, 2008

Dear Youth Advocates:

It is evident that if students are to master Wyoming academic standards and reach their full potential as productive citizens, we must work to reduce risk behaviors and help students make positive life choices. Schools and government agencies cannot resolve these problems alone. To bring about a meaningful and lasting change, parents, communities, schools and local/state governments must form partnerships and work together for our youth. It is my hope that the information contained in this report will be useful in planning a healthy future for Wyoming.

Sincerely,



Jim McBride, Ed.D.
Superintendent of Public Instruction



Wyoming Department of Education
2300 Capitol Avenue
Hathaway Building, 2nd Floor
Cheyenne, WY 82002-0050

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RESULTS OF THE 2008 SCHOOL HEALTH PROFILES LEAD HEALTH EDUCATION TEACHER SURVEY

Prepared for

The Wyoming Department of Education

Dr. Jim McBride

Superintendent of Public Instruction

By

Nathaniel Castellanos, Project Analyst

October 2008

This summary document, the 2008 SCHOOL HEALTH PROFILES LEAD HEALTH EDUCATION TEACHER SURVEY report, and detailed tables and graphs can be found at the Wyoming Department of Education's web site at www.k12.wy.us. For additional hard copies or for further information, contact the Wyoming Department of Education at (307) 777-6391.

Table of Contents

| | Page |
|--|-----------|
| Acknowledgements | 5 |
| Profiles Introduction | 6 |
| Wyoming School Health Profiles (Profiles) Results Background | 7 |
| Sample Description and Weighting Procedures Lead Health Education Teacher Survey | 8 |
| Percentage of Schools that Require Health Education Graph | 9 |
| Require Students to Take the Following Number of Required Health Education Courses Graphs | 9-10 |
| Schools that Taught a Required Health Education Course Graphs | 10-11 |
| Require Students Who Fail a Required Health Education Course to Repeat It Graph | 11 |
| Those Who Teach Health Education are Provided with the Following Materials Graph | 12 |
| The Health Education Curriculum Addresses each of the Following Skills Graph | 12-13 |
| Schools in Which Teachers Tried to Increase Student Knowledge on each of the Following Topics in a Required Course Graphs | 13-15 |
| Schools in Which Teachers Taught each of the Following Tobacco-Use Prevention Topics Graphs | 15-17 |
| Taught each of the Following HIV, STD, or Pregnancy Prevention Topics Graphs | 17-20 |
| Taught each of the Following Nutrition and Dietary Behavior Topics Graphs | 20-22 |
| Taught a Physical Education Course and Related Topics Graphs | 22-24 |
| Schools that Provide any HIV, STD, or Pregnancy Prevention Programs Graph | 24 |
| Health Education Staff Worked with the Following Groups on Health Education Graph | 25 |
| Provided Parents and Families with Health Information Graph | 25 |
| Professional Development on the Following Topics during the Past Two Years Graphs | 26-29 |
| Would Like to Receive Professional Development on each of the Following Health Education Topics Graphs | 30-31 |
| Received Professional Development (Such as Workshops, Conferences, Continuing Education, Or any Other Kind of In-Service) Graphs | 32 |
| Would Like to Receive Professional Development on each of the Following topics Graphs | 33-34 |
| Major Emphasis of the Lead Health Education Teacher's Professional Preparation Graphs | 34-36 |
| Lead Health Education Teacher is Certified, Licensed, or Endorsed by the State to Teach Health Education in Middle School or High school Graph | 36 |
| Lead Health Education Teacher had the Following Number of Years' Experience Graph | 37 |
| Resources | 38 |

Acknowledgements

The 2008 SCHOOL HEALTH PROFILES LEAD HEALTH EDUCATION TEACHER SURVEY (Profiles) was developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention in collaboration with the Wyoming Department of Education and representatives of state, local, and territorial departments of health and education. The format and layout of this report includes design elements adapted from other Profiles reports.

We credit the success of the 2008 Profiles survey to the many individuals who worked with us throughout the survey process; including school district superintendents, principals, teachers and school health personnel.

We thank Dr. Jim McBride, Superintendent of Public Instruction for his full support of this project and to the many Department of Education personnel who made contributions to different aspects of the project.

Thank you again to everyone who assisted us with this project. Without your help, the 2008 Profiles survey would not have been a success!

Nathaniel Castellanos, Project Analyst

PROFILES INTRODUCTION

School Health Profiles

What is the School Health Profiles?

The School Health Profiles (Profiles) is a system of surveys assessing school health policies and programs in states and large urban school districts. Profiles surveys are conducted biennially by state and local education and health agencies among middle and high school principals and lead health education teachers. Profiles will monitor the current status of:

- School health education requirements and content
- Physical education requirements
- Health services
- Nutrition-related policies and practices
- Family and community involvement in school health programs

Profiles can also monitor school health policies on HIV and AIDS prevention, tobacco-use prevention, violence prevention, physical activity, professional preparation and staff development for lead health education teachers.

How are Profiles data used?

State and local education and health officials use Profiles data to:

- Compare school health policies and programs across states and large urban school districts
- Advocate for required health education
- Identify health education topics and skills that are taught
- Identify topics for staff development
- Improve school health programs and policies
- Determine how well schools address the health and safety needs of their students

How do specific states and school districts use their Profiles data?

The Rhode Island Departments of Education and Health used Profiles data to plan and prioritize technical assistance activities with school districts to support the development of health and physical education curricula. Both agencies also used data from Profiles to support a legislative bill requiring that only healthier snacks and beverages be sold or distributed in schools. The State of Alaska Department of Education and Early Development used 2006 Profiles data to identify the staff development needs of health education and physical education teachers. The department also conducted statewide training on several health topics. The Montana Office of Public Instruction used Profiles data to support several legislative bills and recommendations to increase the amount of time spent by students in physical education classes. Montana schools also used Profiles data in their School Wellness policy development and implementation efforts.

Wyoming

2008 School Health Profiles

Survey Results

Background

The School Health Profiles (Profiles) assist states and local education and health agencies in monitoring and assessing characteristics of school health education; physical education; school health policies related to HIV infection/AIDS, tobacco-use prevention, and nutrition; asthma management activities; and family and community involvement in school health programs. Data from Profiles can be used to improve school health programs.

Two questionnaires are used to collect data — one for school principals and one for lead health education teachers. The two questionnaires were mailed to 158 regular secondary public schools containing any of grades 6 through 12 in Wyoming during the spring of 2008. Usable questionnaires were received from 78% of principals and from 72% of teachers. Because the response rates for these surveys were $\geq 70\%$, the results are weighted and are representative of all regular public secondary schools in Wyoming having at least one of grades 6 through 12. Results from the principal and lead health education surveys are presented for the following types of schools in Wyoming:

- High schools with a low grade of 9 or higher and a high grade of 10 or higher;
- Middle schools with a high grade of 9 or lower;
- Junior/senior high schools with a low grade of 8 or less and a high grade of 10 or higher;
and
- All schools.

The Profiles questionnaires were developed by the Division of Adolescent and School Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention in collaboration with representatives of state, local, and territorial departments of health and education.

2008 SCHOOL HEALTH PROFILES

SAMPLE DESCRIPTION AND WEIGHTING PROCEDURES

LEAD HEALTH EDUCATION TEACHER SURVEY

SAMPLE DESCRIPTION:

A census of all regular secondary public schools having at least one of the grades 6 through 12 was conducted. The lead health education teacher was surveyed in each participating school.

RESPONSE RATE:

72% - 113 out of 158 sampled eligible lead health education teachers returned questionnaires. All questionnaires were usable after data editing.

WEIGHTING:

A weight has been associated with each questionnaire to reflect the likelihood of a lead health education teacher being selected and to reduce bias by compensating for differing patterns of nonresponse. The weight used for estimation is given by:

$$W = W_1 * f_1$$

W_1 = inverse of the probability of school selection (=1).

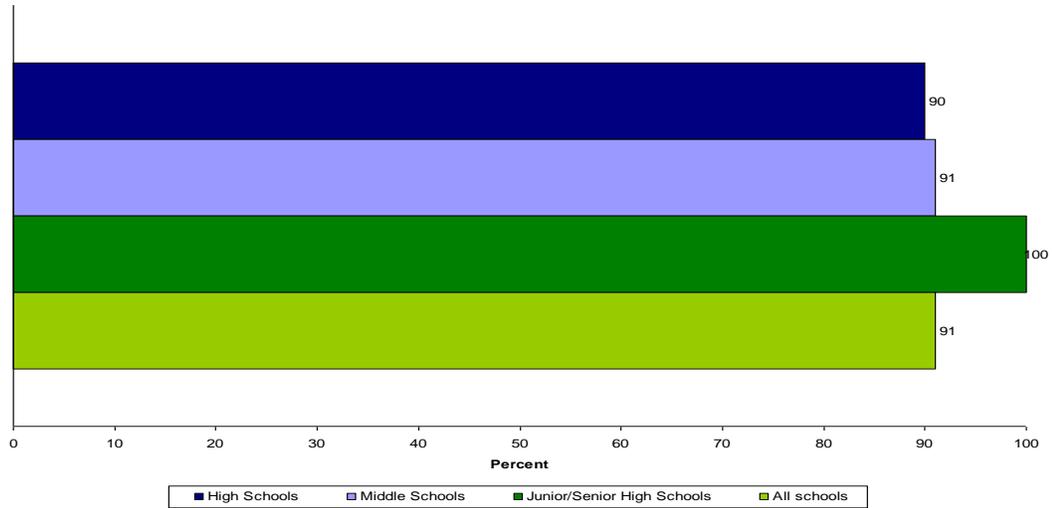
f_1 = a nonresponse adjustment factor calculated by school size (large, medium, or small) and school level (senior high school, middle school, or junior/senior high school combined).

USE OF THE RESULTS:

The weighted results can be used to describe school health policies and practices of all regular secondary public schools in Wyoming having at least one of grades 6 through 12.

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

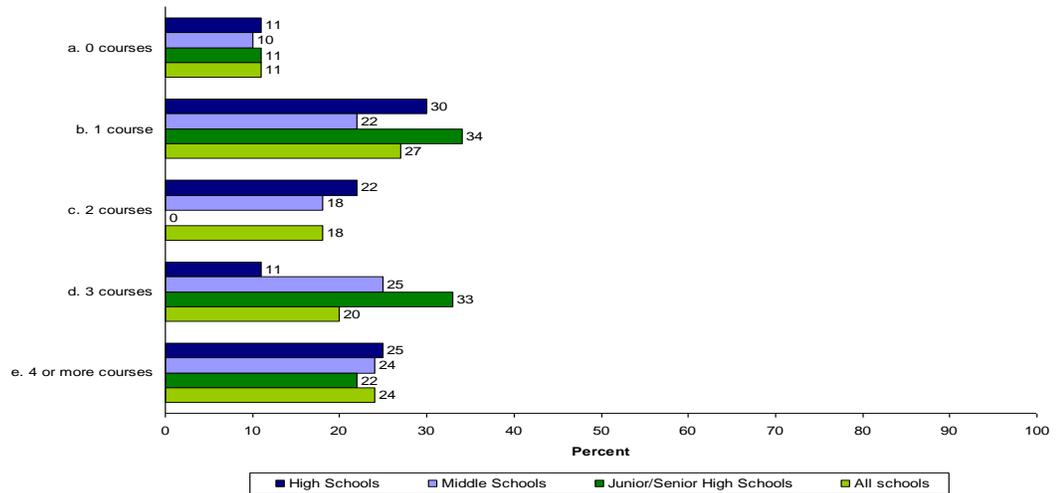
1. Percentage of schools that require health education for students in any of grades 6 through 12.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

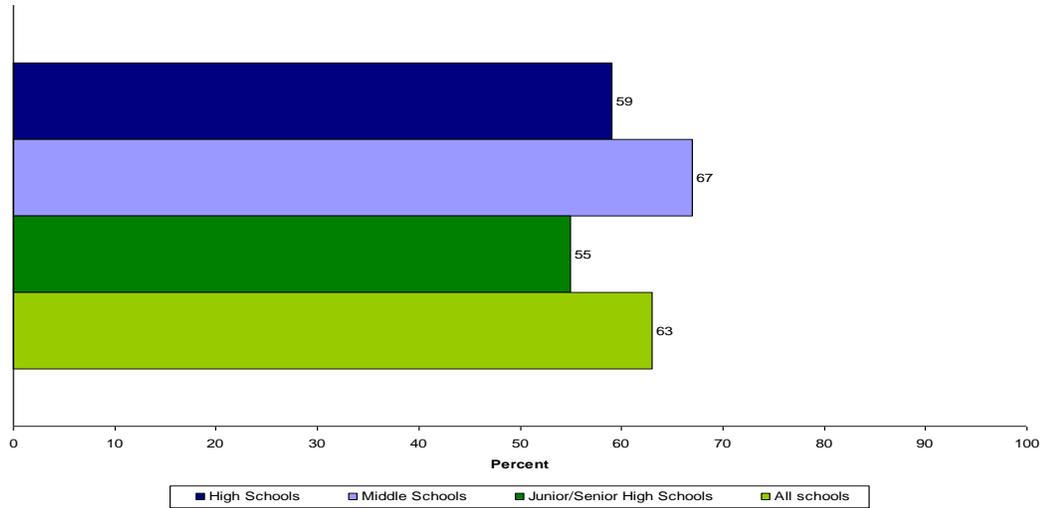
2. Percentage of all schools that require students to take the following number of required health education courses.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

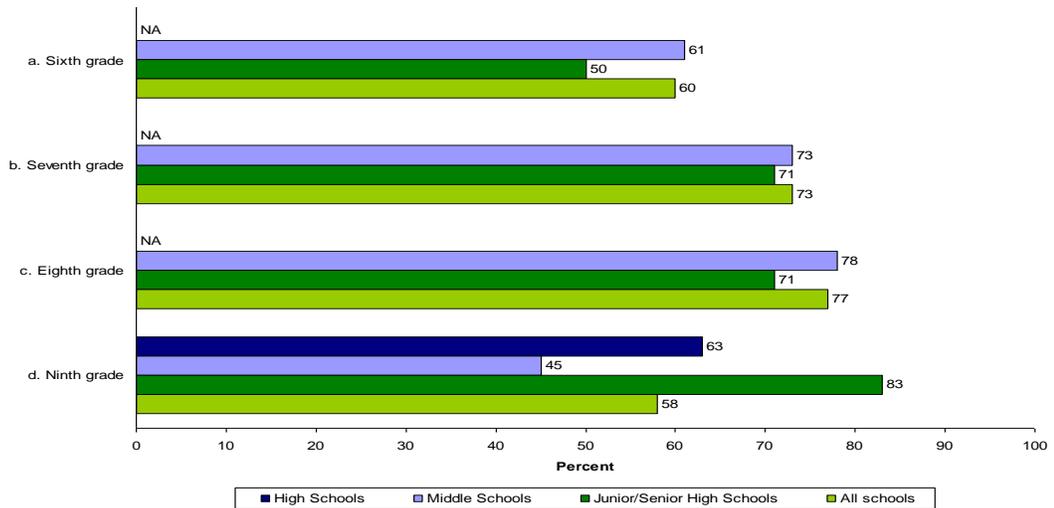
2N. Percentage of all schools that require students to take two or more health education courses.*



*Response to question 2 is c, d, or e.
NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

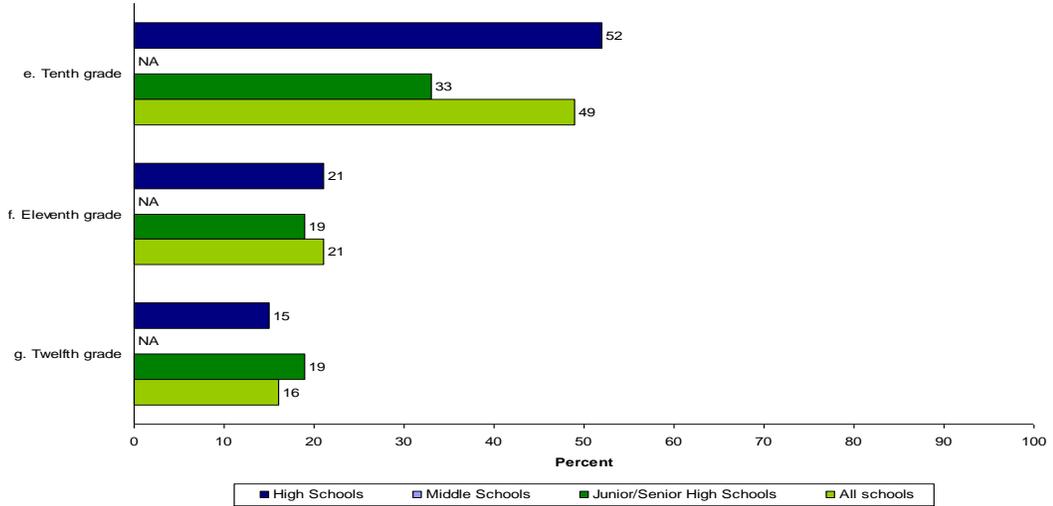
3. Percentage of all schools that taught a required health education course in each of the following grades.*



*Among schools with students in that grade.
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

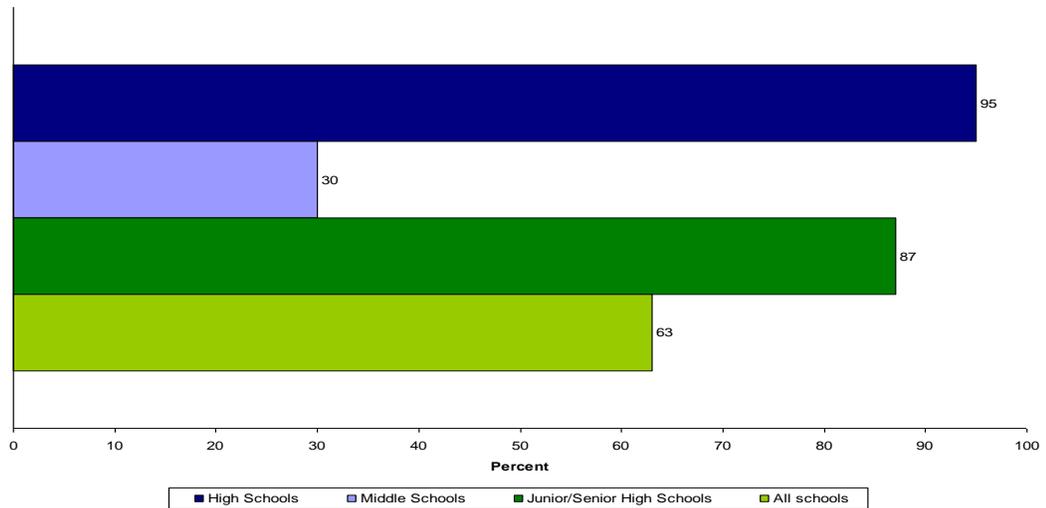
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*Among schools with students in that grade.
NA=Not available

**Wyoming
2008 School Health Profiles Report
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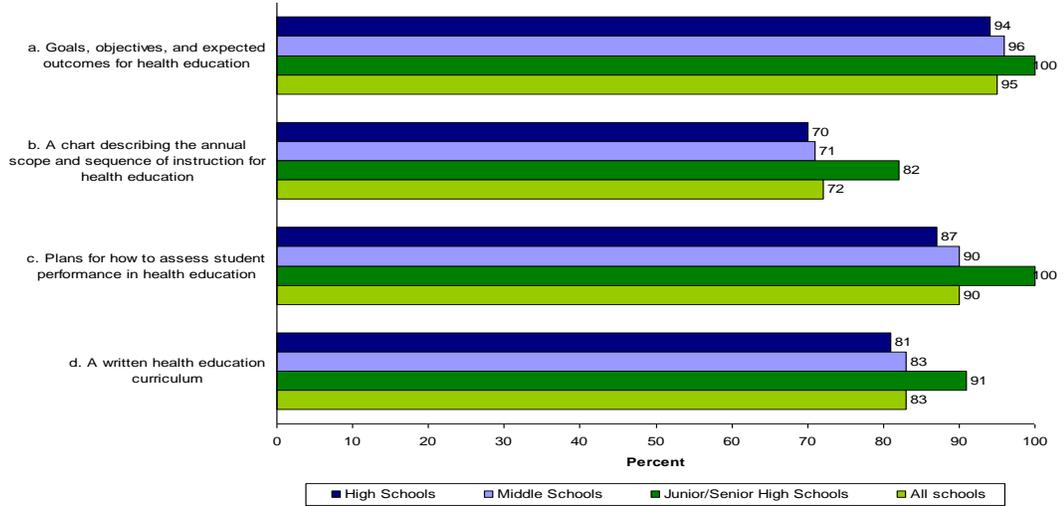
4. Percentage of schools that require students who fail a required health education course to repeat it.*



*Among those schools that require health education for students and students take one or more required health education courses in any of grades 6 through 12.
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

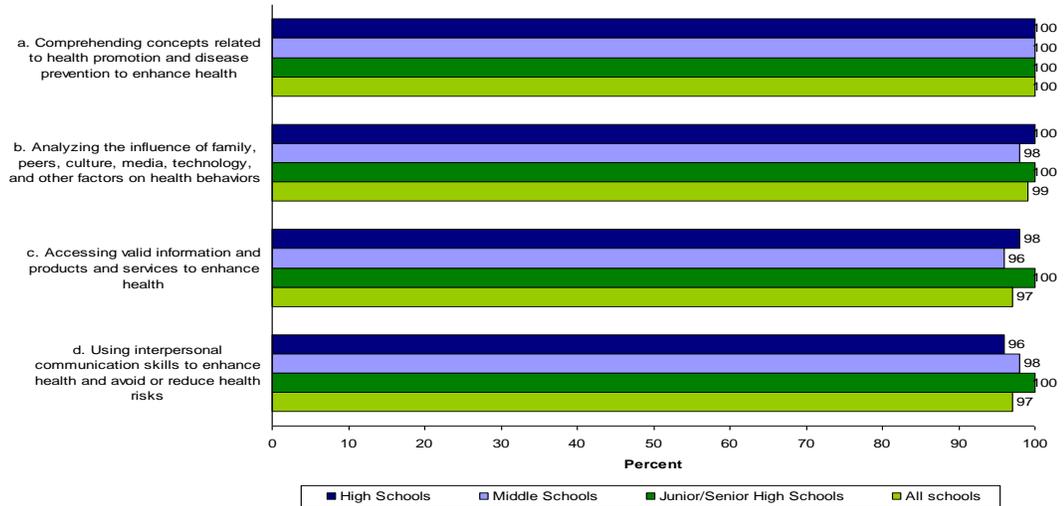
5. Percentage of schools in which those who teach health education are provided with the following materials.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

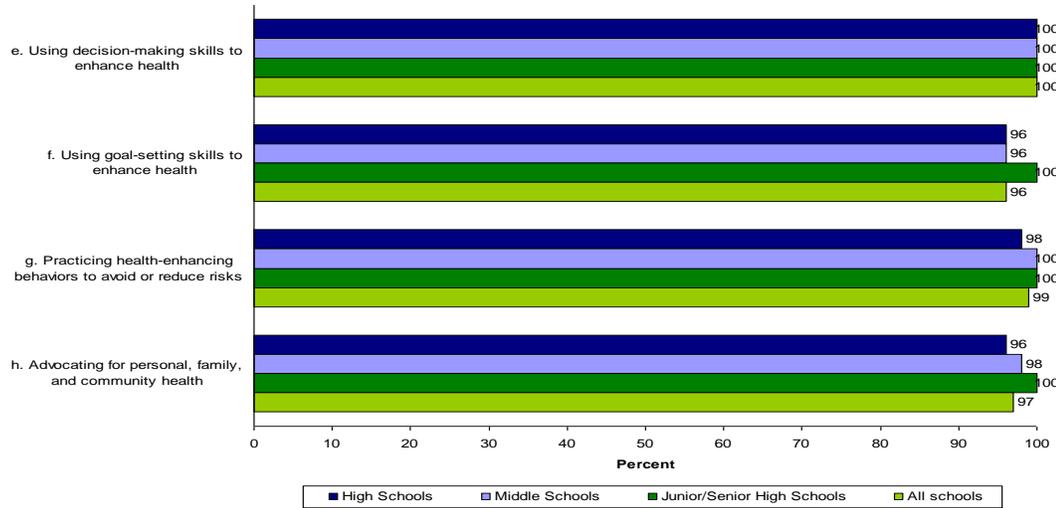
6. Percentage of schools in which the health education curriculum addresses each of the following skills.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

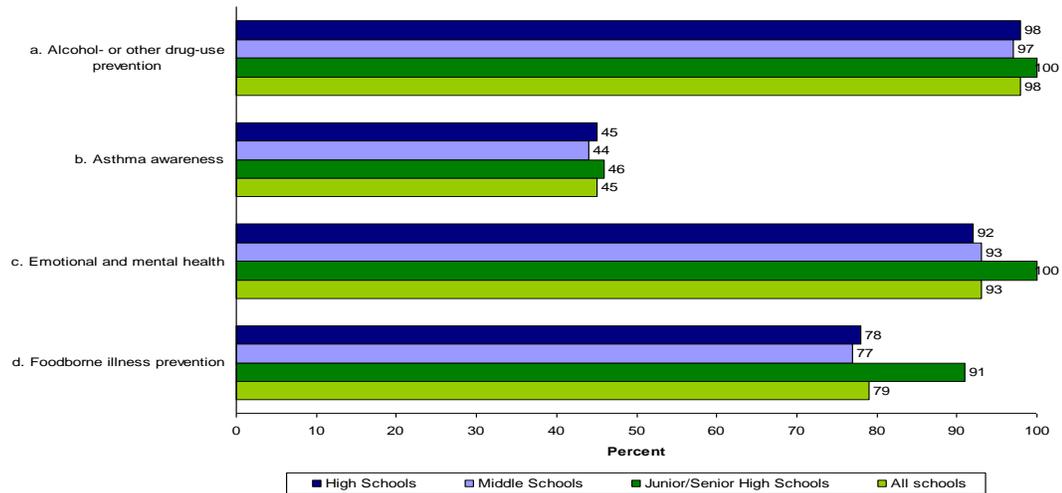
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NA=Not available

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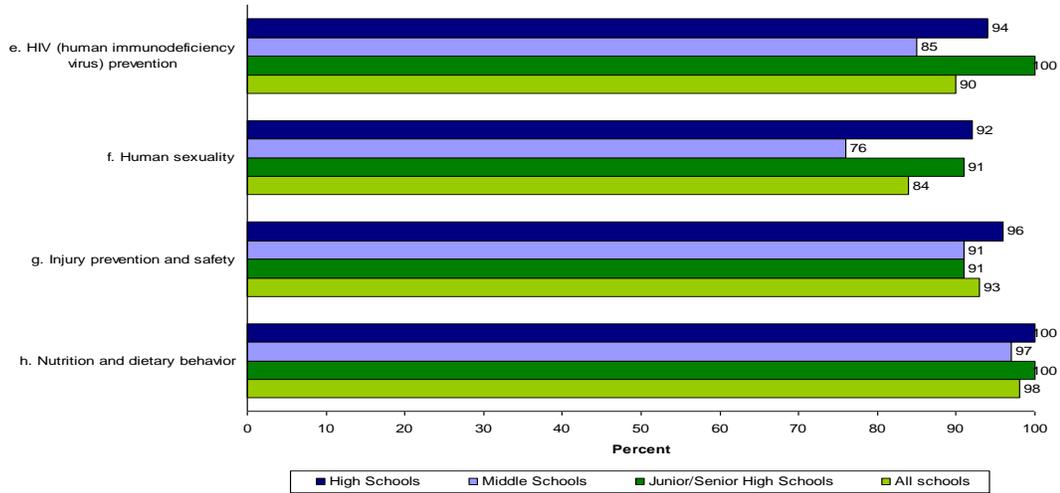
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

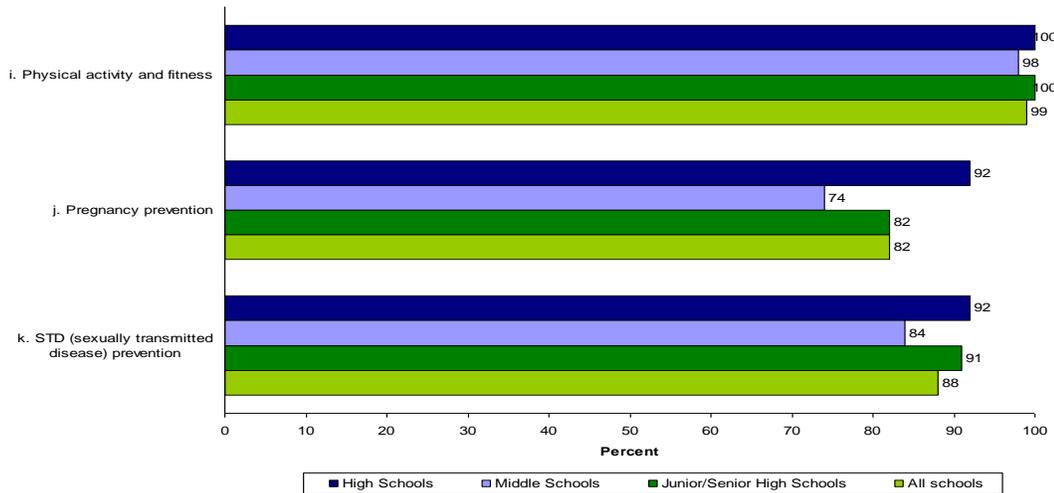
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NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

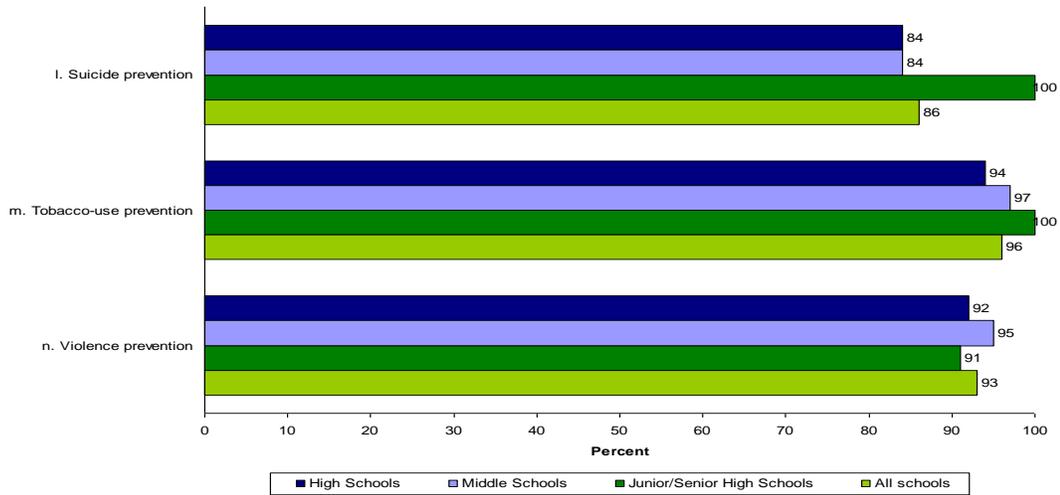
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NA=Not available

**Wyoming
2008 School Health Profiles Report
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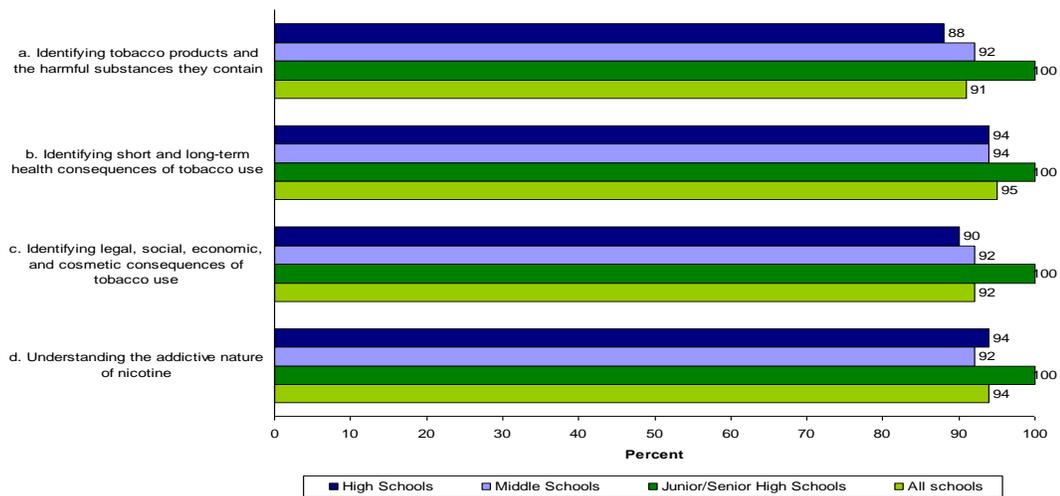
7. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

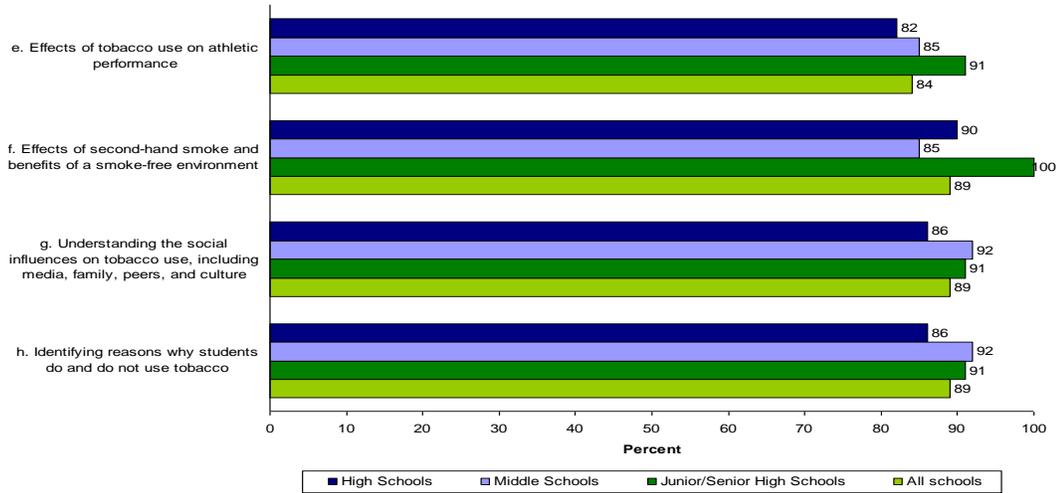
8. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12.



*Responses to question 8 a through o all are "yes."
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

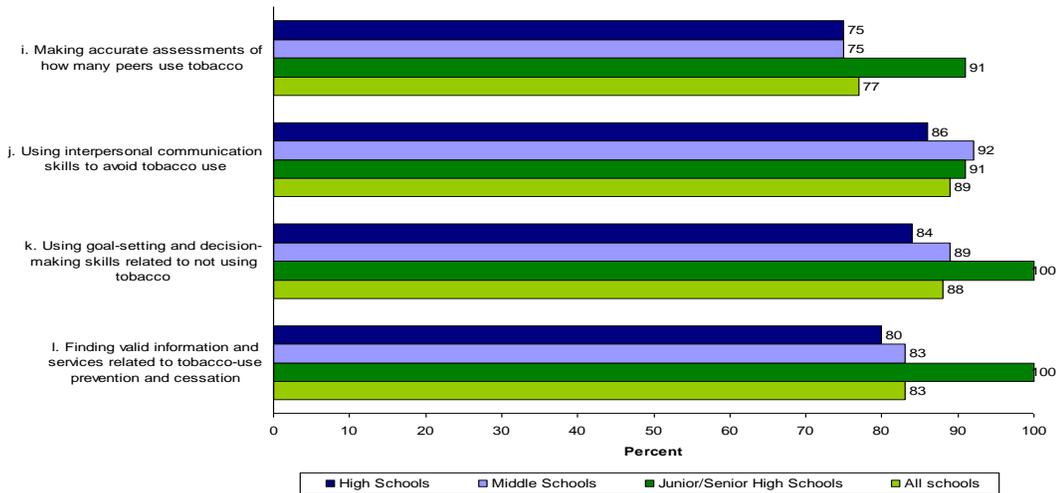
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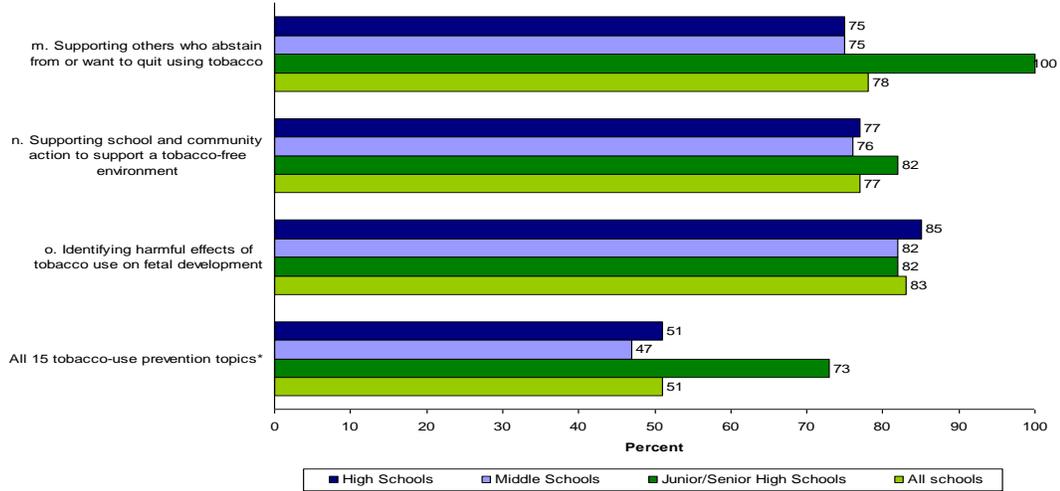
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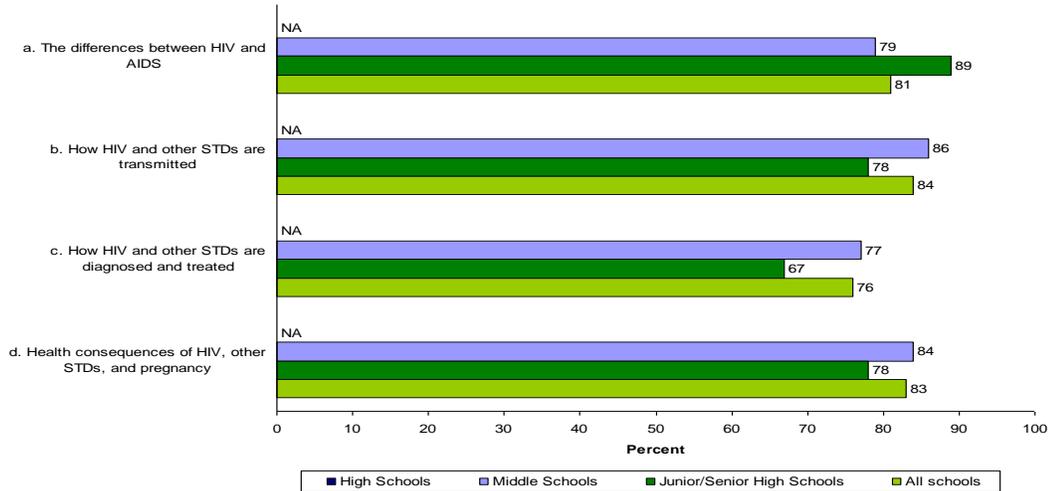
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**Wyoming
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Weighted Lead Health Education Teacher Survey Results**

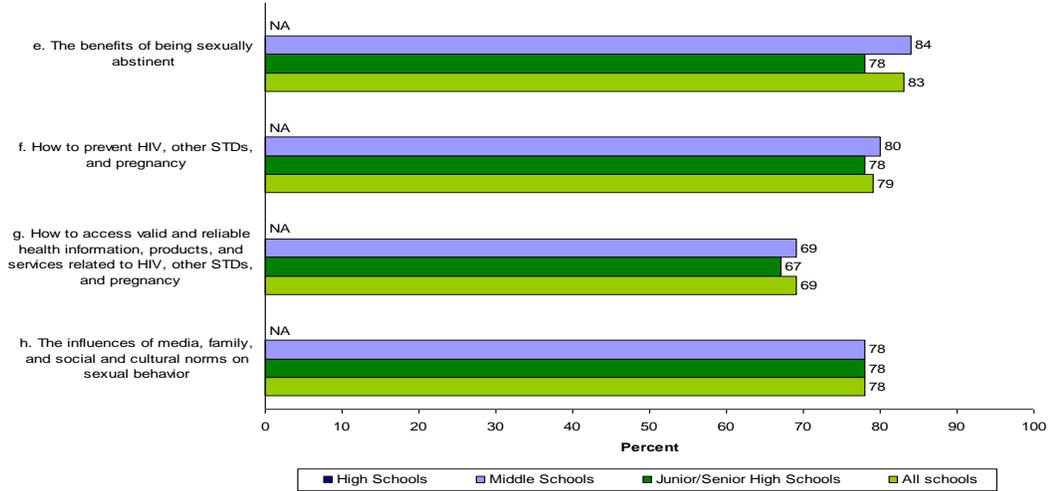
9. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8.



*Responses to question 9 a through k all are "yes."
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

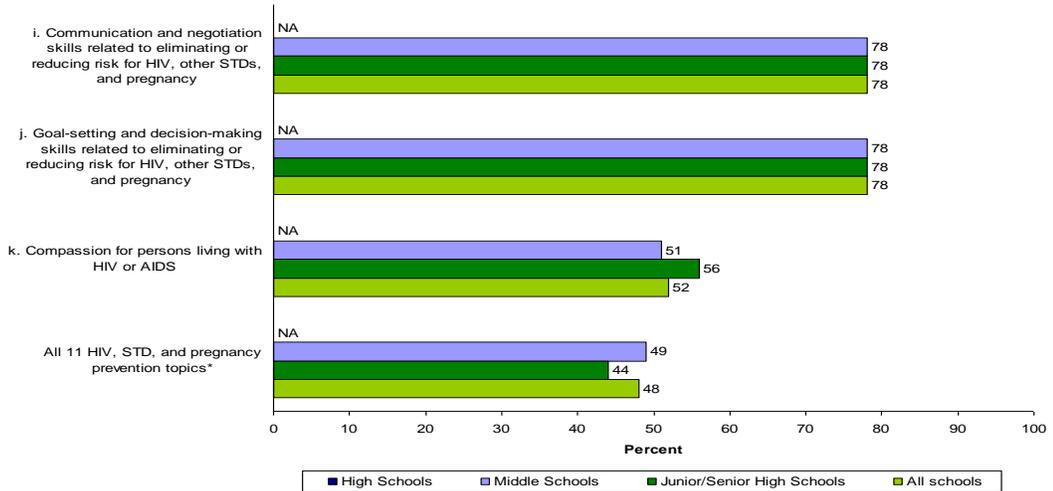
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**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

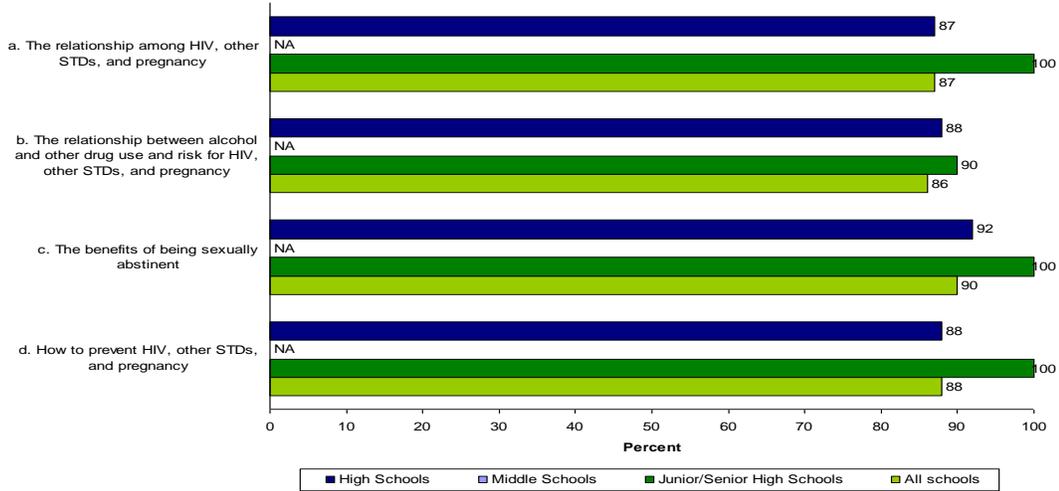
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**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

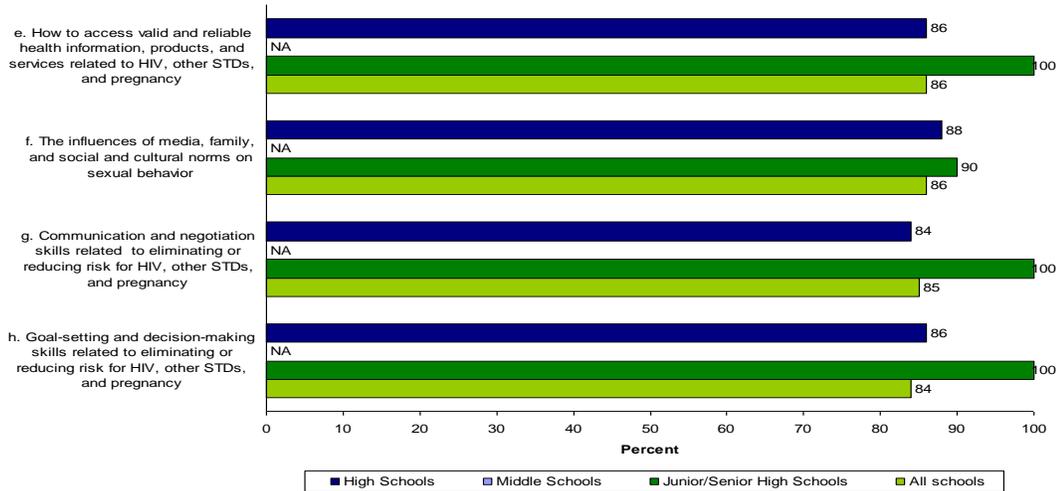
10. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12.



*Responses to question 10 a through k all are "yes."
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

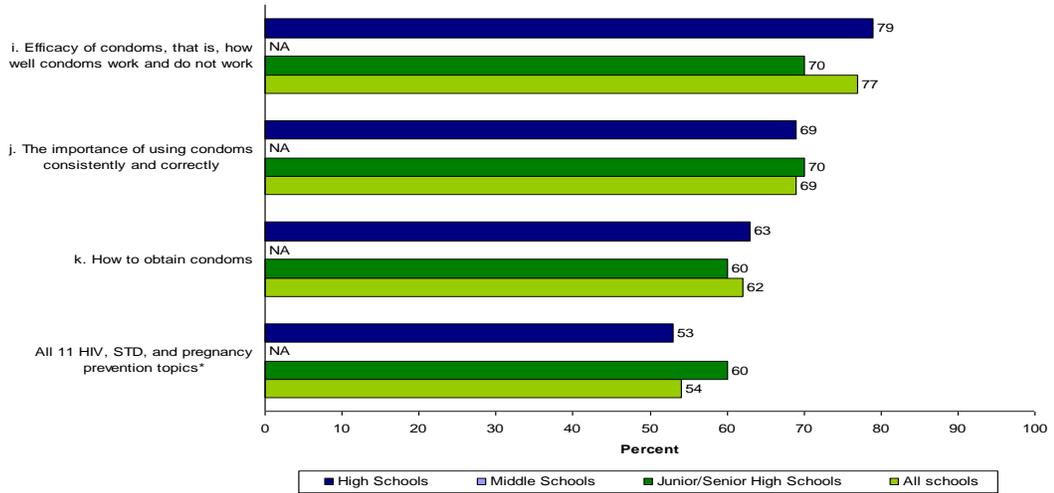
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**Wyoming
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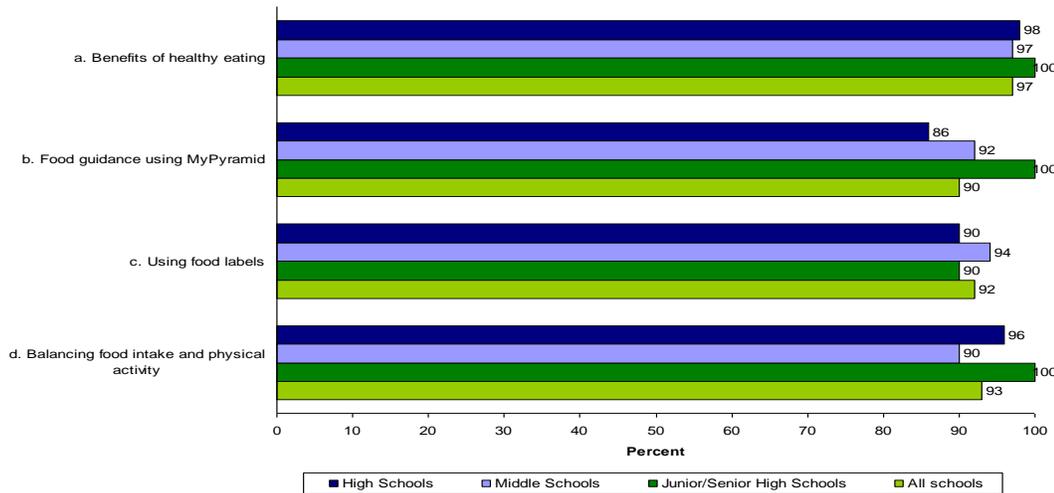
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**Wyoming
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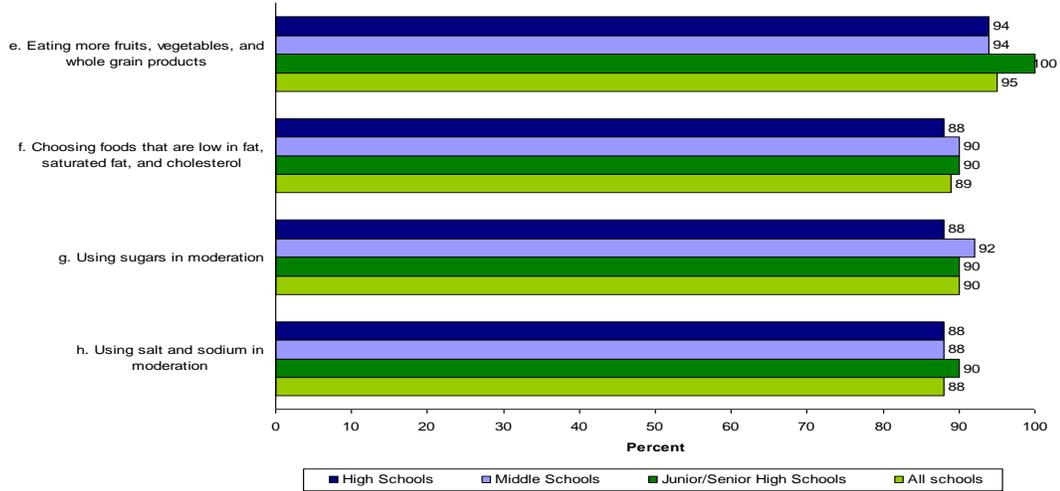
11. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12.



*Responses to question 11 a through n all are "yes."
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

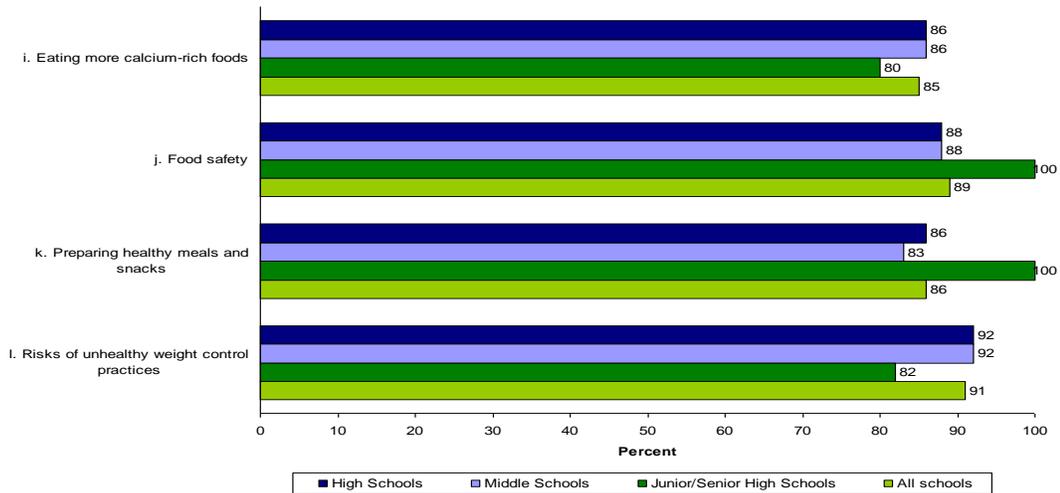
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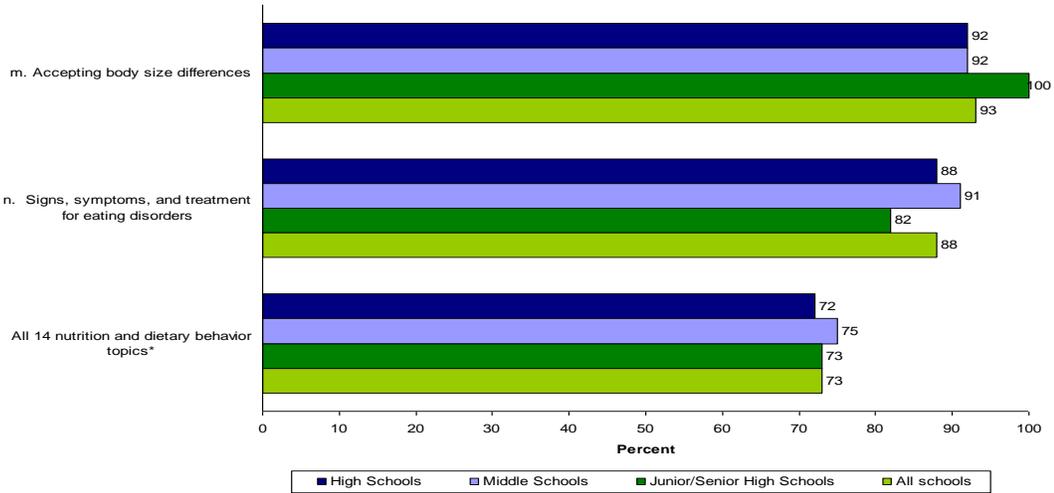
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**Wyoming
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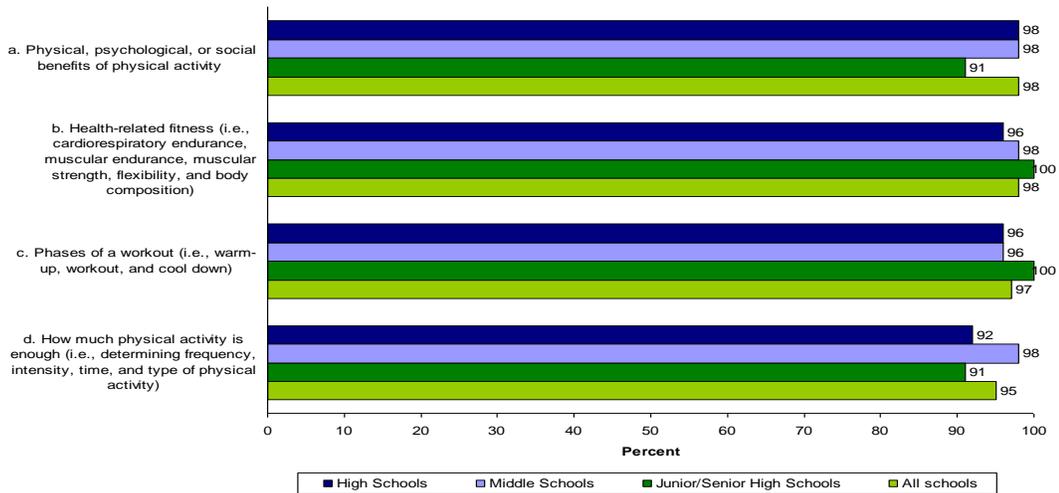
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**Wyoming
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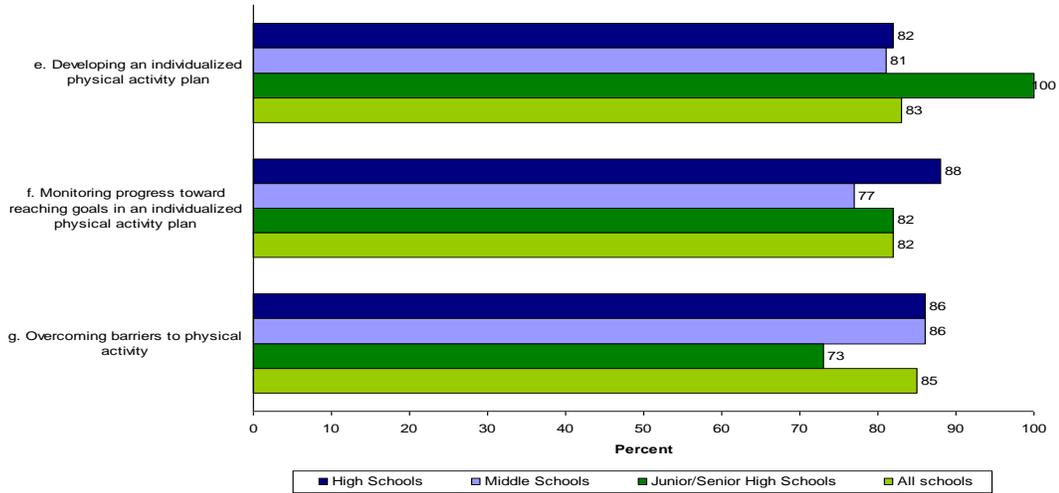
12. Percentage of schools in which teachers taught each of the following physical activity topics in a required health education course for students in any of grades 6 through 12.



*Responses to question 12 a through l all are "yes."
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

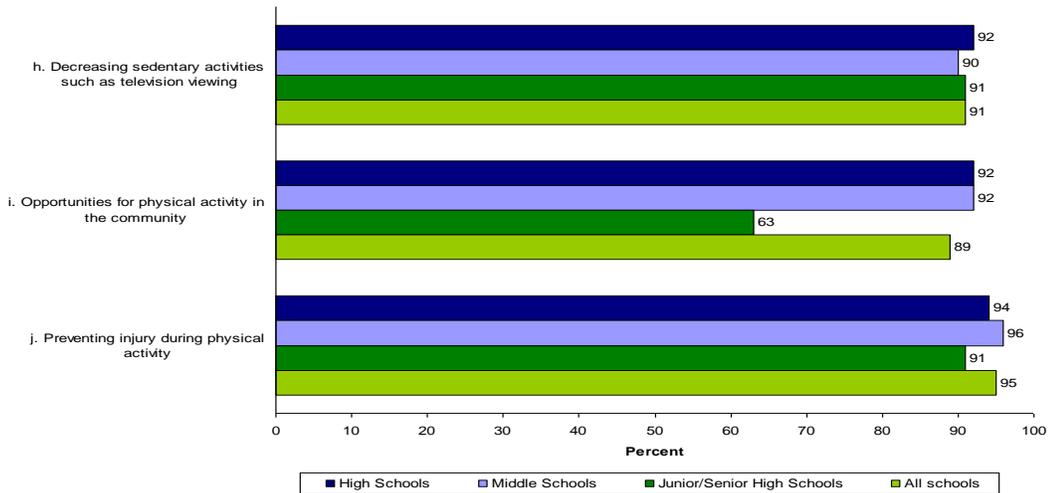
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NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

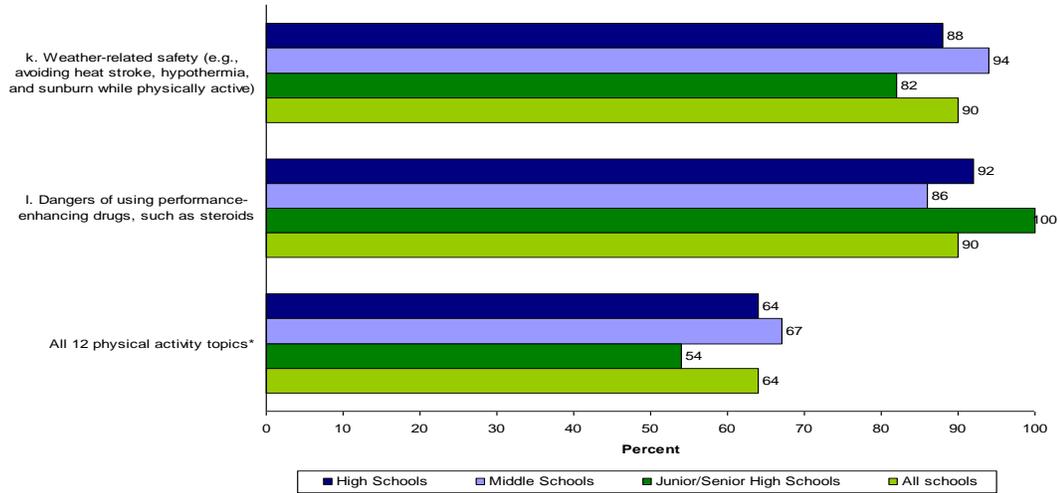
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Weighted Lead Health Education Teacher Survey Results**

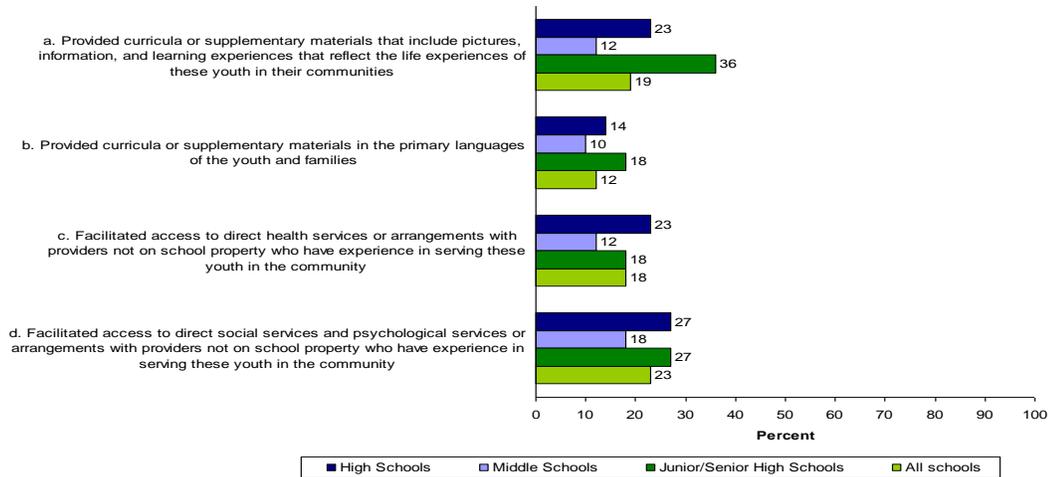
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NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

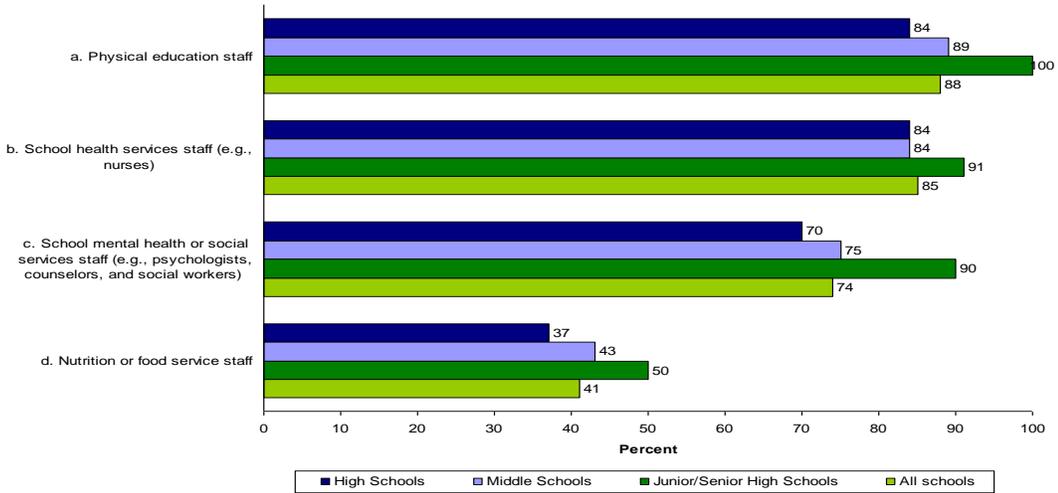
13. Percentage of schools that provide any HIV, STD, or pregnancy prevention programs for ethnic/racial minority youth at high risk, including after-school or supplemental programs, that did each of the following activities.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

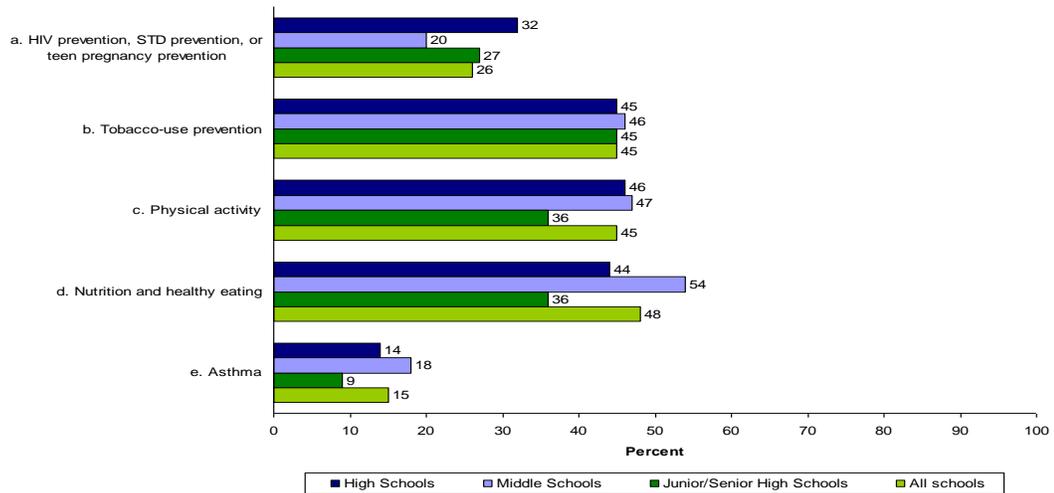
14. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.



NA=Not available

**Wyoming
2008 School Health Profiles Report
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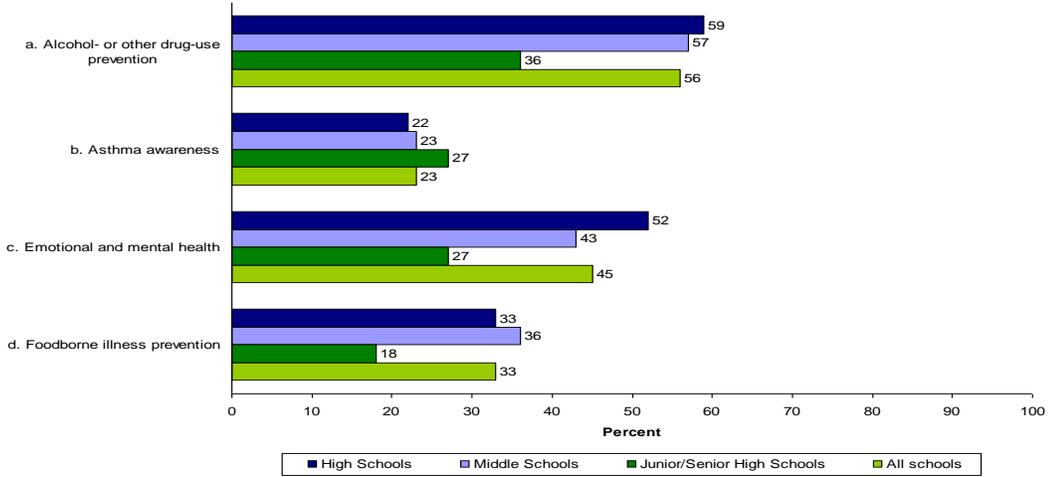
15. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

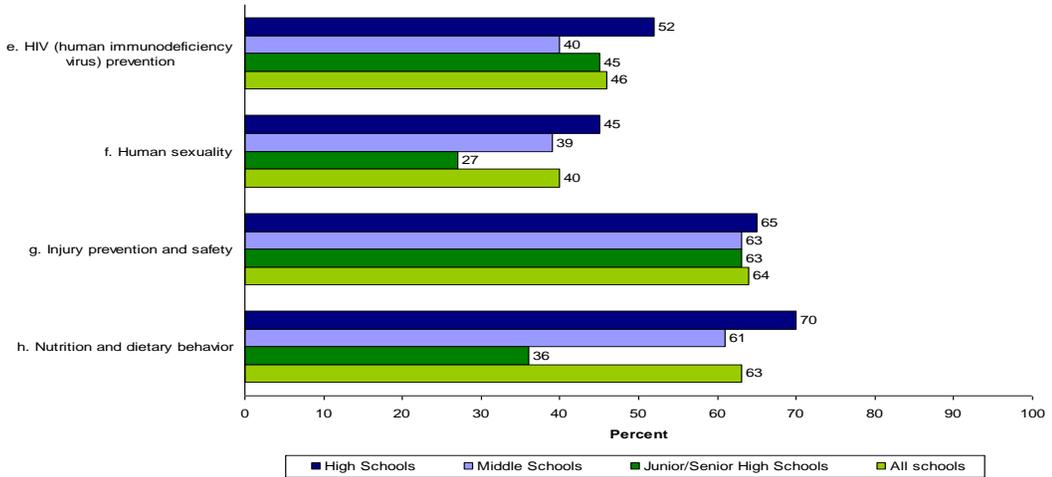
16. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

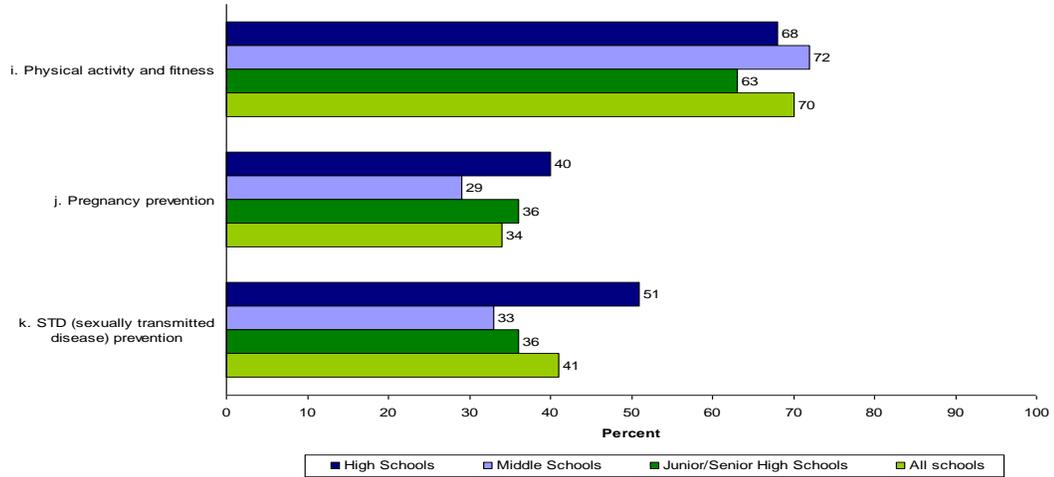
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NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

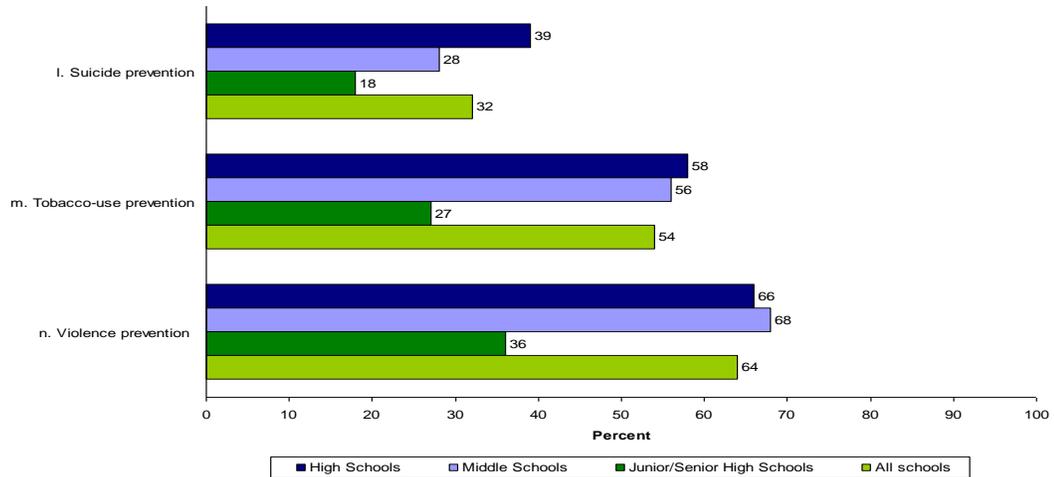
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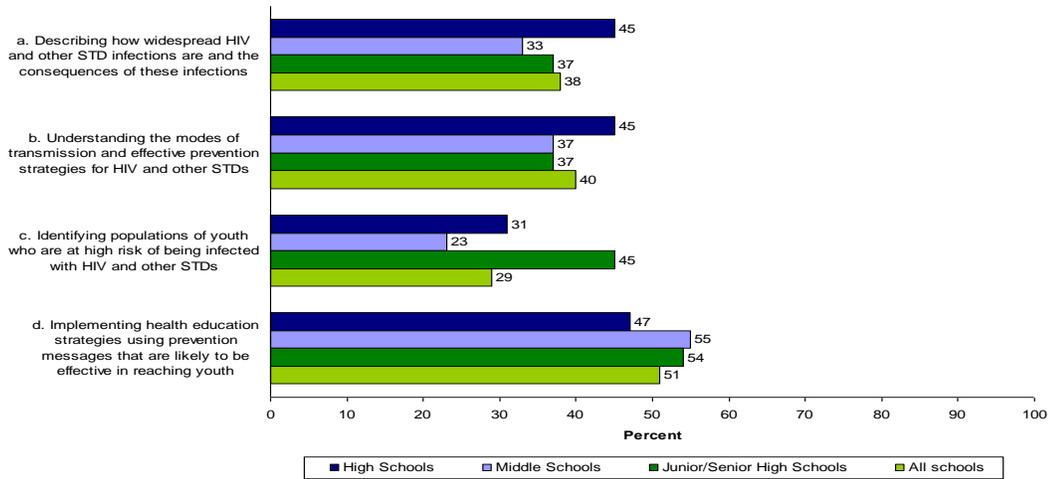
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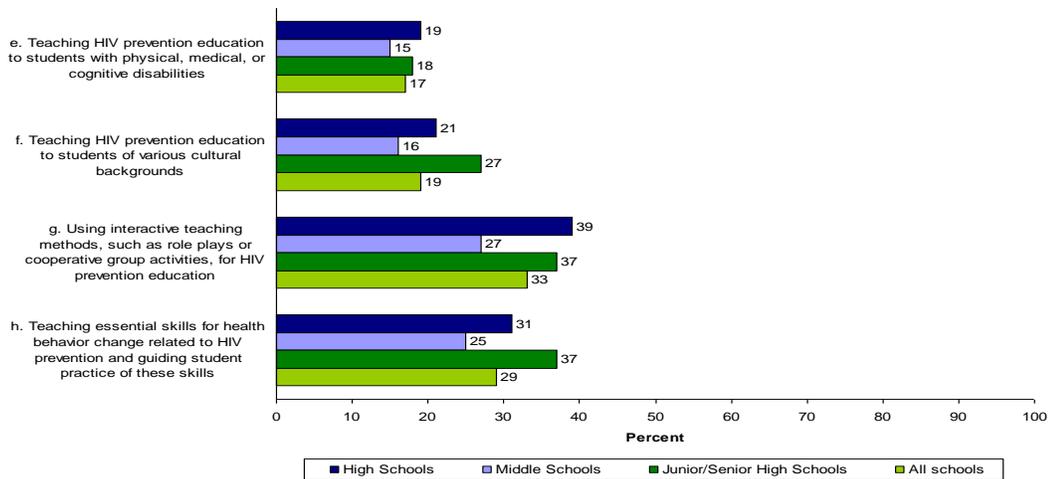
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2008 School Health Profiles Report
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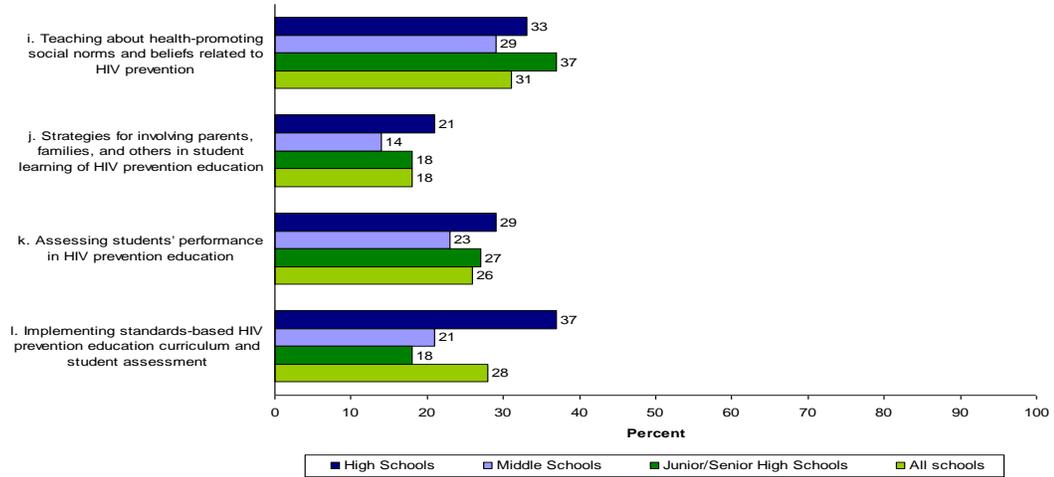
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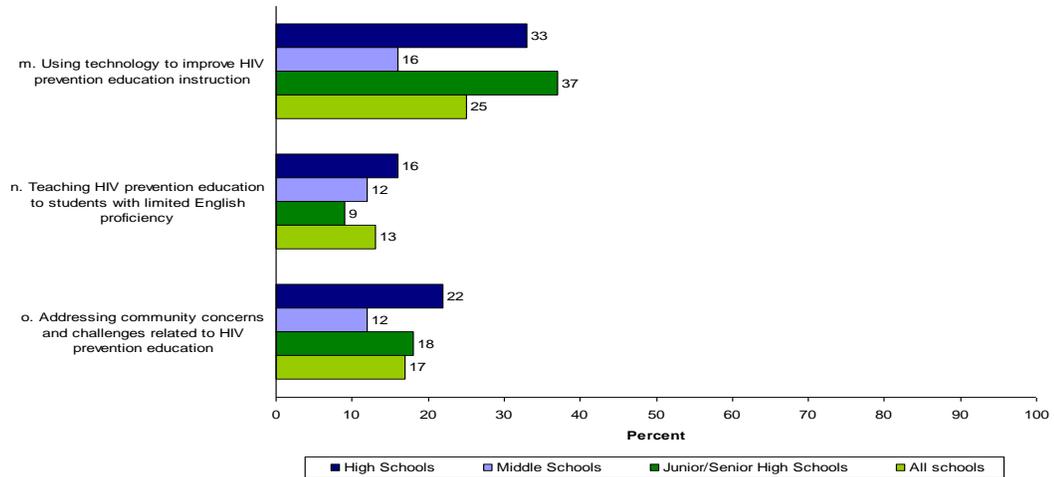
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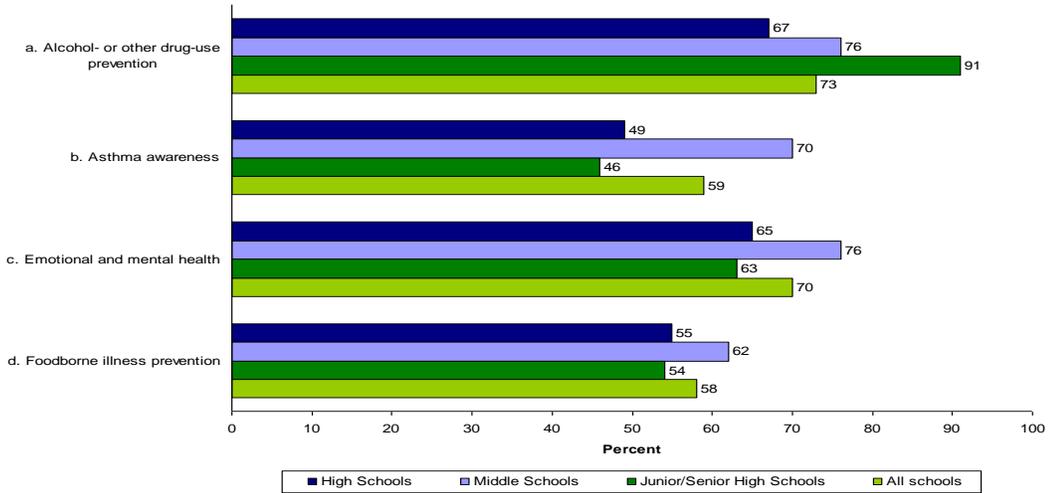
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Weighted Lead Health Education Teacher Survey Results

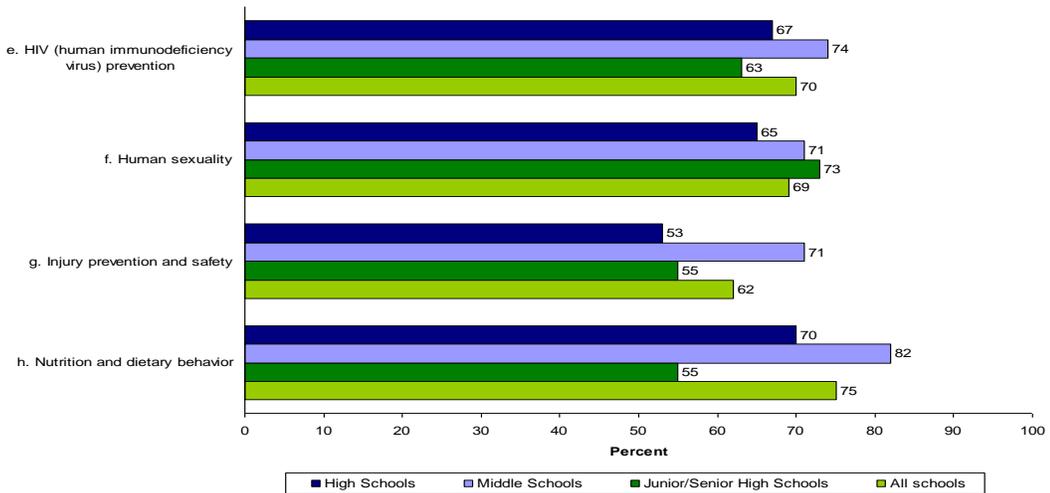
18. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following health education topics.



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

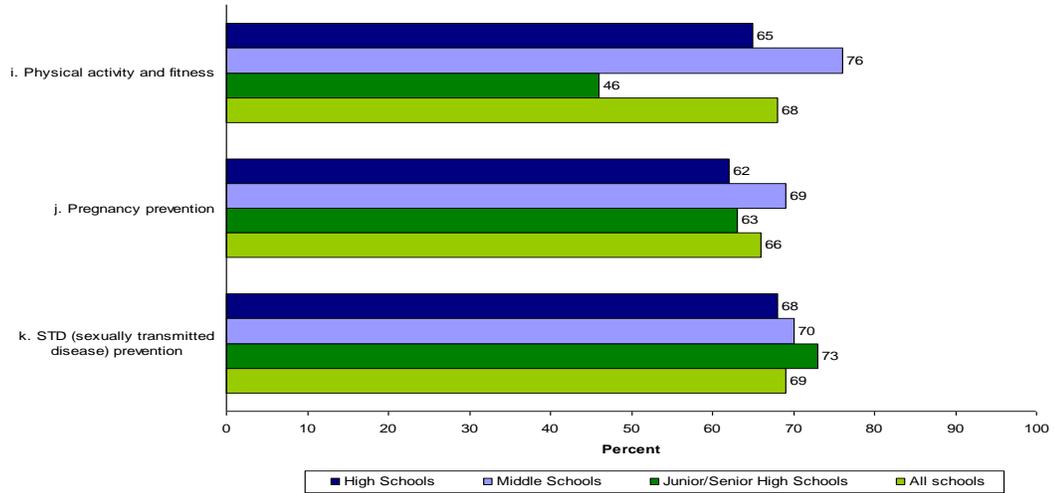
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Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

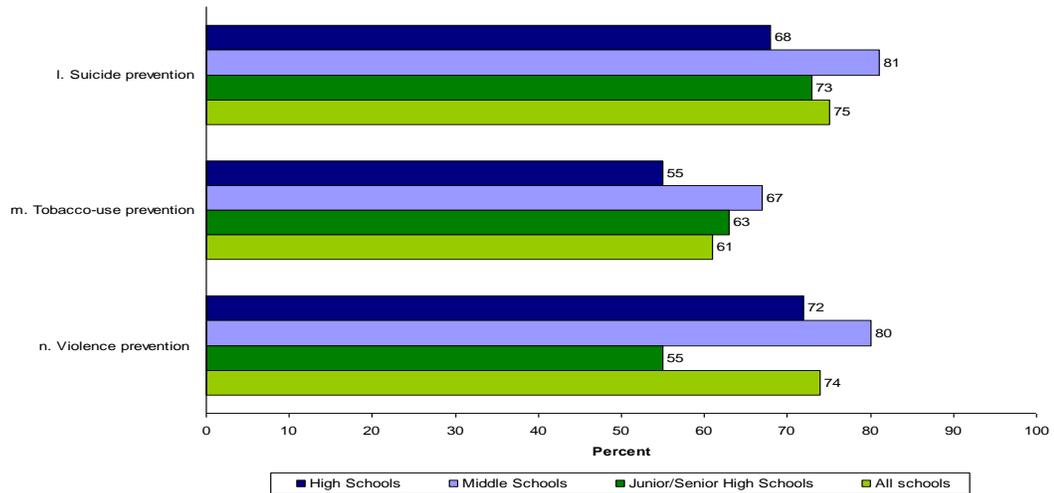
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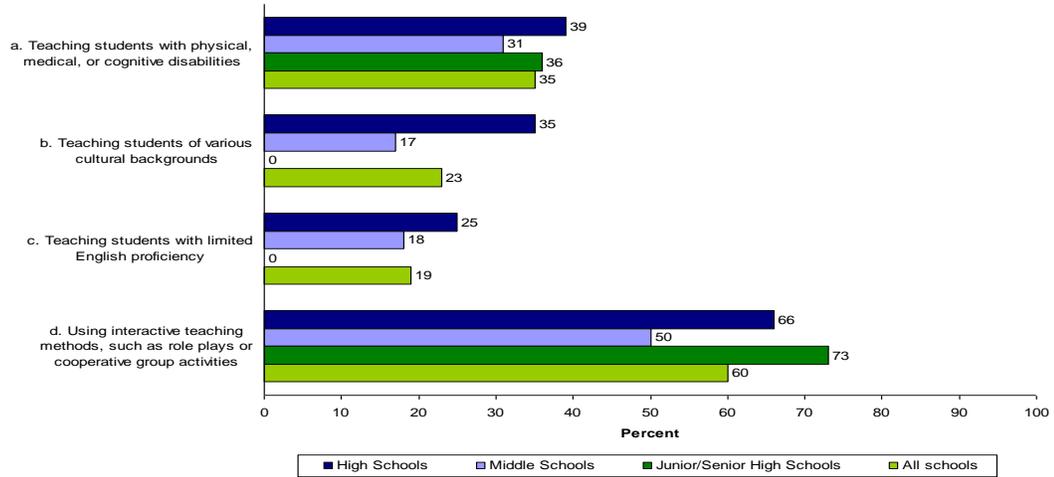
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2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

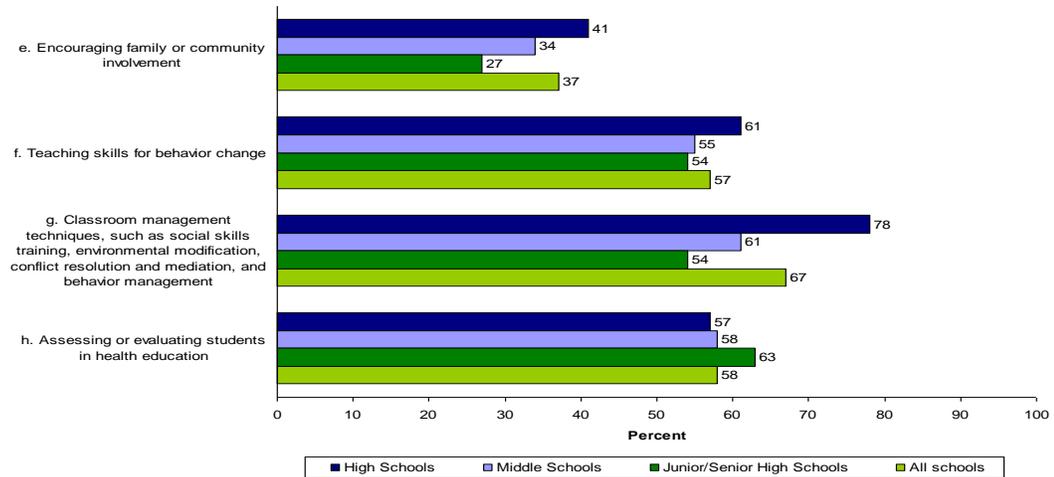
19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

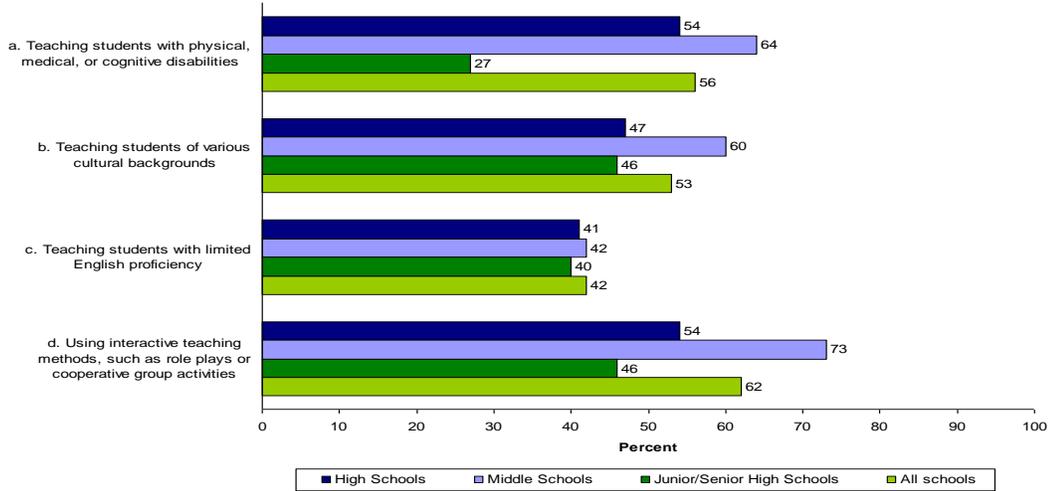
19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

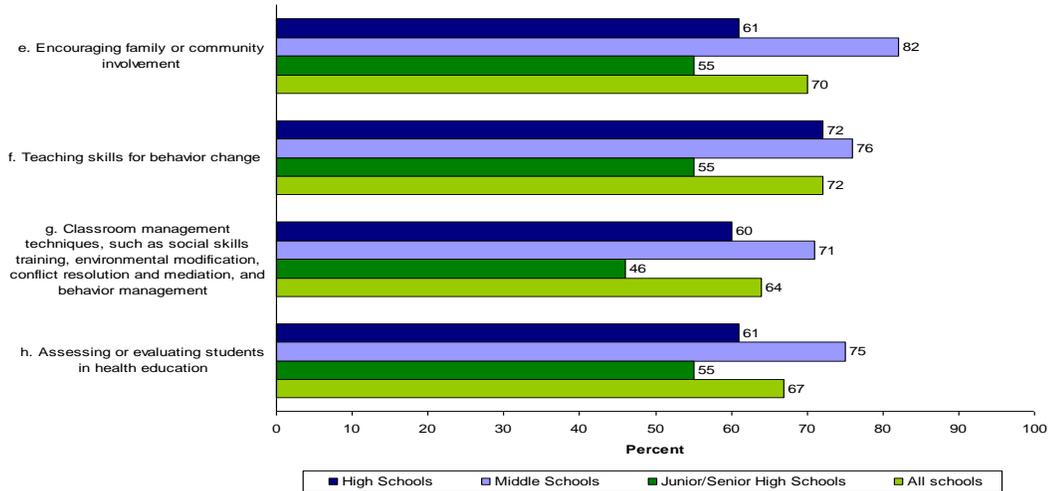
20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

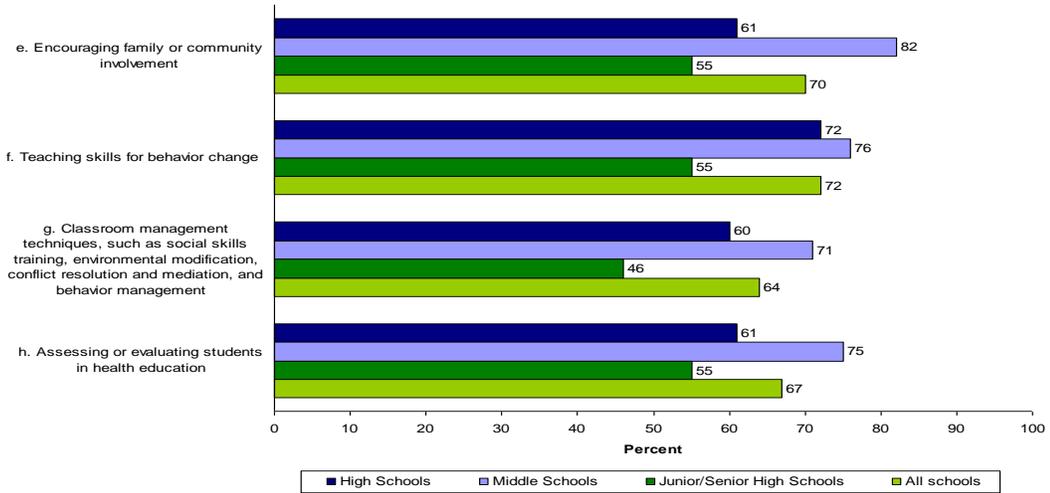
20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

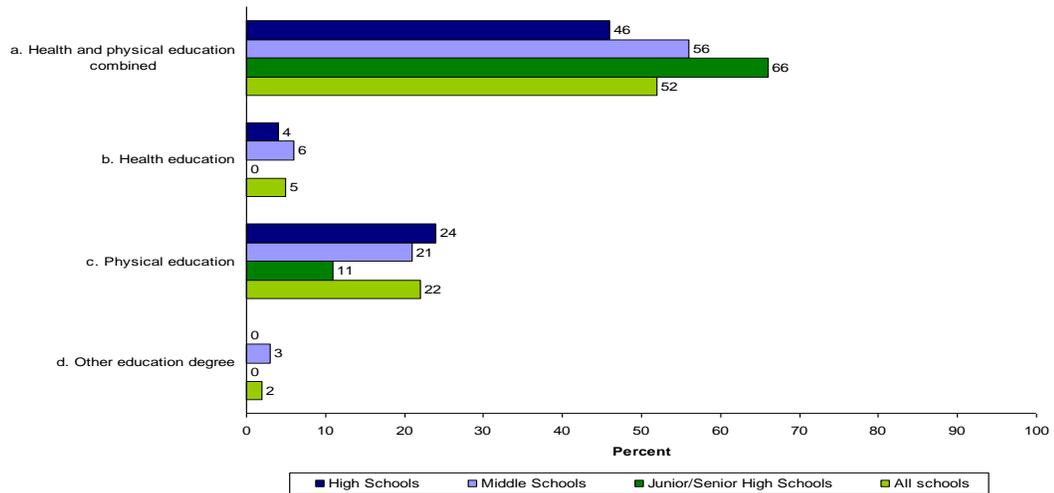
20. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

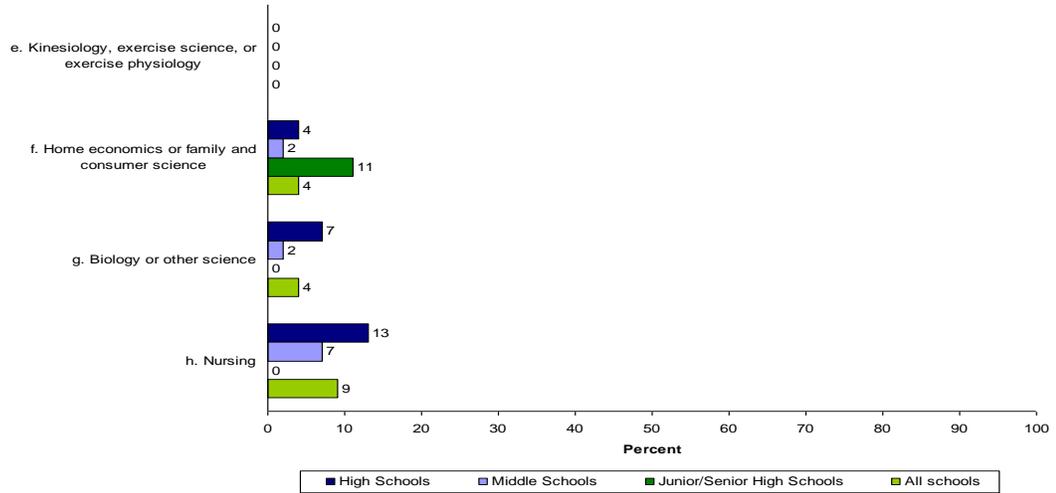
21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

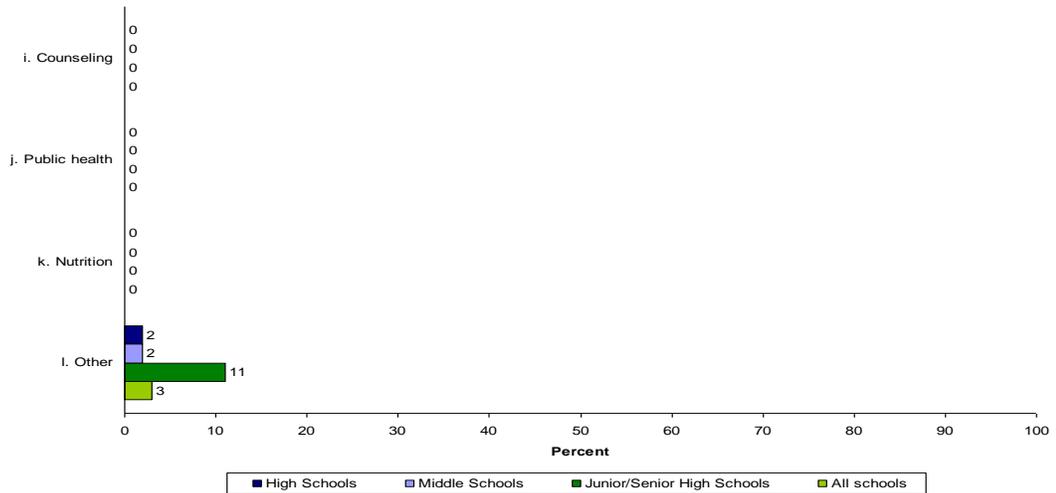
21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



NA=Not available

Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

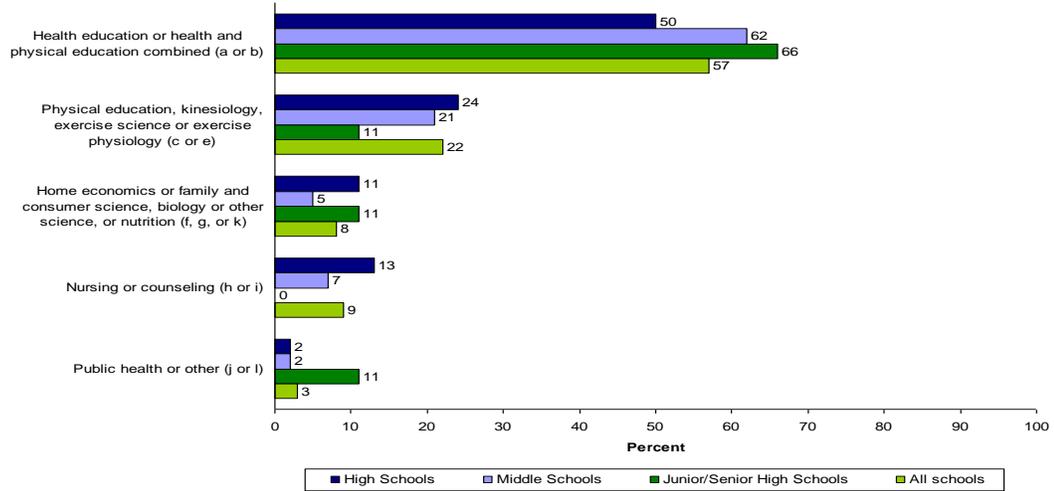
21. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:



NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

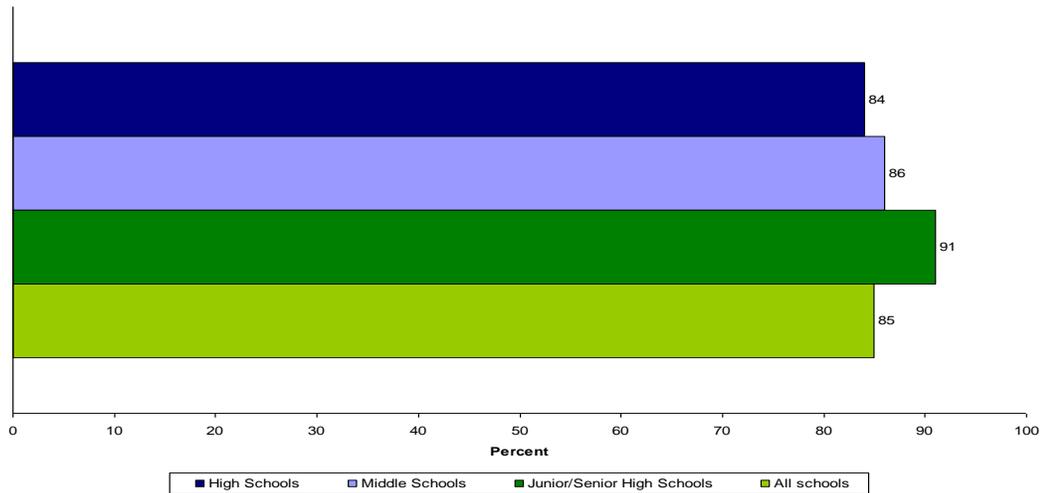
21N. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:*



*Multiple responses to question 21 are combined.
NA=Not available

**Wyoming
2008 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

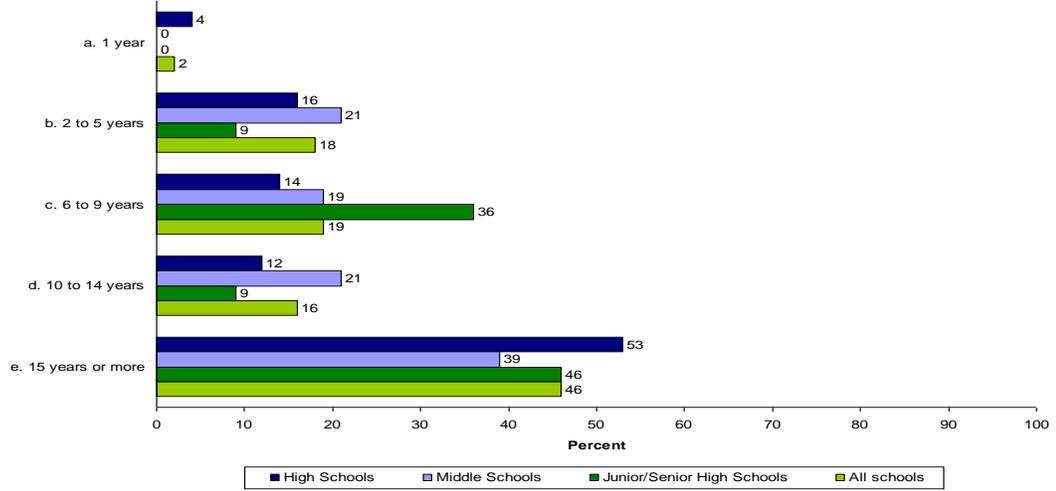
22. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.



NA=Not available

**Wyoming
2008 School Health Profiles Report
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23. Percentage of schools in which the lead health education teacher had the following number of years' experience in teaching health education classes or topics.



NA=Not available

Resources:

Wyoming Department of Education

<http://www.k12.wy.us/>

National Center for Chronic Disease Prevention and Health Promotion

<http://www.cdc.gov/nccdphp/>

Action for Health Kids

<http://www.actionforhealthykids.org/index.php>

Afterschool Alliance

<http://www.afterschoolalliance.org/home.html>

U.S. Department of Health and Human Services and SAMHSA's National Clearinghouse for Alcohol and Drug Information

<http://ncadi.samhsa.gov/default.aspx>

Learn and Serve America

<http://www.learnandserve.gov/>

National Institute on Out-of-School Time

<http://www.niost.org/>

Wyoming 21st Century Community Learning Centers

<http://www.k12.wy.us/HS/21sig.asp>

Wyoming Department of Health

<http://wdh.state.wy.us/>

Western Dairy Council

<http://www.wdairyCouncil.com/>

Team Nutrition

<http://www.fns.usda.gov/tn/>

Centers for Disease Control and Prevention

<http://www.cdc.gov/>

National Center for Chronic Disease Prevention and Health Promotion, Healthy Youth Data and Statistics: Youth Risk Behavior Surveillance System

<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>

Division of Adolescent and School Health

<http://www.cdc.gov/HealthyYouth/>